

### PAYING FOR VALUE IN MEDICAID: A SYNTHESIS OF ADVANCED PAYMENT MODELS IN FOUR STATES

James Teisl, MACPAC Lynn Blewett and Julie Sonier, SHADAC

MACPAC Meeting January 23, 2014

#### Introduction

- Policy makers seek value from the Medicaid program
  - Containing cost growth
  - Improving outcomes
- States taking a variety of approaches to achieve this common goal
- This project was intended to:
  - Better understand specifics of different state approaches
  - Identify common themes across states

# Challenges in Medicaid Payment Reform

- Compared to most private payers, more enrollees with complex conditions, higher medical costs, and economic and social challenges
- More limited ability to directly influence enrollee health care seeking behavior (limits on cost sharing)
- Lower provider payment rates may make it difficult to attract and engage providers

## **Project Approach**

- Site visits to AR, MN, OR, and PA to understand:
  - What key factors affected model choice and design?
  - What was required to launch and implement the initiatives?
  - How does the program operate and how will it be evaluated?
- Interviews with state officials and stakeholder groups over 2 days in each state
- Not a formal research study or evaluation



## **Arkansas: Payment Improvement Initiative (APII)**

- Context
  - No comprehensive Medicaid managed care
  - Little provider integration
- Episode-based payment system
  - Statewide
  - Multi-payer (2 commercial payers participating)
  - Eight episodes launched during 2012-13; plans to launch six additional episodes beginning in 2014



## **Arkansas: Payment Improvement Initiative (APII)**

- Retrospective
  - Payments made using fee for service schedule, with "settle-up" after performance period
  - Claims data used to identify "principal accountable provider" (PAP) for each episode
- PAP performance is compared to cost and quality benchmarks
  - Providers meeting <u>both</u> cost and quality benchmarks are eligible to share in savings
  - Providers with costs that are "not acceptable" return a portion of excess costs





## **Arkansas: Payment Improvement Initiative (APII)**

- Other notable features:
  - Multipayer, with both standard and flexible components across payers
  - Can expand over time to additional payers and health conditions
  - Couples acute care payment strategies with initiatives to address population health (PCMH and health home)



### Minnesota: Health Care Delivery Systems Demonstration (HCDS)

- Context
  - History of integrated health care systems
  - Medicaid managed care
  - ACO initiatives involving Medicare and commercial payers
- Encourages voluntary creation of Accountable Care Organizations (ACOs)
- Modeled on Medicare Shared Savings Program
  - Piggybacks on the Medicare shared savings methodology to lessen provider burdens and encourage provider participation



# Minnesota: Health Care Delivery Systems Demonstration (HCDS)

- Providers are responsible for the total cost of care for their attributed patient populations
  - "Virtual" model for smaller providers: upside shared risk only
  - Integrated model for larger providers: upside and downside shared risk
  - Allows significant provider flexibility
- Implemented alongside the state's existing Medicaid managed care program
  - Populations include both FFS and managed care enrollees
  - All MCOs must participate in shared savings component
- Opens up new avenues for testing provider reform and innovation in the context of an existing Medicaid managed care delivery system



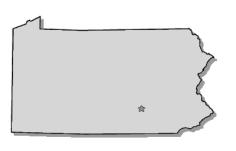
# Oregon: Coordinated Care Organizations (CCOs)

- Context
  - History of Medicaid managed care
  - Growing frustration with cost growth and lack of accountability for quality/cost
- CCOs are community-based organizations governed by local partnerships among providers, community members, and stakeholders that assume financial risk
  - Provide integrated physical, behavioral, and other covered services
  - Accountable for outcomes cost (global budget) and quality



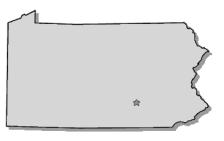
# Oregon: Coordinated Care Organizations (CCOs)

- State negotiated agreement with CMS that committed to reducing annual per capita cost growth, increasing quality of care, and improving population health
  - In return, Oregon gained federal approval to claim Medicaid matching funds for certain health-related services that have not traditionally been reimbursable
- Launched in August 2012; by November 2012 there were 15 CCOs in operation serving about 90% of OHP members
- Replaced MCO contracting and uncoordinated funding streams for physical and behavioral health
- However, many former Medicaid MCOs contract with the CCOs or directly own them



## Pennsylvania: Medicaid Payment Incentives/Policies

- Context:
  - Long history of Medicaid managed care
  - Program administrators have significant flexibility
- Pay for performance:
  - MCOs: bonuses incorporated into MCO contracts for meeting quality measures (mostly HEDIS)
  - Providers: Separate provider P4P program incorporated into MCO contracts (must be passed through to providers)



# Pennsylvania: Medicaid Payment Incentives/Policies

- Targeted payment adjustments:
  - Efficiency adjustments reduce base MCO rates for inefficient care determined through Medicaid claims analyses
  - Hospital readmissions and preventable severe adverse events policies: affect payment for acute care general hospitals
- Other notable features:
  - Reforms largely implemented within existing Medicaid managed care program
  - Allows for significant control at the state agency level, allowing the program to be responsive to stakeholder input, changes in the health care environment, and other factors over time
  - Targets both MCOs and providers and addresses a variety of areas of health care

#### **Themes Across States**

- State budget conditions often provided initial impetus for Medicaid payment reform, but savings are not the only goal
- 2. States are taking an active role in payment and care delivery reform beyond traditional Medicaid managed care, but changes in roles for MCOs vary by state
- 3. State Medicaid payment reforms intended to influence provider behavior
  - States using financial incentives that directly reach providers with goal of improved health outcomes, more cost-effective care delivery, and better value for taxpayers

- Data are important for facilitating improved care delivery downstream
  - Analytics are essential to helping providers understand their performance and identify opportunities to improve, and states are taking action to make data available
  - However, it is unclear at this point whether and how this information is being used
- 5. One payment reform model will not fit all states:
  - State health care business environment, Medicaid program histories, and cultures important to shaping reform efforts

- 6. States have balanced flexibility with accountability in securing stakeholder buy-in
  - Accountability for total costs in Minnesota, Oregon with provider flexibility in how to achieve savings
  - In Arkansas, standard core components for episodes with flexibility across payers in episode and payment determination

- 7. Current federal authorizing tools appear to be sufficiently flexible for the states we visited
  - State officials viewed CMS as a helpful partner
  - Waivers and SPAs were adequate for these states
- 8. Designing and implementing payment reform require investments in state staff time and resources
  - States often require significant start-up and ongoing funding
  - Limited staff resources pulled from other projects
  - Variation in reliance on in-house capacity vs. consultants

- States continue to grapple with targeting Medicaid cost drivers within payment reform models
  - Many of the most significant cost drivers (behavioral health, longterm services) have not yet been incorporated into the payment reform models, but states are moving in this direction
- 10. Results of Medicaid payment reforms are largely unavailable
  - Still early in implementation stages
  - Data infrastructure and reporting processes are important to actively monitor change in quality and outcomes

## **Looking forward**

- What policy levers can be used to spur innovation?
- How can CMS encourage states to use flexibility while ensuring transparency and accountability?
- What is federal government role in aligning objectives across payers and programs?
- How should value be defined and measured to assure consistency in evaluation?
- How is the role of managed care organizations evolving?
- How can goals of payment reform be applied to other (non-acute) services with the Medicaid program?

#### **Acknowledgements**

We would also like to acknowledge the contributions of other members of the SHADAC team -- Kristin Dybdal, Donna Spencer, Bree Allen, and Amy Anderson – and the state officials and other organizations that participated in the site visits.

Lynn Blewett, PhD
Director
blewe001@umn.edu

Julie Sonier, MPA
Deputy Director
jsonier@umn.edu

