



MACPAC

Medicaid and CHIP Payment and Access Commission



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PUBLIC MEETING

Meeting Room 103 (A/B)
Washington Convention and Sports Authority
Washington Convention Center
801 Mount Vernon Place, NW
Washington, D.C. 20001

Friday, February 25, 2011
1:19 p.m.

COMMISSIONERS PRESENT:

DIANE ROWLAND, ScD, Chair
DAVID SUNDWALL, MD, Vice Chair
SHARON L. CARTE, MHS
RICHARD CHAMBERS
DONNA CHECKETT, MPA, MSW
ANDREA COHEN, JD
BURTON L. EDELSTEIN, DDS, MPH
PATRICIA GABOW, MD
HERMAN GRAY, MD, MBA
DENISE HENNING, CNM, MSN
MARK HOYT, FSA, MAAA
NORMA MARTINEZ ROGERS, PhD, RN, FAAN
JUDITH MOORE
TRISH RILEY, MS
SARA ROSENBAUM, JD
ROBIN SMITH

LU ZAWISTOWICH, ScD, Executive Director

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Staff Contacts:
 April Grady, Principal Analyst
 Christie Peters, Principal Analyst
 Chris Peterson, Director of Eligibility,
 Enrollment & Benefits

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Staff Contacts:
 Patti Barnett, Senior Advisor
 Jim Teisl, Senior Analyst

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 Lois Simon, Principal Analyst
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Staff Contacts: April Grady, Principal Analyst

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P R O C E E D I N G S [1:19 p.m.]

1 CHAIR ROWLAND: If the Commission members could reconvene to the table.

2 Who is supposed to be at the table?

3 EXECUTIVE DIRECTOR ZAWISTOWICH: It should be April, Chris, and Christie.

4 CHAIR ROWLAND: So, April, Chris, and Christie, can you come to the table, please.

5 I want to call to order this session of the Medicaid and CHIP Payment and Access
6 Commission, and we are engaged actively at this meeting and trying to come to some final
7 conclusions to get a report that can go to Congress on the 15th of March that will contain our initial
8 foundation framework for the work of MACPAC.

9 We have been actively discussing in all of our prior meetings the various topics that have
10 been in our congressional authorize and are now putting together the final drafts for this report that
11 will go to hopefully be printed in the next week so that it can make the March 15th deadline.

12 This morning, the Commission members who have been reviewing and the external
13 reviewers that we have had comments from were assessed with a very technical review, including
14 picking up the word "Medicare" where it should have been "Medicaid" and different notes and
15 footnotes in this draft, so that we've looked at line-by-line edits. But what we want to really focus
16 on now is the broad content of each chapter, asking the staff to just review what each chapter of the
17 report will cover, and then to really talk about what that means in terms of the work of the
18 Commission going forward.

19 So we'll start with really the overview of the report, and I think it's important for those in the
20 audience to know that what we're envisioning for our first report to Congress is a Section 1 that will
21 provide an overview of the Medicaid and CHIP programs, followed by a more detailed explanation
22

1 of those programs and their framework. And then we intend to look at issues related to access and
2 a framework for analyzing our access-to-care work, issues related to payment, and a chapter on the
3 beginning of our payment assessment, and, finally, a chapter related to the data that can be obtained
4 through administrative data sources to be able to analyze and answer some of the key questions that
5 Congress has put before us.

6 So to kick off our discussion of the first chapter, we'll turn to Christie. ###

7 **OVERVIEW OF MEDICAID AND CHIP**

8 MS. PETERS: Thank you. Good afternoon.

9 At our January meeting, where we discussed drafts for our first report to the Congress, you
10 asked that the first section of the report be broken into three separate chapters: one for discussion
11 of Medicaid and CHIP in the context of the U.S. health care system, one for an overview of the
12 Medicaid program, and then another chapter for an overview of the CHIP program.

13 You asked that we emphasize key points throughout these chapters, including what these
14 programs are, who they serve, how they fit within the U.S. system, the challenges these programs
15 face going forward. You also asked that we discuss the program's complexities along with the
16 basics, particularly with respect to state variability, program financing, federal-state relationships, and
17 basically the need for the analytic work of MACPAC.

18 Chapter 1 of the report provides a brief overview of Medicaid and CHIP, highlighting the
19 program's unique role in the health care delivery system, the challenges the programs face, and the
20 establishment of MACPAC.

21 The chapter continues with a brief discussion on the history of health insurance coverage
22 and the enactment of Medicaid and CHIP, including a timeline highlighting select legislative

1 milestones for the program.

2 The chapter then discusses Medicaid and CHIP in the context of the overall U.S. health
3 insurance coverage and in terms of the share of total health care spending in the U.S., including
4 spending by selected services.

5 The chapter concludes with a discussion regarding balancing federal and state priorities and
6 the challenge program administrators face meeting these often difficult different responsibilities,
7 particularly during difficult fiscal constraints.

8 Chapter 2 of the report is an overview of the Medicaid program and highlights program
9 eligibility, benefits and cost sharing, federal and state financing, and program administration.
10 Medicaid program waivers and 1115 research and demonstration projects are also described.
11 Throughout the chapter, discussion of future issues, including the impact of the Patient Protection
12 and Affordable Care Act on Medicaid eligibility, benefits, and provider payments, is presented.

13 Chapter 3 highlights key program features of the Children's Health Insurance Program;
14 background information, including the program's history; and the impact of CHIP on coverage for
15 uninsured children is presented, as well as information on program eligibility for low-income
16 children and adults. Child enrollment data through FY2010 is provided in the chapter as well as
17 child enrollment by family income.

18 Coverage and payment for benefits is explained, as are the various components to CHIP
19 federal funding, including the federal allotments, the redistribution of unspent allotment funds, the
20 new contingency fund for states with CHIP funding shortfalls, and bonus payments for state
21 performance for outreach and enrollment activities and for significant increases in Medicaid child
22 enrollment.

1 The chapter highlights future issues facing CHIP, including interactions with state exchanges
2 starting in the year 2014 and federal CHIP funding appropriated only through 2015.

3 That's all we have.

4 CHAIR ROWLAND: April, would you like to describe the MAC Stats.

5 MS. GRADY: Sure. As Christie described, we're going to have three chapters:
6 Medicaid and CHIP in the context of the U.S. health care system, Medicaid, and CHIP. Those
7 three chapters will be followed by what we're calling the gray sheets, although they're actually MAC
8 Stats at this point, where we provide key facts and figures on the Medicaid program and, in
9 particular, we provide state-level spending, enrollment, and eligibility information whenever it's
10 available.

11 CHAIR ROWLAND: Thank you.
12 Comments from Commission members on these three chapters?

13 COMMISSIONER MOORE: I think the staff has just done a masterful job of describing
14 the Medicaid and CHIP programs and how they are like many things that are going on in the larger
15 health financing and delivery world, employer-sponsored coverage and Medicare in terms of cost
16 and spending explosions, and new ways and approaches to efficiency and quality measurement and
17 quality assurance, while also then pointing out the differences in Medicaid and CHIP in terms of the
18 people that are served, the vulnerable population groups that are served, the poor, people with
19 disabilities, the need for different kinds of services for some of these folks, long-term support
20 services, assisting devices, and that sort of thing; and then the basic statistics, which is, I hope, going
21 to become just a fabulously useful document for a lot of people in Washington and all over the
22 country looking for basic information about the programs. So I think they've done just terrifically

1 well.

2 CHAIR ROWLAND: Great. Thank you.

3 COMMISSIONER GABOW: I think the decision to separate these into three chapters
4 really made clarity about sort of the overview of where both these programs fit into the American
5 health care system and what a support role Medicaid plays to both Medicare and
6 employer-sponsored. Then having each of them separate gave us a chance to delve into each one
7 in some more detail. And I love the MAC Stats. I really think that for people who don't have a
8 ton of time and need a fact or a statistic, having everything gathered together at a state level I think
9 will be an invaluable resource for all of us to make better informed policy decisions. So thank you
10 for that effort.

11 CHAIR ROWLAND: Certainly to have 19 tables that all provide state-by-state data is
12 really incredibly important, and I think where you also provide the total, it allows for some interstate
13 comparisons, which obviously will be big pieces of our work to come.

14 COMMISSIONER COHEN: I also think the chapters are coming together incredibly
15 well. The MAC Stats and the section with all of the detail I think just highlights the complexity of
16 the program and how observations about the program from a national perspective can only take you
17 so far. So I think it adds so much kind of richness to the description to be able to then break it out
18 state by state and see how much variation it is.

19 I also think a lot of the charts highlight what we'll talk about later, is just sort of some of the
20 data challenges in doing some of this analysis. We kind of like put it out there first and talk about
21 it later, but the very fact that you need -- like there's so many footnotes to describe variation among
22 states, and, you know, we even know that with the available information that we have now, we're

1 not able to capture the difference between, say, like, you know, a dental benefit in one place and a
2 dental benefit in another place and they're not the same thing. I feel like it lays out the information
3 first and leads us to really think about what we need to do about definitions and data to have a more
4 holistic analysis for going forward.

5 CHAIR ROWLAND: Certainly in that listing of the benefits that are mandatory and
6 optional and each state's choices with regard to them, checking the box is helpful to know that, as
7 Burt will point out over and over to us, they offer dental services, but the scope of those services
8 and the availability is very, very limited. So it helps us to know where we want to drill down
9 underneath that box and find out what's really going on and maybe points out as we go forward the
10 need to do some additional site visits and more in-depth profiling of one or two states.

11 COMMISSIONER RILEY: I would only add maybe those who open the first chapter and
12 say, "This looks a little academic, let's move to the charts," and I think they would do that at their
13 peril. I think what the Commission has done -- and the staff has done a magnificent job -- is to
14 frame Medicaid within a costly, inefficient, complicated health care system that right now costs us
15 too much and doesn't get us the health outcomes that we ought to have, and health status. So the
16 frame I think is terribly important, and I think for the public to understand, not only have we been
17 here at this meeting correcting footnotes and incorrect references, but there have been 17 of us
18 sending track changes in to the staff and several iterations and several phone calls. That's an
19 enormous amount of work in a very short time, and I think the depth of review by this Commission
20 and the responsiveness of the staff has been incredible.

21 CHAIR ROWLAND: In a very short time frame.

22 COMMISSIONER CHAMBERS: I think I am going to be a broken record echoing what

1 other folks have said about this report and really what a great job the staff have done.

2 What I particularly like is, you know, this is really reflecting on all the chapters of the report
3 that we're going to discuss as we go along, but really I see us as sort of the eye of a political and
4 financial storm in which Medicaid and CHIP are a part of discussions here in D.C. and across the
5 country.

6 I really appreciate that, as we've approached this, rather than rushing to some quick
7 recommendations or sort of knee-jerk responses to what's going on, it takes a more practical
8 approach of just laying out the context and what's going on.

9 I'll put in an unsolicited plug for Judy Moore who was a co-author of the book "Medicaid
10 Politics and Policy" that I had a chance actually to look over this past week. And when I looked
11 back to similar crises in the Medicaid program in the past, in the '80s and the '90s, actually you could
12 re-read those chapters and take the dates out, and we're sort of facing the same challenges.
13 Medicaid always survived, but in many ways you think, why did it survive? Is it because the
14 economy improved and people sort of said, oh, we don't need to fix these things, we'll just keep
15 going as we're going? I think it dictates that, you know, we really need to find some real long-term
16 solutions to the structure and financing of these programs, and I think this is really -- the most
17 appropriate approach is the way it has been done, so I really compliment staff in putting this
18 together.

19 VICE CHAIR SUNDWALL: We are proud of what we've done to date, no doubt about
20 it. But what pleases me is that this is really totally nonpartisan. This isn't a policy piece. It's an
21 information document. I wish, as someone responsible to run the Medicaid program in Utah six
22 years ago, I had read this and understood what I was getting into.

1 [Laughter.]

2 VICE CHAIR SUNDWALL: Because the complexity and the costs are just challenging
3 for every place in the nation, certainly states and nationally.

4 So, thus far, I think that we have -- we will be making a statement that this is a very
5 complicated, costly program that merits our attention. The only thing I would say is I'm not
6 certain that we are as concerned about Medicaid as a program as we are about the people it serves,
7 and we really are kind of patient focused, service oriented, and if there is a better way to do things,
8 we welcome that. But we won't know what a better way is until we go through the work that we've
9 embarked on here to get better information and analyze. And staff has done a terrific job of that.

10 So I'm confident that this will be a nonpartisan, useful report for people in the states and the
11 federal level on both sides of the aisle. We met this morning with the Finance staff, Democrat and
12 Republican, and I was certainly heartened by their interest in what we're doing and the fact that they
13 want it to be data driven. They're hungry for information as they embark on consideration of
14 different policies, some of which might be disconcerting. Whether it be doing away with the
15 maintenance-of-efforts requirements or looking at caps or what have you, this will inform their
16 decisions. And I'm hopeful that they will utilize this and that it will become a real reliable resource
17 for them over time.

18 CHAIR ROWLAND: And is the Commission comfortable -- I mean, the balance we had
19 here was the recognition that there is an existing set of programs, Medicaid and CHIP, serving a
20 large number of people. There's changes envisioned in the health reform law to these programs.
21 But what we've tried to do, I think, is to really look at the programs as they are today as the
22 foundation for where we move forward in the future. But is everyone comfortable with that

1 balance?

2 COMMISSIONER ROSENBAUM: I think the staff have done a tremendous job of
3 balancing the two, understanding that Medicaid is evolving, that the health care system is evolving,
4 that essentially the best thing the Commission can do is to capture the program at this point in its
5 evolution and report on it. And I think that it's definitely not about Medicaid under the Affordable
6 Care Act. This is a report about Medicaid, and certainly issues related to the Affordable Care Act
7 become relevant. But in this case, it's really Medicaid that has the dominant role, which is as it
8 should be.

9 CHAIR ROWLAND: And having a Chapter 3 on CHIP helps us to not forget that while
10 it's a smaller piece, it's half of our name and part of our responsibility. And I think the CHIP piece
11 particularly is nice because it does set out how that program differs from Medicaid, how it's similar,
12 and I think we need to look as we go through some of the other issues, like access and ultimately
13 payment, to make sure that we're also taking into account the differences in how CHIP operates
14 versus how Medicaid operates.

15 Are there other comments?

16 [No response.]

17 CHAIR ROWLAND: The first three chapters are ones in which we really are providing a
18 foundation for where we'll go in the future. As we look at these chapters, are there areas that you
19 think we don't have time or ability to address immediately but that are flags we should put out for
20 delving in the future a little more in depth?

21 COMMISSIONER EDELSTEIN: One that was mentioned earlier was a focus on ER use,
22 emergency room and emergency department use, that is probably worth taking a closer look at to

1 see whether there are some potential efficiencies to be had there.

2 CHAIR ROWLAND: Okay.

3 COMMISSIONER GABOW: I think as we look at the populations that are covered and
4 the coverage, for example, as we've discussed Medicaid taking care of patients with behavioral health
5 needs, and Medicaid and its EPSDT and CHIPRA, the CHIP with the dental benefit, point out sort
6 of that this program, while in pieces, sometimes really tries to care for the totality of the patient.
7 And I think one of the challenges that we should look at as we go forward is while we have these
8 pieces, they're often separate, in separate delivery systems, and how do we pull these together,
9 because they're all in -- the teeth, the brain, and the body are all together. It would be good if we
10 could think about ways to take care of the whole patient in a coordinated manner. I think that's
11 one thing we should look at.

12 And sort of related to that -- and we've talked about this, too -- is managed care. While
13 some people may think that's not a good thing, I think if you manage care, which is really what the
14 word says, it is good for the patient and I do believe would save costs. So I think those are two
15 areas, the sort of linking of the behavioral, physical, and oral health in a more integrated manner and
16 looking at managed care perhaps as a modality to achieve that, but even separately looking at
17 managed care as both a delivery and a payment model and what is its efficacy in Medicare.

18 CHAIR ROWLAND: Okay.

19 COMMISSIONER ROSENBAUM: I would just like to expand a little bit on Patty's point
20 because I think it's exactly correct. One of the most important questions that I think we're going
21 to have to ask ourselves as we take a look at these issues in managed care is the degree to which our
22 thinking about managed care -- and I'm sort of using the word in the vernacular now -- has

1 expanded since the original Medicaid managed care amendments of '97 were drafted. That is to
2 say, those amendments were, of course, an evolution from legislation in the '80s, and I've been
3 struck in thinking about the relationship between Medicaid and other forms of insurance, specifically
4 the issue of the interaction with people who are in exchanges, how important it will be to think
5 about not how new delivery systems have evolved, how other sources of insurance coverage have
6 evolved, how new theories about how you would structure managed care, whether for people who
7 have routine needs or people with more advanced needs -- all of that I think needs to be brought
8 back to the legislative authority that exists today so that when we look, we're looking not only to
9 how managed care can be used, but whether the provisions that are in the statute today are
10 provisions that can carry this evolution, or whether states are still having to rely on special
11 demonstration authority, which I think is a problem. So it's not just populations, but it's also
12 delivery options under current law.

13 CHAIR ROWLAND: Okay. As a future issue.

14 COMMISSIONER ROSENBAUM: Yes, a future issue.

15 CHAIR ROWLAND: Other discussion?

16 COMMISSIONER CARTE: Just following Patty's thought about linking teeth and brain
17 to the rest of the body, I would just point out that when CHIP was reauthorized, one of the things
18 that happened there was that there was a strengthening of both dental and mental health coverage,
19 at least for the separate CHIPs that were more commercially modeled. So as CHIP families look at
20 making choices in the future through an exchange, that will be one of their considerations.

21 COMMISSIONER RILEY: I think as we talk through the access piece, particularly around
22 appropriate access, which I think is -- it ought to be one word because access to things that don't

1 work isn't really value added. We need a better literature base and evidence base about what is
2 appropriate care and what works and what doesn't, particularly around issues of disability where the
3 cost drivers are. We know so little about what works and what doesn't in physical and behavioral
4 health, and I think that's a critical component as we address appropriate access.

5 CHAIR ROWLAND: Which we can get into a broader discussion when we get to the
6 access chapter.

7 Other comments to the staff on revisions to this set of things? Other than that the tables
8 need to be bigger so I can read them.

9 [Laughter.]

10 CHAIR ROWLAND: I think that clearly our comments have all been very enthusiastic
11 because I think this is a really nice foundation to set out how the two programs work. I think it
12 does keep CHIP in the spotlight by having that a separate section so that we don't just occasionally
13 mention CHIP when we talk about Medicaid. But I think we also ought to recognize that as we get
14 into this report, we're leaving large pieces of the Medicaid program outside of the framework that
15 we're starting to talk about in terms of payment and access. So at some point we will need to
16 engage, as the statute gave us such a broad set of responsibilities, in more of the long-term care,
17 dual-eligible issues, and that right now we're focused on the ones that started in our CHIPRA
18 authorize. So I think this sets the tone for the scope of the programs, but it really is a starting
19 point.

20 So I know you'll be back giving us more foundation on other pieces, but thank you right
21 now.

22 COMMISSIONER HENNING: Just a quick question, Lu. As part of this report, were

1 we going to have the little glossary of terms thing?

2 EXECUTIVE DIRECTOR ZAWISTOWICH: We are exploring whether or not we can
3 do that, so we're looking into it.

4 COMMISSIONER HENNING: Okay.

5 CHAIR ROWLAND: Ideally, I think that was a great suggestion, that acronyms abound in
6 this world and that a glossary of terms would be a useful piece. If we don't get it done in the
7 March report, maybe we can keep pressure on the staff to have it in the June report, which is
8 coming very soon.

9 COMMISSIONER SMITH: I have a comment on that. I think the staff did a really
10 good job following through with that within the report itself. I think they were very cognizant of
11 making sure there was always initially a definition of an acronym, and that was very helpful to me.
12 I found it very readable as a lay person.

13 CHAIR ROWLAND: That's great.

14 We're going to turn now to Session 2 where one of our charges -- the first part of our name
15 is Medicaid and CHIP, and we have an overview section in the first three chapters that covers those
16 two words broadly, and now we go to the other half of our name, the Payment and Access half, and
17 so we're going to start this discussion with looking at the payment chapter and the framework that
18 we're trying to set up for payment.

19 Patti and Jim, why don't you set out sort of the broad area that this chapter covers and what
20 we were attempting to do. ###

21 EXAMINING MEDICAID PAYMENT POLICY

22 MR. TEISL: Okay. Thank you.

1 As Diane just mentioned, what we're going to do is give a very broad overview of what's in
2 the chapter, and then we really look forward to your ongoing comments regarding the chapter and
3 are looking forward to where we go from here.

4 As you all know, MACPAC is charged with examining Medicaid payment policies, the
5 methods, and their impact on access, efficiency, and the quality of health care.

6 Some quick highlights of the payment chapter. We cover an overview of Medicaid as a
7 health care payer. We then move into the legislative and regulatory requirements, specifically
8 around hospital payment and physician payment, and we get into some specifics regarding the
9 variation across states in paying for those particular services. Then we talk a little bit about our
10 approach and our plans looking forward around Medicaid payment analysis.

11 Within the first section, we're going to talk a little bit about the fact that Medicaid is a
12 significant payer in the U.S. health care system, and at the same time it's a very unique health care
13 payer. You can see some stats that we have up here. Medicaid accounted for 15 percent of total
14 health care spending in 2008.

15 In addition, Medicaid is a particularly dominant payer for certain services. Examples that
16 are familiar to all of you include obstetrics, pediatrics, behavioral health, long-term care, and others.

17 In addition, it's also a particularly dominant payer for particular types of providers, including,
18 for example, safety net providers, public hospitals, community health centers.

19 Medicaid serves a diverse patient population, and it provides services that other payers do
20 not necessarily provide. For example, Medicaid makes payment for long-term care services and
21 supports, transportation services, certain therapies, and in these respects Medicaid can be somewhat
22 unique.

1 There are some other things that are unique for Medicaid as a payer. The federal-state
2 financing partnership requires states to contribute funding. States have to balance their budgets.
3 In addition, costs in Medicaid tend to increase when revenues for the states tend to decrease,
4 commonly referred to as "the countercyclical nature" of the Medicaid program.

5 One other that I'd add --

6 CHAIR ROWLAND: A word we intend to use.

7 [Laughter.]

8 MR. TEISL: Exactly. I made sure to get it in.

9 CHAIR ROWLAND: We'll put it in the glossary, too.

10 MR. TEISL: Definitely. One other that I'd add is cost sharing for Medicaid services.
11 States are limited in their ability to apply cost sharing or to use cost sharing as a utilization control,
12 largely because of the nature of the population that it serves.

13 In the chapter, we go through an overview of the legislative history of Medicaid payments,
14 specifically for hospitals and physicians. Here we've boiled it down to one particular statute known
15 as 1902(a)(30)(A). A couple things that I'll point that are in this sort of foundational Medicaid
16 payment statute. It requires states to provide such methods and procedures relating to the
17 utilization of and payment for services as may be necessary to safeguard against unnecessary
18 utilization, assure that payments are consistent with efficiency, economy, and quality, and also that
19 payments are sufficient to enlist enough providers, at least to the extent that people have access
20 equal to the general population. This, as you all know, creates a little bit of tension between
21 making payments sufficient or to be consistent with economy and efficiency, but also to provide
22 quality and sufficient access to care.

1 Under these sort of broad federal requirements, there's quite a lot of variation at the
2 individual state level in the way that Medicaid pays for services. We list some examples up here,
3 and I would just add, even within these examples, 32 use DRGs, 9 use per diem, 5 use costs or
4 charges for inpatient services, there are a lot of nuances even within these bullets. So while it
5 seems sort of simple to group them into these categories, the way that states really pay providers is
6 very nuanced, very complicated, and requires us to take a very state-specific view of the way
7 payments apply.

8 MS. BARNETT: So as we are looking forward -- and we look forward to your comments
9 on our future work in this area -- we will be delving deeper into the variation that Jim spoke about
10 and getting a little bit more detailed in terms of how states specifically pay a wide range of providers.

11 While we started in this chapter and began our discussion with fee-for-service hospital and
12 physician, we recognized that issues and challenges with implementing value-based purchasing affect
13 all providers and affect even all-payers. So as we move forward, we will look at payment issues for
14 other providers, in particular, long-term care providers, looking at payment policy, managed care
15 payment policies, and payment for other providers.

16 As we move forward in this, our first task is going to begin to build a detailed baseline of
17 how states pay all providers, and from that baseline we can begin to tackle many payment policy
18 questions that the Commission would like to address.

19 So we look forward to your feedback on our draft chapter and on our approach looking
20 forward.

21 CHAIR ROWLAND: Let me start by asking you if we are going to establish a baseline to
22 understand individual state policies, what you think that will entail. I don't think there's a ready

1 place you can go and get all this information now.

2 MS. BARNETT: There is not, and this is going to be a great undertaking. There is not a
3 single depository of all this information. A lot of these details are buried in state plans that are not
4 readily available. So we are going to -- it's going to be some hard work, and we're going to have to
5 work really closely with the states, and we look forward to doing that to really understand. As Jim
6 sort of pointed out, the devil is sort of in the details of how states pay providers. So we really hope
7 to get at that because without that I think we can't really begin to tackle a lot of the questions that I
8 know all of you would like to get to.

9 CHAIR ROWLAND: Lots of different providers.

10 MS. BARNETT: Yes, wide range of providers.

11 CHAIR ROWLAND: So we started with hospital and physician, but know that there are
12 many, many other provider types that are in the mix.

13 Comments from Commission members?

14 COMMISSIONER MOORE: I'm just curious if you've given any thought as to how
15 you're going to go about the next steps. Will you pick ten states and look at lots of their systems?
16 Or will you pick several kinds of reimbursement and try to go after all states? Or are we still kind
17 of in the developmental stage at this point?

18 MR. TEISL: I would say we're very much in the developmental stage, and actually, we'd
19 really appreciate your input into what you think is the best way to go about it. As Diane just
20 mentioned and we mentioned in the presentation, there's a very wide range of providers.
21 Obviously, there's 50-plus programs. We want to be comprehensive, but we also need to be very
22 deliberate in the way that we approach it. So we'd really appreciate your thoughts on it.

1 COMMISSIONER RILEY: The secondary sort of nuance to this variation theme is that
2 we also have to build in the understanding that states are so different. Their cost basis is different.
3 Their service delivery systems are different. Their practice patterns are different. And maybe if
4 we do do a sample of states we could create some kind of a matrix that identifies high-cost states,
5 states with high penetration of safety net providers, and the like, because Maine looks very different
6 from Colorado, and it seems to me that's a really important piece to understand. The reason some
7 states pay the way they do is because their systems look fundamentally different or they're more
8 costly.

9 CHAIR ROWLAND: And I'm assuming that you can't get the depth of information you
10 need from state plan language or anything else, that this is really going to require either direct
11 contact with the states, which may go to your point of how many states you actually do. Do you
12 do a sample of states that have different methods so that you have illustrative examples versus
13 collecting it nationally?

14 COMMISSIONER ROSENBAUM: Yeah, along those lines, I think one of the most
15 important things we have to figure out is how to capture what we could think of as differences in
16 the extent to which states allow efficiency substitution, and by that I mean states that have very
17 broadly conceived scope-of-practice acts that allow considerable substitution of one class of health
18 professionals for another for a significant amount of care, and beyond that, the extent to which the
19 Medicaid agency captures that substitution. It doesn't follow like night and day that just because a
20 state's scope-of-practice act is quite broad that the Medicaid agency in that state has captured -- has a
21 payment policy that makes full use of a broad scope-of-practice act. So you really have to look at
22 two things.

1 But I think one of the most important issues we might be able to shed some light on is the
2 extent to which payment is making the best use of the efficiency opportunities that underlying state
3 law related to health care practice allows. So, you know, if you have a state -- I think a place like
4 Colorado -- the Western states are quite different in this respect -- that have a very broad approach
5 to scope of practice and we find that Medicaid agencies, in fact, are or are not emphasizing broad
6 scope of practice in their own payment policies, that would be terribly important. And states with
7 much narrower scope-of-practice acts, the Medicaid agency may be hampered in ways that other
8 state agencies would not be.

9 CHAIR ROWLAND: That's a good point.

10 COMMISSIONER RILEY: Can I make a friendly amendment? Because I think in terms
11 of scope of practice, there's also the issue of telemedicine and telehealth.

12 COMMISSIONER ROSENBAUM: Yes.

13 COMMISSIONER RILEY: On the one hand, in rural areas it can really do a great deal to
14 increase access at lower cost. The flip side is some worry that it would lead to overutilization.
15 And I think it's an area we don't know much about, but it has great promise and is so emerging that
16 we ought to take a look.

17 COMMISSIONER ROSENBAUM: I would think we'd want to define what we mean by a
18 broadened scope of practice, both substitution of personnel, substitution of settings, use of
19 technology. So there's a range of issues that we might sort of delve into here.

20 CHAIR ROWLAND: I see Denise getting ready to say something.

21 COMMISSIONER HENNING: I'm just thinking it's great that Sara's on the panel to
22 speak up for me every once in a while.

1 [Laughter.]

2 COMMISSIONER HENNING: Because sometimes I feel like I'm beating my head, you
3 know, against the wall. And I think that it's really important, especially as a certified nurse midwife
4 -- I'm going to put a plug in for my profession -- that we look at outcomes and the fact that
5 advanced registered nurse practitioners and certified nurse midwives, certified nurse anesthetists,
6 physician assistants, and that kind of thing. When you look at the data that has been collected on
7 them, they provide equivalent quality care, and in some cases even better outcomes. In particular,
8 nurse midwives have lower pre-term birth rates, and it's not just because we're taking care of
9 low-risk women because we're not. That's a real misnomer. We are collaboratively working with
10 physicians to take care of a fairly high-risk population in many cases because we're working in
11 federally qualified health centers and we're working with low-income either uninsured or Medicaid
12 populations. But we still have lower pre-term birth rates. We have higher birth weights on
13 average. And our women have quality care that they're generally pretty happy with and a much
14 lower cesarean section rates.

15 So it can be done, and, granted, the cesarean section rate may not save the clinic that's
16 employing a nurse midwife any money at all. In fact, it may be making them lose money because
17 you get paid more for a C-section than you do a vaginal delivery. But it's saving our whole health
18 care system a lot of money, and it's also saving that woman from having a scar that could potentially
19 cause her problems later on with her next delivery.

20 CHAIR ROWLAND: I have asked that the heat be turned up in here. It's freezing.

21 [Laughter.]

22 COMMISSIONER GABOW: I think as we look at these different payment

1 methodologies and different payment models, I think a key question to explore is how have these
2 payment models been utilized as levers to actually improve the care or improve the delivery model
3 from being a fragmented one to an integrated one or to use a broader scope of care. So I think
4 because we ultimately want to provide some policy recommendations, understanding how payment
5 models are a lever for creating a better Medicaid system I think would be very important, not just to
6 create a topography of all the payment models, but how they're used as a lever.

7 COMMISSIONER COHEN: I was just going to say, first of all, you know, I think it's --
8 we're obviously the Payment and Access Commission, and so it's very important that we are diving
9 into payment, and I'm very excited about it. Obviously, like elsewhere in health care there is so
10 much time and attention and analysis being spent on what is the best way to pay for different kinds
11 of services, and we can't just adopt that work for Medicaid. It's a different population, a different
12 set of services, all of those things, but it's so important that that kind of work is being done. And I
13 think one thing that we have heard over the course of our prior meetings is that it's a little bit of an
14 underdeveloped kind of field, both within -- it's very resource intensive -- both within CMS and at
15 the state level.

16 So this chapter, I think, more than many, and this sort of endeavor maybe more than some
17 others, I feel like our audience may be states as much as Congress in that to the extent that we can
18 really help to build a base of sort of information, a basis for evaluating payment systems, and those
19 sorts of things, I think we can really -- you know, we can really sort of move the field along a little
20 bit in Medicaid.

21 I do, of course, want to point out that, depending on one's personality, it's easy to get very
22 wrapped up in technicalities of, you know, incentives and how a payment system might incentivize

1 this thing or that thing. I think the chapter does it well. If your payment level is way off, it really
2 doesn't matter how great the technical sort of formula or methodology for developing it is. Your
3 relative values sort of don't mean very much if the basic level is really off. So we, of course, have
4 to keep that in mind as well.

5 CHAIR ROWLAND: In terms of going forward, one of the issues that you flagged in the
6 report is the potential impact of the required increase in primary care fees and consider how these
7 payment increases would be passed on or dealt with in the Medicaid managed care plans. Can you
8 talk a little bit more about where you think we ought to be going, what you're laying the groundwork
9 for being able to assess the impact of that and some of the new data that we've collected?

10 MS. BARNETT: We are just starting our work in this area, and I think the first thing that
11 we are planning to do is to look closely at the codes that are affected by the increase and trying to
12 get a sense of the magnitude of impact across different states. So I think that's our first step.

13 Then I think what we hope to do is work with -- or learn from CMS what they are doing in
14 this area, especially in terms of managed care, and hopefully get some great insights from Richard
15 and Donna on this, too.

16 But those are, I think, our first initial steps. I don't know if -- do you have any?

17 MR. TEISL: No, only to add that, you know, within this chapter we include a little bit of
18 information regarding the variation in physician payments, and that's largely to demonstrate that the
19 impact is going to vary dramatically depending on the state that it's applied to.

20 CHAIR ROWLAND: And that information was commissioned--

21 MR. TEISL: Actually, we commissioned the work through the Urban Institute, and it's
22 what we actually asked them to look at. It's similar to work that they've done previously to index

1 physician payments across different states. We asked them to specifically look at the fee levels for
2 office visit codes as a beginning step towards an investigation of this impact.

3 CHAIR ROWLAND: And comparison to Medicare or --

4 MR. TEISL: We didn't include it -- we did not include it in this chapter this time. What
5 we do have is a comparison of individual states to the national index, and, again, it's largely at this
6 point to demonstrate the variation across states.

7 CHAIR ROWLAND: Okay. Other questions?

8 VICE CHAIR SUNDWALL: Just one comment. I really appreciate your work on this.
9 I found it very informative for myself.

10 There was authorized -- or I don't know if it was part of ACA or before, but the new Center
11 for Innovations at CMS. Are you following those, whatever they're funding, when it relates to
12 payment reform and how we might take advantage of what they're investing in.

13 MS. BARNETT: We plan to work with them. We are definitely following and tracking
14 the various demonstrations that were included in ACA, and the Center for Medicare & Medicaid
15 Innovation we'll be looking at. So we intend to be working with them. I know that there is a
16 global payment demonstration for safety net hospitals. I know that is going to be coming down
17 the pike pretty quickly. So we plan to be following that.

18 CHAIR ROWLAND: Since this doesn't specifically address managed care, which we
19 intend to take up as a topic more related to our June report, could you talk a little bit about what
20 some of the issues are in looking at payment policy within managed care plans and how we'll go
21 about looking at that for the next report?

22 MR. TEISL: Well, what we did with this chapter is, as you mentioned, begin to introduce

1 the concept of managed care payment, the differences between managed care payment and the more
2 traditional fee-for-service payment. One thing that stands out or jumps out right away is the
3 requirement for managed care premiums to be actuarially sound.

4 Some of the things we want to do going forward, the one that comes right to mind is -- we
5 talked a little bit about the primary care bump under the PPACA. We want to look at how those
6 payments will be passed on from the state to the managed care organizations, and then also look at
7 the next step, which is how the managed care organizations pass those payments on to the
8 providers. It's one of the earlier areas that we want to get.

9 MS. BARNETT: And I think broadly, just really in future work examining just the
10 rate-setting process that states go through, the use of risk adjustment. So I think those will be the
11 topics that we will start to dig into in future reports.

12 COMMISSIONER CHAMBERS: Also, when you're looking at managed care payments
13 from the state to the plan and the plan to actual providers, is taken into consideration P4P, you
14 know, programs that plans have --

15 CHAIR ROWLAND: That's pay for performance for those who need a glossary or want a
16 glossary.

17 [Laughter.]

18 COMMISSIONER CHAMBERS: -- that sometimes get left out of the equation. I mean,
19 oftentimes in our delivery networks the physicians tend to focus on, you know, the payments, either
20 fee-for-service payments from the plan or even in capitation that's put together primarily for primary
21 care physicians, and they tend to leave that out of the equation. But it certainly is a big piece of
22 payment and getting access and quality and all of the things that we're really concerned about, both

1 from a fee-for-service and from a managed care perspective.

2 COMMISSIONER ROSENBAUM: I just want to bring attention to an issue that I think
3 we should be mindful of as you're constructing the managed care portion of our work. It's
4 something that, you know, I have found over the years bedeviled me and my thinking about
5 managed care, which I actually have always seen as a great advance in Medicaid because of its
6 access-enhancing potential.

7 But one of the problems in comparing states is going to be the extent to which, because of
8 the structure of state contracts, there's more or less extra contractual payment going on. So no two
9 states are the same, not only in how they structure their agreements, but in what they leave out of
10 their agreements, down to certain procedure codes, down to certain treatment settings, a lot of other
11 variability that affects total payment for the managed care population that may be significantly more
12 than what is paid to the managed care entity. Of course, there are many times when a managed
13 care entity may be expected to actually manage care even when payments are direct from the
14 Medicaid agency to outside providers.

15 But I think we're going to have to have a way of showing people that managed care is a very
16 important advance, and depending on the state for different kinds of populations and care needs,
17 but that there are common procedures and services that even for the managed care population are
18 often not put into a contract. I think this is a little understood part of the dynamic, and some of
19 the most important things that Medicaid does, going back to our Chapter 1, has to do with those
20 activities that don't lend themselves easily to, you know, what you could think of as a plain vanilla
21 managed care contract. You've got to structure it differently.

22 So it is, I think, a really important nuance in the whole arrangement that we need to be sure

1 policymakers understand.

2 CHAIR ROWLAND: Okay. Other comments? Other provider groups that we should
3 put on our future agenda?

4 I'm waiting, Burt.

5 [Laughter.]

6 COMMISSIONER EDELSTEIN: It may go without saying.

7 [Laughter.]

8 CHAIR ROWLAND: I do think that while we start here with physician payment, the
9 issues that we're all concerned about include the broad array of primary care providers, and while the
10 statute in the health reform law specified doctors, we know that scope of practice is important in
11 broadening the base, and we know that dental care is included in the care there.

12 So as we look at our future agenda and when we start gathering information, it may be
13 prudent to not -- if we're going to into a state, to not just gather information about one particular
14 provider type, but to broaden our definition of what we're getting information on, because I think
15 our ultimate goal will be to look at some of the trade-offs about which provider type is there. And
16 as we get into what we will discuss in the access chapter is availability of providers and level of
17 providers doing some of the treatment, we'll want to know how the payment policies may impact
18 the availability of those providers and their willingness to participate.

19 COMMISSIONER MARTINEZ ROGERS: I think that's a really good point, Diane, in
20 particular because -- and I think Denise would probably agreed -- in the rural communities we
21 frequently find that it's the nurse practitioners or the PAs that are providing the service of care.
22 Mostly the nurse practitioners because a PA, I believe, has to work directly with a physician, and a

1 nurse practitioner doesn't. So what we're finding in Texas in particular is in our real remote rural
2 areas, we're finding more pediatric nurse practitioners and psychiatric mental health nurse
3 practitioners because there are no psychiatrists or pediatricians. So I think it's very important in
4 terms of how they get reimbursed that they be kept on -- when we address things, and we've said
5 this before, that we don't look just at physicians but at other health professionals.

6 Thank you.

7 CHAIR ROWLAND: I think as we did our discussion of providers, we also know that
8 while there's a primary care emphasis that has been introduced into the payment issue for Medicaid
9 from the health reform law, there's also gaps in access, especially to specialty care and to some of the
10 behavioral health services, and that we can't leave that out of the equation either.

11 COMMISSIONER EDELSTEIN: Your comment, Diane, reflects the fact that we really
12 can't separate payment from access, although for a clearer understanding of this initial work of the
13 Commission, it's important to have a chapter on payment and a payment on access. But the --

14 CHAIR ROWLAND: Not a payment on access. A chapter on access.

15 [Laughter.]

16 COMMISSIONER EDELSTEIN: I'm sorry. A chapter. But the next chapter --

17 CHAIR ROWLAND: We want a downpayment on -- maybe it's a downpayment on
18 access.

19 COMMISSIONER EDELSTEIN: The next chapter, though, does feature a schema in
20 which the issues around the providers are well articulated, and I think that the kinds of things we've
21 been talking about here with regard to payment are re-emphasized and expanded in that schema.

22 CHAIR ROWLAND: Great.

1 COMMISSIONER MOORE: That was an awfully good segue for us to move on, but I --

2 [Laughter.]

3 COMMISSIONER MOORE: But I thought I would say to Jim and Patti and Lu and all
4 the other staff who worked on this chapter, I think it's a wonderful cataloging of information on
5 Medicaid payment, and I don't think such a document or this information has ever been put
6 together in one place before. So I think it will make a real contribution just as an initial
7 information and education piece.

8 CHAIR ROWLAND: I particularly, as you know, really like the fact that we started in
9 1965 and gone through the major changes in legislation that affect provider payment, and really I
10 think the other point of this chapter, which gets into the data issues as well, is how much provider
11 payment is driven as a state issue and has less federal data on it and less federal oversight and less
12 federal standards than we see when we deal with issues around eligibility or even benefits.

13 So I think that the segue that Burt tried to create that Judy interrupted a little is a good one,
14 and we really do need to turn to the access chapter that ties directly back to the payment chapter.
15 So we thank Patti and Jim, and we'll switch characters.

16 CHAIR ROWLAND: Thank you, David. ###

17 **ASSESSING ACCESS TO CARE IN MEDICAID AND CHIP**

18 MS. SIMON: Hi, Jen and I are here to talk to you about Chapter 4 of the March Report,
19 and before I start I just want to acknowledge Molly McGinn-Shapiro who joined MACPAC in
20 mid-January. I think you met her at the last meeting. But she kind of joined our access team and
21 we really couldn't have gotten this far without her. So, I just wanted to acknowledge her.

22 So, in Chapter 4 of the March Report, we lay out the Commission's Approach for

1 Examining Access to Care. At the December meeting there was a lot of discussion on the
2 importance of coming up with a systematic and analytic framework or approach that would allow us
3 to best meet our charge. So, from the discussion that we had at the December meeting, we
4 realized that our first step was really to, you know, take a step back and come up with a working
5 definition before moving forward.

6 So, the structure that Jen and I are going to present today is a way of proceeding with our
7 work on access.

8 So, as Diane mentioned, as is reflective in MACPAC's name, reviewing issues related to
9 access is one of the primary charges of the Commission and this framework is a work in progress
10 and was designed to be responsive to considerations that are unique to both MACPAC and its
11 charge.

12 So, efforts to conceptualize access to health services have a long history and this history was
13 really instrumental in forming our approach. To guide the development of the framework, we
14 began with a review of the literature on the topic and we found that definitions have evolved over
15 the past 30 years, they're multidimensional, and over time have incorporated a range of aspects such
16 as the fit between providers and patients, and the concept that insurance coverage alone does not
17 guarantee access if other essential ingredients are missing.

18 The IOM in the '90s put an emphasis on appropriate use of services to drive outcomes and
19 more recently there has been an increased emphasis on looking more broadly at quality in the
20 performance of the healthcare system. So, this historical work is reflected in our framework.

21 But we also realize that to be effective for MACPAC, the framework must consider issues
22 that stem from the specific characteristics of the Medicaid and CHIP populations, so it also must

1 take into account first the federal-state relationship, which is very complex and complicated, as well
2 as variability among states, which we discussed in the last session with regard to payment as well as
3 eligibility and other program features.

4 So, I also want to stress, the framework was designed to be an evolving one and to allow us
5 for flexibility and how it's operationalized, we intend for it to evolve as the Commission's priorities
6 change, as new questions are raised and new issues emerge.

7 So, Jen is now going to give a brief overview of the framework and there you go.

8 MS. TRACEY: Thanks, Lois. This slide actually shows the Commission's proposed
9 framework for examining access to care for Medicaid and CHIP enrollees, and as you can see, there
10 are three main components to the framework: enrollees, availability, and utilization. And
11 Medicaid and CHIP enrollees are really central to the framework, since obviously they're the reason
12 that we're evaluating access.

13 CHAIR ROWLAND: Pull your mic over.

14 MS. TRACEY: Thank you. Is that better? Okay.

15 Medicaid and CHIP enrollees have unique characteristics from the general population.
16 They tend to have lower incomes, less assets, they also have more complex health conditions. In
17 addition, there's quite a bit of variation among states in the eligibility requirements that allow
18 individuals to enroll in these programs.

19 The second component of our framework focuses on availability and this focuses on
20 availability of providers to serve these individuals. So, the first component focuses on provider
21 supply, so are there an adequate number of providers in a given geographic area.

22 The second component looks at whether these providers are actually participating in the

1 Medicaid and CHIP programs. The third component of the framework focuses on utilization, so
2 how are these individuals utilizing services? Services used focuses on issues of do they have a usual
3 source of care, are they getting checkups, physical examinations throughout the year. Affordability
4 of services also becomes an important factor.

5 Some states have cost sharing requirements for Medicaid and CHIP services and they also
6 may cover limited benefits which may impact access to care for these individuals.

7 And finally, system navigation and patient experiences are also an important part of
8 utilization, and this really encompasses things such as office hours and appointment wait times,
9 cultural competency fits in to this, as well as just patients' perceptions of overall satisfaction with
10 their health status and their relationships with providers.

11 And finally, the bottom part of the framework focuses on evaluating access. So, now that
12 we have a framework in place to work with initially, what are the types of things that we're going to
13 look at to see if access is adequate? Appropriateness of services and settings is one of the key
14 elements of this. So, are the right services being delivered in the right settings at the right time?
15 Also, are services efficient, economical, and are they of high quality? And one of the most
16 important outcomes, are we seeing positive health outcomes as a result of access to care?

17 This next slide, we just wanted to show you some of the potential measures that the
18 Commission will be looking at further to assess access. We have more of these in the report where
19 we've included a larger sample and these will be evolving, but this just kind of gives you a flavor of
20 the types of measures that are available for each one of these components of the framework that
21 we'll be delving into more in depth in the future.

22 MS. SIMON: So, the framework Jen described, as I said before, is just the first step in the

1 Commission's work towards fulfilling its charge. Our next step will be to identify a set of core
2 measures just as the ones that Jen described, and using these measures we want to first examine
3 where access levels exist today. And then we intend to be able to track trends and monitor the
4 measures over time.

5 We also intend to compare Medicaid and CHIP to the privately ensured as well as the
6 uninsured as well as to look deeper into differences among different subpopulations, and our
7 analyses will take into account differences in needs and use that may exist because of health status
8 and socioeconomic status.

9 Also we realize, and this is part of our charge, that just examining access isn't enough. We
10 will assess how changes in federal and state policies can alter the availability and utilization, and as
11 well as negatively or positively affect access. And going forward we want to be able to provide
12 guidance and strategies that link actionable solutions or policies to access.

13 We also want to learn from states. We want to work with them in identifying what works
14 and once we identify what works, share them with other states.

15 And with more than half of the Medicaid and CHIP populations in managed care, that has
16 kept coming up today, it seems extremely important to examine access policies in the area of
17 managed care, comparing the fee-for-service and looking among different states as well as different
18 managed care delivery systems.

19 And lastly, this framework will serve as the basis for the creation of the Early Warning
20 System, which is another one of MACPAC's charges.

21 So, that's our "looking forward" section, and we look forward to your reaction and guidance.

22 CHAIR ROWLAND: Thank you. Patti, Denise, Burt, Trish?

1 COMMISSIONER GABOW: I think this access chapter is critically important because
2 you really can't have quality if you don't have the first step, which is access.

3 I would remind us, particularly in the era of changing communication, that we not think
4 about access in the narrow confines of face-to-face visits with any provider, and I'll just give you two
5 examples in our own system. One is, we have a nurse advice line that gets 100,000 calls a year.
6 Half the users are Medicaid, and we even give out prescriptions on that line. Now, when you think
7 about who is a Medicaid patient, where transportation is an issue, geography may be an issue,
8 something that is as simple as a telephone, I mean, we tend to think of telemedicine as something
9 sophisticated, but the telephone is good.

10 And I think another example which sort of points out that we shouldn't think about
11 necessarily face-to-face visits is that you might think that this population wouldn't have access to
12 some of the newer modalities like texting, et cetera, but we're doing a pilot with diabetics and we
13 were floored to find out that 70 percent of our patients in this pilot actually had access to text
14 messaging. They might not have land lines, but -- and so I think that thinking about that we
15 shouldn't confine ourselves to, you know, where providers are or necessarily think about
16 face-to-face, which wraps us back around to payment, because if you are in a fee-for-service model,
17 many of these things would not be paid for and hence not used, even though they're lower cost,
18 maybe better for the patient.

19 So, I just think we -- especially given, you know, what we've seen in the last couple weeks
20 about the power of alternative communication, we should understand that it has power in things as
21 simple as healthcare delivery as well.

22 COMMISSIONER HENNING: I'm not exactly sure what it was that sparked this idea in

1 my head, but there's a concept called group care, and in particular for pregnant women it's called
2 Centering Pregnancy, but they also use this group care for diabetics and for other people with
3 chronic health conditions.

4 And basically what happens is they bring a group of people together that have the same kind
5 of health problem and the visit may be longer, but it has a lot more educational component and that
6 kind of thing to it, and in the case of Centering Pregnancy, the visits are actually spaced out maybe a
7 little bit more, farther apart, than what they normally would be under traditional prenatal care, but
8 the visits are so intensive and so rich that what we find is that the outcomes are actually better, the
9 pre-term birth rates are better and those kinds of things because the women are getting so much
10 more education, plus, they form their own social support group, which is actually a really helpful
11 thing for a pregnant woman, you know, to have that, you know, bonding with other pregnant
12 women that are kind of at the same stage of pregnancy, because you kind of group them in with the
13 same due date month.

14 And I'm thinking that in general, we need to start thinking about ways to provide healthcare
15 that are different than what we've been doing, because isn't the definition of insanity to continue to
16 do the same things and to expect a different result? You know? So, let's start thinking outside
17 the box a little bit with our healthcare system and see if we can't provide better quality for less cost.

18 CHAIR ROWLAND: Burt.

19 COMMISSIONER EDELSTEIN: Well, picking up from Denise, one of the places that
20 we can continue to look further in the future is around disease management and obtaining better
21 health outcomes at lower costs. I know in the case of oral diseases, there certainly is tremendous
22 opportunity to reduce the need and demand for reparative services and their high failure rate, at least

1 with regard to young children -- I should say recurrence rate rather than failure rate, especially with
2 regard to young children who are served under the most expensive and most demanding of
3 treatment, that is preschool age children who have their dental services in the operating room under
4 general anesthesia, who account for a significantly disproportionately large portion of the Medicaid
5 dental expenditures and real cost savings with better health outcomes could be obtained there.

6 But I did want to point out that we need to tie the payment and the access together and one
7 way that we can do that is on the schema where we have the provider availability issues. Do you
8 want to go back to that?

9 Under availability where we have the provider box, we currently have Provider Supply and
10 Provider Participation, but by also adding their Provider Distribution and Provider Payment, we tie
11 the issues of payment and service availability together. And I think this breakout between
12 availability and utilization is really a critical one because there are those who believe strongly that the
13 primary problem is on the availability side, and there are those who believe strongly that the primary
14 problem is on the utilization side. And having them well balanced in this schema, I think, explains
15 that it takes both sides to have successful care delivered that is then appropriate, efficient,
16 economical, quality, and results in positive health outcomes.

17 CHAIR ROWLAND: Trish.

18 COMMISSIONER RILEY: I was -- I'll just say ditto to Burt. I think the key this
19 morning -- it's not evaluating access, it is access, and I think it's really important that we've set this
20 access chapter up in a context that recognizes that more is not always better, and that we've got to
21 be sure that we don't just do more and more, that we do the right care at the right time, right place,
22 right cost, so that that rightness factor also connects the payment to the access.

1 CHAIR ROWLAND: We'll go back to -- we have Norma, Sara and Burt or did you want
2 to directly respond?

3 COMMISSIONER EDELSTEIN: Just a quick thing on this. I want to commend the
4 staff in particular on this. I know the Commission was pretty critical of the first couple of drafts of
5 this one and it evolved, and as you mentioned, it will continue to evolve. But I think this is a
6 significant contribution because it really does take what is generally known about access and
7 characteristics of healthcare and apply it most specifically to the populations covered by Medicaid
8 and CHIP, and I think this will be one of the real contributions of the first release by the
9 Commission.

10 CHAIR ROWLAND: Norma?

11 COMMISSIONER MARTINEZ ROGERS: I think that those are all very good points,
12 but I also think that we do kind of have to think out of the box, and that is, when we talk about
13 access and when to use it and utilization and cost, you're talking about -- and I mentioned this earlier
14 about health literacy -- it is something that has -- there is some part of a component that needs to be
15 about teaching people. When do you -- how do you access and when do you use it?

16 In our rural communities in Texas, and I don't want to just keep talking about Texas, but
17 since I am from Texas and we have multiple problems there, and because we're so rural and so other
18 states are also, but, you know, we use what we call the promotoras which are community health
19 workers that live in the community, and California uses them quite a bit also. They have the
20 largest, I think, group. And it's -- they're the ones that go to the patients or the clients and say, this
21 is how you access, this is what you need to do, because any time you're talking about health literacy
22 issues it becomes a problem in access and utilization.

1 CHAIR ROWLAND: Sara?

2 COMMISSIONER ROSENBAUM: Going back to Denise's example, I think one of the
3 future ways that the Commission might be able to make some of the points that we are trying to
4 make would be actually to take maternity care as an example, as a case study, and the reason I think
5 maternity care is ideal is because as I just said Andy, this I remember from my former life that the
6 literature on what can affect the outcome of a birth goes back probably a century.

7 We know a lot about organizing and delivering maternity care: how you should define it,
8 what should be in it, how you might mix-in individual visits with group activities, services and
9 supports through labor and delivery and the newborn period, and then, you know, transition to
10 infant care. And no group of women, of course, is in greater need of these kinds of innovations
11 than women who depend on Medicaid, and I think it would be very interesting to pull the literature
12 together showing how far back it goes, what the principle payment issues are that arise in Medicaid,
13 how many of those payment issues stem from limitations in the federal law itself that would prevent
14 a state from introducing certain innovations, and how many of the innovations stem from choices
15 that states make -- not always the state Medicaid program, I might add.

16 I mean, again, this goes into scope of practice, it goes to a lot of issues, but it seems to me if
17 we could take a very well known, actually, you know, high cost service, especially when you add in
18 the costs of things not turning out well, and demonstrate the extent to which, and we should make
19 the point that we could have done this exercise with any insurer, okay, and we'd see the same kind
20 of pattern, so this is not -- it's just that our charge is Medicaid -- but we could, you know,
21 interestingly line -- we could line it up with Medicare for pregnant women too, but show that there is
22 just this large gap, that it's not just about the amount of money you're paying, it's about how much

1 we're pulling payment toward what is known, in some cases has been known for decades about how
2 to do a service right.

3 And I think that there may be other interventions, health interventions, that provide a
4 powerful example, but I'm trying to think of ways that we can make this real for members of
5 Congress and the public to show that Medicaid is sort of a reflection of a lot of choices that get
6 made along the way that accumulatively produce a result that's not what anybody wanted, and so if
7 we could pick, you know, a few of these principle kinds of interventions and work them up for
8 Congress, I think it might help.

9 CHAIR ROWLAND: Since Medicaid picks up 41 percent of the live births, it would be an
10 area where Medicaid has a substantial enough role, where looking at variations, looking at different
11 practices, would give us a lot of information that is very central to the Medicaid program and
12 ultimately to CHIP as well.

13 COMMISSIONER CARTE: Yeah, along those lines here I would be interested to see if
14 there's -- if we have any information about payment mechanisms that incentivize physicians and
15 mid-levels to take -- to assure that the births are taken to term and I've read a lot of things where
16 that's not happening even though that's a clearly desirable outcome and influences the health of the
17 baby and mother.

18 CHAIR ROWLAND: Denise?

19 COMMISSIONER HENNING: There's kind of two answers to that. One is that there
20 is right now a project that is sponsored by the March of Dimes that basically focuses on pre-term
21 births, specifically, and especially elective C-sections and the scheduling of them, because the dates
22 at which physicians were scheduling C-sections kept getting marched back and back and back, and

1 this is for people that really, you know, other than the fact that they had had a previous C-section,
2 there was really no reason to be delivering them at 36 weeks, and so now the recommendation is
3 that any elective C-section be scheduled at at least 39 weeks, and that doesn't mean if she has a
4 medical problem or an issue that warrants earlier delivery that you don't do it then.

5 It's, you know, the routine person that has no other health issues that warrants earlier
6 delivery should be taken to at least 39 weeks, and what that has done in the places where they've
7 instituted those rules, is it has dropped NICU admissions significantly which saves hospitals money
8 because they don't have to build these big old expensive NICU units. It saves, you know, Medicaid
9 and other insurance companies a lot of money. So, you know, that project is ongoing but there's a
10 lot of private physicians that don't like that because OB/GYNs, they have to be available when that
11 person comes in in labor to do a C-section in the middle of the night. It sure is a lot easier to do it
12 in a reasonable hour of the day, and it's, you know, it's a human thing.

13 But then the other issue is that there's a Transforming Maternity Care project that's
14 sponsored by the Childbirth Connection and they had a series of lectures and one of the things that
15 they focused on was payment for birth and other birth-related services and how you could change
16 the incentives around birth to actually get the kind of outcomes that you need, and those are
17 available on the web through the Childbirth Connection website.

18 CHAIR ROWLAND: Okay. David?

19 VICE CHAIR SUNDWALL: I want to keep up with my other provider friends. I've
20 been very quiet here, but, you know, us doctors need a little attention too, physicians, and I'm not
21 kidding.

22 [Laughter.]

1 VICE CHAIR SUNDWALL: I say this with a little guilt because at one time in my career I
2 chaired COGME, the Council on Graduate Medical Education, when our policy was we now have
3 or soon will have an excess of physicians, or we have sufficient, now may even have too many.
4 Oh, my gosh, how the world turns, because a decade later, we do have a shortage, in my opinion,
5 and I'm not sure that's the official COGME position anymore, but in the state of Utah, we're the
6 44th in the nation of population to primary care -- primary care to population ratio and it's a
7 problem.

8 We do have an access problem because of physicians, particularly primary care, but also
9 general surgeons and certainly child psychiatrists across the board, so we need to follow with interest
10 what HRSA is now doing to reconsider how do they determine Medical Underserved Area, or
11 Health Profession Shortage Area -- MUAs and HPSAs, but anyway, it's a big problem and I think
12 Medicaid particularly faces an access problem if we don't have quality, well-trained, primary care and
13 other providers to provide physician services to the Medicaid population. So, we need to keep that
14 on our radar screen as well.

15 CHAIR ROWLAND: I guess the broad question that I'd put to the Commission members
16 at this point is that we have developed this framework to identify the factors that go into access.
17 We know that we're going to have to look at developing an early warning system and we're going to
18 have to look at how well access is provided within the Medicaid and CHIP programs. Are we
19 content with this framework as a starting point, knowing that it will evolve as our work evolves?

20 We're not making recommendations about were there access problems in this report, but
21 obviously this framework would be used for us to be the underpinning for future recommendations
22 as we go. So, let's be clear about whether this is where we want to start since we obviously went

1 through several models and several different definitions trying to get to where we had a working
2 foundation for our examination.

3 Richard? Everyone comfortable?

4 VICE CHAIR SUNDWALL: Do we have to vote?

5 CHAIR ROWLAND: Nope. All right, then what -- Denise.

6 COMMISSIONER HENNING: I just have one comment, and this is more for the
7 members of the audience, that maybe if you could just elaborate just a few sentences what we're
8 talking about when we talk about the Early Warning System. Because we all know what we're
9 talking about, but I'm not sure they do.

10 VICE CHAIR SUNDWALL: I'm not sure we all do.

11 [Laughter.]

12 CHAIR ROWLAND: Okay, let me just make one note. We are amended this per Burt's
13 suggestion so that the next, so when we actually see it in the report, it'll have the amendments.

14 COMMISSIONER COHEN: And we --

15 CHAIR ROWLAND: And we will take out the word evaluation.

16 COMMISSIONER COHEN: Wait what are the --

17 CHAIR ROWLAND: The two bullets.

18 COMMISSIONER COHEN: The two bullets to add payment?

19 COMMISSIONER EDELSTEIN: Provider distribution and provider payment.

20 CHAIR ROWLAND: And to eliminate the word evaluating.

21 COMMISSIONER COHEN: Can I make a quick comment? Or I just -- I don't want --

22 CHAIR ROWLAND: Yes, you may.

1 COMMISSIONER COHEN: I don't want to belabor, but on provider pay -- I felt like the
2 bullets under here are sort of measures of availability and provider payment affects, we think but we
3 don't know exactly how, I'm not sure it's a measure of availability. So, I'm just going to ask, I may
4 misunderstand, but Burt, what do you think about that?

5 COMMISSIONER EDELSTEIN: Well, in fact you could even say that provider supply is
6 a subset of participation or visa versa. The reason I wanted to add them were because even though
7 they are determinants of one another, they are so critical and we wanted to tie payment to access, as
8 in our name. This is where payment is just such a critical element of provider availability, so, yes,
9 there's some overlap, but I think that the model is more robust with the inclusion of distribution
10 and payment.

11 CHAIR ROWLAND: And we're saying that in some cases, changing the way in which
12 providers are paid can, through incentives or pay-for-performance, can promote broader availability?

13 COMMISSIONER EDELSTEIN: Diane, I appreciate that clarification because it's not
14 just the amount of payment, it's the payment mechanism as well.

15 COMMISSIONER ROSENBAUM: Well, I would point out that that is the actual
16 terminology of 1902(a)(30). That is the assumption, that 1902(a)(30) is really not about the
17 ultimate point of access, it really is availability, and so that's, I mean, that gets to the core of the
18 provision.

19 The statute actually never uses the word access. It talks about payment sufficient to ensure
20 that providers are available to beneficiaries to the same extent that they're available to the general
21 population.

22 CHAIR ROWLAND: The Medicaid statute?

1 COMMISSIONER ROSENBAUM: The Medicaid statute.

2 CHAIR ROWLAND: Andy?

3 COMMISSIONER COHEN: Now I'm being really picky and you can make me stop
4 soon. So, provider payment -- I buy in 100 percent that without payment it is hard to find
5 providers and therefore very hard to have availability.

6 But I guess I still -- I'm not sure that I see provider payment as sort of parallel to this
7 question of supply and participation. Maybe this is more a semantic concern than really a
8 substantive concern, because again I totally, obviously payment is related -- we know payment is
9 related to availability, we just don't know exactly how. But again, are you saying, Burt, that we
10 would -- one way of measuring availability would be looking at payment rates?

11 COMMISSIONER EDELSTEIN: Or more specifically, one component of availability,
12 one primary driver, one primary determinant of availability, is provider payment, both rates and
13 mechanism.

14 COMMISSIONER ROSENBAUM: Well, that's really the empirical question. I mean,
15 that's what all the 1902(a)(30) litigation is about --

16 CHAIR ROWLAND: Is it or isn't it?

17 COMMISSIONER ROSENBAUM: -- which is the relationship between either payment
18 outcome, the outcome of payment policies and do you get availability, or in some decisions, the
19 question of whether the process by which you set the rate is really the focus of the law. But what
20 Congress seems to have been convinced of in amending the statute is that there really is a
21 relationship between how you set your payment and whether you're going to have availability that
22 mirrors general availability. And I think we don't, we actually don't know that. That's the

1 problem.

2 VICE CHAIR SUNDWALL: Well, I would just like to go on record as saying that we do
3 know, clearly, that the decline in primary care providers is directly linked to their opportunities for
4 compensation and that is an access problem.

5 COMMISSIONER ROSENBAUM: Well, at a general level, absolutely. But to the extent
6 that the issue is within Medicaid, whether the relative differences are what drive availability, I mean,
7 as we know from some of the oldest studies, you can pay Medicaid providers actually as well as if
8 not better than providers paid in the private sector and find that you still have more limited
9 availability. So, that's the problem.

10 CHAIR ROWLAND: Lu?

11 EXECUTIVE DIRECTOR ZAWISTOWICH: Can I just ask a quick question regarding
12 that box? When we talked about availability we were including measures in that box. So, for
13 example, when we looked at availability we were looking at provider supply as a measure, we were
14 looking at provider participation as a measure of availability, we were looking at provider
15 distribution as a measure of availability.

16 CHAIR ROWLAND: [Inaudible.]

17 EXECUTIVE DIRECTOR ZAWISTOWICH: But when we think about payment, is
18 payment a measure of availability or is payment a driver, a factor influencing availability?

19 So, I guess when we talk about those boxes, are we talking about measures or are we talking
20 about influencers of those particular factors? So, it's -- I just want to get that clear as we move
21 forward with the chapter because it is a very slight distinction, but a very important distinction. So,
22 I'd like to open that up further for the discussion with the Commission.

1 CHAIR ROWLAND: And in the draft chapter we call them potential measures --
2 availability factors and potential measures of those availability factors.

3 COMMISSIONER COHEN: So, thank you for saying that so much better than I was able
4 to. That's exactly what I was sort of trying to say, and I guess my point would be, we may discover
5 after our analysis that payment belongs as a measure, but I don't think -- I'm not sure we're there
6 yet.

7 COMMISSIONER EDELSTEIN: I think Sara's comments reflect the fact that we just
8 don't know.

9 COMMISSIONER COHEN: Right. We don't know.

10 COMMISSIONER EDELSTEIN: And that to leave it out when we recognize that it is so
11 fundamental is -- and knowing that it may be a measure, and that it is, in fact, measurable, would be
12 to fail to reflect both the statute and the concern of so many provider groups.

13 COMMISSIONER ROSENBAUM: Well, and the peculiarity is that Congress has already
14 assumed it. See, Congress has already assumed that payment is a measure of availability in the way
15 1902(a)(30) is written.

16 COMMISSIONER COHEN: A driver of.

17 COMMISSIONER EDELSTEIN: And we've talked about --

18 EXECUTIVE DIRECTOR ZAWISTOWICH: Payment is a driver, not a measure.

19 COMMISSIONER EDELSTEIN: We had talked about --

20 COMMISSIONER ROSENBAUM: Well, I'm not -- I'm actually not sure, because
21 nobody's really probed. This is -- the work of the Commission is really to probe 1902(a)(30). We
22 are probing it the way it hasn't been probed since it was written, and so the question is whether we

1 do something in the schematic to indicate -- or even in the text -- to indicate that we don't yet know
2 how to express payments.

3 EXECUTIVE DIRECTOR ZAWISTOWICH: And I would propose for Commissioner
4 consideration that it be done in the text, clearly indicating that it's a factor influencing availability but
5 not -- but we are still -- haven't discerned the relationship between payment and participation.

6 MS. SIMON: Right, because now in the text we talk about how payment or
7 reimbursement is one of the primary reasons why providers are -- may not be willing.

8 CHAIR ROWLAND: To participate.

9 MS. SIMON: To participate in Medicaid.

10 CHAIR ROWLAND: But it also may be why they're not in supply.

11 MS. SIMON: Right. Right.

12 CHAIR ROWLAND: It actually influences both.

13 MS. SIMON: Well, it's both, so that's why we would look at both.

14 EXECUTIVE DIRECTOR ZAWISTOWICH: And distribution, potentially.

15 CHAIR ROWLAND: Burt?

16 COMMISSIONER EDELSTEIN: I clearly hear the comments and understand them well.
17 One of the things that we've talked about a number of times as Commissioners is not being seen as
18 being out to lunch or unaware or uninformed about --

19 CHAIR ROWLAND: We eat lunch in.

20 [Laughter.]

21 COMMISSIONER EDELSTEIN: -- about the realities of the program, and we've
22 mentioned that in a variety of contexts. I was looking for a way to tie our payment concerns and

1 our access concerns together and to put it squarely in the model in a way that says that payment
2 does make a difference. It certainly influences supply and participation and distribution and it's the
3 place where we're going to have our most fruitful work as we consider not just rates, but methods of
4 payment.

5 I don't think that it would be valuable to try to tweak or mess with the model any further by
6 finding some other place to put it, and I do recognize how it isn't a perfect fit, but it does seem that
7 we are a bit out to lunch if it's not reflected in the model.

8 CHAIR ROWLAND: It seems to me that we have a problem though. If we put it in the
9 availability side, then are we saying that payment doesn't influence utilization?

10 COMMISSIONER EDELSTEIN: Well, as I understand it, yes, because we want it to
11 separate that set of factors that are provider driven from that set of factors that are consumer driven.

12 CHAIR ROWLAND: But I think utilization is provider driven as well as --

13 VICE CHAIR SUNDWALL: Well, it is. Let me just weigh in with Burt on this. I think
14 it's too fine a nuance, Lu, to say it's a driver or a factor or whatever thing. I think the average
15 reader looking at that is going to be quite clear that payment and distribution are factors in access,
16 and then we can explain it in the text, but I think it's helpful, I really do.

17 COMMISSIONER ROSENBAUM: [off microphone] It's one part of access.

18 VICE CHAIR SUNDWALL: It's one. It's one of several. Yeah.

19 CHAIR ROWLAND: Okay.

20 COMMISSIONER RILEY: I think Andy's opened a can of worms and I'm more inclined
21 to be with her worms because I think there's a knee jerk about -- you know, there's a knee jerk that
22 more is better, that if you pay more, you'll get more, if you pay more, they'll be more available, and

1 I'm not sure that's where we want -- the point is, what we're trying to do -- aren't we trying to pay
2 for -- it may be true, but what we're trying to do is pay for access. The measure ought to be paying
3 for access it seems to me and the means to pay for access is you -- appropriate utilization, enough
4 availability.

5 So, it seems to me the payment somehow connects to the bottom box, if at all, but I'm
6 inclined to think it's definitely not a measure, it's the vehicle to get us access and access is both --
7 you may, you know, we brought the availability utilization scale, and the way you get -- and those are
8 the two means to get access and you pay for access. So, maybe we need a little triangle that goes
9 payment to access.

10 CHAIR ROWLAND: Or add it to the bottom of each strike evaluation.

11 COMMISSIONER RILEY: Yeah.

12 CHAIR ROWLAND: Norma? Patti?

13 COMMISSIONER MARTINEZ ROGERS: I work at a health science center and I can
14 tell you that there are some doctors that it wouldn't matter how much --

15 CHAIR ROWLAND: They got paid.

16 COMMISSIONER MARTINEZ ROGERS: -- they got paid, there are some doctors that
17 are very clear and say, I don't want to work with Medicaid patients. And they're very clear about it
18 and in particular in the specialty areas. They don't. And, you know, I don't think that that paying
19 the fee-for-service makes for -- I'm sorry, it doesn't make for accessibility.

20 CHAIR ROWLAND: Patti?

21 COMMISSIONER GABOW: I'm not going to weigh-in on this.

22 CHAIR ROWLAND: You're not?

1 COMMISSIONER GABOW: Except to say that if we're really going to get into
2 availability, then -- and we want to list all possible variants on availability, I would say equally
3 important is the delivery system and so if we want to expand this box, I would say, rather than
4 starting into the granularity of what influences providers, I mean, you could say availability, I'm now
5 violating what I said that I wouldn't, but if you want to say what is availability and service, it's really
6 providers, it's supply, it's participation, it's payment.

7 So, it's providers-could be one line and the delivery model is another line, and it gets to what
8 I was alluding to earlier that as long as we have in our mind that the delivery model is a face-to-face
9 visit, we will automatically limit availability. But, so, we could play around with this and start
10 adding things to boxes and taking things out, but I think we all knew that this was a framework in
11 evolution and that we were going to put something up that the two main -- I mean, I think the main
12 point of this framework is not so much what's in the little boxes as what's in the big squares, that
13 what we knew -- I mean, what we are putting out as a framework, I believe, is that enrollees have a
14 set of characteristics that are very important in this program.

15 The availability of care is going to be really important and how that care is utilized is going to
16 be important in leading us to access.

17 And so, maybe, rather than spending a lot of time with what's in the little boxes, is to take
18 the little boxes out and just to say that we are really -- that our framework is really the big boxes.

19 VICE CHAIR SUNDWALL: See, it's not clear in looking at that that those are necessarily
20 measures. I mean, no one ever said that. So, if we're worrying over are they measures or factors,
21 let's just do away with the boxes.

22 CHAIR ROWLAND: Okay, so here's a proposal. We take -- we leave the words under

1 “enrollees” and under “access” because those are defining the top and the bottom points, and we
2 strike the boxes under “availability” and “utilization” and deal with that in the text where we can
3 have a broader discussion. Agreed?

4 MULTIPLE PARTICIPANTS: Yes. Absolutely. COMMISSIONER CARTE: Yeah,
5 because we were just driving ourselves back into the weeds because last time we basically asked the
6 staff to simplify and they’ve done that. But now we’re going back there, so --

7 CHAIR ROWLAND: Now we’re going simple again.

8 COMMISSIONER HENNING: If we are going to do that, can we just -- on the very
9 bottom line where it says “health outcomes”, can we put like positive health outcomes or, you know,
10 something along the lines to -- I mean, it could be any outcome and we may not -- you know?

11 CHAIR ROWLAND: But it could be that if we’re doing an Early Warning System, a
12 negative outcome would be important.

13 COMMISSIONER HENNING: True. Okay.

14 CHAIR ROWLAND: Okay, so the model, once again, is back on a new iteration,
15 simplified, and we will now take a break and reconvene at 3:15.

16 [Recess.]

17 CHAIR ROWLAND: We always save the best for last. So here comes April, and
18 obviously as we look at all the issues that are before us, on our plate for MACPAC, one of the issues
19 that comes up the most is what data will we have to be able to be data-driven and to answer
20 questions with quantitative analysis instead of just impressionistic work, to what extent can we get
21 state-specific information as opposed to just national trend information and what is the role
22 therefore of the administrative data systems.

1 As you will recall from the last meeting, there are other sources of data, survey data and
2 individually collected data, that we will get to at a later point, but today we wanted to focus on the
3 administrative data set. This is a big initiative of CMS to try and clean this up, and April is going to
4 take us back to the data chapter and to administrative data to try and assess what the needs are and
5 what kinds of questions can be answered.

6 April. ###

7 **IMPROVING MEDICAID AND CHIP DATA FOR POLICY**

8 **ANALYSIS AND PROGRAM ACCOUNTABILITY**

9 MS. GRADY: Thank you, Diane and good afternoon, everyone. I hope you're not tired
10 of seeing me up here. I feel like I've given some version of this talk to you several times, so look
11 forward to doing it again.

12 We're going to talk about the March chapter on data. As Diane mentioned, we've
13 narrowed the focus to look specifically at federal administrative data this time around, and there are
14 sort of three key points that we hit on in the chapter.

15 The first is that Medicaid and CHIP data are critical for answering policy and accountability
16 questions. This is something that we heard from you over and over again--is that we wanted to
17 know what these data are being used for, what we can do with them, what questions we can answer.
18 As part of that section, we provide background on major sources of federal administrative data on
19 the programs.

20 We then talk about improvements to the data that are needed, and we give specific examples
21 of the kind of policy issues that could be addressed with better data.

22 Then I'll talk about how we are going to move forward with data issues in the future.

1 In terms of the data themselves, as you've heard, states report data to CMS on a variety of
2 things--enrollment, service use and spending. They also report on program policies such as
3 eligibility levels and covered benefits.

4 And these data can be used for a variety of purposes, and in the chapter we've sort of
5 bucketed them into three broad categories--looking at access, looking at the value you get for
6 spending on the program and also program integrity issues. And examples of the kinds of
7 questions that fall under these broad buckets are whether enrollees receive appropriate care, which
8 policy choices most affect that care and its cost, and whether legislators and administrators have a
9 clear picture of how Medicaid and CHIP dollars are spent.

10 Now I don't want to oversell the data because part of the issue that we've identified and that
11 others have identified for you is that the data are not perfect. There are some improvements that
12 could be made. Some of the things we've talked about are increasing the level of detail that's
13 available for managed care and for separate CHIP program enrollees, where the information is a
14 little bit thin right now. We've talked about providing data that are more timely and that are more
15 consistent across sources. And we've talked about making program information--information on
16 state program policies--more readily available.

17 You've also heard some about CMS efforts that are underway to modernize their computer
18 and data systems with input from the states and other stakeholders, and I just wanted to highlight
19 that in a report that CMS released in late December they noted that they're planning to convene a
20 state panel to make recommendations to CMS this year about developing a data strategy for
21 Medicaid and CHIP that lessens the burdens on states but also recognizes CMS's need for
22 standardized information. So they'll be gathering input directly from the states, and I know that

1 was a concern we heard voiced from the commissioners on a number of occasions.

2 In the chapter for each of the areas for improvement that we talk about, we highlight
3 examples of problems and issues that could be addressed if we made improvements to the data, and
4 the point here is to be as concrete as possible. We're not collecting this information just for the
5 sake of collecting. We want to talk about how it would actually be used. And I know that has
6 been a recurring issue for the Commission, and that's something we can talk about further
7 emphasizing if that's something of interest.

8 Here, I'll just hit on a couple of these. We've talked previously about how CMS could
9 directly calculate measures that are reported elsewhere if they had better information on people in
10 managed care. For example, there are separate reporting requirements for children right now that
11 can only occur from the state level. If CMS had access to better federal information, they could
12 eliminate some of that state reporting in other areas.

13 Again, managed care encounter data could allow us to look at care received by different
14 populations--people who are in managed care versus fee-for-service and people who are in Medicaid
15 versus separate CHIP programs, which do have different benefit packages. Many of the states are
16 doing these analyses on their own, it's important to point out, but again if we don't have information
17 at the federal level it's hard to have a national picture, or a cross-state picture, of these issues.

18 One of the other issues that we've touched on is program integrity. If the federal
19 government had better access to timely information, particularly around the claims paid by states,
20 they could also be using that data to look at potential fraud and abuse issues on top of what states
21 are already doing. Again, they do do a substantial amount on their own.

22 So that's just a quick summary of the chapter, which again you've heard about on a number

1 of occasions.

2 We're going to continue to monitor and make use of the data that we've been talking about,
3 the federal administrative data, and we're also going to use additional data sources in the future.
4 For example, we talked a little bit about survey data that allow comparisons of Medicaid and CHIP
5 to other forms of coverage. One of the potential shortcomings of administrative data is that it only
6 tells you about Medicaid and CHIP; it doesn't tell you about private insurance; it doesn't tell you
7 about other forms of coverage.

8 And then as Patti and Jim mentioned during the payment discussion, and it also came up
9 during the access discussion, we'll also be looking to special studies that collect data for a targeted
10 purpose. So as we see the need for delving deeper into certain issues we'll be able to do that
11 analysis and think about collecting information, primary collection of information ourselves.

12 Thank you very much, and I look forward to your comments.

13 CHAIR ROWLAND: Thank you. Comments?

14 COMMISSIONER HENNING: The only comment I have on this chapter is that I really
15 think that we should encourage SKMS to look at when they're instituting the EMRs and defining the
16 meaningful use that--

17 CHAIR ROWLAND: Okay, define. You have to do EMR [Inaudible].

18 COMMISSIONER HENNING: Oh, okay. I'm sorry. Yeah, really, I'm the one that
19 said about the acronyms, right?

20 Okay, the Centers for Medicaid and Medicare Services, I think I got that backwards, but--

21 CHAIR ROWLAND: But we are the Medicaid Commission.

22 COMMISSIONER HENNING: Yeah, that's right.

1 Now there's a push for electronic medical records, which is what EMR means. Then what
2 they say is that in order to qualify to get additional money to help purchase systems and encourage
3 providers to actually institute electronic medical records, because as we all know that can be a really
4 expensive endeavor, they have a set of conditions of things that those systems must do. And one
5 thing that is not on the list is coming up with a way for those systems to collect aggregate data of the
6 patients, so that you could maybe report to the state how many visits a diabetic population has on
7 average through the course of the year, or how many times was that patient seen in the office as a
8 follow-up to an ER visit, or how many times did the patient go to the ER.

9 There's no--the systems are typically really good about keeping track of the patient
10 individually but not pulling data together, so that you can look at it and crunch the data and make
11 some kind of reasonable policy conclusions. And it would be really good, since we're beginning
12 that process in the country, of moving toward electronic medical records, to think about at the
13 ground floor let's have that as a basic consideration--is don't we want to have that ability to do that.

14 CHAIR ROWLAND: Good point. Trish.

15 COMMISSIONER RILEY: I think we've done a nice job focusing on the importance of
16 the questions in some of the discussion this morning, to make sure we know what we're getting data
17 for and issues of redundancy and value, but I would urge us to do a little bit more in the report
18 about the burden.

19 Certainly states absolutely should be reporting timely, accurate data; there's no question
20 about it. But I think we've got to be very understanding in the narrative about the burden now on
21 states. They're doing ICD-10. They're doing meaningful use. Before we ask states to do
22 something different in how they report, it's got to be clear how it's going to be used and that there's

1 an understanding of that burden and what they're able to do, or what they'll be relieved of doing.

2 CHAIR ROWLAND: Sara.

3 COMMISSIONER ROSENBAUM: Well, at risk of revisiting the same issue that actually
4 came up at the last meeting, I will just add on to Trish's point and make a plea that where the federal
5 government is able, through the MIS system, to extract the data that it needs I do not understand
6 why states are having to generate all of these reports.

7 VICE CHAIR SUNDWALL: That's right.

8 COMMISSIONER ROSENBAUM: In other words, it was the same point I tried to make
9 that I think was not well understood last time, and that is that the advances we have in information
10 technology now, putting aside the kinds of issues actually that Denise is raising, should enable the
11 federal government to assemble data and then decide how it will use the data. It was the point that
12 Patti also made last time about how a large health system does it.

13 And so the notion that we are still expecting, or that the federal government is expecting, the
14 states to generate reports seems to me so antiquated compared to how the vision that we might
15 want to bring to data, which is we have a lot of data and a national partnership between states and
16 the federal government should prioritize the data that will be collected or be pulled up for analysis.
17 And this notion of a passive federal government sitting back and waiting for states to generate
18 reports, I think is just outdated at this point.

19 CHAIR ROWLAND: Okay. Judy.

20 COMMISSIONER MOORE: I think that April has mentioned, and the chapter talks
21 about, the things that the federal government has under consideration and underway. But building
22 on the comments that Trish and Sara have made, I do think that we need to look to the federal

1 government to do as much as they can possibly do.

2 People have talked about the number of states that have encounter data, but it just sits in the
3 state. Now the state probably uses it for a lot of useful, interesting things, but it would be very
4 helpful to have as much of that as possible in the hands of the federal government and in the hands
5 of the research community and in the hands of those who could use it to do things across states, not
6 just within one state.

7 And I know there's a lot more to it than what I just made it sound like, but I do think that
8 we need to encourage the feds to do the maximum amount they possibly can with what they've
9 already got and what they know the states have that they could more efficiently manage and make
10 available.

11 CHAIR ROWLAND: Okay. Norma.

12 COMMISSIONER MARTINEZ ROGERS: I think also that if we're asking the states to
13 provide this information and the federal government then has an obligation to tell the states what it
14 is that they did with it, give them some type of summary. People don't respond to these because
15 somewhere or another they believe that it's just stored some place, and no one ever follows through
16 to give them back feedback. So I think that if you want, if you value this information, you're
17 asking states to do it, you say it's important, then they need to say this is what we're going to do with
18 it and follow through with that.

19 CHAIR ROWLAND: Mark.

20 COMMISSIONER HOYT: David?

21 VICE CHAIR SUNDWALL: Sorry.

22 COMMISSIONER HOYT: Maybe just a topic for the parking lot or future work, I don't

1 know we're going to address the duals quite a bit in the future. I think that would be a specific area
2 where the feds or CMS could really help out a lot. Mercer has done some projects on duals for
3 various states, and that is no trivial task, to try and run these matching data sets, to pull the data
4 together from both sides for the people who are in both programs. I'd love to see us revisit that at
5 some point.

6 VICE CHAIR SUNDWALL: Could I just inquire? It seemed to me the staff, if you
7 recall, did we -- Lu, did we agree as a group to kind of inquire from the Medicaid directors group or
8 others if there was agreement on what was considered redundant or overburdening reports. And I
9 don't know if it's premature for us to acknowledge that, but I think it would be something the
10 Commission could help with.

11 EXECUTIVE DIRECTOR ZAWISTOWICH: What we agreed to do was to follow up
12 with some of the staff at CMS, and actually CMS has just embarked on an effort where they're
13 working with the states as part of their strategic effort to look at data. So we've followed up with
14 CMS. We've talked to several state Medicaid directors about our data chapter and have had some
15 feedback, both on our chapter, and I know that CMS is working individually with the states on their
16 strategic plan.

17 CHAIR ROWLAND: This was sent out for review to some of the states as well.

18 EXECUTIVE DIRECTOR ZAWISTOWICH: Yes, it was sent out to several states as
19 well as CMS.

20 CHAIR ROWLAND: Denise.

21 COMMISSIONER HENNING: Was there any concern at the state level about having
22 more federal government oversight of the data collection piece, do you think, or were they looking

1 forward to getting more data from the feds hopefully back.

2 EXECUTIVE DIRECTOR ZAWISTOWICH: Well, just to recall, what our chapter does
3 is to really lay out what data would be used for -- you know, some of the kinds of questions that
4 would be answered by it. It's really a compilation of all the administrative data sources that CMS
5 collects. We then conclude by supporting some of the CMS efforts in developing a strategic plan.

6 I think, by and large, the states that responded felt that we did a really nice job of describing
7 those efforts. And they believe that data that could help states run their own programs better, as
8 well as allow the federal government to have a better understanding of state programs, was
9 something that was in everyone's interest.

10 CHAIR ROWLAND: Andy.

11 PARTICIPANT: Uh oh, it's Andy.

12 [Laughter.]

13 COMMISSIONER COHEN: And in fact, this is going to be so uncontroversial, you're
14 going to be upset, and maybe even a little bit of a silly point, but in an effort to sort of be really
15 disciplined about drawing our sort of data discussion really closely linked to our discussion about
16 substantive topics and the questions that come up.

17 I almost wonder. Maybe this is a technique that you can use in your daily work, and may
18 be or may not need to be reflected in our published work. But in the chapter on payment, in the
19 chapter on access, there are -- and even in the earlier, in the framework chapters, there are issues
20 that are raised that point out the issues around data. Well, you know, the charts for example and
21 MAC stats and other sorts of things. You know. As a discipline, if we can sort of remember to
22 sort of always flag these questions that come up and issues around data in our substantive work, it

1 can help, I think, give us good direction on how to prioritize on the data side.

2 CHAIR ROWLAND: Other questions? Comments?

3 April, I think it's also important that within this we do stress that some of the data that the
4 federal government collects is for the purpose of determining their share of the payment for services
5 and that obviously that is a foremost concern for the federal government to get whatever data it
6 needs to actually substantially verify payment. What we're also doing is talking about additional
7 ways in which the administrative data set can help make other determinations, but first and foremost
8 has to be the payment requirement. So some of the things states consider burdensome may be
9 required for payment.

10 Okay, so --

11 VICE CHAIR SUNDWALL: One last statement. I just want to say how pleased I am
12 with this data report. It's very informative. It helps people understand how complicated it is and
13 why we all need to work towards simplification, but it also shies away from saying if we only had so
14 much more money we could do the job. So I think that we need to work within the reality of the
15 budget times and improve what we can within existing resources and work with CMS, but there are
16 opportunities for real improvements here without necessarily large appropriations to get that done.

17 CHAIR ROWLAND: Thank you, April.

18 And with that, we will open the meeting to public comment. If anyone would like to
19 address the Commission, please come to the microphone and identify yourself and your
20 organization for us. Thank you. ###

21 **PUBLIC COMMENT**

22 DR. SIEGEL: Thank you, Madam Chair. My name is Bruce Siegel. I am the CEO of

1 the National Association of Public Hospitals and Health Systems, and I'm actually grateful for the
2 opportunity to be able to talk to you today. About half of the care provided by our 140-member
3 health systems is in the area of Medicaid and to the uninsured. So obviously, the issues you're
4 talking about are of great concern to us.

5 Your charge is an important one obviously, to advise Congress on Medicaid and CHIP
6 issues, and also to report on the implications of changes in health care delivery on these programs.
7 You also have a lot of tasks involved in this around coverage and quality and eligibility.

8 At NAPH, we urge you to really weigh in at a time when the Medicaid program is under
9 severe jeopardy from the immense fiscal pressures being felt by the states and the federal
10 government. In New York, Florida, Texas, Wisconsin, California and other states, we're seeing a
11 debate on the future of Medicaid and access to care for low income Americans, and many proposals
12 are now being floated which would involve removing hundreds of thousands of Americans from
13 Medicaid eligibility.

14 Medicaid is coverage, and as the IOM found in 2009, coverage matters. Not having
15 insurance is tied to later diagnoses, poorer health and even death, and even having low rates of
16 eligibility for Medicaid and high rates of uninsurance can be tied to poorer care for insured adults in
17 the same communities. Medicaid is a keystone to vulnerable populations and the providers that
18 serve them, and it meets the needs that a private market cannot and will not meet.

19 We would suggest that MACPAC should, at the very least, develop a set of principles to
20 guide policymakers in making decisions about the future of the program to ensure that it continues
21 to serve this vital role. All proposals to cut Medicaid, especially eligibility, should be measured
22 against these principles, so that access to care is protected for the poor, the disabled and the elderly,

1 all of whom rely on Medicaid for their health and well-being.

2 We fully understand that you're just getting started. You have a lot on your plate, and you
3 may not have enough data yet to make recommendations about the impact of the various proposals
4 that will emerge this year. Nevertheless, the debate on this in the short term, today, is too
5 important for the millions of people who depend on this program for any of us to sit it out.

6 Thank you very much.

7 CHAIR ROWLAND: Thank you for your comments.

8 COMMISSIONER ROSENBAUM: Can I ask you a question?

9 CHAIR ROWLAND: Yes, she can.

10 COMMISSIONER ROSENBAUM: Yes, I got permission. I got permission from the
11 Chair.

12 So I wonder if you might elaborate a bit, if you have information just sort of readily at hand,
13 about what your members are bracing for at this point, if anything.

14 DR. SIEGEL: Sure. We've actually talked a lot with our membership about this because
15 this is, I think, a difficult discussion for many of them, especially around eligibility, maintenance of
16 effort around eligibility. And I would say that resoundingly our members have said that eligibility
17 should be maintained. They realize that others may pose tradeoffs to them in their local market,
18 that if you don't do this you may see payment cuts and other things. But I think their belief is (A)
19 that this is important and is the right thing to do, given our mission, and (B) these other things may
20 because of local political dynamics be caused to happen regardless.

21 So I think there's been a pretty firm line from our membership around this issue, and I think
22 many of them hope that in their states they can work out some of these things without removing,

1 literally, all these people from having insurance coverage.

2 CHAIR ROWLAND: Any other questions?

3 You mentioned developing principles. Have you got an example of what such a principle
4 might be?

5 DR. SIEGEL: Well, I think we didn't come ready with that today, and that's a great
6 question. We would be happy to work more on that. But we would be really interested in
7 thinking about principles around what are the impacts on individuals' health, what is the impact on
8 various chronic conditions, what are the impacts on many of the things that you probably are talking
9 about today around access, to fully understand those things.

10 CHAIR ROWLAND: So the access framework that we've been talking about would help
11 develop some of those guideposts.

12 DR. SIEGEL: Yeah, I think that would be a great starting point, and I think you perhaps
13 have a lot of that work already done. I think our plea today is more a sense of urgency, that many
14 of these things I think are unfolding literally as we speak. And we think that we'd hate to see
15 honestly harm done to the trajectory of what we think is a positive trajectory around reform, which
16 we supported, in coverage in the short term.

17 CHAIR ROWLAND: Thank you very much.

18 DR. SIEGEL: Thank you.

19 CHAIR ROWLAND: Patti.

20 COMMISSIONER GABOW: I think that your points, Dr. Siegel, are well taken because I
21 think while we as a Commission didn't feel we were ready to make recommendations. I think we
22 are sitting in a very critical time probably for the Medicaid program, and probably I think it would be

1 wise for us to spend some at one of our meetings thinking about can we develop some construct,
2 maybe within the guidelines of our framework, so that the framework can be used.

3 I know none of you can believe that I'm talking about the framework.

4 [Laughter.]

5 COMMISSIONER GABOW: I can see Richard is laughing.

6 Now we can use --

7 CHAIR ROWLAND: For those in the audience, Patti has not been one of those whose
8 early embrace of our framework was there. But now she's on board and she's created a new thing.

9 COMMISSIONER GABOW: You know, as I said earlier, my grandmother always told me
10 if you live long enough you'll see everything.

11 So that we can use our framework not only to guide our work but in some ways develop a
12 framework that others can use to design their decision-making and think about as we continue to
13 work on the framework, that we think of it in both those ways.

14 I would also say that to the issue of eligibility and people off-rolls, I mean they are obviously
15 linked to the burden of the uninsured and what that means economically.

16 I think Denise was alluding to this earlier, that patients get care one way or another. So it's,
17 I think our desire that they should get care in the least expensive site with the best outcome. And
18 just dropping them off the rolls doesn't mean they're going to disappear. They're just going to
19 appear in our emergency department, and certainly we know that during this period of economic
20 downturn we've seen a big increase in emergency room visits and all the consequent issues that
21 happen, not just to the Medicaid and uninsured, but I know that we faced a big issue about capacity
22 and divert. Well, when that happens, everybody gets affected -- commercial patients, Medicare

1 patients, not just Medicaid. So I think understanding the domino is important as well with this.

2 CHAIR ROWLAND: Sharon.

3 COMMISSIONER CARTE: That was my question. Kind of a corollary for you, Doctor,
4 is with your association, obviously your public hospital members don't exist in a vacuum. Are they
5 having discussions in their states and communities about this impact?

6 DR. SIEGEL: They're having very extensive discussions, and I think in our discussions
7 with them. You know, many of our members perhaps don't look like the usual community
8 hospital. They have large ambulatory networks. They often have an affiliated health plan or
9 Medicaid health plan. They have a continuum of care which is often seen in most other settings.

10 And I think two things are happening there. One, they believe, as Dr. Gabow, has
11 mentioned, that if people are removed from the rolls they're still going to see them in many different
12 touch points in their community. The second, I think they're very excited frankly about
13 innovations that are being talked about in terms of providing better care at lower cost and are
14 embracing those. And I think their concern is let's have that discussion about doing it better rather
15 than a discussion of essentially just saying people shouldn't have coverage in their short-term. So I
16 think they're much -- they're prime to have that dialogue and actually do things about it.

17 COMMISSIONER CARTE: Thank you.

18 VICE CHAIR SUNDWALL: May I speak?

19 I thank you for your comments. I have long known of your organization and respect what
20 you do. You're just an integral part of the nation's safety net -- very, very important.

21 One thing I think I would like you and your organization to understand is the Commission is
22 not an advocacy group. We do not intend to promote policies that might be considered across the

1 political spectrum.

2 What we want to become, and I think are on track to do that, is a source of sound, reliable
3 information, data, historical perspective, where we are now, some of the challenges we face. But
4 we are not inclined, I think, to lend ourselves I think to a particular policy position just because I
5 think we might then lose some credibility with those we report to, and that is the Congress, across
6 the political spectrum.

7 So I understand what you're saying. I would certainly like to see the principles that your
8 organization develops. I think they ought to influence how we behave and what we do, but just so
9 you understand that I think we intend to be a source of really good information but not to be an
10 advocacy group.

11 DR. SIEGEL: Yes. If I might, we completely understand that, and I think that we're not
12 asking for you to do that. We understand that.

13 When I hear about the early warning system, for instance, I think our members are very
14 excited about that as a source of objective information. We just wish we had it yesterday, and
15 that's what you're hearing.

16 CHAIR ROWLAND: So do we. We can all agree on that. We wish it was something
17 that magically came down to us, but we think it will be an important contribution. And thank you
18 for your comments.

19 Are there other public comments?

20 MS. BRENNAN: Good afternoon. Thank you, Madam Chairman. My name is Cate
21 Brennan, and I'm with the National Athletic Trainers Association. We're based in Dallas, Texas.

22 And for those of you who may not know exactly what athletic trainers are, we're the allied

1 health care providers who do injury prevention, diagnosis, assessment and treatment and
2 rehabilitation. We have about 40,000 members throughout the U.S.; 34,000 are members of my
3 association. Many of them work in the secondary schools. So I would urge the Commission and
4 the staff to take a look at some of these other alternate health care settings that many Medicaid
5 children are receiving services.

6 Currently in very few states, athletic trainers are reimbursed through Medicaid, but many of
7 those services are provided by the athletic trainers, just like the school nurses. So I would urge the
8 Commission to take a look at that, and when you're counting people as important as primary care
9 there's also a lot of the allied health support staff that go along with it, who are working in remote
10 locations via protocols or guidelines under physician direction.

11 And secondly, I would also urge the Commission that wherever possible, on payment
12 reform or analysis, to look at some of the innovative systems and some of these other delivery
13 systems available.

14 CHAIR ROWLAND: Well, thank you. There is a strong constituency on the
15 Commission that looks at going beyond the medical model and the physician model. So we thank
16 you for your comments, and we will take those under advisement. Thank you.

17 MS. BRENNAN: Thank you.

18 CHAIR ROWLAND: Additional comments? Going once, twice.

19 Well, we thank the audience for coming to join us for this discussion. We hope you will
20 embrace and enjoy our report that is due out on the 15th of March. It will be posted on the
21 MACPAC web site, so that you'll have availability there. It will include not only the chapters that
22 we've reviewed but the MAC stats which will be a nice compilation of state-by-state information on

1 a wide range of issues related to Medicaid coverage and to CHIP.

2 And we will be, immediately after releasing this report, working toward our June report and
3 will continue to take many of the issues you've raised here today on the safety net, as well as on
4 allied health providers, into account as we move forward.

5 But stay tuned. The report is coming, and future reports will be there too, and future
6 meetings. So thank you very much for joining us.

7 And we're adjourned to executive session.

8 [Whereupon, at 3:55 p.m., the meeting was adjourned.]

9