



# Behavioral Health in the Medicaid Program: People, Use and Expenditures



**Medicaid and CHIP Payment and Access Commission**

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# Chapter Focus

- Describes the behavioral health population served by the Medicaid program, by age and basis of eligibility
- Identifies subpopulations of Medicaid enrollees with different needs and service use patterns
- Starting point for future work that the Commission may undertake to identify targeted policies and practices that may help improve care and control expenditures for these different population groups

# Chapter Organization

- First, using a variety of data sources, describes the prevalence, sociodemographic characteristics, and access of the behavioral health population by Medicaid, privately insured and uninsured people by age group
- Then it presents data on diagnoses, use and expenditures from 2011 Medicaid Statistical Information System, by enrollee age group and basis of eligibility

# Changes from February Presentation: Refining the Population

- Updating numbers to exclude enrollees with:
  - Dually eligible Medicare and Medicaid status
  - Limited benefits
  - Part-year coverage
- Exclude states with questionable encounter data

# Additional Data on Service Use and Comorbid Conditions

- All statistics by age group and basis of eligibility
  - Adults age 18-64 years (eligible based on disability or not)
  - Children under age 18 (eligible based on child welfare assistance, disability, or neither)
  - Older adults age 65 and older (dually eligible or not)
- Use of institutional care, home and community-based services, hospital care, and number of psychotropic and non-psychotropic prescriptions
- Comorbid conditions

# Additional Data on Distribution of Expenditures

- Service use, comorbid conditions and per capita expenditures by Chronic Illness and Disability (CDPS) payment code methodology
  - CDPS classifies ICD-9-CM diagnoses into high, medium and low cost groups; for example schizophrenia diagnoses are in the highest cost group and bipolar disorders the medium cost group
- Top 5% and 25% of total expenditure groups