



# Maine PCMH Pilot & MaineCare Health Homes Initiative

Medicaid & CHIP Payment & Access Commission

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# Alignment of PCMH Pilot and MaineCare Health Homes Initiative

- Medicaid Health Homes initiated under Affordable Care Act (ACA) Sect 2703
- Maine aligned HH initiative with current multi-payer Pilot (MaineCare VBP initiative)
- Aligned expectations for provider PCMH & HH services
- Opportunity to leverage multi-payer PCMH model, practice transformation support infrastructure
- Maine SIM funding supports QI outreach to HHs



# MaineCare HHs: Stage A & Stage B

## STAGE A

Chronic Obstructive Pulmonary Disease (COPD)  
 Hypertension  
 Hyperlipidemia  
 Tobacco use  
 Developmental Disabilities & Autism Spectrum  
 Acquired brain injury  
 Cardiac & circulatory congenital abnormalities  
 Seizure disorder  
 Mental health  
 Substance abuse  
 Asthma  
 Diabetes  
 Heart disease  
 Overweight (BMI > 25) & Obesity

## BEHAVIORAL HEALTH HOMES

Adults with Serious Mental Illness

Children with Serious Emotional Disturbance

This initiative closely aligns with current eligibility for community mental health services. People eligible for the following services will also generally be *eligible* for Behavioral Health Homes:

Adults: Community Support Services

Children: Targeted Case Management

# Maine PCMH Pilot /HH Payment Model

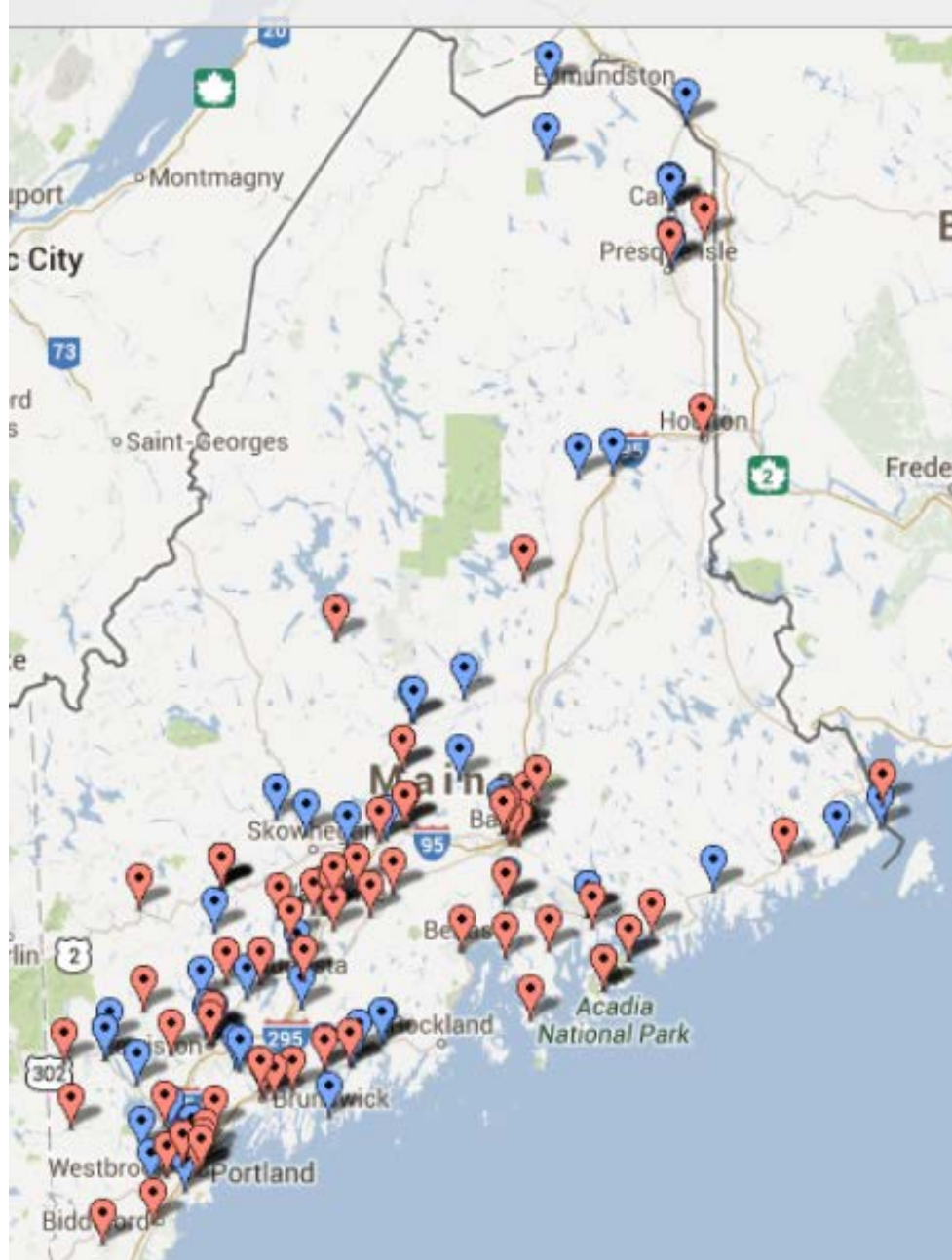
- Major private payers, Medicaid, & Medicare participating (MAPCP demo)
- PCMH/HH payment model:
  - Prospective (pmpm) care management payment
    - Approx \$7pmpm Medicare (MAPCP), \$12 Medicaid HHs *for eligible patients*
    - Approx \$3pmpm commercial payers
  - Ongoing FFS payments
  - Performance payment for existing P4P programs

# Support for Practice Transformation

- Quality Improvement Support for Practice Transformation
  - 1:1 quality improvement coaching for practice teams
  - Peer learning from other practices
- Technical Assistance “Experts”
  - Behavioral health (BH) integration, work with consumers, HIT
- Ongoing Feedback Reports
  - Clinical, claims data

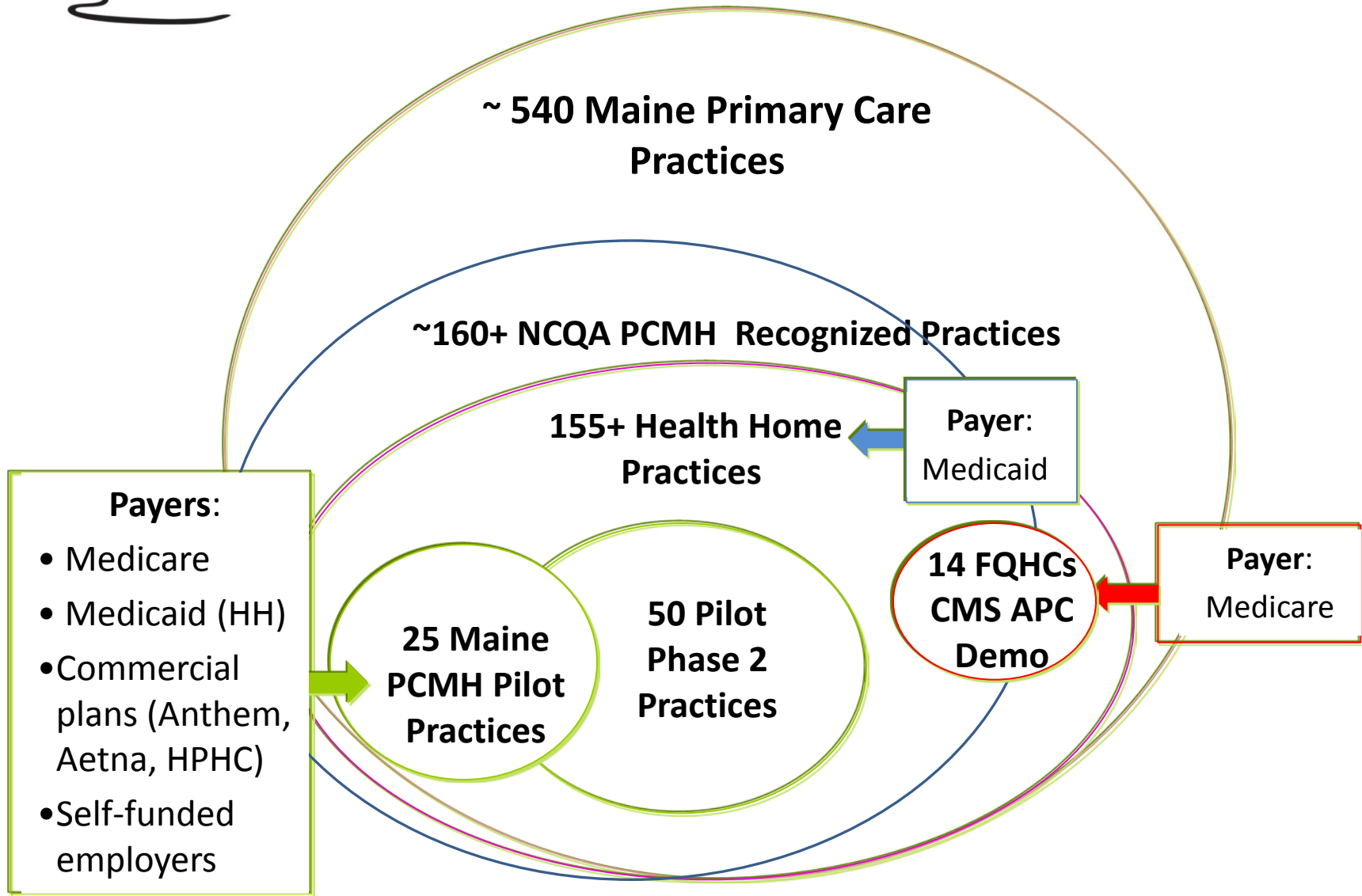


# Maine PCMH Pilot and Health Homes Practice Sites





# Maine's Medical Home Movement



# Populations Served

Population served by 155 HH practices:

- ~600,000 total patients (50% Maine population)
- 123,352 Medicaid members (20% of patients in HH practices)
- 42,890 HH-eligible members (~35% of all Medicaid members in HH practices)



# PCMH/MAPCP Demo & HHs: Results to Date

- Formal evaluation (USM) underway for (1) PCMH Pilot & (2) HHs initiative – results pending
- Individual PCMH/HH practices report decreases in ED use, hospitalizations
- AF4Q analysis of claims data:
  - Decreased hospitalizations, ED visits
  - Increases in pricing (unit costs) have driven ↑ costs
- Other PCMH/HH pilots nat'ly showing + results

# Health Homes – Lessons Learned

- Move to PCMH/HH model requires transformation (*not* just incremental change) of practice culture & processes
- NCQA PCMH ≠ PCMH
- New payments must be sufficient to support critical HH resources – e.g. care management
- Multi-payer, aligned approach is essential to provide sufficient resources for true practice change

# Health Homes – Lessons Learned

- HH incremental payment change may not be sufficient to spur real change; new primary care payment models must move beyond “add-on’s” to FFS!
- Changing payment alone is not enough; practices also need assistance, resources to transform to PCMH/HH
- Changing payment for primary care essential, though by itself may not be sufficient to control total costs of care
- Transforming primary care is essential first step to wider delivery system & payment reform efforts!



# Contact Info / Questions

- Maine PCMH Pilot: [www.mainequalitycounts.org](http://www.mainequalitycounts.org)  
(See “Major Programs” → “PCMH Pilot”)
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- MaineCare Health Homes initiative
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