



PUBLIC MEETING

Via GoToMeeting

Thursday, December 9, 2021
10:31 a.m.

COMMISSIONERS PRESENT:

MELANIE BELLA, MBA, Chair
KISHA DAVIS, MD, MPH, Vice Chair
HEIDI L. ALLEN, PHD, MSW
TRICIA BROOKS, MBA
BRIAN BURWELL
MARTHA CARTER, DHSC, MBA, APRN, CNM
FREDERICK CERISE, MD, MPH
TOBY DOUGLAS, MPP, MPH
ROBERT DUNCAN, MBA
DARIN GORDON
DENNIS HEAPHY, MPH, MED, MDIV
VERLON JOHNSON, MPA
STACEY LAMPKIN, FSA, MAAA, MPA
WILLIAM SCANLON, PHD
LAURA HERRERA SCOTT, MD, MPH
KATHY WENO, DDS, JD

ANNE L. SCHWARTZ, PhD, Executive Director

AGENDA

PAGE

Session 1: Transparency and oversight of directed payments
in Medicaid managed care

Michelle Kielty Millerick, Senior Analyst.....6
Rob Nelb, Principal Analyst

Session 2: Mandated report on Money Follows the Person
qualified residence criteria: Policy options

Kristal Vardaman, Policy Director.....54

Public Comment.....78

Session 3: Panel Discussion: Designing and implementing
an approach for monitoring access to care among Medicaid
beneficiaries

Linn Jennings, Analyst.....86

Karen LLanos, Director, Medicaid Innovation
Accelerator Program, Centers for Medicare &
Medicaid Services.....91

Elizabeth Lukanen, Deputy Director, State Health
Access Data Assistance Center, University of

Minnesota.....100

 Abigail Coursolle, Senior Attorney, National Health
 Law Program.....106

 Jennifer Babcock, Senior Vice President,
 Association for Community Affiliated Plans.....115

Further Discussion by the Commission.....145

 Linn Jennings, Analyst

 Martha Heberlein, Principal Analyst and Research
 Advisor

 Ashley Semanskee, Analyst

Public Comment.....156

Recess.....159

Session 4: Highlights from the 2021 edition of MACStats

 Jerri Mi, Research Assistant.....159

AGENDA [Continued]	PAGE
Session 5: Options to strengthen integration of behavioral health services through health information technology Aaron Pervin, Senior Analyst.....	166
Public Comment	209
Adjourn Day 1	212

P R O C E E D I N G S1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22

[10:31 a.m.]

CHAIR BELLA: Good morning. Welcome, everyone, to the December meeting.

We have an action-packed day ahead of us. We are going to start out with a session on directed payments.

I want to first just make sort of a housekeeping comment, although "housekeeping" might not be the best word, but I want to acknowledge and let the public know that one of the Commissioners, Kit Gordon, has decided to resign. Kit is finishing up. This is the last year of his term, and he has been serving as a substitute teacher, and he is going to continue to do so through the school year, which makes his participation on MACPAC not possible. So he's chosen to resign. If anyone has been wondering where the 17th person is, that is why.

With that, we will move into our session on directed payments.

Also, let me say for the record, we are very grateful to Kit for the service that he's had over the last five years, and we miss his voice. We know he wishes that he didn't have to make this choice.

1 Let me now move into directed payments. This is
2 picking up on some work we've done a while ago.

3 Welcome, Michelle, I will turn it over to you to
4 get us started, and hello, Rob. Good morning.

5 **### TRANSPARENCY AND OVERSIGHT OF DIRECTED PAYMENTS**
6 **IN MEDICAID MANAGED CARE**

7 * MS. MILLERICK: Great. Thanks so much.

8 So, to kick us off today, we're going to start
9 with a presentation focused on the transparency and
10 oversight of directed payments in managed care.

11 Just getting control of the mouse here. Just a
12 little delayed.

13 Jim, do you think you could advance one and then
14 I'm sure it will kick over to me in a second? There we go.
15 Thanks.

16 So we'll start with some background on
17 supplemental payments and managed care, and then we'll
18 describe what directed payments are and how they relate to
19 other types of supplemental payments.

20 We'll spend a few minutes on how states are
21 currently using directed payments, focusing on their growth
22 and what we know about spending, where there are some big

1 gaps, and then the meat of today's presentation will focus
2 on what we learned from our key informant interviews in
3 five states for which the key themes are listed here on the
4 slide.

5 We think the issues raised in this presentation
6 may warrant further Commission action and have outlined
7 potential policy approaches for your discussion that can
8 address these issues.

9 Before we dive in, I want to level-set with two
10 comments. First, I want to mention that this is an area,
11 as Melanie alluded to, where the Commission has done a
12 substantive amount of work previously on supplemental
13 payments, and so we view this work on directed payments as
14 a continuation of that work and where these payments raise
15 many of the same issues and where the Commission's previous
16 comments on the need for greater transparency and oversight
17 continue to be very relevant.

18 Second, there's a lot going on here, and there's
19 a lot of technical detail, and I have a lot of slides. So
20 I'm going to take a step back before we get into the themes
21 from the interviews and spend a little extra time walking
22 through the background of what these payments are, how they

1 came to be, and how they are similar to but yet different
2 from other types of supplemental payments. So that's where
3 I'll get started with the background.

4 It looks like I still don't have control to
5 advance the slides for some reason. Jim, maybe you can
6 help me, and I can say "next slide."

7 MR. BOISSONNAULT: Just confirming you do have
8 control. That's you moving now. You're all set.

9 MS. MILLERICK: Okay, perfect. Now it's working.
10 Thank you.

11 So, in fee-for-service, states can make
12 supplemental payments up to the upper payment limit, or the
13 UPL. For institutional providers like hospitals and
14 nursing facilities, that's a reasonable estimate of what
15 Medicare would have paid for a similar service, and that's
16 in the aggregate for class of providers.

17 For physicians, the limit is based on the average
18 commercial rate, or the ACR, which is usually a lot higher
19 than Medicare.

20 Before the Managed Care Rule in 2016, states
21 couldn't make supplement payments in managed care. The
22 rationale was that because managed care rates are supposed

1 to be actuarially sound and sufficient to cover the
2 reasonable, appropriate, and obtainable cost of providing
3 services under the contract, that supplements to the
4 managed care rate shouldn't be needed. But even so, some
5 states made pass-through payment where the state would
6 increase the capitation rates to the plans, and require the
7 plans to pass through those additional payments to
8 providers.

9 Those pass-throughs typically weren't linked to
10 the use of services or quality goals. With the intent to
11 tie payments more closely to quality and utilization, the
12 Managed Care Rule phased out the use of pass-through
13 payments over 10 years.

14 At the same time, it created this new option for
15 directed payments, which really evolved as a new mechanism
16 to, in effect, make supplemental payments in managed care.

17 The directed payment option allowed states to
18 direct managed care plans to pay providers according to
19 certain rates or methods. There are certain requirements
20 that states have to meet in order to use directed payments.
21 Most importantly, and different from other authorities,
22 directed payments have to be tied to the utilization of

1 services, and they have to be tied to the state's managed
2 care quality strategy. They also can't be conditioned on
3 certain types of provider financing arrangements, such as
4 provider participation in intergovernmental transfers, or
5 IGTs.

6 Directed payment arrangements also have to be
7 approved by CMS prior to implementation. So states submit
8 a pre-print application form to CMS for review in advance,
9 and then CMS asks the state for written responses to
10 questions, which sometimes can go back and forth with
11 multiple rounds of Q&A.

12 Directed payments are usually approved one year
13 at a time, and they can't be automatically renewed. So you
14 have to go through this pre-print process each year if you
15 want to renew the arrangement.

16 So, next, I want to provide some context here on
17 where directed payments fit in this broader universe of
18 supplemental payments and then describe what the directed
19 payment options are a little bit more clearly.

20 Starting with the types of payments that you can
21 make in fee-for-service, the two main types are UPL
22 supplemental payments, which we discussed a second ago, and

1 DSH supplemental payments which pay hospitals for Medicaid
2 shortfall and unpaid cost of care for the uninsured.

3 On the managed care side, there are pass-
4 throughs, which I also touched on, and these are the ones
5 that are being phased out. Then we have this new option
6 for directed payments that is our focus today.

7 In terms of the options for directed payments,
8 we've classified them into two categories in our work;
9 first, minimum or maximum fee schedules, which adjust the
10 base payment rates that plans pay for specific services.
11 So that could be using a state plan rate for fee-for-
12 service, Medicare fee schedule, or some other alternative
13 schedule that the stat develops.

14 Since many health plans typically pay providers
15 state plan rates in managed care, anyway, these minimum fee
16 schedules are generally less of a policy concern, and going
17 forward, minimum fee schedules tied to state plan rates
18 will no longer require CMS approval.

19 The second category of directed payments are
20 these additional payments to providers, which is the green
21 one there, and these raise more policy concerns because
22 they're very similar to supplemental payments in fee-for-

1 service.

2 There are two categories of these additional
3 payments to providers. The first is uniform rate
4 increases, which require plans to pay a specified uniform
5 dollar or percentage increase in payment that's above the
6 negotiated capitation rate. Then the second is VBP
7 arrangements, or value-based payments, which tie payment to
8 a specific performance or outcome, like pay for
9 performance, shared savings arrangements, bundled payments,
10 et cetera.

11 So these additional payments to providers that
12 are highlighted in green are really the focus of our
13 analysis and presentation today, and as you'll see in a
14 minute, this is really where the bulk of dollars are
15 flowing through the directed payment arrangements.

16 For our analysis, we contracted with Mathematica
17 to review available directed payment approval documents and
18 to conduct structured interviews in five states. We
19 reviewed pre-prints and associated approval documents for
20 all directed payment arrangements approved as of December
21 31, 2020, of which there are 230 distinct arrangements.

22 CMS provided these documents to us for the

1 purpose of this project, but generally speaking, the pre-
2 prints and approval documents for directed payments are not
3 publicly available without a Freedom of Information Act
4 request.

5 For the structured interviews, we spoke to state
6 officials and representatives from providers and plans in
7 California, Florida, Massachusetts, Ohio, and Utah about
8 their experiences with using directed payments. We also
9 talked with national experts, actuaries, and staff from
10 CMS.

11 So getting into how states are using directed
12 payments, since the first directed payments were
13 implemented in 2017, there's been a substantial growth in
14 the use of directed payments. In 2018, Milliman conducted
15 a review and found 65 distinct arrangements in 23 states
16 had been approved at that time. Our most recent analysis
17 reflects that through the end of calendar year 2020, this
18 has grown to 230 distinct arrangements approved in 37
19 states. There's been growth across all types of
20 arrangements, but the distribution of the types of
21 arrangements, whether they're fee schedules, rate
22 increases, or VBP, hasn't changed much over time, and that

1 sort of distribution is shown in the coloring of the bars.

2 In our review of approved directed payment
3 arrangements, we were only able to find projected spending
4 information for about half of the approved arrangements, so
5 96 of the 201 distinct arrangements. However, the spending
6 projections from these arrangements is substantial.
7 Overall, the 96 arrangements with available data are
8 projected to cost \$27.1 billion, which is more than
9 spending on DSH and UPL in 2019. However, these numbers
10 should be interpreted with caution since we are missing
11 data on more than half of the arrangements and since the
12 numbers that we did find are spending projections, not
13 actual expenditures.

14 In addition, we found inconsistencies in the
15 reporting such as the fact that it was unclear in some
16 cases whether spending estimates were for the renewal year
17 only or for the entire duration of the arrangement.

18 Moreover, it was difficult to allocate the
19 estimated payment amounts for each payment and provider
20 type because some of these arrangements use more than one
21 type of payment method or target multiple providers.

22 This figure shows the distribution of projected

1 directed payment spending by arrangement type. Overall, we
2 can see that the majority of the spending, approximately
3 26- of the \$27 billion projected, is in this additional
4 payments to providers category, which is the green and
5 light blue sections of the pie chart. So, while about half
6 of the arrangements are minimum or maximum fee schedules,
7 it's really these additional payments to providers that
8 make up the vast majority of the spending associated with
9 directed payments.

10 In our review, we also documented other
11 characteristics of approved directed payment arrangements.
12 Of the additional payments to providers, the most commonly
13 targeted providers are hospitals and physicians who are
14 affiliated with hospital systems. Other arrangements
15 targeted mental health and substance use providers, nursing
16 facilities, HCBS, and dental providers, among others, but
17 these make up a much smaller share.

18 Of the additional payments to providers, about
19 two-thirds were financed by provider taxes or IGTs.
20 Directed payments targeting hospitals were particularly
21 likely to use these financing mechanisms, and there appears
22 to be a strong relationship between the targeting and the

1 financing of payments were providers who financed the non-
2 federal share of the payment are typically the ones who
3 receive them.

4 Finally, with respect to quality goals, a
5 majority of the additional payments to providers are
6 intended to improve access, and that's how they tie to the
7 quality strategy. But, in some cases, it's not clear how
8 the payment is intended to improve access or if the
9 selected measures are good indicators of improved access
10 resulting from the payment.

11 This also raises questions about the fact that
12 the underlying managed care rates are intended to be
13 sufficient to ensure access. So it's not clear the extent
14 to which meaningful improvements in access are being
15 achieved above what is supposed to be achieved by the base
16 rate.

17 Getting into the themes from our interviews, from
18 our interviews, it's clear that states considered, and CMS
19 encouraged, directed payments to be used as a vehicle to
20 transition prior passthrough payments and expiring Section
21 1115 supplemental payments into directed payments. This
22 was viewed as a way to more closely tie supplemental

1 payments to quality and utilization.

2 Several states we spoke to indicated that one of
3 the primary goals of their directed payment arrangements
4 was to reserve funding to providers that were previously
5 made through pass-throughs that were being phased out.
6 While many states transitioned prior payments into directed
7 payments, often in similar amounts, and sometimes with
8 existing financing arrangements in place, we heard that the
9 distribution of payments to providers is often different
10 than prior payments because of this tie to utilization. So
11 directed payments aren't always an exact replacement for
12 these prior payments.

13 It's also clear that while directed payments were
14 originally developed as a mechanism to transition or
15 continue previous fee-for-service supplemental payments,
16 states have increasingly shifted to developing new
17 arrangements to increase payment to providers that are not
18 related to previous payments, and this has contributed to
19 the rapid growth in the use of and the spending associated
20 with directed payments.

21 In our interviews, stakeholders stressed the
22 importance of maintaining a certain level of funding for

1 Medicaid providers to ensure their financial viability and
2 to ensure beneficiary access to services. Some noted that
3 providers would be subject to significant payment
4 reductions if directed payments were not continued or
5 approved. It's also clear that especially for hospitals
6 and hospital-affiliated positions, directed payments can
7 represent a large share of total Medicaid payments.

8 Although it's difficult for us to analyze without
9 provider-level data, we know that in some cases or in some
10 states, directed payments can be larger than DSH or UPL
11 payments to certain providers. In Ohio, one of their newer
12 directed payments that targets four public hospitals
13 results in payments that appear to be four times greater
14 than what those providers received in UPL payments and
15 about six and a half times greater than what they received
16 in DSH payments in 2017.

17 In Michigan, directed payments were 40 percent of
18 managed care payments to hospitals in the state in 2016.

19 When we asked states about their decision to use
20 directed payments rather than increasing base payments to
21 providers, a number of them noted that the ability of
22 providers to contribute to the non-federal share, through

1 provider taxes or IGTs, often influenced their decision to
2 use directed payments as opposed to increasing base
3 payments, which more often rely on state dollars.

4 Unlike other types of supplemental payments,
5 there's not a statutory or regulatory upper limit on
6 directed payments. CMS officials confirmed that UPL limits
7 in fee-for-service do not apply to managed care payments,
8 and when we talked with actuaries, we learned that
9 actuaries are not consistently involved in assessing or
10 certifying that the amount of the directed payment itself
11 is reasonable and appropriate to achieve its intended
12 goals. As a result, it seems that actuarial soundness
13 rules do not provide a clearly discernable limit.

14 Many states do use UPL principles as a benchmark
15 to determine amounts for directed payments, but this is not
16 required. For example, we see that most directed payments
17 targeting hospital-based physicians make payments up to the
18 average commercial rate, which is permissible for
19 physicians in fee-for-service, but it's substantially
20 higher than what Medicare would have paid, which is the
21 upper payment limit for hospital services in fee-for-
22 service.

1 In our review, we identified seven directed
2 payments for hospital services that exceed the fee-for-
3 service UPL limits. We also heard from actuaries and
4 stakeholders that state interest in making payments above
5 the UPL is growing. In reviewing directed payment
6 proposals, CMS routinely asks states how these payments
7 compare to UPL benchmarks, but it does not appear that
8 payments are consistently disapproved on the basis of the
9 amount, although we do understand from stakeholders that
10 CMS typically applies greater scrutiny to proposals that
11 exceed fee-for-service limits.

12 Of the 215 directed payment arrangements which
13 could reasonably have evaluation results, meaning they've
14 operated for more than a year and have been renewed at
15 least once, only 48 arrangements have reported evaluation
16 results. These are also not publicly available, but CMS
17 provided them to us for the purpose of this work.

18 The findings raise a number of questions about
19 how CMS uses the evaluation results in its review of
20 arrangements, especially in cases where arrangements are
21 renewed without evaluations of prior years or where the
22 results are negative.

1 Directed payments have reported improvements in
2 quality goals of varying magnitudes, and the results we
3 observed have generally been mixed. Some arrangements
4 showed incremental improvements year-over-year, and these
5 were especially likely to be VBP arrangements that had been
6 built upon previously existing quality-based payment
7 programs, such as those authorized under DSRIP. Other
8 arrangements reported negative outcomes, such as increases
9 in hospital readmissions or time to appointment measures or
10 decreased Medicaid utilization.

11 In addition, states and CMS officials noted a
12 number of challenges with evaluating the effects of
13 directed payments on specified quality and access goals.
14 Data lags and delays in collecting and reporting data were
15 a common theme, as well as challenges with the quality of
16 encounter data. Since most directed payments are reviewed
17 one year at a time, many interviewees also noted how
18 difficult it can be to plan, implement, and evaluate an
19 arrangement in a single year. Others noted that the
20 selected measures of access are not always clearly aligned
21 with the goals of the payment, making them difficult to
22 evaluate.

1 The last thing I want to note that CMS is now
2 allowing multiyear approval options for the VBP
3 arrangements, which may alleviate some of the challenges
4 with these data lags and with measuring and evaluating
5 results in a single year.

6 For our final theme, I think it's important to
7 note that the vast uptake of directed payments wasn't
8 anticipated and that this has presented a number of
9 oversight challenges.

10 We heard from CMS that it's been challenging to
11 review such a large volume of arrangements across 37
12 states. Also, state officials in return expressing
13 frustration about lengthy review processes and uncertainty
14 about what types of arrangements require pre-print approval
15 or what the boundaries are in terms of what CMS would
16 approve.

17 CMS issued new guidance in January 2021 as well
18 as a more detailed pre-print template that asks for more
19 information at the time of application up front, which may
20 address some of these issues. States and stakeholders were
21 generally optimistic that these changes were positive and
22 would result in a more streamlined review process,

1 potentially reducing the amount of Q&A and back-and-forth
2 between states and CMS.

3 Finally, I want to note as an oversight
4 consideration that CMS does not track spending on directed
5 payments after approval. So, again, we don't have a sight
6 line into actual spending or expenditure amounts.

7 We saw in the case of one state, which provided
8 reconciled amounts to us, that the actual spending was
9 quite different than the projected spending, which is a
10 concern.

11 Overall, our findings that directed payments
12 continue to grow rapidly without limits suggest several
13 opportunities for the Commission to make recommendations in
14 this area. I'm going to review a few potential policy
15 approaches for your consideration, and each of these are
16 elements that staff can develop further based on your
17 feedback to potentially be included in the Commission's
18 June report to Congress.

19 First, as a starting point, the Commission could
20 recommend that CMS make directed payment information
21 publicly available. This is consistent with the
22 Commission's previous comments on the 2018 Managed Care

1 Rule, which addressed the transparency of directed
2 payments. Specifically, a transparency recommendation like
3 this could require that pre-print applications, associated
4 approval documents, payment amounts, and evaluation results
5 for directed payments all be publicly available in a format
6 that enables analysis.

7 It could also include a recommendation that
8 provider-level data be made available, similar to the
9 requirement that Congress passed last year requiring
10 provider-level data be collected and reported on
11 supplemental payments in fee-for-service.

12 Without provider-level data, it's difficult to
13 analyze the effect of directed payments on total Medicaid
14 payment to providers as well as the relationship between
15 the targeting and the financing of the payments.

16 Second, the Commission could recommend
17 establishing an upper payment limit on directed payments,
18 similar to the UPL in fee-for-service.

19 Given the growth and the use of directed payments
20 and the lack of clear limits, directed payments have the
21 potential to substantially increase federal spending, and
22 it may be prudent to consider whether there should be

1 explicit limits. We could look at recommending limits that
2 are the same as those in fee-for-service or could consider
3 other limits, depending upon Commissioner views. Such a
4 proposal could potentially result in federal savings, but
5 we need to work with CBO to get an official estimate.

6 Finally, the Commission could recommend that CMS
7 be more explicit in its guidance on how directed payments
8 should relate to quality and access goals. This could
9 include establishing criteria for how evaluation results
10 should be used in the review of requests to renew directed
11 payments or potentially setting standards for better
12 measures of access that align with the state's quality
13 strategy and access monitoring plan. And I would note that
14 this work is already underway through the Commission's work
15 on access monitoring, which we'll be discussing in several
16 sessions later today and tomorrow.

17 As we move towards next steps, we'd appreciate
18 your feedback on the issues raised in this presentation and
19 the potential policy approaches I just summarized. Are
20 these the right set of options? Are there things that
21 should be removed or added, and is there any other
22 information that you might need in order to support your

1 decision-making in these areas?

2 As I mentioned, we can work to address any of
3 your questions and flesh out any policy options that you're
4 interested in pursuing to present at a future meeting or
5 potentially for including in a chapter next spring.

6 So, with that, I'll turn it back to the
7 Commission for your discussion. Thank you.

8 CHAIR BELLA: Michelle, thank you very much. I
9 feel like you've made my job easy because you've laid it
10 out so clearly, and we have a concrete set of
11 recommendations to go through.

12 I'm going to open it up. I'll start with Stacey
13 and then Bill.

14 COMMISSIONER LAMPKIN: Thank you, Michelle and
15 Rob. This was really, really good information.

16 This is a topic of particular interest to me from
17 both my experience in a Medicaid agency during a time when
18 we were making a major transition to risk-based managed
19 care and participating in the struggles of how to use the
20 funds that were associated with IGT and tax-based sources
21 of non-federal share in that context. It was a real
22 problem. Also in my role as an actuary, trying to think

1 about how these funds fit in a risk-based model and in an
2 actuarial soundness construct.

3 Directed payments are an interesting approach to
4 trying to solve some real challenges that states face, that
5 historically supplemental payments challenge and way to
6 influence MCO alignment with state goals is not the only
7 way. And my understanding too is that some of the ARPA
8 HCBS spending plans almost certainly rely on directed
9 payment-type solutions to be able to spend the money.

10 But the fundamental problem from my perspective
11 is the lack of transparency that we called out here. This
12 is a soapbox I return to repeatedly when given the
13 opportunity from our agenda. Medicaid funds are public
14 funds, and taxpayers need to be able to understand what the
15 program is buying and what the program is paying. To the
16 extent that the payments are observable in encounter data,
17 T-MSIS will hopefully start to allow more of that analysis,
18 but other payment information should be published in a
19 usable way, as we recommended in the past around
20 supplemental payments, so some very similar issues that
21 you've presented here with directed payments. Clearly,
22 this is only becoming more important as the number of

1 arrangements grows.

2 The new 2021 pre-print is a step in the right
3 direction in that it will be more consistently collecting
4 key information, but that first policy option that you
5 outlined, if you can flip back a slide, to me, this seems
6 clearly necessary that approved pre-prints, evaluation
7 results, payments amounts should be public.

8 Ultimately, we need the right kind of data to
9 pull together all the different funding streams to
10 particular providers and assess what the program is paying
11 for what it's receiving. So I'm 100 percent in favor of
12 that first policy approach on this slide.

13 I suppose it might be helpful to undertake what
14 any counterargument might be. I'm just not aware of the
15 counterargument here.

16 A secondary challenge with the whole directed
17 payments, as they're currently implemented, is just
18 thinking about what the growth in directed payments mean in
19 the context of risk-based managed care and actuarial
20 soundness requirements that already address consideration
21 of network adequacy requirements and access. I think this
22 goes to both of the other policy approaches you have on the

1 slide here.

2 If the proportion of managed care funding that
3 directed payments represents continues to grow, does that
4 affect plan's ability to manage the care effectively? Does
5 that constrain the flexibility that this service delivery
6 model was meant to provide? I'd be interested in hearing
7 the health plan perspective on that.

8 And this feels relevant to me in the context of
9 an upper limit as well as the program integrity aspects of
10 the upper limit.

11 Would we think about the upper limit as similar
12 to the UPL and fee-for-service, which is almost like an
13 overall unit cost question, or are there other ways to
14 think about it, like a proportion of capitation or a
15 proportion of the amount of capitation associated with a
16 particular provider or service, like hospital services or
17 physician services, a couple of the provider types that you
18 called out? I think it's worth talking about different
19 kinds of metrics that we could think about in the context
20 of an upper limit.

21 But I do generally think that there could be some
22 place to go on some type of upper limit, and I think it

1 would help us understand, state by state, the consistency
2 of approvals and some of the dynamics there a little bit as
3 well.

4 You ask what else we would need to see to be able
5 to move forward. On this one, I think I'd like to see
6 whether we can cobble together anything more about what
7 things look like along some of these metrics, and I know
8 there's only so much data available, but if there's any way
9 to understand what it represents as a proportion of
10 capitation and/or particular kinds of services, I think
11 that would be useful, also, what health plans think and
12 what they feel like the impacts of the growth of directed
13 payments is on their ability to manage care.

14 Finally, if we think an average commercial rate
15 is really a useful and consistently calculable benchmark, I
16 think what we've seen over the last few months in this
17 space is that's a challenging benchmark for states and
18 actuaries in the context of directed payments.

19 So a little more fleshing out of that if we think
20 it's a useful benchmark would be, and I realize that there
21 are several other people who want to comment. I could
22 probably go on for the rest of our time on this topic, so

1 I'll yield the floor. I'm very eager to hear what other
2 people have to say about this.

3 CHAIR BELLA: Thank you, Stacey.

4 We're going to do Bill, then Darin, then Fred,
5 then Bob, then Tricia.

6 COMMISSIONER SCANLON: Okay. Thank you, and
7 thank you, Michelle and Rob. What you have provided us is
8 incredibly important because I think the heart here is what
9 Stacey highlighted and which I totally agree with is that
10 transparency in some respects is problem number one or
11 issue number one. We do not have an adequate understanding
12 of this, and before your work, there was a much bigger gap
13 in terms of what we knew about directed payments.

14 There's an uncanny similarity here between the
15 directed payments and our prior experiences, and this is
16 partly because I have spent so much time in Medicaid with
17 respect to provider taxes and IGTs. As you know, we have
18 boundaries in both of those areas, and the boundaries came
19 about after we understood better what was happening.

20 But when something grows to big, imposing
21 boundaries becomes more difficult, and the issue of
22 disruption and transitions becomes much more problematic,

1 and so, therefore, as you noted, the growth here is very
2 significant. The need for more immediate transparency so
3 that we can make better policy choices, it becomes sort of
4 more immediate.

5 So, actually, I'm very supportive of the first
6 potential recommendation sort of amended to a degree to say
7 besides making public what information CMS currently has,
8 what information should CMS be collecting besides what they
9 have and make a joint recommendation there. I think that
10 is what is essential now. It's after that we would be in a
11 position to inform the Congress about what the status quo
12 is and that they would be able to consider more
13 appropriately what boundaries they think are appropriate
14 because I think the boundaries are very much a policy
15 decision.

16 Again, you have struck an incredible sort of area
17 in terms of urgency because if this grows too much, making
18 it serve beneficiaries and taxpayers well becomes much more
19 difficult.

20 Thank you.

21 CHAIR BELLA: Darin, then Fred.

22 COMMISSIONER GORDON: Thank you, Michelle and

1 Rob, for doing this.

2 I agree with elements of what Stacey and Bill
3 said primarily around the transparency part. I think
4 that's a hard thing to argue against, particularly with as
5 much funding that's going through this vehicle.

6 I do think around the transparency part, as an
7 element that I think would be helpful or necessary before I
8 move to some of the other potential recommendations, is I
9 think it's important that we understand the why. Why are
10 states using this vehicle versus whether it's going through
11 the rates, the normal capitation rate process, or however
12 else they want to think about it?

13 The reason I bring this up is because of certain
14 lived experiences here. To some degree, I think some of
15 the growth may be attributed to the fact that CMS has made
16 the policy where they want to move things more to directed
17 payments that may have been done in other vehicles that
18 were previously allowed, and I want to give one example --
19 actually a couple of examples.

20 One was Tennessee did not have a DSH allotment
21 like everyone else. So they had these supplemental
22 payments, and it wasn't until the last few years where CMS

1 said they want to move the supplemental payments that were
2 DSH-like, so the equivalent of what you see in other states
3 for DSH into the directed payment approach.

4 So, before we look at any of these through a lens
5 of something is going on here that doesn't smell right, I
6 think we need to understand what are some of the reasons
7 here, why are some of the states using these, because to
8 the point of putting a limit in place, then you may be
9 artificially limiting a state's equivalent to DSH. And I
10 don't know if that's necessarily a great policy position
11 for us to take.

12 A second thing that I think gets caught up in
13 these as well -- and I do agree with Stacey. Some of the
14 responses to COVID, I know, was caught up in this, and I
15 don't think that's necessarily bad. But with the advent of
16 value-based purchasing, you do see some more direction
17 coming from the states in directing value-based purchasing
18 and how that needs to work through their health plans. You
19 also have situations where states set, which you highlight
20 in the report, the minimums and the maximums of rates for
21 various policy objectives that they're trying to achieve.
22 Again, there's a rationale there I think that we just need

1 to better understand, and I get it. You can't do this for
2 every state, but I do think we need to kind of get more
3 into the why as part of that transparency element that you
4 highlight.

5 I think when we do that, after doing that,
6 similar to what Bill said, then I think we'd be in a better
7 position to evaluate how or if a separate limit should be
8 put in place, but before having that additional
9 information, I worry about the unintended consequences of
10 putting a limit in place and not knowing full well what the
11 repercussions are with regards to that.

12 One other thing I should say that I do know has
13 been an element -- we had these discussions with CMS when I
14 was leading NAMD -- was that some states were moving from
15 fee-for-service to managed care. They needed a vehicle or
16 a way to carry some of the things they were doing in fee-
17 for-service and managed care, otherwise they couldn't move
18 to managed care. And so some of these things are the
19 vehicle that allows them to transition from one payment
20 model or one delivery system model to the other.

21 The other comment I want to make is about access,
22 and I know I'm running a little bit long here. But we

1 talked about measuring access. I think one thing, we
2 talked about improvement of access, that we didn't really
3 have good evidence that it was improving access. I do
4 think we need to look at access in the context whether it
5 improved it or it was able to maintain it, because in some
6 cases, it is in order to keep some providers participating
7 in the Medicaid program that may otherwise have left, so
8 just one last bit of feedback there.

9 Your third point, I will say I'd be more inclined
10 to do that before we get the additional information in the
11 second point, meaning the tying it more clearly to quality
12 and access.

13 Thank you for the work, and it is a very rich
14 topic. Like Stacey, I could talk about this one all day
15 long.

16 CHAIR BELLA: Thank you, Darin.

17 I'm starting to feel like this should have been
18 our after-lunch session because it's got everybody so
19 energized.

20 All right. We do have a lot to say on this. I
21 would like to ask the Commissioners when you speak, please
22 be really clear about where you are on each of the three

1 recommendations. I'm hearing pretty strong support for
2 one, not a lot of opposition to three, and some additional
3 information being looked for, for two. So just kind of if
4 you can help make sure your comments are coalescing in
5 those areas, that would be helpful.

6 Fred, then Bob, then Tricia, then Kisha.

7 COMMISSIONER CERISE: Yeah. So I'll say
8 supportive of one and two and not opposed to three.

9 Just to follow up on some of Darin's comments in
10 terms of why it exists this way, I do think it's important
11 to think about that.

12 When base payments are below Medicare and then
13 states come back and pay supplementals -- and we've seen
14 data on sort of all the aggregate payments and how that in
15 many places exceeds Medicare -- it allows states to pay low
16 and then rely on alternative means of financing to come
17 back and try to make providers whole.

18 It just raises so many issues in terms of, you
19 know, is that sound policy? Who's getting the payments?
20 What's dependent upon IGTs and that sort of thing?

21 I certainly think transparency is a great place
22 to start and putting the information on the table so we can

1 understand what's going on but also recognizing that we are
2 kind of endorsing an approach that pays below Medicare and
3 creates this differential between you pay a certain rate
4 for old people and you pay a discounted rate for poor
5 people. Attention to the base rate, I think, it's hard to
6 avoid it in the supplemental payment discussions.

7 I think the means of financing issue, it's hard
8 to dodge that as well because there's so much controversy
9 around what's allowed there and how can that be applied,
10 and is it applied consistently? There's not a lot of
11 transparency around that as well, and so, as we look at
12 transparency of how the payments are made and what payments
13 are made, looking at the means of financing issue, I think,
14 is important as well.

15 Then, finally, if you look at the payments -- so
16 much of this is meant to replace other sources of funds.
17 DSH is one. Some of the waiver payments you see is another
18 one, and in that bucket, those two are covering payments
19 for uninsured. I think what states end up doing is trying
20 to -- you know, "I'm going to go to average commercial over
21 here as a way to subsidize some of these other costs that I
22 can't get federal share for, which includes the uninsured."

1 Rather than try to continue those cross-
2 subsidies, one, I do think a cap at average commercial,
3 it's hard to make sense of that for the reasons Stacey
4 commented on, and a Medicare cap seems reasonable, but also
5 recognizing that there are real costs associated with the
6 uninsured that Medicaid already recognizes today in at
7 least those two programs. Recognizing that in these
8 supplemental payments, I think, is important so that you
9 don't end up trying to get overpaid in one area to cover
10 stuff that you're not getting paid for in another area.

11 Finally, if you're going to do that, then we've
12 got to get better about what are the expected outcomes,
13 particularly if you're going to cover the uninsured around
14 access, and access can't just mean you see people in the
15 emergency department when they show up but that you're
16 serious about access and primary care and specialty care
17 and drugs and things like that. But I think you have to
18 throw that in the mix as well because with supplemental
19 payments, you end up getting distorted in some areas
20 because you don't pay for other areas, and I know it's
21 Medicaid, but Medicaid already pays for uninsured in a
22 number of programs.

1 CHAIR BELLA: Thank you, Fred.

2 Bob, then Tricia, then Kisha, then Toby, then
3 Dennis.

4 COMMISSIONER DUNCAN: Yeah. Thank you, Michelle
5 and Rob, both for the memo and the presentation today.

6 My basis is very similar to Darin. We're on the
7 same wavelength of understanding the why.

8 In the memo you sent, on page 11, it says,
9 "Despite these challenges, some states have reported
10 improvement in quality or access for selected directed
11 payment arrangements." So not only understanding why the
12 states are choosing this methodology, but what are the
13 states that are showing success -- what are they doing
14 different than the others?

15 So it leads me more to number three on the
16 options as well as, what feedback did we get from CMS when
17 we made recommendations in the past on this trying to get
18 to that why question that Darin was getting to?

19 CHAIR BELLA: Michelle or Rob.

20 MS. MILLERICK: Rob, since you did the UPL work
21 last time, do you want to speak to that?

22 MR. NELB: Sure, yeah.

1 So a couple things. In terms of our previous
2 comments, they were on the 2018 revisions to the Managed
3 Care Rule, and we submitted a comment letter. CMS did not
4 accept the comments to add more transparency. They didn't
5 provide specific rationale why. I think there were a lot
6 of other changes they were making, and the staff we spoke
7 to seemed interested. There's an effort to improve this
8 new pre-print process and collect more information.
9 Hopefully, the efforts to improve transparency are not so
10 much of a lift, and I think there are efforts underway
11 regarding the UPL, new transparency requirements that may
12 be instructive in thinking about what types of transparency
13 CMS might be able to provide around directed payments.

14 COMMISSIONER DUNCAN: Thank you.

15 MR. NELB: I can add more on the evaluation
16 piece. I think a lot of the ones that were more value
17 based in their design -- like some of the previous DSRIP
18 ones that continued to directed payments -- tended to show
19 a little more improvements in quality where there was a
20 clear tie to improvements in that quality measure to a
21 payment, whereas we maybe saw less improvements in quality
22 in some of the fee schedule increases that weren't actually

1 tied to improvement in a particular quality measure.

2 COMMISSIONER DUNCAN: All right. Thank you.

3 CHAIR BELLA: Thank you, Rob.

4 Tricia.

5 COMMISSIONER BROOKS: Thank you, Rob and
6 Michelle. The background material was excellent, and this
7 reminds me of the balloon analogy where you put pressure on
8 the balloon at one end and the other end blows up, but we
9 don't want to put so much pressure that it deflates the
10 balloon entirely because the directed payments,
11 particularly with pass-throughs being phased out, have
12 really helped to keep the system afloat at a time when
13 managed care has had less flexibility in terms of payment.
14 So I don't think we want to pop the balloon entirely.

15 I'm definitely in favor of Number 1. Number 2,
16 I think I'd feel more comfortable in describing this as
17 exploring the implications of an upper limit. When we put
18 a definitive word on there like "establish" an upper limit,
19 it sounds like we're already moving in that direction, and
20 I'm not sure that I'm there yet.

21 Then, lastly, on Number 3, definitely we know the
22 challenges that there are in accurately assessing quality

1 and access and how to improve it, but we have to keep
2 plowing ahead on this.

3 I would also say I'd like to see that particular
4 recommendation encompass how directed payments should be
5 used to address health disparities.

6 CHAIR BELLA: Thank you, Tricia.

7 Kisha?

8 VICE CHAIR DAVIS: Thank you.

9 Thanks, Michelle and Robert.

10 I'm in alignment with everybody in terms of the
11 need for more transparency, and I just want to make sure
12 that we're expressing that it's not necessarily a bad thing
13 that providers are getting these additional payments and
14 that it's not necessarily an indication that there are bad
15 actors at play here. Really, the signal here is that base
16 payments aren't enough to maintain adequate access and
17 quality and pushing on one part of the system to make up
18 for a shortfall in another place. I think just recognizing
19 that indication that as these directed payments are growing
20 is an indication that there's a shortfall someplace else,
21 and so my concern is about are the payments being used to
22 do what we want them to do, and so the concern about

1 limited oversight and accountability for the payments, so
2 certainly in favor of Number 1 having that information to
3 be publicly available.

4 In terms of the second recommendation -- and I
5 don't feel comfortable trying to set a limit yet,
6 especially since we don't really know much about how states
7 are using it and would want to have a better understanding
8 of how it's getting used and what those numbers are before
9 we can really try and set limits there. I think certainly
10 in favor of Number 3 again really being explicit on the
11 goals of the program and making sure that we are monitoring
12 are the payments actually moving the needle on increasing
13 quality and access and thinking of that from a health
14 equity perspective. Are there winners and losers in terms
15 of how these payments are being distributed?

16 CHAIR BELLA: Thank you, Kisha.

17 Toby and then Dennis.

18 COMMISSIONER DOUGLAS: Thanks.

19 First, great analysis. I'll just be brief. I
20 align myself with Darin and Bob and Tricia and Kisha.

21 First, I just really think we need to understand
22 the policy goals to the why, the idea of increasing base

1 payments, it could be really focusing on a more broad-based
2 goal, but another way the states look at it is really
3 targeting their goals and their objectives, and that's
4 where directed payments come in. So what is it that's
5 going on here?

6 So I see it too early to be focusing, even
7 analyzing a UPL. As Tricia was saying, it kind of sends
8 the wrong message. We don't know the why clearly, the
9 policy intent, and need that transparency before we go down
10 that path.

11 CHAIR BELLA: So, Toby, that's where you are on
12 Number 2. Where are you on 1 and 3?

13 COMMISSIONER DOUGLAS: I'm supportive of those.

14 CHAIR BELLA: Okay.

15 COMMISSIONER DOUGLAS: Transparency, figuring
16 this out, all supportive.

17 CHAIR BELLA: Michelle and Rob, are we saying
18 that we'd have to come out of here with what the limit is
19 or just recommending that there be a limit? I mean,
20 there's a difference there, right? We kind of have limits
21 on everything like this.

22 MS. MILLERICK: Yeah. I think that could be sort

1 of one of the considerations of the Commission. They could
2 just say that we should establish one and defer to CMS or
3 others to sort of set what that is, or we could come back
4 with design considerations if the Commission wanted to
5 think about what it should be, we could come back to you
6 with some design considerations.

7 CHAIR BELLA: Okay.

8 Dennis.

9 COMMISSIONER HEAPHY: Yeah. This is really
10 helpful.

11 I'm going to start with Number 2 and say I don't
12 think we're there yet because I think we ought to be
13 driving the payments and really the ability of the MCOs and
14 the states to reach their goals, their quality goals and
15 access goals, and with that, I think it's really important
16 that we're looking at data transparency, that it's
17 important we emphasize the importance of CMS providing
18 guidance to the states on the data required to establish
19 transparency, because it seems sometimes MCOs or the states
20 are defining what they can provide rather than getting the
21 guidance from CMS. That's why I think it's really
22 important that the data drives increases in quality and

1 access to goals before we talk about Number 2.

2 So I'm very much in favor of Number 1 and Number
3 3, and as other folks have said, that as the primary goal
4 to achieving equity. But I would like to see Number 3
5 driving everything else because that's what these payments
6 are about is to clear goals and outcomes on those goals.

7 CHAIR BELLA: Thank you, Dennis.

8 Can I ask if anyone -- most everyone has spoken.
9 Does anyone have concerns with Number 1 that need to be
10 raised?

11 [No response.]

12 CHAIR BELLA: Let the record show there's a lot
13 of head-shaking no.

14 Anyone who wants -- this is the time to raise any
15 concerns with Number 1, otherwise we're going to say we're
16 moving ahead there.

17 COMMISSIONER HEAPHY: This is Dennis.

18 The one thing I guess I would ask is balance and
19 burden on the plans in the yearly renewal requirement, can
20 we explore that? Would it be possible to have -- rather
21 than having to look at the paperwork every year or have it
22 provided again, is there a way to look at how to look at

1 performance instead? Performance of the goals rather than
2 renewal of the paperwork each year and the submission.

3 CHAIR BELLA: Okay.

4 COMMISSIONER HEAPHY: Does that make sense,
5 Michelle?

6 MS. MILLERICK: Yeah, yeah. That makes sense.
7 Thank you.

8 CHAIR BELLA: How about Number 3? Are there
9 concerns with Number 3 or anyone who isn't ready to support
10 Number 3 yet?

11 Verlon.

12 COMMISSIONER JOHNSON: No, no. I definitely
13 support Number 3. I'm always just cautious of the idea
14 around providing additional requirements or saying that we
15 need to focus on quality and access goals. I really want
16 to have a better sense of how we can be more specific
17 around that but definitely support it and wondering if our
18 support of a Number 1 could actually help us have a better
19 idea of what that Number 3 would look like.

20 CHAIR BELLA: Great point. Lots of nodding
21 heads.

22 Anyone else want to comment on Number 3?

1 [No response.]

2 CHAIR BELLA: Okay. Before we go to Number 2
3 again, Stacey, let me ask since you kicked us off. Do you
4 have any thoughts that you want to share after having heard
5 all the rest of the comments?

6 COMMISSIONER LAMPKIN: Thank you. I appreciate
7 that.

8 The one thing that I was struck by were the
9 comments that related to the difference in the base rate
10 and the directed payment and the MCO flexibility
11 implications of that.

12 So, theoretically, in a risk-based service
13 delivery model like we're talking about here, the MCOs, the
14 plans negotiate with the providers to achieve the network
15 adequacy standards that are set forth in the contract, and
16 that negotiation process should put pressure on the base
17 rate upward theoretically and kind of get to some sense of
18 equilibrium such that you shouldn't have to have a directed
19 payment to come along and improve access if your
20 contractual standards are sufficient with respect to
21 network adequacy and other roles that the MCO needs to
22 follow.

1 But some of the historical financing of these
2 dollars is part of what produces a challenge and the need
3 for directed payments to specifically make sure that
4 certain amounts of dollars go to providers or certain
5 levels go to providers, at least that's my understanding of
6 what's driving a significant subset of these directed
7 payments. And that's the area where I think it would be
8 useful to explore -- agree, "explore" is the term -- what
9 an upper limit might look like in terms of is there a
10 balance you can strike between using that mechanism,
11 recognizing the problems with some of our financing
12 mechanisms in a capitated-based environment, but balance
13 that with making sure that you're not letting it spiral out
14 of control and you're still giving health plans enough
15 flexibility to manage the care in the way that we want them
16 to. So I felt that that string was maybe worth pulling a
17 little bit further based on some of the concepts.

18 Thank you, Melanie.

19 CHAIR BELLA: Thank you, Stacey.

20 Other thoughts from Commissioners?

21 [No response.]

22 CHAIR BELLA: Okay. Michelle and Rob, what I'm

1 hearing is same thing you're hearing about 1 and 3,
2 probably a little like tidying around the edges we can do
3 on some of that, exploring a couple things, but there's no
4 reason to say we can't move forward with 1 and 3, and
5 particularly, once we get one in motion, that is going to
6 really aid anything, any future work we do on 2.

7 Also, you have a long list of things that folks
8 would like to see around Number 2. So what questions do
9 you have back for us?

10 MS. MILLERICK: That was a really helpful
11 discussion that I think gives us some concrete things to
12 take back, and so we look forward to sort of fleshing that
13 out and perhaps coming back with some more specifics at a
14 future meeting.

15 CHAIR BELLA: Just so we're all clear on
16 expectations, this could come back in the form of
17 recommendations even in January probably on a couple,
18 right?

19 MS. MILLERICK: Yeah.

20 CHAIR BELLA: And then you could come back to us
21 in January and let us know of the things, I think, Stacey
22 mentioned and the other Commissioners mentioned, which of

1 those you could find by when, and then we could figure out
2 additional discussion we might have before March or April
3 in that regard, and then the recommendations, however they
4 end up, would be for June. Is that correct?

5 MS. MILLERICK: Yeah. I think that's exactly
6 right in how we're thinking about it so we can flesh out
7 some language around the transparency piece to bring back
8 to you in January and then think through how we could do
9 some analysis on the other items that Stacey and others
10 raised.

11 CHAIR BELLA: Okay. Does that sound good to
12 everyone?

13 [No response.]

14 CHAIR BELLA: Any last comments from
15 Commissioners?

16 [No response.]

17 CHAIR BELLA: I can't believe we have six minutes
18 left. This is a testament to how well written the
19 materials were and how much you sort of laid things out for
20 us, so thank you very much.

21 If there are no additional comments from
22 Commissioners, we can move into the next session.

1 Thank you, Michelle and Rob, very much.

2 MS. MILLERICK: Thank you.

3 CHAIR BELLA: This session, Kristal is joining
4 us. Welcome, Kristal.

5 We're going to finish our conversation, continue
6 our conversation about Money Follows the Person and the
7 qualified residence criteria. We have a decision to make
8 in front of us about whether we want to make a
9 recommendation. I just want to remind the Commissioners
10 and the public, the requirement that we look at this issue
11 does not carry a requirement that we make a recommendation.
12 If we have some consensus and we feel that we have the
13 information we need to make a recommendation, that's fine.
14 If we don't, that's also fine. We're going to make a great
15 contribution in the descriptive analysis that we put
16 forward, and particularly, if we're not clear on a
17 recommendation, we will lay out the tradeoffs very clearly
18 in what we put forward to be in compliance with our
19 requirement.

20 So, with that, I will turn it over to Kristal.

21 **### MANDATED REPORT ON MONEY FOLLOWS THE PERSON**
22 **QUALIFIED RESIDENCE CRITERIA: POLICY OPTIONS**

1 * DR. VARDAMAN: Thank you. Good morning,
2 Commissioners.

3 Today I'm going to review two policy options for
4 your mandated study on Money Follows the Person. I'll
5 first quickly recap where we've been over the past few
6 months and then go into outlining the two policy options.

7 As you know, Money Follows the Person, or MFP, is
8 a demonstration that has provided participating states with
9 flexibility and enhanced funding to support transitioning
10 over 100,000 Medicaid beneficiaries from institutions to
11 the community.

12 MFP participants must be transitioned into
13 settings that meet its qualified residence criteria, which
14 are narrower than HCBS standards in the home- and
15 community-based services, or HCBS settings rule.

16 In the Consolidated Appropriations Act of 2021,
17 Congress directed MACPAC to examine these differences, and
18 if appropriate, the Commission can recommend policies that
19 would align MFP residence criteria with the HCBS settings
20 rule.

21 In September, we reviewed background on MFP and
22 the settings rule, and in October, Tamara and I brought you

1 results of our analytic work in this area, which had three
2 streams.

3 First, we reviewed data on MFP transitions. We
4 also surveyed state MFP program directors, and finally, we
5 conducted stakeholder interviews.

6 At the October meeting, Commissioners provided
7 differing opinions on whether you were interested in making
8 a recommendation, and so we went back and did some
9 additional follow-up work. And we've also just tried to
10 clarify the two main options and the rationale for each in
11 order to assist your deliberations.

12 So I'll start by walking through the first policy
13 option, which is to maintain the existing MFP criteria, and
14 as a reminder, as Melanie just went over, the Commission
15 could choose to issue a report without recommendations that
16 would weigh the advantages and disadvantages of the current
17 criteria. Alternatively, the Commission could
18 affirmatively indicate support for maintaining the current
19 criteria.

20 So, in terms of background, your materials
21 outline some of the context on MFP as part of federal and
22 state efforts around institutionalization and rebalancing

1 long-term services and supports.

2 Many of these activities have come about
3 following the Olmstead decision, which concluded that
4 states must provide treatment for individuals with
5 disabilities in the most integrated setting possible.

6 Since then, rebalancing efforts in Medicaid have
7 worked to uphold Olmstead by providing beneficiaries with
8 home- and community-based services and transitioning
9 individuals out of institutions.

10 It's in this context that the Money Follows the
11 Demonstration was created in the Deficit Reduction Act of
12 2005. One advocate we spoke with who was active in the
13 discussions noted that its criteria were designed to allow
14 beneficiary control rather than provider control.

15 The background materials also review the
16 different types of residential settings and their effect on
17 the degree of beneficiary choice over their everyday lives.
18 In general, smaller settings provide people with more
19 autonomy and beneficiary preferences and satisfaction
20 surveys report these settings are preferred, and they are
21 the settings, of course, that MFP is focused on.

22 So we also talked with a lot of stakeholders who

1 noted to us that people who were residing in institutions
2 can quickly lose access to their prior community residence,
3 and so transitions back to the community require a
4 significant investment of resources.

5 For example, a transition of services provided
6 under MFP or other options can include having a housing
7 coordinator who helps identify resident's options, provides
8 lease assistance, also ranging from home modifications and
9 the purchase of home goods like kitchenware and bed linens.

10 MFP is one tool that's available to transition
11 beneficiaries. States can and do build transition services
12 into other HCBS programs, such as waivers. These options
13 do not have the restrictions that are in place under MFP in
14 terms of the settings. So they are available but not
15 incentivized in the way that MFP is for small settings.

16 So, in outlining the rationale for this policy
17 option, the Commission could in its report describe the
18 advantage of the criteria and focusing on small and highly
19 integrated community settings, again, could emphasize that
20 other Medicaid authorities can be used to transition
21 beneficiaries without restrictions but aren't rewarded with
22 the additional funds provided under MFP.

1 The report could also discuss how MFP could
2 incentivize states to shift their HCBS programs towards
3 smaller residences, and it could also outline some of the
4 disadvantages of this option, which is primarily that the
5 pool of eligible settings is limited, and states have to
6 administer two standards for HCBS settings.

7 In terms of implications, because this is the
8 current status quo, we really don't predict an effect on
9 spending or changes in administration. We'd expect similar
10 numbers of transitions to continue and that beneficiary
11 residences will continue to be limited to the settings
12 under the current criteria, which again seem to be
13 congruent with some of the satisfaction surveys and
14 beneficiary preferences that we outline in the report.
15 This would, of course, have no direct effect on plans and
16 providers since it is the status quo.

17 Next, I'll move on to the second option which is
18 to align the MFP criteria with the HCBS settings rule. As
19 we've discussed in prior months, the settings rule
20 establishes a threshold for all HCBS settings, both
21 residential and nonresidential.

22 The intent of the rule is to ensure that HCBS

1 settings are different from institutions, and settings with
2 characteristics that isolate beneficiaries from the broader
3 community of people who don't receive HCBS will be
4 ineligible for Medicaid HCBS payment after March of 2023
5 unless those characteristics are sufficiently mitigated.

6 So, in our interviews, we talked to a number of
7 states, several of which predicted that they would be able
8 to make more MFP transitions if the requirements were
9 aligned, and this primarily revolved around larger
10 congregate settings, those with more than four unrelated
11 persons as well as expanded options for assisted living
12 with some of the requirements around things like having a
13 full kitchen being removed.

14 Some interviewees said that any setting that
15 meets the needs of an individual's person-centered plan
16 should be permitted, and some stakeholders also said that
17 having a single definition of HCBS would avoid confusion
18 and operational challenges.

19 The Commission could make this recommendation
20 that the MFP qualified residence criteria be aligned with
21 this settings rule. Again, this could open up more
22 settings to HCBS transitions, like larger congregate

1 settings, as long as they meet the requirements of the rule
2 and removing those restrictions that can prevent some
3 transitions to assisted living.

4 The disadvantage of this option is that it
5 removes MFP's focus on the smaller settings that have some
6 of the greatest opportunities for autonomy.

7 In terms of the implications, first, for federal
8 spending, we did consult with our colleagues at the
9 Congressional Budget Office and thank them for their time.
10 It was their assessment that this could change the timing
11 of federal spending but that over a 10-year budget window,
12 the effect would net to zero.

13 This could also be easier for states to
14 administer. One of the states that we spoke with talked
15 about having a common definition among stakeholders,
16 including assessors and managed care plans would be
17 beneficial and allow their operational processes to be the
18 same.

19 The implications on beneficiaries are that there
20 could be more transitions, and then we wouldn't expect a
21 direct effect on plans and providers. It's hard to say
22 really how many transitions would go to new providers since

1 they may have already received transitions but not with the
2 enhanced MFP funding in the past.

3 In terms of next steps, today you can all decide
4 whether or not you'd like to make a recommendation, and
5 either way, I'd be back with a presentation of a draft
6 chapter in January. And if you do decide to make a
7 recommendation, there would be a formal vote at that time,
8 and then the expectation would be that we would be
9 publishing the chapter in the March report to Congress.

10 With that, I'll turn it back to the chair.

11 CHAIR BELLA: Thank you, Kristal. I appreciate
12 you laying that out so clearly.

13 I'll turn to Commissioners for comments. We have
14 a pretty clear question in front of us. So, if you could
15 frame your remarks, recommendation, and know what you're
16 thinking, that would be helpful.

17 Martha?

18 COMMISSIONER CARTER: Thank you for laying out
19 those policy options.

20 My default tends to be the option that best suits
21 the individual. So embedded in that is that there has to
22 be a good system for individualized care plans.

1 Unfortunately, though, it's unclear to me of the
2 various recommendations, then, which is best because what's
3 really best is what's best for the individual. So I think
4 I'm in line with laying out the pros and cons of each
5 option and stressing how important it is that the care is
6 individualized.

7 CHAIR BELLA: Thank you, Martha.

8 Darin? And then, Dennis, I'm going to go to you
9 after Darin, if that works.

10 COMMISSIONER GORDON: Yeah. I'm leaning toward
11 Option 2 for some of the feedback that you hear from
12 stakeholders and some states about aligning that criteria
13 because my sense -- and by all means, correct me if I'm
14 wrong, Kristal, but allowing that alignment doesn't
15 necessarily -- you know, the way that I know the process
16 works at least in a few states doesn't mean the member
17 doesn't have a choice. It just creates more options or
18 choices for which to offer a member that's in a transition
19 from an institutional setting. So because of that, I do
20 believe offering more choices, the alignment, the potential
21 for more people to be assisted with MFP, I'm aligned more
22 with the Option 2.

1 CHAIR BELLA: Thank you, Darin.

2 Dennis?

3 COMMISSIONER HEAPHY: Yeah. I am really opposed
4 to Option 2, and there are a number of reasons. One is
5 it's important that we not water down Olmstead. We need to
6 avoid medicalizing Olmstead using terms like care goals or
7 treatment and really go back to the fundamentals of
8 Olmstead, which were based in Plessy v. Ferguson, separate
9 but equal is not equal, and all of a sudden, it comes to
10 result -- it came to result in a lawsuit in which people
11 with disabilities were deprived of the right to receive
12 service, the most integrated services, at least in the most
13 integrated settings. This really reduced what all of this
14 about to like a medical model.

15 I think it's on page 16 and 17 of the memo, and
16 it says, as noted above, individuals living in their own
17 homes or family home have the greatest community living in
18 choice and outcomes across HCBS settings. Group homes with
19 fewer residents offer more economy community integration,
20 and assisted living facilities vary significantly -- create
21 a standard to ensure that beneficiaries have privacy and
22 choice, but that control -- if the control is within the

1 living facilities themselves and not with the individual.

2 So it would really be -- and my personal opinion
3 is we'd be flipping Olmstead and giving the power over to
4 the living facilities and to the medical system as opposed
5 to really doing what's supposed to be doing, which is
6 really providing control and putting that in the hands of
7 the folks with disabilities who this is meant for.

8 CHAIR BELLA: Thank you, Dennis.

9 Martha?

10 COMMISSIONER CARTER: Can we see the policy
11 options?

12 CHAIR BELLA: Yeah. Can we go to show the policy
13 options on the slides, please? So can you to go Policy
14 Option 1, please?

15 DR. VARDAMAN: Sure.

16 CHAIR BELLA: Thank you.

17 So it's basically maintain --

18 COMMISSIONER HEAPHY: Correct.

19 CHAIR BELLA: -- align, or again, we don't have
20 to make a recommendation. So, Martha, does that answer
21 your question?

22 [No response.]

1 CHAIR BELLA: Okay. I feel like in trying to
2 find the slides, I missed someone's hand. If you would
3 like to speak, can you raise your hand again?

4 Heidi.

5 COMMISSIONER ALLEN: So, as the conversation last
6 month and this follow-up has been really helpful, I want to
7 thank the staff for that.

8 In the briefing materials on Option 1, it says,
9 as we discussed in October, Money Follows the Person
10 transitions have declined in recent years during
11 uncertainty and Money Follows the Person program funding.
12 Can somebody remind me why the program funding is
13 uncertain? If we were to pick Policy Option 1, would that
14 uncertainty grow? Would it stay the same? Would we expect
15 to continue to see a decline in the use of the program, or
16 would we expect it to stay about the same?

17 CHAIR BELLA: Kristal, can you take that?

18 DR. VARDAMAN: Sure. So MFP has been funded in a
19 number of pieces of legislation, and it's usually for a
20 certain period of time. There was a time where the last
21 authorized year was fiscal year 2016, but states have,
22 under the DRA, four additional fiscal years to spend those

1 funds, and so, based on that timeline, the expiration of
2 the funding was to come essentially around the end of 2018,
3 states were supposed to have stopped transitioning
4 beneficiaries.

5 But Congress has since then extended first with
6 short-term funding. So there were times, there were only a
7 couple of months of additional funding that was extended,
8 and then enough funding to take the program through fiscal
9 year 2023 -- during that time, some of these short-term
10 extensions -- and now having it reauthorized through 2023,
11 but again with perhaps a couple additional years to use
12 those funds, during that time, there's been this
13 uncertainty because it wasn't clear sort of at each point
14 for how long MFP was going to be extended or whether it was
15 going to be extended with new funding.

16 So, because of that, when we talk to states, they
17 mention that it's hard to maintain transition coordinators
18 when the funding is running out and they weren't sure
19 whether Congress was going to grant new funding. So, at
20 that time, they may have lost staff to support transitions,
21 and again, they were expected to wind down transitions for
22 the time when it wasn't clear that MFP was going to be

1 extended.

2 COMMISSIONER ALLEN: So just a follow-up
3 question, then. If we were to support aligning these two
4 criteria, would that produce more consistency? What I'm
5 trying to understand is if it isn't aligned and there's
6 concern about funding mechanisms and you're working for
7 somebody to get them transitioned, you may have to put a
8 pause on that until you're more certain of the funding;
9 whereas, if it's aligned, couldn't you use the other
10 funding to continue to move forward? Does my question make
11 sense at all? I'm just trying to kind of understand
12 whether or not it would create a more steady stream of
13 people moving into community settings if they were aligned,
14 even if the funding for the specific program was less
15 secure.

16 DR. VARDAMAN: So the MFP program, it is
17 authorized for a certain pot of funds, and so, as we
18 discussed in terms of our discussions with CBO, overall, it
19 wouldn't have an effect on funding at all because it is
20 authorized for a specific pot of money.

21 It could mean that if states transition more
22 beneficiaries sooner, they could be drawing down their

1 awards of it faster, but overall, there is really a pool of
2 money that's available for MFP, so that wouldn't change.

3 I'm not sure if that answers your question. I
4 saw Anne's hand up. So I don't know if she wanted to jump
5 in too.

6 COMMISSIONER HEAPHY: This is Dennis. I'm sorry.

7 EXECUTIVE DIRECTOR SCHWARTZ: The extra amount of
8 money through MFP specifically to support transition is not
9 really affected by where you can transition to . The value
10 is adding those extra supports. That's a separate issue
11 and there's been a lot of effort to sustain the funding.
12 So that's not the issue. If MFP were to go away, I think
13 most states would consider that a loss, but they would
14 still be able to support people under HCBS settings rule if
15 they could figure out how to get someone out of an
16 institution and into another place. So those really are
17 sort of separate issues.

18 COMMISSIONER HEAPHY: I just wanted --

19 DR. VARDAMAN: I also noted earlier that states
20 do have options to transition people through waivers, and
21 so that wouldn't be affected by making changes to the
22 criteria for MFP.

1 CHAIR BELLA: Dennis and then --

2 COMMISSIONER HEAPHY: One other piece of
3 information -- I apologize -- and that is right now,
4 nationally, the disabled community is really pressing for
5 Build Back Better legislation to include MFP dollars
6 consistently, and so these are ways MFP is central to the
7 disability rights movement and something that's continually
8 being fought for, and so I would not want to be part of a
9 decision that would undermine or water it down what the
10 disability community is really struggling for right now,
11 legislatively and on all fronts. So I think to do this
12 would actually be contrary to what the disability community
13 is struggling for in terms of as a group fighting for its
14 civil rights.

15 CHAIR BELLA: Thank you, Dennis.

16 Toby, then Tricia.

17 COMMISSIONER DOUGLAS: So I'm extremely torn on
18 these policy options. We had a great discussion last time,
19 and, Dennis, I really appreciated your perspective and
20 again what you're saying. Still, I see both sides, and I
21 think your last point, I would say as Commissioners, we
22 have to take hard -- you have to balance all the policy

1 objectives and issues.

2 I would say we have to step back too, that there
3 are many other rules within Medicaid that govern and
4 protect around Olmstead, in addition to just Olmstead
5 itself, and one of the big intents here is for Money
6 Follows the Person to be successful and continue to
7 increase transitions, and I fear that with staying in the
8 same that we're going to end up without a program
9 altogether.

10 So I would support Policy Option 2, with one
11 change, though. I wonder, is there a way we can put some
12 type of evaluation, something to evaluate? Because we
13 don't know what we're talking about, hypothetical unknowns
14 of what could happen. Why don't we evaluate? States,
15 again, there are other protections, interests, as well as
16 the advocacy that could be working as buffers to prevent
17 some of these unintended consequences, and why not after
18 five years with sunset or evaluate? So that would be my
19 only tinkering.

20 CHAIR BELLA: Tricia? Thanks, Toby.

21 COMMISSIONER BROOKS: Yeah. So I think where
22 Toby is torn here between these two options, what would be

1 helpful or me to hear or hear again, if I missed it along
2 the way, as I understand it, if we were to align to the
3 HCBS settings that we would have more options for
4 beneficiaries, which always sounds like a good thing, and
5 alignment with other parts of how Medicaid works is always
6 a good thing.

7 My question is, who gets to decide where the
8 beneficiaries go? What voice do they have? Because if
9 they don't want to go into a slightly larger setting, do
10 they have the right to say, "No. I'm not going to do
11 that," or do states get to control this by potentially
12 reducing the other qualified settings and sticking with
13 what's in HCBS? Does that make sense as a question?

14 CHAIR BELLA: It does make sense as a question.

15 Kristal, do you want to make a comment?

16 DR. VARDAMAN: Sure. So I would say that the
17 current rules around Medicaid and HCBS keep beneficiary
18 choice at the center, particularly around the settings
19 rule, and as Dennis has brought up, Olmstead as well.

20 I'm just thinking about an example we heard that
21 was somewhat different, kind of in the other direction. We
22 asked states, what happens if someone -- what happens when

1 it's difficult to find a placement that qualifies under the
2 MFP settings rule? What happens with that person? Are
3 they at risk of staying an institution, or can a state find
4 another setting for them, just not through MFP? The
5 response was that, yes, that transition coordinators and
6 state would be helping someone find an alternative setting,
7 which may not qualify under MFP, and that even if perhaps
8 like a person chooses, they would prefer to have that
9 slightly larger setting, that that is a choice that they
10 have to make, and it would just be a matter of they
11 wouldn't have the enhanced services and funding under MFP,
12 but they always have the option to make that choice.

13 COMMISSIONER BROOKS: Thank you.

14 CHAIR BELLA: Dennis, do you want to make a
15 comment on that? Because I have to admit that's what -- I
16 mean, it does seem like at the end of the day, there is a
17 choice. Is the sentiment in the community that it's a
18 false choice, or how is that --

19 COMMISSIONER HEAPHY: Exactly right. That's
20 exactly what I was going to say. It's a false choice,
21 because if you limit the choices, then it becomes either
22 stay in a large institution or go to a setting that you

1 would prefer not to be in, but it's not as bad as being in
2 a large institution. So the choices are really there.

3 I guess what this as well will be perpetuated
4 inequities in where people go. Will we see certain
5 populations be in settings that are less than institutions,
6 large institutions, but still are institutionalized in
7 terms of people having to do things at the same time and
8 around meals, around going outside for -- and engaging in
9 the community? We can see reduced choice in those
10 settings, in fact, in certain populations or other
11 populations.

12 CHAIR BELLA: Kristal, based on everything you
13 heard, if we were to do Number 2, what problem are we
14 solving? I've lost sight of what problem we're solving.
15 There are important views for both of these things, but
16 it's unclear to me exactly why we would make a
17 recommendation if there are strong views on both sides and
18 if there's a massive problem that we're trying to solve
19 today by making a recommendation, which Number 2 I'm asking
20 about because that would be the one to recommend something
21 different than we're doing today.

22 DR. VARDAMAN: Right. So I would say based on

1 interviews that we did, particularly with states, there are
2 constraints on the settings that they can use to transition
3 beneficiaries into, and so I think the strongest arguments
4 that we heard was around -- you know, for some states,
5 their HCBS systems are already oriented towards group homes
6 and the congregate settings of a certain size. So I think
7 last time we spoke, I mentioned a state that said that
8 providers had found that five was the optimal size for
9 sustainability, and so there are states where they felt
10 like the constraints on the current settings didn't match
11 with the market that's available in their state, and so
12 this would allow transitions into those settings. I think
13 that that is the biggest implication for across what we
14 heard.

15 We heard mixed views, I think, from the
16 beneficiary perspective, with some feeling strongly that
17 the settings should remain the way they are under the
18 existing qualified residence criteria. There were some who
19 said that if these settings rule were enforced as strongly
20 as possible that they were comfortable with aligning the
21 criteria, but they had some reservations about how the rule
22 is being implemented. And there were others who felt like

1 there are settings that, again, as long as something needs
2 someone's person-centered plan, that is a true choice for
3 beneficiaries that it should be open to all settings under
4 the settings rule.

5 COMMISSIONER HEAPHY: If I could just add one
6 more piece, based on Massachusetts and other states. The
7 number one barrier to folks being in a setting of choice is
8 really affordable housing. The housing market is really
9 what stands in the way of folks getting access, and so the
10 issue is not necessarily MFP itself, but having a choice of
11 housing settings to go to. I just think that's important
12 to raise here.

13 CHAIR BELLA: Thank you, Dennis.

14 Can I just take the pulse of the group? I'm
15 going to ask for folks -- I need to ask folks, who wants to
16 make a recommendation? A show of hands, please.

17 Maybe I'm asking the wrong question. Who wants
18 to recommend Number 1?

19 Who wants to recommend Number 2?

20 Who is not sure if they want to make a
21 recommendation?

22 Okay. This is a new -- I don't think I've had

1 this opportunity as Chair where we're kind of almost
2 proportionately split among the three. When we have
3 situations like this, we are generally not trying to force
4 the will of the group towards a recommendation. So my
5 inclination is that we have some more work to do before we
6 could make a recommendation, and we could add to the debate
7 and perhaps take this back up if we wanted to, but for now,
8 we could fulfill our requirement by putting this
9 information out, by putting both of these options out, by
10 stating what we've heard, and by stating what those
11 tradeoffs are. There's where I feel like we are, but does
12 anyone strongly oppose that path for moving forward?

13 Laura.

14 COMMISSIONER HERRERA SCOTT: I'm not opposed, but
15 to Martha's point early on, getting more information as to
16 -- so we have comparison.

17 I would also say with COVID-19 ongoing and the
18 challenges the congregate settings have created, is the
19 timing the right time, given that we're still addressing
20 COVID?

21 CHAIR BELLA: Thank you.

22 Brian? Brian, you're on mute.

1 COMMISSIONER BURWELL: I think that when we were
2 directed by Congress to conduct the study or to evaluate
3 this policy option, I think it was done partly because they
4 thought MACPAC would be a better decision-maker on this
5 sensitive issue than Congress itself or some other entity.

6 I think if we write a report back to Congress
7 that doesn't come with a recommendation, it will be
8 deferring this decision to some other entity other than
9 ourselves. So I feel somehow, we won't fulfill the mission
10 if we don't make a recommendation.

11 CHAIR BELLA: I'll just remind us, Congress is
12 not shy about telling us to make recommendations when they
13 want recommendations. So that is in the back of my mind
14 too. I appreciate that point, Brian.

15 I'm going to actually go to the public. Martha,
16 we can come back to you. I want to see if there's any
17 public comment that we want to hear. So if we could see if
18 there's anyone in the public that would like to speak,
19 please raise your hand thing. We will call on you and
20 reminder to folks that we have a three-minute limit on
21 comments please.

22 **### PUBLIC COMMENT**

1 * [No response.]

2 MS. HUGHES: No hands at this time, Melanie

3 CHAIR BELLA: Okay. Martha, over to you, please.

4 COMMISSIONER CARTER: I've been mulling over
5 Dennis' comment on housing and also, of course, workforce
6 and wondering how these bigger issues that are not directly
7 Medicaid are tied into this question that we have before us
8 and whether either of these options would somehow help
9 those external situations. Would aligning the criteria
10 improve because there may be more funding available? Would
11 that improve housing options? Would it improve the
12 workforce lack that we have, or is there anything else that
13 we can -- I'm sort of broadening the pot here. Because
14 it's not just alignment of policy, there's a lot more that
15 goes into making sure that somebody is in the optimum
16 housing situation.

17 Do we have any levers? Are any of our potential
18 recommendations going to help that situation?

19 CHAIR BELLA: Anne, I'll let you speak to that.

20 I think, Martha, we have a very specific thing
21 that we're trying to do here, and what you're suggesting is
22 very important but a lot broader. We need to fulfill this

1 piece, and it doesn't mean we can't make more pieces as
2 part of our other HCBS and community-based work, but, Anne,
3 I'll let you comment.

4 EXECUTIVE DIRECTOR SCHWARTZ: Well, I think I
5 agree with both of you. Martha has raised the workforce,
6 and Dennis raised the issues around affordable housing, and
7 then I think that it could be in this report, a mention
8 that MFP transitions are, in part, a function of the
9 capacity of the system independent of the MFP program
10 itself. So we could mention those things without
11 attempting to solve for those things as part of this
12 report.

13 DR. VARDAMAN: And I'll just jump in to mention
14 that when we talked to stakeholders, we did ask them about
15 broader challenges to the MFP program, and those were the
16 two things that came up time and time again, workforce and
17 housing, which is reinforced by really all the work we've
18 done on HCBS recently. So we would have comments to speak
19 to from our stakeholder interviews about those issues.

20 EXECUTIVE DIRECTOR SCHWARTZ: Melanie had to step
21 away. So, Brian, why don't you go ahead.

22 COMMISSIONER BURWELL: So I've been very quiet

1 today about this decision because I come at this from a
2 somewhat different direction in that I am supportive of
3 Option 2 in the context of much broader HCBS system reform.

4 I believe that the MFP program is and was
5 intended as a demonstration to focus resources and
6 attention on persons who were in institutional facilities
7 and do not have an opportunity to transition to the
8 community for a variety of reasons, but I think states
9 under MFP have learned how to develop the infrastructure
10 needed to identify persons and institutions who would
11 rather live in the community, setting up housing situations
12 and support situations where they can be supported in the
13 community. And I think it has been a successful program.

14 I now personally believe that having accomplished
15 its objective, the MFP program should dwindle and fade away
16 and just be mainstreamed into the HCBS system. I think one
17 of the reasons why people were not being transitioned
18 previously was the lack of resources, also a lack of
19 capacity of states to have the infrastructure to do that,
20 but with the ARPA funding, with the Build Back Better
21 resources that may follow, I think there are both the
22 resources and the expertise for people to continue to focus

1 on this on persons in institutions.

2 From reading the HCBS bedding plans that they're
3 still -- many of the state initiatives do still focus on
4 transitioning people in settings, in appropriate settings
5 out of those settings, whether they're mental health
6 settings, settings for elder persons or settings for
7 persons with other types of disabilities. So I believe the
8 settings rule was a set of rules to define what it means to
9 be in a community setting, and that those rules were vetted
10 extensively with a broad number of stakeholders. They may
11 not be perfect. They may allow for settings that are not
12 appropriate for some people, but I think those are the
13 rules we have, and we should live by those rules.

14 We can change those rules if we don't think
15 they're appropriate.

16 CHAIR BELLA: Brian, I'm going to stop you there.
17 Thank you.

18 COMMISSIONER BURWELL: All right.

19 CHAIR BELLA: We just need to keep moving.

20 The issue at hand is whether we're making a
21 recommendation and what we're putting forward on our MFP
22 task by Congress.

1 I'm going to ask again. Is there consensus to
2 support Recommendation Number 1? Please give me a show of
3 hands if you want Recommendation Number 1.

4 COMMISSIONER HEAPHY: I do.

5 CHAIR BELLA: Show of hands for Recommendation
6 Number 2, and show of hands for no recommendation.

7 Okay. We are in the same spot. I would like to
8 suggest that we -- we need to bring this to closure. It
9 does not mean that we can't talk about the settings rule.
10 It does not mean we can't continue to talk about MFP. It
11 does not mean we're not going to be very involved in issues
12 about making sure people have choice and can be in the
13 community, but for this specific assignment, we need to
14 bring it to closure. So I am again recommending that to
15 bring it to closure, we move forward putting out all of the
16 information we have gleaned, indicating what possible
17 options we deliberated, that we didn't choose one, but that
18 these are the considerations.

19 And if Congress would like us to come back and
20 make a decision of a recommendation, they also have the
21 liberty to ask us to do that. But does anyone have
22 concerns with that approach?

1 COMMISSIONER HEAPHY: Melanie, I'm wondering if
2 it's also possible in the recommendation that we would like
3 to look at another way to approach this issue, so that
4 we're not done with it yet, but that we want to explore
5 other ways of examining MFP within a larger context of
6 deinstitutionalization.

7 CHAIR BELLA: I think we certainly can talk about
8 that in the chapter. Thank you.

9 COMMISSIONER HEAPHY: I just wonder if Kristal
10 thinks that that's something.

11 CHAIR BELLA: I'm going to say that we're not
12 going to try to put another recommendation on the table
13 right now.

14 COMMISSIONER HEAPHY: Okay.

15 CHAIR BELLA: But it certainly is something that
16 we can mention in the chapter as part of what came up.

17 Heidi for the last comment, and then I'm going to
18 wrap this up.

19 COMMISSIONER ALLEN: I was just going to say if
20 asked to choose between Policy Option 1 and Policy Option
21 2, I pick Policy Option 1, but I'm totally fine with what
22 you described as Policy Option 3, which is just producing

1 the chapter and talking about the nuances of issues.

2 CHAIR BELLA: Okay. And I don't want people to
3 feel like it's just a cop-out. We've talked about this
4 several times, though, and we're in pretty different
5 places, and so we can always come back to this work, but we
6 do need to fulfill this specific piece.

7 Kristal, do you have any last comments or
8 questions for us?

9 DR. VARDAMAN: No. That was a really helpful
10 discussion, and we will definitely take it into
11 consideration as we try to present both the advantages and
12 disadvantages of maintaining the existing criteria in the
13 chapter so that people understand both sides. Thanks.

14 CHAIR BELLA: Okay. And we will have a chance to
15 look at that chapter as well, which will be helpful.

16 Absent any other comments from Commissioners,
17 we're going to wrap up this session. We've already asked
18 for public comment. We're going to come back at one
19 o'clock. So I would ask everyone to please return promptly
20 at 1:00 p.m., and we'll see you then. Thank you.

21 * [Whereupon, at 12:07 p.m., the meeting was
22 recessed for lunch, to reconvene at 1:00 p.m. this same

1 day.]

2

3

AFTERNOON SESSION

4

[1:01 p.m.]

5

VICE CHAIR DAVIS: Let's get started. Hi,

6

everyone. Thanks. Welcome back, everybody, from lunch.

7

We'll get started with our afternoon session here. We have

8

a great panel of folks who are going to be joining us, and

9

this is continuing our conversation on access monitoring.

10

The Commission will remember that we've been

11

taking multiple bites at this apple. We had a panel in

12

September and then again in October, and today we'll be

13

focusing on design implications and hearing from state

14

considerations in that process.

15

We have four panelists with us today. We will

16

have questions for the panelists, and then we'll have some

17

time after that just for the Commissioners. Just a

18

reminder, we will have some more time tomorrow to talk

19

additionally about access monitoring, bringing it into the

20

conversation that we've had earlier in the year.

21

So, with that, I will turn it over to Linn to

22

introduce our panelists and get us started.

1 [No response.]

2 VICE CHAIR DAVIS: Linn, you're on mute. We
3 can't hear you.

4 **### PANEL DISCUSSION: DESIGNING AND IMPLEMENTING AN**
5 **APPROACH FOR MONITORING ACCESS TO CARE AMONG**
6 **MEDICAID BENEFICIARIES**

7 * MX. JENNINGS: Thank you.

8 Good afternoon, Commissioners. This cycle we've
9 been focusing on the current approach to monitoring access
10 and considerations for designing and implementing a new
11 access monitoring system.

12 In September, staff presented background on the
13 current access monitoring systems in Medicaid, and in
14 October, we focused on the data available to monitor
15 access, and an expert panel discussed the data gaps and
16 limitations and approaches to addressing these gaps.

17 Today we'll focus on the challenges with the
18 current access monitoring system and the design and
19 implementation considerations for a new system based on
20 funding from stakeholder interviews, with states, CMS,
21 plans, providers, beneficiary advocates, and experts.
22 We'll also hear from another expert panel, and they'll

1 provide additional insight on considerations for designing
2 and implementing a new system.

3 Jim, if you could just switch to the next slide.

4 Thank you.

5 So, to begin, I'll give an overview of the
6 challenges with the current access monitoring system.

7 If I can get these slides -- sorry about that.

8 Great.

9 So, to begin, I'll give an overview of the
10 challenges with the current access monitoring system.

11 These challenges have been discussed in prior MACPAC work
12 as well as in comments on the current rules on access
13 monitoring and in our stakeholder interviews.

14 One of the key challenges with the current system
15 is that the requirements differ by delivery systems. There
16 are two rules for monitoring access, one for monitoring
17 access under fee-for-service and one for ensuring provider
18 network adequacy under managed care. Both rules were
19 designed to provide states and plans with the flexibility
20 to design adequate access and to design measures to assess
21 access rather than providing states and plans with
22 standardized measures. This has also led to inconsistent

1 measure development, and by having two separate rules with
2 different requirements and built-in flexibility, the
3 measures don't align and aren't comparable across states in
4 delivery systems.

5 Additionally, as discussed in October, there are
6 many gaps and limitations with the existing access data,
7 and states measure access based on their states' data
8 availability and their priorities. This has led to a
9 limited amount of actionable information on access measures
10 of key importance to the programs and to beneficiaries.

11 Next slide. In our interviews, stakeholders
12 discussed the roles and responsibilities of CMS, states,
13 and plans in the design and implementation of a new
14 monitoring access system in order to address some of the
15 challenges with the existing system.

16 If we could just go one slide back to follow
17 along. In designing a new system, interviewees generally
18 agreed that CMS should take a primary role in designing the
19 goals, requirements, and access measures for a new access
20 monitoring system, but they should also solicit input from
21 states and plans to design a system that's meaningful for
22 them and to secure their support.

1 In collecting and analyzing of data, there was
2 consensus that states should collect state-level access
3 data focusing on existing data collection methods and
4 measures that can be collected consistently across states.
5 However, there was less agreement regarding who should be
6 responsible for calculating and analyzing these measures,
7 and states and experts noted that if states were to take
8 the lead, they would need additional analytical and
9 financial support.

10 In establishing benchmarks, the majority
11 supported CMS establishing them, given that they would be
12 useful for making comparisons across states and delivery
13 systems, but there was less agreement over how they should
14 be set, and some suggested CMS could calculate baseline
15 measures over a multiyear period to provide a range of
16 state-level results to determine reasonable and meaningful
17 benchmarks for improved access over time.

18 A number of stakeholders also suggested that
19 oversight mechanisms should be strengthened and that
20 changes in the statute or regulation would be needed for
21 enhanced enforcement. Stakeholders raised potential
22 incentives for states to meet minimum requirements such as

1 public reporting, state rankings, and matching funds or
2 loss of funding. Also, in our interviews, stakeholders
3 supported having a safe implementation of a new access
4 monitoring system to provide states and plans with ample
5 time to establish processes and to collect and analyze
6 data.

7 Now I am excited to introduce our four panelists,
8 and I'll briefly introduce each panelist, and you also have
9 their full bios in your materials. Each panelist will have
10 seven minutes to talk to the Commission about their
11 considerations for designing and implementing a new
12 monitoring system, and after the panelists present, the
13 Commission will have time to ask them questions. There
14 were also be additional time after the panelists leave for
15 the Commissioners to discuss these considerations and the
16 roles of CMS, states, and plans in the design and
17 implementation of a new access monitoring system.

18 First, we'll hear from Karen LLanos, director of
19 the Medicaid Innovation Accelerator Program at the Center
20 for Medicaid and CHIP Services at CMS. Then we will hear
21 from Elizabeth Lukanen, deputy director at the State Health
22 Access Data Assistance Center, SHADAC, at the University of

1 Minnesota. Then we'll hear from Abby Coursolle, a senior
2 attorney at the National Health Law Program in the Los
3 Angeles office; and finally, you'll hear from Jennifer
4 McGuigan Babcock, senior vice president for Medicaid
5 Policy, ACAP.

6 Thank you all so much for being here. First,
7 I'll hand it over to Karen Llanos.

8 * MS. LLANOS: Sure. Thank you, and good
9 afternoon.

10 I am really excited to talk to you all about some
11 of our lessons learned and to share with you the work that
12 we're undertaking. When I was first talking to MACPAC
13 staff about this panel, I said, well, I can talk about my
14 trouble with measuring access but not the approach because
15 we haven't gotten there yet. In fact, we probably learned
16 more about what isn't meaningful along with the types of
17 data that we'd love to have but don't currently have, but
18 that's a discovery in itself as well. So I'm sure many of
19 you can appreciate that.

20 Before I delve into some of our work related to
21 measuring access or using metrics to look at access, I
22 wanted to take a few minutes just to talk about our center

1 and our agency's broader access goals and work because I
2 think it frames things really well, and all of the findings
3 that Linn just mentioned really resonates because it is
4 things that we're thinking about.

5 Our overarching goal is that all eligible
6 individuals can enroll and retain coverage through Medicaid
7 and CHIP and that beneficiaries have access to high-quality
8 health care services with a greater emphasis on health
9 equity and improved health outcomes, and the way that we
10 want to do that is by really improving equitable access for
11 Medicaid and CHIP beneficiaries across all of our payment
12 systems. So fee-for-service, managed care, as well as an
13 HCBS service, community-based service programs, through the
14 development, implementation of a comprehensive Medicaid and
15 CHIP access strategy.

16 Since access covers so many assets of our work,
17 we have the great opportunity to build off some of our
18 previous activities, including work on our fee-for-service
19 payment rule, which addressed access in some limited ways,
20 our recent managed care regulations, and certainly all of
21 the investments and progress that have occurred by states
22 and CMS related to standardized data and measurement over

1 the last 10 years because that certainly plays a really big
2 role.

3 I am batting away my kitten who is very excited
4 about being on the call today.

5 The vision for our comprehensive access strategy
6 is more robust probably than what we've used in the past
7 when we think about access. So, when we think about three
8 different domains in the elements for our comprehensive
9 access strategy, we think about how someone gets on to
10 health care, so access to coverage. Once they're on, we
11 look at access to services -- and that has a bunch of
12 different corresponding domains as well -- and then also
13 maintaining coverage because if we don't have someone in
14 all access, a focus on access across all of these domains,
15 then we don't really have true access. We have a little
16 piece of that perspective, but we want to make sure that
17 we're capturing access through our strategy and our
18 activities in a way that really corresponds to how folks
19 get on to coverage, get to services, and maintain coverage
20 and all of the access barriers and challenges that are
21 associated with that.

22 Within each of these domains, we know that as we

1 start thinking through and assessing what the current
2 regulations are and where we want to go, we know that there
3 is a need to focus on, most likely, accompanying
4 regulatory, monitoring, or compliance actions, which sounds
5 very relevant to what MACPAC has found, in order to ensure
6 that health care access is achieved and maintained.

7 Within that access to services domain that I just
8 mentioned, I will say it's pretty complicated. The way
9 that we're thinking about this is to really leverage the
10 Urban Institute's Medicaid access and measurement
11 monitoring plan framework. That does a really nice job of
12 thinking about access to services in ways that are
13 important and meaningful and impactful. So they look at
14 potential access. So that is provider availability and
15 accessibility, which is tricky from a CMS perspective
16 because we don't necessarily have all of those data
17 available. They look at realized access, which is
18 beneficiary utilization. There, we tend to have a little
19 bit more metrics than data through the COVID-19 data and
20 related foregone payer datasets, through our traditional
21 quality measurement core set work, and then finally
22 perceived access, beneficiaries' perspective and

1 experiences. And that feels like it gets really impactful
2 and meaningful, and certainly, we have tools like consumer
3 patient experience surveys, HCBS CAHPS surveys, and those
4 types of things that can help us get to that type of
5 perspective a little bit more than before. So, when we
6 think about access to services, that's what we mean, and
7 that's where we intend to really kind of delve down into
8 that.

9 So that's the high level of our approach to
10 developing a comprehensive access strategy. It sounds
11 super simple, but where do we begin to tackle a really
12 large and complex topic like this and do it in a way that
13 is truly comprehensive?

14 We've recently developed an RFI that will be
15 released on Medicaid.gov mid to late January, and in the
16 RFI, we ask questions related to that broader access
17 strategy, so the access to coverages, access to services,
18 maintaining coverage. In the RFI, we don't specifically
19 ask about how to measure access, but rather, we ask about
20 the data needs and the support that can aid states and CMS
21 in assessing access. And we really wanted to make sure
22 that we were capturing a broad range of questions, and when

1 it gets to asking about specific measures, that doesn't
2 always have the best outcomes in an RFI. So we have other
3 avenues to do that.

4 In addition to the RFI, we'll be working on other
5 activities to get a better beneficiary -- a sense of
6 beneficiary perspectives and barriers to access because,
7 again, it's a little bit one of those topics. It's a
8 little bit harder to get through an RFI.

9 The last thing I wanted to cover that I think is
10 particularly relevant for your conversations today is
11 another short-term activity, and that is our work on an
12 access data brief. At CMCS, we wanted to see what we could
13 say about an aspect of access with the data we currently
14 have. This access brief is not meant to be an access
15 measurement set. We really want to see what's the story
16 that we can tell through the data that we have and think of
17 and using that to help us understand what additional data
18 do we need. Is this helpful in terms of a message?

19 We had been working with NAMD Scorecard Advisory
20 Group, which is a group of state stakeholders that have
21 been incredibly helpful to CMCS on measurement-related
22 discussions about the scorecard. They really focus on

1 impactful, meaningful measurement, and that's exactly the
2 type of feedback that is going to be really relevant here.

3 So, first, in terms of starting, we pulled a
4 range of measures that looked at utilization in different
5 ways, patient experience service data, looked at quality
6 measures such as avoidable hospitalizations as a potential
7 marker for access to primary care, and the initial feedback
8 was you're trying to cover too many aspects of access.
9 Focus on a population or a clinical topic where we know
10 access issues are present and to see where those benchmarks
11 are. Start there, which is not an easy task either.

12 So we've taken that information, and we've been
13 revising it. Most recently, I led an access breakout
14 session for NAMD with states and proposed this is what
15 we're thinking about in terms of this access brief, again,
16 to get a broader sense from our state partners in terms of
17 measuring access, and this is, I think, really good
18 feedback that can serve all of our work in this aspect.

19 The most important aspect or indicator of access
20 that state groups said was true provider availability, not
21 what's on paper but real wait times. Certainly, we've all
22 heard states that had been using EQRO's EQRs, the secret

1 shoppers. One state noted that they have a full-time
2 employee whose only job is to call providers to assess
3 their true wait times, and we also know that states are
4 struggling with accurate provider directories. And that
5 certainly speaks to that piece of access to care, that
6 potential access to services that I referenced a little bit
7 earlier. That feels, based on some of the feedback that
8 we've gotten so far, as the really meaningful pieces of
9 data and measurement that can talk about access.

10 In addition to that, I probed a little further
11 and said, "Well, what about all of these review centers
12 that we have? Can we use that? How is that meaningful?"
13 Certainly, we can use it, and again, this is limited
14 feedback that we've gotten. But some of the feedback was
15 the more traditional quality measurement, as we all know,
16 is point in time, and those measures tend to be limited
17 when it comes to being actionable on things related to
18 access. They wanted us to focus more on outcomes measures,
19 which are few and far between but not completely
20 unavailable. They, again, reemphasized true wait times as
21 being a really helpful indicator, and then they also raised
22 the issue of data that needs -- availability of data

1 stratified by race, ethnicity, urban/rural, gender, et
2 cetera, as being able to add that other layer that can
3 potentially provide an additional perspective into access.

4 The final thing that I'll share is that we've
5 seen so much about how telehealth has impacted health care
6 access during the PHE. Some of the states shared that
7 telehealth data, while really helpful, they may not be
8 completely accurate. Some of our state partners are
9 finding that the providers are not billing correctly. So
10 the numbers of their telehealth data might not be the best
11 way to look at improved access.

12 The last point I want to underscore is when it
13 comes to access, measurement is truly helpful if it gets to
14 the most meaningful measures and the most meaningful
15 issues, and that's certainly something that I'm sure
16 everyone would agree with. And those tend to be mainly
17 around beneficiaries' experiences with accessing care; for
18 example, getting and maintaining access to health care,
19 being able to see a doctor and certainly your experiences
20 while in that doctor's office.

21 That gives a little bit of glimpse into what we
22 are hearing and what we're struggling with and our

1 challenges, and I want to thank you for the opportunity to
2 share how we're approaching this big, complex, and very
3 important topic of access.

4 MX. JENNINGS: Thank you so much, and now I'll
5 hand it over to Elizabeth Lukanen.

6 * MS. LUKANEN: Thanks, Linn. I just want to thank
7 the Commission for the invitation to participate in this
8 discussion.

9 I'm going to talk about consideration and
10 challenges that states might face in implementing an access
11 monitoring plan, and the topics I'm going to cover today
12 are based on SHADAC's experience providing technical
13 assistance to states, which gives us a unique view into the
14 day-to-day issues and barriers that states encounter
15 related to those issues. However, I want to stress I can't
16 speak on behalf of all states. As you know well, every
17 state is unique. They vary tremendously in their capacity
18 to collect and process data, how they prioritize
19 populations and even in the language that they use to
20 discuss their goals.

21 As an example, we know that some states have
22 entire departments dedicated to Medicaid data reporting and

1 analytics, and some have single employees responsible for
2 it all. So any plan will need to be intentional about that
3 state variation.

4 I'm going to present five points for your
5 consideration today, each of which are guided by the same
6 principle that any monitoring plan should seek to minimize
7 burden on state agencies.

8 First, this is a simple one, but I think
9 important, considering iterative approach. No measurement
10 plan will meet everyone's perfect vision, but we cannot
11 continue to let the perfect be the enemy of the good if
12 we're going to move this monitoring effort from concept to
13 reality. I would recommend a phased approach, one that
14 starts with a limited number of measures and expands over
15 time. This will require difficult tradeoffs regarding
16 priorities, but I think these tradeoffs are worth it if the
17 first iteration is achievable for a wide range of states.
18 As the plan develops and more complicated measurement
19 concepts are added, it should engage leading states by
20 including them in conversations about the additional
21 measures added and incentivizing them to participate in
22 pilots that test the collection and analysis of data so

1 that they can share concrete implementation lessons with
2 other states.

3 Second, and this has been mentioned many times,
4 start by using existing data but also to support states to
5 improve those data. At the last Commission meeting, MACPAC
6 heard from an excellent panel on data availability. There
7 are existing data streams to draw on, and while none are
8 perfect, a successful plan should first focus on improving
9 those. One tangible way to improve states' existing data
10 is to support data disaggregation efforts. There's a
11 renewed focus and energy to promote equity within Medicaid
12 and calls from stakeholders to cede data about important
13 groups of interest. This includes an interest in better
14 data by race, ethnicity, sexual orientation, gender
15 identity, disability, geography, just to name a few.
16 Improving existing data streams to better support
17 disaggregation is a good investment and one that will meet
18 multiple demands.

19 As an example, T-MSIS will likely play a role in
20 monitoring service use, but there are concerns regarding
21 the existing quality and completeness of the race,
22 ethnicity data. We have worked with several states who are

1 trying to improve the collection of their race, ethnicity
2 data in Medicaid. They're doing things like modifying
3 question wording and expanding response options to better
4 represent the populations they serve. They're making
5 technical changes to better capture the data as well as
6 modifying instructional language and even scripts for
7 enrollment assisters to make them stronger partners in data
8 collection, and they're doing all of this with community
9 input.

10 But they continue to face challenges in this
11 work. For example, current OMB standards for demographics
12 are dated. They don't align with the most current
13 research. In addition, rules for collecting race,
14 ethnicity data are not uniform across federal programs. A
15 new access monitoring effort could serve as further impetus
16 for federal agencies to revise the guidance on race,
17 ethnicity, and for states to take action to improve
18 existing data collection to address this critical gap.

19 Third, states need both funding and direct
20 technical assistance to support this work. This needs to
21 go beyond documentation and uniform measure specification.
22 To do this well, states should have access to experts who

1 can provide practical hands-on advice that's responsive to
2 their specific needs. The type of assistance needed will
3 vary. I can envision states with sophisticated analytic
4 teams seeking out advice on how to improve the collection
5 of underlying data, like I just discussed, or asking for
6 sample code or help troubleshooting a particular coding
7 challenge, but other states may need more fundamental
8 support like just walking through the requirements to
9 assess staffing and training, setting priorities, help
10 developing contract amendments or writing RFPs. Based on
11 my work, I'd also recommend that any TA effort include a
12 form for states to discuss implementation challenges with
13 their peers. This seems pretty basic, but some of the most
14 impactful technical assistance I have provided, just
15 setting up a phone line so that states can communicate with
16 one another.

17 The funding associated with technical assistance
18 should also be flexible. It should support direct costs
19 like system modification but also things like stakeholder
20 engagement, which is critical both to iteration and
21 improvement of the monitoring plan and related data
22 collection but will also allow the results of this

1 monitoring to be shared in a meaningful way.

2 This effort could also be used to address what
3 many states often ask SHADOC for: people, people power,
4 staff, staff with the right expertise to actually do the
5 analytic work.

6 For example, I can envision a prestigious program
7 like the Presidential Management Fellows Program but one
8 that places new graduates in state governments. This would
9 bolster state analytic capacity and create a workforce that
10 better understands the challenges and opportunities within
11 state agencies.

12 Fourth, some areas of monitoring are just going
13 to be best addressed through federal data collection. I
14 think an access monitoring effort would benefit from a
15 periodic fielding of the 50 state Medicaid CAHPS survey
16 administered by the federal government. The federal
17 government has a long and successful track record of
18 fielding high-quality surveys that produce 50 state
19 estimates for all states, including a one-time national
20 Medicaid result task survey. To me, this seems like the
21 most efficient way to collect comparable information on
22 important facets of access like the enrollee experience and

1 a starting point for comparing individuals enrolling in
2 fee-for-service versus managed care.

3 Finally, it's critical to treat states as a full
4 partner in this process. It goes without saying that they
5 should be consulted in the development of the monitoring
6 plan, but they should also be consulted when the data are
7 being released, preferably beforehand. Ideally, they
8 should have access to analytic files so that they can do
9 their own data run and share customized findings with
10 stakeholders. We often hear from states that they are the
11 last to know when reports using their data are published.
12 This is a demoralizing place to be in and does not incent
13 engagement in the process, but the only thing worse than
14 being surprised by the release of data about your state is
15 to spend time and resources submitting data that never sees
16 the light of day. So, once the data are collected, there
17 should be a commitment that these data are published or
18 released in some format and in a timely manner.

19 With that, I will conclude and just want to thank
20 you again for the opportunity.

21 [Pause.]

22 MX. JENNINGS: Sorry about that.

1 Next, we'll have Abigail Coursolle. Thank you.

2 * MS. COURSOLLE: Thank you. Thank you so much,
3 and thank you to the Commission for having me here today.

4 My name is Abby Coursolle, and I am with the
5 National Health Law Program. We are a public interest law
6 firm that protects and expands the health care rights of
7 low-income and underserved populations. For over 50 years,
8 we have advocated for and defended the rights of low-income
9 individuals, particularly Medicaid beneficiaries to access
10 medically necessary services in a timely and affordable
11 way. So I'm here to provide a beneficiary advocate
12 perspective on access.

13 I wanted to start by emphasizing that before the
14 end of the public health emergency, I really want to
15 encourage us to look at the data we've collected and
16 determine which flexibilities have supported an expanded
17 access, such that we should continue them even when the
18 emergency ends, and of course, we also need to make sure
19 that states have strong processes in place to review
20 eligibility and ensure that people are not improperly
21 terminated from Medicaid, because one of the largest
22 barriers to access we see is actually issues with

1 eligibility and people turning on and off the program,
2 which, of course, has a huge impact on their access to care
3 and their health outcome.

4 We're really pleased to hear today again, CMS
5 affirming health equity as a core value in its Quality
6 Strategy that calls eliminating racial and equity
7 disparities a foundational principle, and access is really
8 a key component to ensuring that we achieve our goals with
9 respect to health equity.

10 Already, there are many gaps that my colleagues
11 have mentioned in the data that could help us home in on
12 access disparities. So however we're measuring access,
13 it's really important that we consistently collect and
14 monitor demographic data, which is really crucial not only
15 to addressing access but also to our larger vision of
16 making Medicaid more equitable.

17 From a beneficiary perspective, equity also means
18 thinking about access beyond just things like time and
19 distance standards, provider directory accuracy, or
20 appointment wait times. So those things are all extremely
21 important, but for example, we also need to think about
22 facility accessibility. For example, here in California,

1 we have a very detailed facility site review tool that the
2 state uses to evaluate -- the state or plan, I should say,
3 a view to evaluate the physical accessibility of the
4 providers who participate in the managed care program and
5 also to designate the accessibility features in the
6 provider directory so people with disabilities know in
7 advance whether they will be able to physically access a
8 provider's office.

9 Similarly, language. For managed care, of
10 course, we already have a requirement to designate language
11 that's spoken in the provider directory, but there's no
12 real requirement that the state or plan ensure a competency
13 in the language. In addition, it's just not going to be
14 possible to have providers in every specialty who speaks
15 every language. So there's also a need for robust programs
16 in place to timely arrange and coordinate interpreters so
17 that access isn't delayed due to problems securing an
18 interpreter.

19 Finally, cultural competency. Too often,
20 Medicaid beneficiaries have a negative experience with a
21 provider who fails to provide culturally competent care,
22 and that discourages them from seeking care at all. For

1 example, transgender beneficiaries will see a provider who
2 uses the wrong name or pronouns, ask invasive clinically
3 irrelevant questions about their genitals, and they decided
4 that it's better to go without care than to continue to
5 experience trauma. So part of access is really ensuring
6 that Medicaid programs have robust systems in place to
7 train their provider and provider staff to ensure that all
8 beneficiaries receive appropriate and culturally competent
9 care.

10 From a beneficiary perspective, we believe that
11 when it comes to access, we really need a strong federal
12 role and consistent national standards. Access needs do
13 not depend on where a person lives or what delivery system
14 they're enrolled in. Thus, we recommend that CMS establish
15 a framework and set a floor for access. CMS should collect
16 data from states and make it publicly available and easily
17 understandable so that people can see and understand what
18 is happening in different states with different plans and
19 in development delivery systems. CMS also has a role to
20 play to work with states on monitoring access and ensuring
21 that appropriate, timely, and corrective action is taken
22 where there are access problems, and of course, the process

1 to establish such a framework should involve input from key
2 stakeholders and should be public and transparent.

3 At the same time, any approach to measuring and
4 monitoring will need to account for the wide amount of
5 variation at the state and local level. We have different
6 delivery systems, different models, different enrollments,
7 different carveouts, different specialty plans, et cetera,
8 but regardless, monitoring must be robust and ongoing.
9 But, as my colleagues have mentioned, there is a lot of
10 work that has already been done that we can build on; for
11 example, HEDIS measures. We should look at the measures
12 that exist and that states are already using and also
13 acknowledge that there are limitations to those measures.
14 They only capture data for people who have been
15 continuously enrolled in the program, and as I mentioned
16 before, eligibility churn is a huge factor and a huge
17 barrier to access. So those measures aren't even capturing
18 data for people who are going on and off the program.

19 Also, HEDIS measures tend to be focused on
20 process, since that's easier to measure, and as my
21 colleagues have mentioned, ultimately, we need to develop
22 data measures to measure real health outcomes and hone in

1 on access for key populations such as people with chronic
2 health conditions and people with severe behavioral health
3 conditions.

4 Time and distance standards are very useful and
5 relatively easy to measure and track. They're also really
6 easy for beneficiaries to understand, but this is an area
7 where we need to make sure that exceptions do not follow
8 the rule. Exceptions should be limited to situations where
9 there really is not a provider available within the time
10 and distance standard.

11 Grievance and complaint data. This is another
12 area that is necessary but not sufficient. We know that
13 for every person who files a grievance, there are probably
14 10 more who have the exact same problem but never makes a
15 complaint about it, and unfortunately, when it comes to
16 access, in many places, beneficiaries have just become used
17 to a broken system and don't even think to complain unless
18 the access problem they are experiencing is incredibly
19 severe. So any number of smaller access problems never
20 result in a complaint or a grievance, and as I mentioned
21 above, there are people who just become so traumatized or
22 frustrated by their experience with the system that they

1 give up on seeking care completely. So it's really
2 important to look at grievance data, and that can be a good
3 way to identify trends, but by itself, it's not enough.

4 Of course, we need basic information about what
5 providers accept Medicaid or accept a particular plan, how
6 many are accepting new patients, what is the scope of
7 services that they offer, and we have to set benchmarks to
8 ensure that the provider network is acceptable and offers a
9 full range of covered services.

10 Many states and plans ought to use secret shopper
11 surveys to assess the availability of their providers, and
12 that's a really important tool since it closely
13 approximates the beneficiary's experience of trying to get
14 a service. It could be a way to uncover so-called "guilty
15 networks," if it doesn't do a beneficiary any good if their
16 providers who accept Medicaid or their plan in theory, but
17 there's no real way to reach them or make an appointment to
18 access care. So secret shopper surveys are important to
19 uncovering those kinds of barriers.

20 But it's also important to move the systems that
21 track this data in an ongoing way and tell us when did
22 somebody request an appointment and when was it actually

1 scheduled so that we have that ongoing data about
2 timeliness instead of just appointed time snapshots.

3 Finally, as we continue to work on ensuring that
4 we are monitoring and enforcing beneficiary's right to
5 access covered services, we really need to move to an
6 intersectional approach where we think about access
7 holistically. Again, it really doesn't do a beneficiary
8 good if there's a provider right next door to their home,
9 but that provider never has appointments available or
10 cannot coordinate with an interpreter to offer services in
11 a beneficiary's language or doesn't offer the specific
12 service that a beneficiary needs. So measuring and
13 monitoring each individual component of access is crucial,
14 but ultimately, we need to make sure that all of the pieces
15 fit together.

16 Thank you again.

17 MX. JENNINGS: Thank you so much, and finally, we
18 have Jennifer Babcock.

19 * MS. BABCOCK: Hi, and thank you very much for
20 having me. I'm Jenny Babcock. I work at the Association
21 for Community Affiliated Plans. I really feel privileged
22 to be here and have greatly enjoyed hearing from the first

1 three panelists.

2 Quickly, ACAP is an association of, right now,
3 78, what we call, safety net health plans. These are not-
4 for-profit, mission-oriented, and community-based Medicaid
5 health plans. Most operate within a single region, within
6 a single state, or they might be statewide in that state,
7 but they are finite in terms of their reach across this
8 nation. That said, they do operate in 30-plus states
9 across the nation, and while they might be smaller
10 individually than the big national plans, collectively,
11 they represent about 30 percent of everyone that's in a
12 fully capitated managed care plan. So, again, I'm thrilled
13 to be here.

14 After listening to my colleagues speak, I realize
15 that my remarks are about to come off as a combination of
16 practical and aspirational. The plans do really have
17 concerns about how access standards and provider network
18 adequacy standards are rolled out, and I'll talk to you
19 about that. But we're also in a special moment in time, I
20 think. We're focused on equity, and we should be focused
21 on equity, and we're focused on a way to improve our health
22 care system, particularly for people who get their coverage

1 through Medicaid and CHIP. And we have an opportunity, I
2 think, collectively, to really make some progress here.

3 So my comments will focus on three main prongs.
4 One, I think that an updated federal framework for access
5 should acknowledge specifically where people with Medicaid
6 coverage now are experiencing barriers to access and then
7 strive to fix those barriers. Two, as we've heard from our
8 colleagues, any framework should be both practical and
9 usable, reflecting current realities, even as we consider a
10 longer-term vision for improvement; and then, three, any
11 framework should really reflect CMS's and our broader
12 health system's broader goals related to equity, in
13 particular, I think.

14 So, working on that first one, as we all know,
15 this is not new work, and this is not a new conversation.
16 All of us on this call have been talking about access and
17 provider network adequacy and have been impacting that, I
18 think, in our own roles for years, for decades, right? So
19 I think we've heard from the other panelists that there are
20 lots of things out there already right now that we can
21 access to bring into a framework that will work, despite
22 the gaps that do exist.

1 So I too am going to focus on something. Any of
2 you who have heard ACAP talk about anything in any venue
3 will have heard us talk about continuous eligibility and
4 eligibility churn. It is our raison d'etre in many ways,
5 and we have heard from all of the prior panelists that you
6 don't have access to care for the most part in this country
7 or access to appropriate care without access to coverage.

8 We know that eligibility churn in Medicaid and
9 CHIP is a massive problem. We were thrilled to see the
10 chapter, the report that came out of MACPAC in October, and
11 have already made good use for it in our advocacy on the
12 Hill. We've been working on this issue ourselves for a
13 very long time. In 2020, for example, we commissioned a
14 report from George Washington University that compared
15 states with continuous eligibility for children in Medicaid
16 versus those without and found that if all states were to
17 implement a policy of 12-month continuous eligibility for
18 children, which is now a state option, over 750,000
19 children would be more likely to receive a primary care or
20 specialty care visit. This is something that leads to
21 access.

22 So another thing that is already out there -- and

1 I think we heard Karen talk about this already -- is the
2 fact that states voluntarily report on a long list of core
3 measures, both for pediatric and adult populations. Not
4 all of those measures are related to access, but some of
5 them are, and many states are already reporting on those.
6 On top of that, all states will be required starting in
7 2024 to report on every one of the pediatric core measures
8 as well as the adult behavioral health core measures, and
9 part of ACAP's advocacy is to encourage Congress to require
10 states to report on the remaining adult measures as well.
11 Again, some of those are access related and some are not,
12 but this is data that is available in some way, form, or
13 another that could be used now.

14 And I do want to piggyback on something that Abby
15 said too. It's a very specific point, but it relates also
16 to the equity question, particularly related to access to
17 care for people with disabilities. Abby mentioned in
18 California, there is a robust facility review process to
19 ensure that provider sites, the sites of providers that are
20 included in health plans' provider networks are accessible
21 to people with physical disabilities. That actually is a
22 federal requirement in Section 438.10(h) of the Managed

1 Care rule that was finalized in 2016. All managed care
2 plans are required to include in their machine-readable
3 provider network manuals a notation as to whether a
4 provider site is accessible to people with physical
5 disabilities. I don't know much about machine readability,
6 but my understanding is that there might be an opportunity
7 here to assess now how accessible Medicaid providers are
8 for people with disabilities.

9 So my second prong is the federal framework
10 should also be practical, reflecting current realities.
11 Even while we keep an eye on our broader vision for access,
12 any federal framework should be implemented based on what
13 is realistic and practical, and we heard Elizabeth talk a
14 lot about this. We should always be asking ourselves what
15 can CMS and states and plans and provider actually achieve
16 in the here and now, even as we look toward how we might
17 improve things in the future, maybe a five-year or ten-year
18 plan. This supports the idea that both the federal
19 government and states should engage very closely. They're
20 partners in development and implementation of access
21 strategies. The federal government should, of course,
22 treat states as partners, as we heard from Elizabeth, and

1 states must also recognize that input by health plans and
2 providers is really critical.

3 You all know this, but 83 percent of the 80
4 million individuals who are covered by Medicaid are in
5 health plans right now. So it bears mentioning. I would
6 be remiss if I didn't mention this that actuarial soundness
7 in plan rate setting is an important access issue. When
8 actuarial soundness standards are not met, plans may be
9 underpaid and may be led then to either encourage providers
10 to accept inadequate payments, which is a common critique
11 among policymakers who are concerned about Medicaid access,
12 or drop out of networks altogether.

13 Also, ACAP agrees with the panelists who went
14 before me that any federal framework or state strategy
15 focus on a finite number of high-value measures or
16 indicators, relying on those as much as we can that are
17 already utilized for access monitoring, quality assessment,
18 accreditation, or other uses.

19 As mentioned previously, the pediatric core
20 measure set and the adult behavioral health measures, some
21 of which relate to access to care, will soon be required of
22 all states.

1 We also recognize that those measures, as Karen
2 explained to us, are amended annually by experts, reminding
3 us that as targets shift, so much how and what we measure
4 shift. This is an important lesson, suggesting that an
5 access framework should be expected to change over time as
6 federal and state priorities shift, or also as existing
7 goals are met, hopefully, leaving room for new goals.

8 Then lastly -- and this is also a point that
9 Elizabeth made -- whatever is collected should be made
10 available and usable in a practical way by all
11 stakeholders. I have to say we at ACAP really do enjoy
12 reading the scorecard every time it comes out, and we very
13 much love watching as CMS issues its Chart Packs related to
14 the pediatric and adult core measure sets. That's very
15 useful to us, and I would hope that it's useful to other
16 folks as well. It's a good model.

17 Very lastly, all of the prior panelists have
18 mentioned the importance of focusing on equity. It goes
19 without saying that the White House and HHS and CMS and
20 every office have indicated their support for promoting
21 equity and health care right now. So this is a time for
22 all of us to support that.

1 In addition to those signals from the
2 administration, many, many stakeholders from across the
3 nation's health care system have also committed to
4 addressing longstanding inequities based on race,
5 ethnicity, LGBTQI status, and disability status. We think
6 that to achieve this, it will be important for an access
7 framework to start with a strong federal floor so that all
8 states are at least encouraged to strive toward improving
9 equitable access for people with Medicaid coverage. Such a
10 floor will also allow for comparisons between states.

11 We also think that the federal framework should
12 employ the same standards for fee-for-service and managed
13 care Medicaid. A small number of people are still
14 providing coverage through fee-for-service Medicaid, but
15 allowing for comparisons will ensure that the access to
16 care of all Medicaid and CHIP enrollees is treated as
17 equally important.

18 So, lastly, we recognize that there are
19 challenges in focusing on equity. Not least of these is
20 the deficit in demographic data that we have heard the
21 prior panelists discuss, and I can talk more about this in
22 the Q&A section. But there are perhaps ways that we can

1 all work together to improve those demographic data, which
2 are so foundational for assessing and addressing inequities
3 and disparities.

4 So, with that, I'll stop, and I'm looking forward
5 to your Q&A. Thank you.

6 VICE CHAIR DAVIS: Thank you, Jenny. Thank you
7 to all of the panelists.

8 We will open it now to Commissioner comments and
9 questions. We heard lots of synergy in the comments that
10 you guys have made, especially around that floor of
11 guidance from invest in the states and in terms of
12 direction and need for collaboration and really a focus on
13 equity and disaggregation of data across it.

14 But looking to Commissioners for additional
15 questions to our panelists. I see Bob and the Laura.

16 COMMISSIONER DUNCAN: Good afternoon. I too
17 would like to thank the panelists and their comments. I
18 really appreciate that. Jennifer, I appreciate the
19 aspirational because I think we need to be aspirational as
20 we think about the beneficiaries that we serve.

21 First, a statement. As a parent of two kids with
22 special needs, I heard the distance and time to appointment

1 and those things. So, as we think about access, I think we
2 also have to think about kids with special needs,
3 particularly complex, and we sometimes have to look outside
4 the state to access those services and making sure that
5 those are appropriate services and can be accessed.

6 But the real question I have has to deal with the
7 pandemic that we're currently seeing, not with COVID but in
8 the mental and behavioral health space. As we think about
9 that and access to mental and behavioral health for kids
10 right now, are there some measures that you have thought
11 about? And I know we mentioned earlier, HEDIS and building
12 on those, but we need to think about around mental and
13 behavioral health will give us a better insight into our
14 kids and families accessing those services that are so
15 desperately needed now.

16 MS. LLANOS: Okay. I can kick off. I've got
17 some reactions. I will say I think that, though, you've
18 heard a lot about the child and adult core sets, and
19 certainly when we're thinking about the children's side, a
20 standardized measurement -- and again, this is the measure
21 sets that are supposed to be voluntary currently, right?
22 So they are not required. They do offer a starting point

1 to think about measures that could be helpful for not just
2 CMS but health plans and other stakeholders.

3 There are several measures in there related to
4 follow-up after hospitalization. It's probably not to the
5 extent that you would think, and certainly, as part of our
6 COVID dataset, we've released pretty regularly since the
7 start of the pandemic, there are service utilization
8 numbers related to mental health services for both children
9 and adults.

10 I think that service utilization pieces are super
11 helpful, but it doesn't have a benchmark. So you don't
12 know if that IRO is where it's supposed to be, but it
13 offers a good sense of whether or not care is occurring or
14 services are being used.

15 So I think there's lots of starting points, Bob.
16 I'm not sure the measures that I think would seem like they
17 would be super more meaningful and impactful are ones that
18 are used widely.

19 COMMISSIONER DUNCAN: Thank you.

20 MS. BABCOCK: If I could jump in, I'll say just
21 something that you already know, Bob, and that is we
22 consistently hear from our health plan members that gaps in

1 care are particularly egregious in a couple of areas. One,
2 of course, is dental, and two is behavioral health,
3 particularly for the pediatric population.

4 So I'm just suggesting that the problem is very
5 real, and the solution has much to do probably with
6 workforce issues as it does with measuring access, which is
7 a bigger, also long-term situation.

8 We do know that a lot of our health plans have
9 tried to bolster access to behavioral health care services
10 by making use of telehealth flexibilities, both the
11 flexibility that was included in the 2016 final Medicaid
12 managed care regulation and now the telehealth
13 flexibilities that have been sort of enhanced during the
14 pandemic.

15 So one idea, of course, might be to extent the
16 flexibilities, the telehealth flexibilities that are
17 allowable under state plan amendment -- emergency SPAs or
18 other policy.

19 VICE CHAIR DAVIS: Thank you. Going to Laura --
20 oh, go ahead, Elizabeth.

21 MS. LUKANEN: Oh, I was just going to add that,
22 Bob, I think that you raised something that I didn't touch

1 on, which is there are going to be issues that are so
2 complex, like children with special health care needs, that
3 I'm not sure a standardized 50 state framework is the right
4 place. I had a whole section that I removed because it
5 gets into the details, but I think there are going to be
6 areas where qualitative data collection really targeted
7 efforts within states or maybe at the federal level that
8 need to happen, because the sample is so small and the
9 statistical power so small that it is not something that is
10 going to lend itself well to comparability.

11 VICE CHAIR DAVIS: Thank you.

12 Laura.

13 COMMISSIONER HERRERA SCOTT: Yeah. Elizabeth,
14 just building off of that comment and your presentation,
15 one, are there any states that are doing it well today?
16 That's one. Then, two, thinking about the iterative
17 process you described in the existing data, are there any
18 common denominators across the existing data that you could
19 at least start establishing the floor, for lack of a better
20 description, of access measures that we could start
21 building off of?

22 MS. LUKANEN: Yeah. That's a really great

1 question. I would hate to highlight one state because I
2 think, you know, some states are really strong because they
3 have strong internal capacities. Some states are strong
4 because they have excellent state-university partnerships.
5 Some states are strong because they have great contractors
6 that they pay to do the work.

7 I think the 2016 Urban Institute report that has
8 been mentioned is a good place to start, and T-MSIS is a
9 good place to start because, although it isn't perfect,
10 states are contributing to that. So I think that and the
11 core set measures -- I mean, I really think the Urban
12 Institute report is a good place to start, but I think then
13 that needs to be -- those specific things should be brought
14 to states again, and input should be given about how many
15 of these could you do on day one and have a really tough --
16 probably tough conversation about what is feasible on day
17 one, what's going to need six months to a year for them to
18 ramp up. But I think there has been some hard work already
19 done, and that report is a great place to start.

20 MS. LLANOS: And I'll also add to that. When we
21 have shared with our state partners most recently, some of
22 the measures that we're looking at related to the access

1 data rate that I mentioned, you know, we got a lot of
2 pushback on the fact that some of the access in states is
3 very political, potentially, and very diverse in terms of
4 the areas or the topics that are of interest.

5 We have very rural states where access and
6 distance to service providers and things like that becomes
7 much more important than in a highly populated city.

8 So I think some of the pieces to that -- and I
9 completely agree with Elizabeth. Much like when we
10 released the initial child and adult core sets, it was a
11 phased-in approach driven by stakeholder input that we knew
12 was just going to be the starting point, that it wouldn't
13 be everything to everyone, but it was a good way to start
14 thinking about a particular set of clinical topics. So I
15 agree with that.

16 I would just underscore that some of our initial
17 feedback is this is going to be a pretty complex topic to
18 get to some of that common denominator based on the
19 differences in the priorities that folks put on access
20 across the states.

21 VICE CHAIR DAVIS: Thanks.

22 I see Heidi. Dennis, were you getting in line?

1 [No response.]

2 VICE CHAIR DAVIS: Heidi and then Dennis.

3 COMMISSIONER ALLEN: Thank you so much for these
4 presentations. It's very heartening to hear that there's
5 so much care and thought going into this issue.

6 I am a health access researcher who studies
7 Medicaid, and I often ask myself why don't I study
8 Medicare. Because there is so much data for Medicare.

9 I serve on the NIH study section for health care
10 and health disparities, and I would say the vast majority
11 of our proposals that use any kind of secondary data come
12 from Medicare, and it's not because Medicare is necessarily
13 the most interesting population from a health disparities
14 perspective. They're certainly important, but they're not
15 more important than people who are not elderly or people
16 who are in the Medicaid program but because there's data.
17 There's claims data. There's CAHPS data, and people can
18 put together really rigorous study designs on a fixed
19 budget, on an NIH study-like level to do a rigorous
20 evaluation of an issue with Medicare.

21 What's disappointing about that is that Medicare
22 doesn't have a lot of variation. It's a federal program,

1 and Medicaid is our learning lab or what we like to think
2 of as our learning lab for a lot of issues, including
3 health equity, and yet the complexity of doing any kind of
4 rigorous analysis using a Medicaid population and the cost
5 is prohibitive.

6 I'm right now trying to get IRB approval for six
7 states and New York City for a data collection effort and
8 to put in data use agreements for each of these states, and
9 it's extremely hard. It's extremely complex, and it's
10 extremely expensive.

11 I'm just so curious why there's been such a
12 robust investment in Medicare with so little investment in
13 Medicaid, and particularly from evaluating health equity,
14 there's so much information that we can't get at all like
15 the uninsured and people who move from being uninsured into
16 Medicaid.

17 A lot of us will try to use claims data, like all
18 payer claims databases to try to benchmark access for
19 commercially insured populations to Medicaid populations,
20 but the uninsured aren't in those at all. So you can't
21 even see what happens when somebody gains coverage and
22 moves into one of these programs. And you only see care

1 received. You don't see any deferred care or care needed.

2 So I'm just curious to hear what you think would
3 be a real radical but substantive set forward in having a
4 national research agenda focused on access to care in
5 Medicaid.

6 MS. LLANOS: I mean, I would say, I think, just
7 based on the fact that we're having these types of
8 conversations, MACPAC is focused on this pretty strongly,
9 and certainly, at CMS, we've been talking since early
10 summer on what we're doing as it relates to this. So it
11 feels like something more tangible, certainly our agency's
12 full force of work in these areas. I can't speak to the
13 funding piece.

14 But I will say that many of us have worked in
15 Medicaid measurement for a really long time. Things have
16 happened slow and quickly at the same time. It feels very
17 slow, but if you look back over 10 years, it feels like a
18 lot has happened, particularly around the advent of T-MSIS,
19 robust T-MSIS, the T-MSIS analytic files and those types of
20 things. Certainly, from a standardized measurement piece,
21 we don't compare quite the same level of detail and range
22 that Medicare measurement has available to it, but we've

1 certainly come a long way. It's just a little bit harder
2 because our populations are more complex. It just takes a
3 little bit more time, data, and availability, slows down
4 the measurement process and the testing process.

5 I'm not sure I answered your question, Heidi, but
6 I feel like we get some credit in this area, and I think
7 particularly going forward --

8 COMMISSIONER ALLEN: For sure.

9 MS. LLANOS: -- it feels like a really good place
10 to be, particularly with the overall importance on equity.

11 MS. COURSOLE: I really agree with that, Karen,
12 and I would just add. Similar to the response to Bob's
13 question, I think one thing from a beneficiary perspective
14 we'd really like to see is really some deep thinking about
15 what type of access do we want to see. What are the types
16 of outcomes that we're trying to achieve? Because, of
17 course, access is not just access for its own sake but
18 really to make sure that people are getting the services
19 they need and achieving health outcomes. So I think sort
20 of long term, we want to be thinking really holistically
21 about what are the types of services we expect people to be
22 accessing and are we meeting those benchmarks, and then,

1 ultimately, does meeting those benchmarks achieve the types
2 of health outcomes that we want to see?

3 VICE CHAIR DAVIS: Thank you.

4 MS. LUKANEN: I think I included some -- you
5 know, if I had blank-check ideas in my remarks, I mean, one
6 would be a national CAHPS survey focused on Medicaid, that
7 I hated to even bring that up because I realize it's easier
8 to say, much harder to do. I think fully funding and
9 having consistent and long-term funding for federal surveys
10 like the National Health Interview Survey, the National
11 Ambulatory Care Medical Survey, I mean, those things not
12 only capture information about Medicaid but the benchmarks
13 that we want to someday compare against.

14 Then I really do feel like having more health
15 services researchers, both master's and PhD level, work in
16 state government will mean that when the researchers go out
17 in the world, they understand, like I said, the challenges
18 and opportunities of state resources.

19 I was a state analyst. I was a health economist
20 in Minnesota, and that's an incredibly resource-rich state.
21 So even my viewpoint, I think, is really skewed for states
22 that have a lot less. So maybe, like I said, a federal

1 program that has the prestige around it that puts people in
2 state government and has them work within those resource
3 constraints and helps them out. So that's my pie-in-the-
4 sky response.

5 VICE CHAIR DAVIS: Other comments on this one?

6 [No response.]

7 VICE CHAIR DAVIS: I think Dennis is up next and
8 then Tricia.

9 COMMISSIONER HEAPHY: Sure. Thank you for the
10 panel. That was really interesting. Elizabeth, my list
11 would be longer than yours with pie in the sky because I
12 would like to see MCID included, particularly for the
13 populations with such high intersectionality between poor
14 access for folks from racial and ethnic backgrounds,
15 African Americans, Black folks in general getting services
16 if they have disabilities.

17 And then the importance of collecting racial and
18 ethnic data, I sit on several quality measure committees in
19 Massachusetts, and it's really challenging to get full
20 agreement on what measures to use but also to get buy-in
21 from insurers. It's extremely difficult to get that buy-in
22 from insurers, and around race and ethnicity, collecting

1 the data, we're struggling to get consensus on collection
2 of data, like how is it done properly, how is it done in a
3 culturally competent way. Plans or insurers have their own
4 ways of collecting data and their own ways that they use
5 the data, and so how can we get consensus among the plans?

6 Then how do we move from contract and process
7 measures to outcome measures? I say contract measures
8 because we go through these quality measures and say, "Oh,
9 my God, this is a contract requirement," where contract
10 requirements and access included in the quality measures
11 and then process measures moving to outcome measures.

12 The other thing I would bring up is how do we
13 engage participatory action research into the development
14 of quality measures so that you have it directly from the
15 voices of beneficiaries in the process, so people are
16 actually helping to shape and design the measures of
17 access, because folks who are geographically isolated or
18 folks in urban settings, linguistic issues, like there are
19 just so many different complex variables that go into
20 developing quality measures that I think it's important to
21 also up front and not at the back end to engage folks who
22 would be most affected by or most benefit from the quality

1 measures.

2 So just those are thoughts that are going on in
3 my mind. Yeah. Thanks. I don't know if anyone on the
4 panel has thoughts on that, but listening to you guys,
5 that's what I'm hearing or thinking.

6 MS. BABCOCK: I can start, but I feel like I
7 can't even begin to address all of the concepts that you
8 raised there. They are all critically important, and
9 they're all -- my head in some ways -- they're part of the
10 aspirational work that I think we do need to keep our eyes
11 on.

12 I'll say just a couple of things. I'm a policy
13 person and not a data person. So I can tell you we talk to
14 our member plans frequently, and I've published a couple of
15 reports over the past 12 months that are very high-level
16 case studies about what some of our health plan members are
17 doing to address equity in terms of race and ethnicity and
18 then LGBTQI status. The foundational lesson learned from
19 both of those reports from conversations with every single
20 one of our plans is that the data, the demographic data,
21 are an issue.

22 There's a few ways I can go here. One, the plans

1 tell us that they put in place at their very local level
2 workarounds to collect data as they see fit on various
3 variables from their members, and then they employ those
4 data for the purpose of their interventions or their
5 outreach. The data may not match the state's concept of
6 demographic data or the federal government's concept of
7 demographic data, but it's growing up in sort of a
8 patchwork quilt kind of way.

9 It might be that the complicated conversation at
10 the federal level with all of the stakeholders that need to
11 be involved, including the voices of enrollees, people who
12 are on the program, standardize that some way. One thing
13 that they kept us looking at is a section of the Affordable
14 Care Act that was never fully implemented at Section 4302
15 that would have required the Health and Human Services
16 Secretary to establish a strategy for collecting and
17 reporting on and also analyzing demographic data in five
18 domains: race, ethnicity, sex, language, and disability
19 status. And it's never been fully implemented because it
20 was never funded by Congress. So we're taking a look at
21 that. I know that many other groups across the country are
22 taking a look at that to see if we can reinvigorate that

1 effort to create some standard.

2 I'll also mention that the NAIC, I think, with
3 the great help of SHADAC, if I'm not mistaken, is engaging
4 right now in a special committee on race for the purpose of
5 finding some standards to encourage health plans to collect
6 these data. I can't speak to that in any great detail, but
7 I think there is a little bit of work underway. But,
8 again, I think it's aspirational, you know.

9 COMMISSIONER HEAPHY: I appreciate what you just
10 said about HHS, and I think that might possibly be a
11 direction to move if anyone was interested in that because
12 that is where the frustrations are that we have. It's that
13 there are in place these requirements, and yet they're not
14 moving a long, a lot of it due to funding, I think.
15 Elizabeth talked about Minnesota being a state with a lot
16 of resources, so any help to other states that don't have
17 those resources, implement the HHS requirements.

18 MS. COURSOLE: I'd also want to speak to it. I
19 really appreciate your raising this issue, Dennis. I think
20 it's crucially important, and I think it really goes beyond
21 just quality measures as well. It's really how do we look
22 at access in a really holistic way and make sure that the

1 beneficiary population and the whole population has access,
2 and that's going to mean different things for different
3 segments of the population.

4 So I agree with Jenny that it's aspirational, but
5 it's also work that's really crucial, and that we need to
6 start now so that we can eventually realize those
7 aspirations.

8 VICE CHAIR DAVIS: Thank you both.

9 I think Tricia was up next.

10 COMMISSIONER BROOKS: Thank you. I really
11 appreciate the comments today, and it just illustrates how
12 complicated this is and we want all of this data. Then we
13 have to synthesize the data and figure out where to go with
14 it from there.

15 I know that there's limited real estate, if you
16 will, on the measures, and we certainly heard from several
17 of the panelists of the need to sort of focus on a core set
18 of measures, not the core set, per se, and advance our work
19 from there.

20 But there's so many competing interests, if you
21 will. I want to see pediatric measures. When the Managed
22 Care rules were going through, we didn't feel like there

1 was a strong enough focus on pediatric access. Then you
2 look at things like the child core set. I served on the
3 annual review work group of the core set. We retired the
4 access to primary care physicians back a year or two ago or
5 recommended that because all of the states were in the 90
6 percent range, and one of the reasons you got to move stuff
7 out of that limited real estate in order to move on to
8 something where it's showing reflecting more need.

9 But I just really want to emphasize Elizabeth's
10 point about surveys in particular because I think what we
11 want to understand best is unmet need. I don't know how
12 much of that we get from the standardized quality measures,
13 and the surveys enable us to perhaps get better demographic
14 data. But, at some point, no matter how visionary we want
15 to be in this, we are certainly going to be limited by the
16 reliability of data when you start to chuck it down. We
17 want it by plan. We want it by plan, by race and ethnicity
18 and other demographic measures. In small states, that's
19 just not going to be very useful.

20 So my emphasis is really on better understanding
21 unmet need and taking that as sort of the marching orders
22 for what we need to look at and what improvements need to

1 be made to improve access.

2 VICE CHAIR DAVIS: I think that's a great point,
3 Tricia. Sometimes we want the perfect could be the enemy
4 of the good, and if we don't have it all, then we don't
5 start. So I think a lot of this conversation is the data
6 is imperfect, and we don't have all of it. But we still
7 need something to move forward.

8 As we get ready to wrap up, I just want to invite
9 our panelists, if you have a final word for us that you
10 would like to leave us with. We'll be transitioning into
11 comments amongst ourselves, but if there's any final
12 comments that our panelists would like to make?

13 MS. LLANOS: I'll just say our RFI is slated to
14 come out in months. So I'll make a pledge now. It will
15 talk about many of the dimensions that all of the panelists
16 have heard, access to coverage, access to services,
17 maintaining coverage, and certainly, that's an opportunity
18 not just to get feedback in ways that we can -- that CMS
19 can take this actionable -- it's just one of the things
20 that we're going to be doing, understanding that not
21 everyone has time to fill out an RFI. So we'll also have
22 other activities where we're going to try to get more of

1 the beneficiary perspective as part of our work.

2 MS. LUKANEN: Yeah. I would just say I think
3 Tricia makes such a good point. I mean, if this is going
4 to feel incomplete to everybody, to somebody, that's why I
5 really think maybe feasibility is how you prioritize
6 because that means at the end of the day, you have
7 something.

8 And thank you again for your interest and effort
9 on this topic and for the ability to participate.

10 MS. BABCOCK: I also would just like to say thank
11 you very much. I'm convinced I learned far more from
12 everyone else on this call than I brought to the call, so
13 thank you for having me here.

14 Also, it is a pleasure to watch MACPAC in its
15 wisdom set up a list of agenda items for the last few
16 meetings that are so closely correlated, the continuous
17 eligibility piece, equity, and access. So I feel certain
18 that we're in good hands. I can't wait to see your
19 recommendations but feel certain that we're in good hands
20 with the work that you are doing.

21 MS. COURSOLE: I also want to thank the
22 Commission for your attention to this matter. It's so

1 crucially important, and to echo the comments of the other
2 panelists and Commission members, I think this is a good
3 opportunity to think both about what you can do right away
4 and then think about what are the long-term goals and how
5 you get from here to there. I'd really encourage you to do
6 both of those things. Thanks again.

7 VICE CHAIR DAVIS: Thank you to all of our
8 panelists. You've really given us some good things to
9 think about and some kind of direction as we think about
10 design.

11 We're going to be inviting Martha and Ashley to
12 join us now for the conversation with Commissioners. I
13 want to open it up to folks. Really this conversation is
14 to think about design and the implementation. From what
15 we've heard from our panelists as we start to march towards
16 a recommendation and chapter in the June report, what
17 additional clarifying questions and direction can we give
18 to the staff?

19 CHAIR BELLA: Can I make just one comment, Kisha?
20 It seems like some folks are experiencing audio issues.
21 Jim is aware. You can wait it out or drop off and
22 come right back on. We will hold your place in line if

1 you're interested in talking and for some reason you're
2 having trouble. I'd just appreciate everybody's
3 flexibility.

4 Sorry, Kisha. Go ahead.

5 VICE CHAIR DAVIS: Thanks. Yeah, myself
6 included. I had to call in on the phone.

7 Yeah, Fred.

8 **### FURTHER DISCUSSION BY THE COMMISSION**

9 * COMMISSIONER CERISE: Actually, I have a question
10 for Heidi. Your comment struck me on the movement from
11 uninsured to getting Medicaid, and in the context of sort
12 of the lack of a really robust standardized set of data
13 that can support people to do Medicaid -- research on this
14 topic in Medicaid, I'm wondering that when you look at the
15 outcome study in Medicaid and you see things like higher
16 cost and utilization, how much of that is impacted by
17 people who are uninsured who then as a result of their
18 illness or their utilization then gain access to Medicaid?
19 Is that something that is standardly adjusted for? Because
20 there's no other plan. It doesn't happen in Medicaid. It
21 doesn't happen with commercial, and I'm just wondering if
22 that's an issue in Medicaid that contributes to some of the

1 sense that it's a more costly or program with higher
2 utilization.

3 COMMISSIONER ALLEN: So I assume that you're
4 talking about like pent-up demand?

5 COMMISSIONER CERISE: Yeah.

6 COMMISSIONER ALLEN: Yeah. So one of the studies
7 that I did called the Oregon Health Insurance Experiment,
8 we surveyed people who won the Medicaid lottery in Oregon.
9 It was about 10 years ago. We did 35,000 surveys. So it
10 was a big mail survey, and we did over 12,000 in-person
11 interviews, and we had utilization data for several years,
12 both hospitals, emergency departments. We found that when
13 people got Medicaid, they had an increase in utilization
14 and all types of utilization, and it was sustained over
15 time. I think the fact is that people who are uninsured
16 use less care than people who have insurance.

17 The issue, though, is that it's not benchmarked
18 against commercial insurance. I have had three papers out
19 in the last year or so comparing people who gained coverage
20 in Colorado in 2014, and we compared very narrowly over the
21 eligibility income of people who went into Medicaid versus
22 people who went into marketplace coverage. What we found

1 is that commercial or marketplace coverage had higher
2 utilization overall than Medicaid, and we matched on
3 everything we could match on. Again, this is a very narrow
4 income band. So you wouldn't expect income itself to be
5 the explaining variable, but actually people on Medicaid
6 did have more emergency department visits, not a lot, but
7 statistically significant, and people in commercial
8 insurance had more overall outpatient visits, including
9 more prescriptions.

10 I think the idea that people on Medicaid use more
11 care than people on commercial insurance probably isn't
12 true, but it's just been very hard to study. But the fact
13 that people on Medicaid use more care than the uninsured, I
14 think, is very fair.

15 VICE CHAIR DAVIS: Thank you, Heidi.

16 COMMISSIONER ALLEN: Could I just add one thing?
17 I think this speaks to the importance of also have mixed
18 methods is when we interviewed people who got coverage, my
19 interviewers kept coming back and saying that people told
20 them that they had emergency-only Medicaid. I could not
21 for the life of me figure out why they thought that because
22 they had regular Medicaid. It was all the benefits of

1 Medicaid, but it just kept happening. So I asked them to
2 go and really dig in, trying to figure out why people were
3 saying that, and it was that the first thing that people
4 did when they got Medicaid was they called to make a dental
5 appointment. And they would be told by the person who
6 answered the phone that they had emergency-only Medicaid,
7 meaning that for dental, they only pulled teeth. They
8 didn't provide any preventive care. People would hear that
9 and they would think, "Oh, I have emergency-only Medicaid,"
10 and that meant that they thought, you know, "This is all I
11 get."

12 So I think that those are the kind of things that
13 are so important from a programmatic perspective that are
14 just really hard to capture unless you talk to people.

15 VICE CHAIR DAVIS: Thanks, Heidi. That's such an
16 important perspective.

17 Martha.

18 COMMISSIONER CARTER: Thanks.

19 It was either today's materials or tomorrow's
20 materials, there was some recommendation or some -- it
21 wasn't a recommendation, but some possibility that -- and I
22 think we also heard from the panelists today that we start

1 by looking at the areas where there are problems, that we
2 know there's problems. I couldn't find that list right
3 now, pediatrics, behavioral health, maternal health, maybe
4 oral health. I think it would be interesting to flesh out
5 that list and then match that with our data available. I
6 really think starting somewhere is really important and an
7 iterative approach, building on what we can do and what we
8 know now and what we can then add to it.

9 So that's how it would make sense to me to start.
10 We're pretty sure there are already problems -- I mean,
11 there are problems everywhere, but where are the most
12 significant problems, and then where do we have some data
13 that we can start with?

14 VICE CHAIR DAVIS: Thanks, Martha. That's a
15 great way to just think about kind of the framing-up of
16 where do we start because it feels so huge in a lot of
17 ways.

18 Bob.

19 COMMISSIONER DUNCAN: Yeah. Building on that and
20 being relatively new, what does the T-MSIS data provide for
21 us as we think about this framework? Is there something
22 there, a core that we can work from to start this work?

1 VICE CHAIR DAVIS: Linn, Martha, or Ashley, do
2 you want to address kind of where we are with T-MSIS?

3 MX. JENNINGS: Yeah. So it seems that based on
4 what we talked about also in October, it's a really good
5 source for looking at beneficiary use, but as some of the
6 panelists brought up, there are limitations if you want to
7 look at race and ethnicity or other demographics, and there
8 are also -- something that came up in interviews with
9 discrepancies on -- or the definitions of different
10 services, and so I think those are areas that would need to
11 be improved on to use it in a more robust way.

12 Martha or Ashley, do you want to add anything?

13 [No response.]

14 VICE CHAIR DAVIS: Thanks, Linn.

15 Tricia?

16 COMMISSIONER BROOKS: Yeah. I just wanted to
17 comment on that, and it's a point that I lifted up at our -
18 - I think it was the last meeting when Jenny Kenney and
19 others from Urban and others who were there. Accessing T-
20 MSIS data is hugely expensive, and it is going to be a
21 significant barrier to having academic researchers and
22 others go in and mine the data on specific studies that are

1 of interest to their stakeholders, constituencies, or
2 whatever.

3 I hope at some point we can actually make that
4 point. I know that collecting and claiming these data,
5 it's an extensive process, but even when we have the data,
6 if we can't afford to use it and analyze it to do something
7 with it, then it's not going to be terribly meaningful in
8 the long run.

9 VICE CHAIR DAVIS: Other comments? I think folks
10 are winding down here, but really hearing that having the
11 right guide and importance of collaboration, starting
12 somewhere, not trying to boil the ocean, getting some good
13 kind of benchmarks and examples of who is doing it well and
14 sharing that out.

15 Other comments? Yeah, go ahead, Heidi.

16 COMMISSIONER ALLEN: I'm sorry, Dennis. Go
17 ahead.

18 COMMISSIONER HEAPHY: No. Go ahead, Heidi.

19 COMMISSIONER ALLEN: I would like to see us
20 recommend that the federal government do a Medicaid CAHPS,
21 and I'm not sure if that's possible for us to recommend.
22 But if it is, then that would definitely be something that

1 I -- because that would be affordable. People would be
2 able to access that. If it could be merged with T-MSIS,
3 that would be incredible because you could look at the care
4 that people used in their unmet need. That would be a kind
5 of my number one priority.

6 VICE CHAIR DAVIS: I see several nodding heads
7 here. Darin, to that point?

8 COMMISSIONER GORDON: So, Heidi, help me
9 understand what you get from that than you would from state
10 CAHPS. What do you get additionally, or is it to fill in
11 gaps where states aren't doing CAHPS? That's what I'm
12 trying to get at.

13 COMMISSIONER ALLEN: Yeah. I think it's to
14 create a dataset that is a core dataset that can be used
15 for comparison and hopefully would have adequate sample for
16 cross-state analysis and within race and ethnicity and
17 hopefully gender identity and sexual orientation.

18 COMMISSIONER GORDON: Yeah. I think why I asked
19 the question was because I often would get into a swirl
20 where we had to try to compare local surveys that were
21 asking similar things but on a larger sample at the state
22 level to some national surveys that had smaller samples in

1 our states, and it just really -- it probably wasn't the
2 best use of anyone's time because now we're arguing over
3 which survey was right. So what I would not want to see
4 happen is that we do this national thing and you have a
5 state CAHPS survey that's got a larger sample size being
6 compared to the national one and we get in this kind of
7 whose data is better versus saying states do CAHPS and here
8 are the things that need to be included in that, or that if
9 there's a national one that the sample size is sufficient,
10 that it is more on par with what you would get from states
11 who are already doing it.

12 You're clearly light-years ahead of me in
13 understanding a good way to do a survey and a bad way. I'm
14 just talking about my practical experience of having to
15 deal with competing surveys.

16 COMMISSIONER ALLEN: I think competing surveys is
17 a tough thing, but I think that in Medicaid and trying to
18 evaluate the impact of Medicaid policy on beneficiaries,
19 it's really been not enough information, not too much
20 information. And I think that having some standardization
21 in a coherent sampling frame and to be able to get it in
22 one place versus going to each state asking permission to

1 use their data, I think those are the strengths that from a
2 research perspective would really matter.

3 VICE CHAIR DAVIS: Yeah. Anne?

4 EXECUTIVE DIRECTOR SCHWARTZ: I was just going to
5 say exactly what Heidi just said. A Medicaid CAHPS like
6 that could be certainly used for monitoring purposes. But
7 it could be leveraged for a variety of other purposes as
8 well including having more people doing research on
9 Medicaid, which can be helpful, even if it's not a priority
10 in a specific state to look at a specific issue. So it has
11 multiple purposes.

12 VICE CHAIR DAVIS: Go ahead, Dennis.

13 Thank you, Anne.

14 COMMISSIONER HEAPHY: No, I was just going to say
15 that whatever is done, I like Heidi's idea, and then to
16 follow up on that, that what we do, that we build a
17 framework from the start through an equity lens so that
18 we're dealing with those challenges up front and basically
19 frontload equity as a priority, and that will actually
20 help, I think, drive the direction of the quality measures
21 that are developed or used over time.

22 VICE CHAIR DAVIS: Thank you, Dennis.

1 Go ahead, Verlon.

2 COMMISSIONER JOHNSON: Yes. Can you hear me?

3 Okay. So just a follow-up question, I guess, to Heidi as
4 well and to Anne.

5 I love that idea, and I'm just thinking as we're
6 looking at this slide here, are we thinking that Medicaid
7 CAHPS can actually answer some of those questions,
8 collecting the data report and the data, analyzing the
9 measures, and making it again more standardized? I'm just
10 making sure that I understand that point.

11 EXECUTIVE DIRECTOR SCHWARTZ: I don't think it
12 could do all of the work.

13 COMMISSIONER JOHNSON: Okay, okay.

14 EXECUTIVE DIRECTOR SCHWARTZ: You can't get unmet
15 need from claims data.

16 COMMISSIONER JOHNSON: I just want to make sure I
17 understood that. Thank you.

18 VICE CHAIR DAVIS: Thanks, everybody.

19 Linn, Martha, Ashley, anything else that you are
20 looking for from the Commissioners?

21 MX. JENNINGS: No. This was very helpful, and we
22 look forward to continuing the conversation tomorrow.

1 VICE CHAIR DAVIS: Thank you.

2 And I will toss it back to Melanie to take our
3 public comment.

4 CHAIR BELLA: Great. Thank you, Kisha, and thank
5 you to Martha, Linn, and Ashley.

6 We are going to open it up now for public comment
7 on this session that we just had. So, if you would like to
8 comment, please indicate with your icon, and a reminder to
9 please introduce yourself and your organization and to
10 limit your comments to three minutes. We'll just give it a
11 second.

12 It looks like we have one person so far. Go
13 ahead. Arvind, we'll try to unmute you. You're welcome to
14 speak.

15 **### PUBLIC COMMENT**

16 * DR. GOYAL: Yes. Thank you very kindly. My name
17 is Arvind Goyal. I am the medical director for Illinois
18 Medicaid Program, nine years on the job, tenth in process.

19 I want to address my comment to MACPAC
20 Commissioners, Dr. Anne Schwartz, staff, and panelists for
21 a very stimulating discussion. I have learned a lot from
22 your comments today, but I wanted to make some comments.

1 Having previously served in multiple medical
2 leadership positions and also teaching position as a
3 medical school and having been a chief medical officer at a
4 teaching FQHC, with that background, I wanted to say that
5 the access for Medicaid patients is a significant issue, as
6 all of you have mentioned, partly because of low payments
7 and partly because of geography. The patients are
8 clustered in certain areas of the state, and the providers
9 are clustered in another area of the state. And there is a
10 significant disparity in all of that.

11 It is not a data issue. There is no matter that
12 will ever accurately determine access or lack of access.
13 Any such efforts are probably unrealistic, unachievable,
14 and symptomatic. Our waiting time while we try and hunt
15 for a solution, think about the effects of EMTALA in
16 emergency room access. Think about the FQHC and rural
17 health centers' approach doing a lot to augment access.

18 I would add a couple thoughts to your
19 deliberations. One is to create incentive, incentive
20 payments for outpatient practices who open up their
21 practices to Medicaid and uninsured patients and are not
22 allowed as a condition of that incentive payment to ask for

1 insurance until the conclusion of the visit at the checkout
2 time.

3 I would also say that a robust beneficiary
4 education program is necessary, combined with a hotline
5 where records of adverse experiences and access to primary
6 care as well as specialists, et cetera, can be recorded by
7 patients on the spot.

8 I would conclude that by saying, again, thank you
9 for the opportunity to attend and learn from all of you.

10 CHAIR BELLA: Thank you for your comments and for
11 what you do for the state of Illinois. Appreciate you
12 joining us.

13 Other folks who would like to make any comments?

14 [No response.]

15 CHAIR BELLA: Okay. Any last comments from
16 Commissioners or Anne?

17 [No response.]

18 CHAIR BELLA: All right. We'll go ahead and -- I
19 think, Anne, go ahead and break because I don't think we
20 want to restart too early. So we're going to go ahead and
21 take a break. We're coming back at three o'clock. We'll
22 come back at three o'clock and talk for a little bit about

1 MACStats, and then we'll go into our final session on
2 behavioral health IT.

3 So thank you all. See you back here at 3:00 p.m.

4 * [Recess.]

5 CHAIR BELLA: Welcome back, everybody. We're in
6 the home stretch. Welcome, Jerry. Did we just lose Jerry?
7 No, you're right in front of me.

8 Why don't we go ahead and get started. Although
9 you have only a very short period of time, we know you have
10 a lot of information that we will use and so looking
11 forward to this update.

12 **### HIGHLIGHTS FROM THE 2021 EDITION OF MACSTATS**

13 * MR. MI: Great. Thank you.

14 Good afternoon. MACStats is scheduled for
15 release next Wednesday, December 15th, for members of the
16 public. We'll have MACStats both compiled as a resource
17 and separated into individual tables on our website. Most
18 of the tables will have both Excel and PDF versions for
19 your convenience.

20 So MACStats is a regularly updated end-of-year
21 publication that compiles a broad range of Medicaid and
22 CHIP statistics from multiple data sources, including

1 Census Enrollment Survey and national- and state-level
2 administrative data. Listed on this slide are the six
3 sections of MACStats.

4 The 2021 edition of MACStats includes eight
5 updated tables on beneficiary characteristics, health
6 service use, and access to care. They used the 2019
7 National Health Interview Survey, or NHIS data. Due to the
8 significant redesign of the 2019 NHIS, users should be very
9 cautious about making any comparisons to NHIS data from
10 prior years. In addition, Exhibit 12 has not been updated
11 due to a delay in the release of health care spending
12 projections from the National Health Expenditure Accounts.
13 We plan on updating this table once the new data is
14 released.

15 Key statistics of this year's MACStats show
16 similar results to last year's. These key statistics focus
17 on Medicaid and CHIP enrollment and spending compared to
18 other payers, Medicaid's share of state budgets, and more.
19 I'll discuss some of these findings in more detail in the
20 upcoming slides.

21 So moving into the trends of the data. Over the
22 last eight years, Medicaid and CHIP enrollment has

1 increased by about 44 percent. Most of this change
2 happened in the first initial years after the bulk of ACA
3 expansion. Most recently, enrollment in Medicaid and CHIP
4 increased by about 8.9 percent from July 2020 to May 2021.
5 This follows a 6.1 percent increase in Medicaid and CHIP
6 enrollment from July 2019 to July 2020. Much of this
7 increase from July 2019 is attributable to the economic
8 downturn created by the COVID-19 pandemic as well as the
9 continuous coverage requirement attached to the federal
10 medical assistance percentage increase under the Families
11 First Coronavirus Virus Response Act.

12 Furthermore, this graph shows growth trends in
13 Medicaid enrollment and spending. Overall, spending and
14 enrollment have had complementary trends, both rising and
15 falling compared to policy changes and economic conditions,
16 such as economic recessions and expansions.

17 In this graph, spending for health programs are
18 compared with spending for other components of the federal
19 budget for fiscal years 1965 through 2020. In general, the
20 share of the federal budget devoted to Medicaid and
21 Medicare has grown steadily since the programs were enacted
22 in 1965.

1 In 2020, CHIP was 0.3 percent of the total
2 federal outlays, a decrease from 0.4 percent in 2019.
3 Medicaid share also decreased slightly from 2019 to 7
4 percent of total federal outlays, which is still less than
5 Medicare's share at about 12 percent. Both Medicaid's and
6 Medicare's share of the federal budget are lower than in
7 prior years because of a large increase of mandatory
8 program spending in 2020. This is due to pandemic-related
9 relief such as unemployment compensation, coronavirus tax
10 relief, and economic impact payments and other housing
11 credits.

12 In Fiscal Year 2019, we see that almost 70
13 percent of enrollees are enrolled in comprehensive managed
14 care, and this accounts for over 50 percent of Medicaid
15 benefit spending. Long-term services and support users
16 accounted for only 5.4 percent of Medicaid enrollees but
17 almost one third of all Medicaid spending. That is \$187.6
18 billion was spent on services for these 4.4 million
19 enrollees. DSH, upper payment limit, and other types of
20 supplemental payments accounted for over half of fee-for-
21 service payments to hospitals in Fiscal Year 2020.

22 Total spending for full-year equivalent enrollee

1 across all service categories ranged from \$3,336 for
2 children to \$21,368 for the disabled eligibility group.
3 Total spending for full-year equivalent enrollee was
4 highest for the managed care service group across all
5 eligibility groups.

6 In 2019, 40 percent of Medicaid enrollees had
7 annual incomes less than 100 percent of the federal poverty
8 level, and 60 percent had incomes below 138 percent of the
9 federal poverty level. As of July 2021, 37 states and
10 D.C., two more states than last year, are now covering the
11 new adult group.

12 MACStats also reports on beneficiary health
13 service use and access to care using survey data from the
14 NHIS and the Medical Expenditure Panel Survey, or MEPS.

15 In 2019, children and adults with Medicaid or
16 CHIP coverage were less likely to be in excellent or very
17 good health than those who are privately covered.
18 Individuals with Medicaid or CHIP coverage were as likely
19 to report seeing a doctor or having a well-child checkup as
20 those with private coverage and more likely than those who
21 were uninsured. These exhibits from MACStats complement
22 recently published MACPAC access and briefs on adult and

1 children's experiences in accessing medical care.

2 And that's it.

3 CHAIR BELLA: All right. That was very quick,
4 but we know it's dense and full of good information that
5 many people in the public use, so a heads-up to all of you
6 listening that this is coming.

7 Does anybody have any questions for Jerry while
8 we have him?

9 [No response.]

10 CHAIR BELLA: So was there anything, Jerry, that
11 was like super surprising to you this time around?

12 MR. MI: I think in some of the NHIS data, it was
13 very interesting that this year a lot of the outcomes,
14 health outcomes such as seeing a doctor or having a well-
15 child checkup for individuals with Medicaid or CHIP were
16 about the same as private coverage; whereas, in previous
17 years, individuals with Medicaid or CHIP coverage were
18 significantly less likely to report seeing a doctor
19 compared to those with private coverage.

20 CHAIR BELLA: That's a great call-out.

21 COMMISSIONER CARTER: Well, so, Jerry, did the
22 percentage of people with private coverage go down or the

1 percentage of Medicaid go up or both?

2 MR. MI: So I think the difference between
3 private coverage and Medicaid were a lot closer than in
4 previous years. I think the percentage of Medicaid went up
5 this year.

6 COMMISSIONER HERRERA SCOTT: Did you count
7 telehealth as part of a visit or no?

8 MR. MI: I am not sure, but I could get back to
9 you on that.

10 CHAIR BELLA: Okay. Any other questions or
11 comments?

12 [No response.]

13 CHAIR BELLA: Jerry, thank you very much for all
14 the work on this.

15 MR. MI: Thank you very much.

16 CHAIR BELLA: All right. Kisha, I am going to
17 turn it over to you to take us home.

18 VICE CHAIR DAVIS: All right. We are in the
19 final stretch. We will invite Aaron to join us to talk on
20 our final session for integrating behavioral health care
21 through health IT, and just a reminder, we are starting to
22 build towards potentially making recommendations in this

1 area.

2 Off to you, Aaron.

3 **### OPTIONS TO STRENGTHEN INTEGRATION OF BEHAVIORAL**
4 **HEALTH SERVICES THROUGH HEALTH INFORMATION**
5 **TECHNOLOGY**

6 * MR. PERVIN: Thank you, Kisha. Thank you,
7 Commissioners.

8 Good afternoon. Let me just make sure I can
9 advance the slides, and I think I can. Okay.

10 Last summer, MACPAC released a report outlining
11 the value of EHRs and improving quality of care, especially
12 for behavioral health beneficiaries. In September,
13 Commissioners heard from an expert panel about the value of
14 EHRs within behavioral health and the effects that it has
15 on patient safety, clinical quality, and provider
16 operations. Panelists agreed that states generally have
17 the Medicaid authorities to improve behavioral health data
18 sharing but may lack the understanding and capacity to use
19 them. Panelists also agree that federal standards for
20 behavioral health could be improved -- behavioral health IT
21 could be improved.

22 This session builds off that discussion by

1 presenting policy options to address EHR adoption and
2 behavioral health integration. The Commission is
3 interested in including these as recommendations in the
4 June report. We'll return in March with specific language
5 for you all to vote on.

6 So, as a little bit of background, as the
7 Commission is aware, Medicaid is the largest payer for
8 behavioral health services in the U.S. Behavioral health
9 providers were left out of previous EHR incentive payment
10 programs. Our previous reports to Congress discussed how
11 EHRs and information sharing can improve patient safety and
12 care quality, but that behavioral health providers have
13 largely missed out on these benefits.

14 We also wanted to briefly point out that the
15 Commission has previously discussed 42 CFR Part 2, or
16 substance use disorder private protections, and the
17 implications they have for sharing SUD information. It's
18 important to note that under last year's CARES Act, SAMHSA
19 is in the process of promulgating rules aligning Part 2 and
20 HIPAA, and this is something that the Commission will
21 continue to monitor.

22 In our previous report to Congress, we saw three

1 buckets of policy issues. The first is EHRs are designed
2 more for physical health instead of behavioral health. In
3 behavioral health, EHRs tend to be at the lower quality.
4 As a consequence, behavioral health providers may not have
5 the tools that facilitate progress in the areas that the
6 Commission is focused on. This includes participating in
7 value-based purchasing and helping providers gather patient
8 information that helps them to address health disparities.

9 The second is that states lack guidance on how to
10 use Medicaid to support behavioral health interoperability,
11 and specifically, information sharing for Medicaid
12 beneficiaries, analysts noted that there might be value in
13 clarifying and updating some of this guidance.

14 The third is that there are federal Medicaid
15 opportunities that do exist but are not being taken
16 advantage of in order to incent EHR adoption for this class
17 of providers.

18 To help with assessing these options, we gathered
19 Commissioner feedback, which helped staff come up with
20 different ways to assess these options. First, does the
21 option improve the system capacity to integrate care and
22 improve quality of care for beneficiaries with behavioral

1 health needs. Secondly, does the option create a financial
2 incentive for certified EHR technology, or CEHRT adoption.
3 And, finally, does the option improve information sharing
4 will maintaining patient privacy?

5 So, to dig in on this first policy issue, health
6 IT standards are not aligned with behavioral health.
7 Behavioral health IT has unique technological requirements.
8 For example, providers need to segment SUD information.
9 They also need to segment some types of therapy notes, and
10 they also need decision support tools related to crisis
11 care.

12 Furthermore, many health information exchanges
13 and non-Part 2 providers do not have the ability to segment
14 SUD information. This causes SUD providers to simply not
15 participate in health information exchanges. As you heard
16 in the September panel, this lack of information sharing
17 can have serious implications for care quality and patient
18 safety for Medicaid patients with behavioral health needs.

19 Lastly, SAMHSA and ONC have jointly developed SUD
20 consent management tools for health IT, but they are not
21 used extensively, which further inhibits information
22 sharing.

1 One way to address this issue is to improve
2 federal standards for behavior health IT. This can be done
3 either through certification requirements or through
4 voluntary standards. The two options on this slide are
5 mutually exclusive. Improving the standards could provide
6 a non-financial incentive for behavioral health providers
7 to adopt an EHR.

8 These standards could help providers know what
9 products to buy that meets their specific needs. Like we
10 heard in the September panel, a lot of behavioral health
11 providers often buy products that don't work for them. The
12 market is filled with non-certified behavioral health EHRs,
13 and providers often don't know what to buy.

14 Also, it's important to note that this option
15 builds on prior recommendations requesting additional
16 guidance to clarify provider and plan requirements under
17 Part 2. For example, in our prior Part 2 recommendation
18 from 2018, we noted how many providers are confused by what
19 kind of patient information is protected under Part 2
20 versus not. New standards could help clarify what specific
21 patient data elements require protection under Part 2 and
22 what can be shared freely.

1 As the Commission decides on which option to move
2 forward, this slide discusses tradeoffs with certification
3 requirements versus voluntary standards. Certification
4 requirements would ensure that state-run health information
5 exchanges have the capability to segment Part 2-protected
6 information. It would also encourage non-Part 2 providers
7 to upgrade their systems and become compliant.
8 Furthermore, SAMHSA and ONC have already developed SUD
9 consent management tools. This includes the data
10 segmentation for privacy framework and the consent to share
11 software applications. Both of these could be introduced
12 in the certification requirements.

13 A downside to this option is that stakeholders
14 have noted that upgrading to a Part 2-compliant system is
15 costly and resource intensive. As you heard from New
16 Jersey in the September panel, it is especially challenging
17 for health information exchanges to develop these consent
18 management platforms.

19 The other approach is to keep this all voluntary.
20 In your reading materials, we've highlighted how this was
21 done recently for pediatric care. A voluntary standard
22 could reinforce what is protected Part 2 information versus

1 what is not. It would also help states that are developing
2 their own EHR incentive program to point to a federal
3 standard instead of developing one on their own. Again, we
4 heard about this at the panel. New Jersey had to design
5 its own standards for its own EHR incentive program. It
6 couldn't just point to federal guidance.

7 One downside to a voluntary approach is that
8 health information exchanges and non-Part 2 providers may
9 be sought out for their systems, which could potentially
10 impede information sharing, which again has implications
11 for care quality and patient safety.

12 The second policy issue is that there is unclear
13 guidance on behavioral health interoperability. Connection
14 to a health information exchange can be prohibitively
15 expensive for many providers. There are often legal fees
16 and subscriber fees to participate in an exchange.
17 Guidance has outlined how the federal match can be used to
18 connect behavioral health providers to health information
19 exchanges, but this guidance often refers to outdated
20 information.

21 Our September panel also noted that improved
22 clarity on how to braid Medicaid with other federal sources

1 could be used to promote information exchange connections.
2 States don't have a playbook right now for how to do all of
3 this under current Medicaid authorities. Should the
4 Commission decide to move forward, a recommendation in this
5 area could build on our previous recommendation outlining
6 how states can use health IT for behavioral health crisis
7 continuum, which we recommended in our prior June report.

8 This brings us to our second policy option.
9 Commissioners could request that HHS issue joint guidance
10 clarifying how to connect behavioral health providers to
11 health information exchanges. CMS has 1115 guidance for
12 demonstrations for serious mental illness, serious
13 emotional disturbance, and SUD that requires states to come
14 up with a health IT plan that promotes health
15 interoperability. However, it is unclear how states can
16 achieve this interoperability when affected providers lack
17 an EHR. HHS could help clarify this. HHS could also
18 outline how to braid federal resources with Medicaid
19 funding to promote behavioral health interoperability.
20 Much of this information is scattered in many different,
21 separate guidance documents, but states can be well served
22 if it was compiled into a single resource to use

1 application.

2 However, we wanted to point out that this
3 guidance would not provide an adoption incentive because
4 federal policy is fairly clear that the federal match
5 cannot be used to pay for an EHR. Furthermore, without
6 improvements to health IT standards, SUD providers may
7 continue to be reluctant to share information with non-Part
8 2 systems.

9 The final policy issue of note is that there are
10 federal opportunities in existence that are not being taken
11 advantage of. The SUPPORT Act gave the Center for Medicare
12 and Medicaid Innovation the ability to test EHR incentive
13 payments for behavioral health providers that participate
14 in Medicaid, and there's a large degree of stakeholder
15 interest, yet no public plan to do so.

16 To address this, the Commission could request
17 that HHS use its authority. This option would provide a
18 financial incentive for EHR adoption, and it also could be
19 used to test the consent management tools that were
20 previously developed by ONC and SAMHSA. The only drawback
21 to this approach is that it would only support providers
22 that participate in the demonstrate. So demonstration

1 evaluations could be used to inform future policy on
2 Medicaid behavioral health IT.

3 As a next step, we are hoping to get a sense of
4 your interest in developing these options and turning them
5 into recommendations for the June report. Based on your
6 feedback, we will revise these options and bring them back
7 during the Match meeting.

8 I'm going to leave this table up because it
9 summarizes the staff's assessment of the different options.
10 Options 1a and 1b, which again are mutually exclusive, and
11 also Option 2 would help Medicaid better integrate care.
12 Option 3 would provide a direct financial incentive for
13 CEHRT adoption but only for providers that participate in
14 the CMMI demo. Meanwhile, all policy options would promote
15 information sharing but to varying degrees.

16 Thank you for your time, and with that, I turn it
17 over back to Commissioners.

18 VICE CHAIR DAVIS: Thank you so much, Aaron.
19 That was really helpful, and we will just leave this slide
20 up to help keep us oriented.

21 I think we want to start with kind of questions
22 in general and then move to the policy options in more

1 detail, and we'll turn to Toby to really kick us off in the
2 conversation.

3 COMMISSIONER DOUGLAS: Sure. Although I will
4 kind of frame it overall, not just questions.

5 So, first of all, great analysis and
6 presentation, Aaron. What I would say is just great job by
7 the staff, the panel, as well as the interviews. It really
8 further solidifies the need to use health IT to strengthen
9 efforts around integration, and it's really been great to
10 explore how we can think about EHRs facilitating this
11 integration.

12 When we think about it in terms of both the
13 financial and non-financial, it really does to me get, as
14 Commissioners, to the complexities of the policy analysis
15 and how we weigh in and where we best suit it for
16 addressing these underlying issues, because we're both --
17 as a payer, is it our role to be delving into standards and
18 certification? Where I land when I look at this policy
19 option in its first -- there are, as Aaron points out, a
20 lot of levers that states have today to improve integration
21 through the NIDA and SAMHSA as well as -- well, we talked
22 about directed payments earlier today and how you use

1 directed payments that could help in this frame.

2 So I would say it's a little premature to be
3 going into new policies outside those current levers and
4 what can we do to better inform, to use some and build on
5 what we've done in terms of other guidance and be more
6 consistent with kind of what we've done on previous
7 recommendations and stay in that swim lane and see if it
8 works, and then before seeing if that's the way to drive
9 incentives rather than delving into standards,
10 certifications, or CMMI.

11 VICE CHAIR DAVIS: Thank you, Toby.

12 Others to that point or how we should approach it
13 more broadly?

14 Yeah, Martha.

15 COMMISSIONER CARTER: I don't have questions. I
16 think I'm ready to make a stand on something. So if you're
17 ready for that --

18 VICE CHAIR DAVIS: Go right ahead.

19 COMMISSIONER CARTER: The issue of being able to
20 use health IT, electronic health records, in an integrated
21 setting is something that I've been working on maybe for a
22 decade, certainly since 2014, and so it's really clear to

1 me that market forces aren't going to change what vendors
2 do with their EHR systems unless there is some requirement
3 to do so.

4 I think this does get to access and quality
5 issues. In that community health center where I was the
6 CEO, it's a certified EHR, and I've talked about this a
7 little bit. It's a certified EHR, but there's no way to
8 limit access to medication records. There's no good way to
9 do a records release that segments information, and so
10 people who don't want their whole team to have access to
11 their whole record can't come to that practice. I mean,
12 basically, it shuts out people who don't want to share.

13 Most people are going to say, "Yes, I want my
14 primary care team to know everything about me," but there
15 are situations -- and we absolutely have to respect that --
16 that people want to limit access for any number of reasons.
17 So that has to be built into the system, and if it's not,
18 then you just -- I don't know what to say. You can't do
19 it. You just can't do it.

20 So I think we want to highlight three areas. One
21 is, in behavioral health, there needs to be a way to
22 segment or limit access to psychotherapy notes, and people

1 who do behavioral health counseling understand the
2 definition of psychotherapy notes and know that that's a
3 legal term that they have a responsibility to limit access
4 to. That has to be there.

5 I don't want to get the EHR vendors down on my
6 case, because I'm sure there are some that have this
7 capability, but they don't all, and so that's a problem.

8 The other is the entirety of the behavioral
9 health and SUD records have to be able to be limited
10 access, and that includes problem lists. That includes med
11 lists, not just the visit notes.

12 Third, when people do want to release their
13 records, there has to be an easy way for the staff to click
14 the boxes and say "I release this, and I don't release
15 that." So I'm really coming down on the side of 1a that
16 there's a requirement for EHR systems to be compliant with
17 Part 2, and I'd go a little step farther and say that they
18 support integrated behavioral health, because we know
19 that's really the best route. for people seeking behavioral
20 health services.

21 VICE CHAIR DAVIS: Thank you, Martha. And do you
22 have a stance on 2 and 3?

1 A reminder to everyone, we can make a
2 recommendation on all of these or none of these. So we
3 don't have to come down affirmatively on the others.

4 COMMISSIONER CARTER: Not right now, Kisha. I
5 think I've got some ideas, but I'm actually interested in
6 hearing what other people think about some of the others.

7 VICE CHAIR DAVIS: Sure. Thanks.

8 Laura and then Fred.

9 COMMISSIONER HERRERA SCOTT: So I agree on 1a for
10 what Martha just reviewed. I don't think we're ready for
11 2. We don't have enough providers that have an electronic
12 health record, one, and two, most of the providers that are
13 connected to an HIE facility -- so we're mostly getting
14 emergent and urgent care through admission discharge
15 transfer records, but we're not really getting ambulatory
16 outpatient records. Unless the behavioral health providers
17 are working in an emergent, urgent area, I don't know that
18 even the HIEs, because of records changing and being
19 updated in the way the feeds are generated that the HIEs
20 are ready for that, let alone the behavioral health
21 providers, because they're not on an EHR.

22 I do think CMMI doing some kind of testing with

1 an EHR incentive could fast-track or be the enzyme to help
2 move this forward faster.

3 VICE CHAIR DAVIS: Thank you, Laura. That's
4 helpful.

5 Fred?

6 COMMISSIONER CERISE: Yeah. I just wanted to ask
7 Aaron his thoughts on 1a. I mean, I think it makes total
8 sense that you would have standards that would incorporate
9 the behavioral health components. It's sort of emblematic
10 of how we look at behavioral health that we've developed
11 this entire infrastructure and then we're coming back
12 around to how does behavioral health fit in, and we've paid
13 a lot of money and the government has paid a lot of money
14 to providers to adopt these systems. But now there's a
15 critical missing component.

16 My question, Aaron, from a practical perspective,
17 what does it mean when we say we would require standards
18 that these systems incorporate the components that would
19 allow segregation of data and consent up front for what
20 gets shared, what doesn't get shared? Because most of the
21 behavioral health providers don't have them to begin with.
22 So, if that middle column is not checked, I'm concerned

1 that the behavioral health providers are still not going to
2 adopt them, and then what's the implication from a cost
3 perspective on everybody else that already has adopted
4 them?

5 MR. PERVIN: Sure. So I think that's one of the
6 reasons, if I'm understanding your question correctly --
7 that's one of the reasons that we have both a certification
8 versus a voluntary standard. Certification would kind of
9 change all the EHRs that are out there on the market. This
10 would be non-behavioral health providers and also
11 behavioral health providers would need to have an EHR that
12 is certified, has the stamp of ONC's approval.

13 Voluntary standards is more similar to what was
14 done for pediatric care a couple years ago. ONC led a
15 stakeholder-driven process because pediatricians were
16 concerned that the EHRs were not really built for their
17 specific specialty, and so what we would be saying for a
18 voluntary standard is that at least there's some kind of an
19 ONC guidance that shows either these are the important
20 behavioral health data elements, these are the important
21 clinical protocols, and so it would kind of give the EHR
22 vendors something to look at, and there would also be kind

1 of technical specifications and programming notes that
2 vendors could look at that create in the EHR, that sculpts
3 the behavioral health, but it's still interoperable with
4 the rest of the system.

5 So I think that's one piece, and I think the
6 second part of your question, though, is about kind of
7 cost. I will say that for a lot of behavioral health
8 providers, EHRs are very expensive. They can't really
9 afford them to begin with because these providers have
10 fairly low resources, but at least the voluntary standards
11 gives them an idea that if we do have resources, we have a
12 better idea of what to purchase.

13 Does that answer your question, or am I kind of
14 going in the wrong direction?

15 COMMISSIONER CERISE: Yeah. No, no. It does.
16 It does. From a requirement, a standards requirement, is
17 the idea then that the existing systems would need to
18 change? So, when next version comes out, there's got to be
19 an updated version, and then all the people who own Epic
20 right now would eventually migrate to their updated
21 standards?

22 MR. PERVIN: Yes, that is correct. You would

1 need to upgrade your system to meet the new certification
2 requirements. Everyone would.

3 VICE CHAIR DAVIS: But that still wouldn't
4 necessarily get at the folks who aren't on the EHR in the
5 first place.

6 MR. PERVIN: That is true. That would not affect
7 the people who don't have an EHR to begin with because they
8 don't have any technology, and so they don't have anything.
9 They don't have certified. They don't have anything, and
10 so they wouldn't need to upgrade anything.

11 VICE CHAIR DAVIS: Thanks.

12 Toby and then Martha.

13 COMMISSIONER DOUGLAS: Well, I'll talk now and
14 then wait, but I guess I'm just going to keep no pushing
15 back. I just struggle how we see as Commissioners our role
16 to be getting into the issue of standards versus incenting
17 and driving just broader adoption and then moving -- that
18 would facilitate these others, but as a Medicaid, as a
19 payer, hitting and staying in that swim lane of using our
20 guidance to really drive how can MITA be used in a way to
21 use FFP, federal financial participation, for adoption,
22 different ways, but while we're evaluating directed

1 payments, there could be ways if there's guidance, how
2 those could be directed in a way that are used for EHR
3 adoption.

4 Where does Medicaid -- and maybe this is a
5 question back for you, Aaron. Where do we delve? Are
6 there other examples where we've gone into this role of
7 setting up standards?

8 MR. PERVIN: I can take a first crack at that. I
9 think we really see this as building on our previous
10 recommendations on 42 CFR Part 2. So, if you recall, in
11 2018, our previous recommendation on 42 CFR Part 2 is that
12 both SAMHSA and CMS need to provide joint guidance on how
13 what are plan and provider requirements under Part 2, and
14 so improving standards or changing the standards around
15 behavioral health IT would at least -- would provide kind
16 of more direct implementation guidance that kind of
17 specifically outlines this is Part 2 protected information
18 and this is not Part 2 protected information. So I think
19 we see this as kind of an extension on a past 2018
20 recommendation as opposed to something new around -- as
21 opposed to where we haven't really commented on before.

22 VICE CHAIR DAVIS: Martha and then Bob.

1 COMMISSIONER CARTER: Speaking as somebody who
2 has hired psychiatrists, doctoral psychologists, clinical
3 social workers, and licensed professional counselors, they
4 all come with a pretty good knowledge of HIPAA, and if they
5 do psychotherapy, they understand the requirements for
6 psychotherapy notes, and they understand -- if they've ever
7 done SUD, they understand, at least have a rudimentary
8 understanding of Part 2.

9 So, if the system doesn't help them comply with
10 those standards that have been drilled into them, then
11 they're not going to buy the system. So I think it's sort
12 of a circular problem. We don't have good uptake among the
13 behavioral health providers because the systems aren't
14 responsive and because they haven't gotten the financial
15 incentives.

16 So I think the whole thing has to move. The EHR
17 systems have to be completely responsive, and they should
18 be built with it, with input from the end users, and then
19 there have to be some financial incentives to get all those
20 folks that are not currently using EHRs into the system. I
21 think that is what's going to make a difference.

22 VICE CHAIR DAVIS: Thanks, Martha.

1 Go to you, Bob.

2 COMMISSIONER DUNCAN: Thank you.

3 A question. Toby talked about MACPAC's role. In
4 the past, we haven't done the requirement for the
5 certification. My thought and question is, one, we just
6 spent a lot of time discussing access and data and the
7 inconsistencies and continuity of data. Can MACPAC make a
8 recommendation for 1a that we think there should be a
9 certification, but we're not designing what that
10 certification is?

11 VICE CHAIR DAVIS: Yes.

12 COMMISSIONER DUNCAN: Okay. Thank you. Because
13 I think that brings --

14 VICE CHAIR DAVIS: Bob, I vote for you to
15 recommend that pathway.

16 Go ahead, Anne.

17 EXECUTIVE DIRECTOR SCHWARTZ: I think what would
18 be consistent with what we've done in the past is that we
19 would say -- you know, we would be suggesting that somebody
20 else does the standards, but we would say something about
21 what we think the top-level elements would be. So it's not
22 just like standards without any direction. We give some

1 sense around that, but we absolutely would not develop the
2 standards themselves.

3 VICE CHAIR DAVIS: In terms of this first policy,
4 there's some support for 1a and some hesitation also. Are
5 there others who want to talk about the voluntary path?

6 Fred.

7 COMMISSIONER CERISE: I guess in formulating my
8 ideas, in following up on some of Toby's comments, because
9 it seems like a very big deal to go from no standards to
10 mandatory standards, that perhaps a reasonable approach is
11 to put out some guidance, which may be in the way of
12 voluntary standards, but then pair that with -- it seems
13 like there's got to be some payment mechanisms in there for
14 providers to adopt, so whether that's to directed payments
15 or other guidance, but using 2 and 3 as a way to sort of
16 guide people to adoption and then maybe migrate into some
17 required standards, but voluntary standards as a way to get
18 started seems reasonable to me.

19 VICE CHAIR DAVIS: Thanks, Fred.

20 Yeah, Bill.

21 COMMISSIONER SCANLON: Yeah. I'm going to
22 advocate strongly for mandatory standards. I've been

1 around sort of issues related to this for a long time,
2 starting with HIPAA in 1996 and with HITECH.

3 We all really appreciate the fact that if you
4 have an electric plug, you can plug it into almost any
5 outlet in the U.S., okay? Things get standardized, and
6 they're useful to everybody. HIPAA, even though it's,
7 what, 26 years old, has never been fully implemented.

8 I was part of the National Committee on Vital
9 Health Statistics, which is the advisory body for the
10 Secretary on HIPAA, and we had endless testimonies about
11 how things were not optimized in terms of being easy.

12 If you want to order something from Amazon or any
13 other sort of company online, it's made easy. The whole
14 process of dealing with paying claims and submitting claims
15 has never been sort of standardized in a way that providers
16 can minimize their administrative costs. This is just
17 another example of an area where standardization will have
18 incredible benefits.

19 Now, in terms of our role, we're not going to be
20 the standard setters, but we can say among the consumers
21 that are going to benefit and people that we're interested
22 in are going to be among the consumers that are going to

1 benefit from this standardization. It's got to be done
2 right. That's true. It's going to be others that do that,
3 do it right, but again, I think it's something that
4 absolutely needs to be done.

5 VICE CHAIR DAVIS: Thank you, Bill.

6 Go ahead, Darin.

7 COMMISSIONER GORDON: So I would like to hear
8 from Aaron or others. They may have a perspective here,
9 but when we think about standards, particularly when there
10 are systems out in the marketplace, and we talk about
11 setting new standards, I mean, would that not then
12 ultimately result in some added costs for non-providers
13 that have systems in place today? I'm just curious how
14 that might play out, obviously, assuming that we're
15 introducing new standards that may not be -- in essence,
16 may make all existing systems noncompliant.

17 MR. PERVIN: I can jump in, and then I'd be
18 curious about other Commissioners' thoughts.

19 But, yeah, Darin, that is correct. If you
20 introduce these in the new certification requirements, then
21 providers would need to upgrade their systems to kind of
22 meet those new certification standards. That is accurate.

1 VICE CHAIR DAVIS: Heidi. Dennis, were you
2 trying to jump in? Dennis and then Heidi.

3 COMMISSIONER HEAPHY: I'm in conversation with
4 insurance companies. That is an argument that they make is
5 they've already invested in this, and they're going to have
6 to change their systems. But I do think we need to go for
7 certification for behavioral health IT.

8 I'm wondering if there a way to create a glide
9 path to that. Is there any way of combining 1a and b with
10 providing some sort of financial incentives to support the
11 transition, even if it's just the states? I think there
12 have to be certification standards because you can see what
13 a mess it is. If someone goes to the hospital and then one
14 system does not communicate with another hospital, the
15 records are just a mess. So we definitely need
16 standardization or certification of standards.

17 But I do agree in terms of the financial hit that
18 they're going to take, and I think if it's just a one-time
19 hit, then it's not bad. But if there's a way to create a
20 glide path towards that and include some financial
21 incentives, I think that's a question for you, Aaron. You
22 don't have to do it all today. Is there a way to build up

1 to it?

2 MR. PERVIN: So, based on our understanding, the
3 only Medicaid-related option to provide like a glide path
4 and incentives for CEHRT adoption would be through testing
5 the EHR incentive payments through CMMI. There wouldn't
6 really be any other -- the federal policy is pretty clear
7 that the Medicaid federal match cannot be used to offset
8 EHR adoption costs. That kind of went away with HITECH.
9 There's a little bit of this going on under kind of the
10 ARPA enhanced FMAP. Some states are doing an incentive
11 program, but again, that's going to end in March 2022.

12 These authorities are expiring, and so there's
13 not really any other way to provide a financial incentive
14 for EHR adoption.

15 COMMISSIONER HEAPHY: Just quick, what about the
16 1115 waivers? I don't recall what you wrote in the report.
17 Is there a way to do that through 1115 waivers?

18 MR. PERVIN: So, based on the guidance that we
19 reviewed, the 1115 waivers could support connecting a
20 behavioral health provider to a health information exchange
21 or support connecting providers to each other so that they
22 can share information, but there's not a way to provide --

1 to offset the provider's EHR costs.

2 COMMISSIONER HEAPHY: Okay. Thanks.

3 COMMISSIONER GORDON: I would appreciate just
4 having some kind of datapoint, whether it's certain
5 providers that are out there, just to understand their
6 perspective with this, because I think what we're trying to
7 do makes sense. I worry that we're overlooking the
8 practical hurdles that we may be creating as a result and
9 having sufficient provider perspective on something that
10 we're talking about. Basically having them invest and re-
11 tool some of their practices is probably a prudent thing to
12 do.

13 VICE CHAIR DAVIS: Yeah. I think that's a great
14 point, Darin.

15 We're going to go to Heidi, and then after
16 Heidi's comment, I want us to just kind of do a straw poll
17 to see where we are. We've had a lot of conversation
18 around 1. I'm hearing folks, some folks strongly feel like
19 we should make a recommendation and some not sure if we're
20 ready to go on either side. So, Heidi, I want to hear from
21 you and then get kind of a strawman here.

22 COMMISSIONER ALLEN: Thank you. I've really

1 appreciated this rich discussion and all the perspectives
2 that people brought forward.

3 I would assume that the providers using these are
4 constantly having new changes made and repaying for
5 licenses and that this is actually something that is pretty
6 routine, maybe not to this scope, but I assume these are
7 not stagnant products, so that these products are
8 constantly evolving. And this would be just some very
9 clear standards on how to address this very specific issue,
10 and that it wouldn't necessarily be a significant cost
11 driver any more so than any other adaptation of technology
12 and changes of practices over time.

13 So, for me, hearing everything that's been said
14 before, I would support 1a and Number 3 policy option to
15 help providers who currently don't have EHRs get some
16 financial support to engage in that.

17 As Dennis said, certainly, to suggest the states
18 that they could use their Section 1115 waivers to try to
19 bring in other behavioral health providers, to incentivize
20 and support their adoption of EHR as well.

21 So that's where I'm at.

22 VICE CHAIR DAVIS: Thank you, Heidi.

1 Verlon, real quick?

2 COMMISSIONER JOHNSON: Yeah, just real quick. So
3 I guess my issue is more around our purpose. Is it to make
4 sure that the standards that are going to be created
5 eventually will meet exactly the need that we're looking
6 for? In those cases, I would support potentially the CMMI
7 initiative, potentially the volunteer. I guess that's
8 where I'm a little bit confused is, are we basically saying
9 we're ready to go with making sure that SAMHSA and ONC have
10 exactly what they need to develop those standards, or do we
11 feel like they may need more intel to be able to do that?
12 Does that make sense?

13 I don't know, Aaron, if you have thoughts around
14 that.

15 MR. PERVIN: Yes. So we do know that HIEs and
16 EHRs can be upgraded to have consent management tools. New
17 Jersey is developing a consent management tool. We know
18 that D.C.'s health information exchange and also the
19 Chesapeake Regional Information Exchange, they've developed
20 consent management tools for SUD. So we know it definitely
21 can be done. It's more a question of whether or not you
22 want this to be required to be part of the EHR

1 certification process or make it more voluntary.

2 COMMISSIONER JOHNSON: Yeah, which is why I
3 probably would not support the CMMI one, just because I
4 feel like that is an opportunity to learn, so that's
5 helpful. Thank you, Aaron. I appreciate that.

6 VICE CHAIR DAVIS: Thank you, Aaron. Thanks,
7 Verlon.

8 I'd like to just see kind of where we are with
9 Policy Option 1a versus b, having kind of a certification
10 pathway versus voluntary standards. Just if folks could
11 raise a hand if you're leaning towards 1a and
12 certification.

13 Dennis, I see you nodding.

14 And then 1b?

15 COMMISSIONER CERISE: Kisha, again, I think 1a is
16 probably where to go. I'm looking at this sentence from
17 the current description that says about 1a, one major
18 drawback is it's highly resource intensive and costly for
19 providers in HIEs to upgrade, and so, to Darin's point, I
20 guess I'd like to understand that a bit better. What is
21 involved in that kind of upgrade?

22 I think it's the way we want to go. I just want

1 to understand what the practical implications are. For
2 anybody who has implemented an EHR, it can be a painful
3 process, and I want to know how much disruption this causes
4 to know how to pace it. Do you know what I mean? Not
5 whether we get there or not, but how do we get there?

6 VICE CHAIR DAVIS: Yeah, Martha, to this point.

7 COMMISSIONER CARTER: Yes. I think it depends on
8 how your contract goes with the EHR vendor because there
9 are some vendors that don't charge for upgrades. It's sort
10 of spread out over the whole cost of the product. It would
11 be a cost to the vendor, but it wouldn't necessarily be a
12 cost to the end user or the practice that has adopted that
13 particular EHR package.

14 Others, you pay for each upgrade. So I don't
15 think we can say, across the board, yes, it's going to mean
16 that each individual practice is going to take on a big
17 cost. Surely, there's costs somewhere. Somebody has to do
18 the work to adapt the systems, but where does it get passed
19 on and to whom? I don't know that we have enough
20 information to know that for sure, but it's not necessarily
21 at the practice level.

22 VICE CHAIR DAVIS: What I see us leaning towards

1 is a path of certification, not that we are necessarily the
2 ones who are creating those standards but recommending some
3 of what should be in there.

4 But I think, Aaron, also, what I'm hearing from
5 the group is for our next conversation, having some more
6 information on the impact on EHR vendors and the providers
7 that are going to be having to do those upgrades in terms
8 of financial costs and workflow and workload and really
9 having a better understanding of what that looks like.

10 COMMISSIONER CARTER: And, Kisha, if I might add,
11 if there's cost to the HIEs, I'm suspecting not so much,
12 but that's not my area of expertise, because I think they
13 can just flip a switch and allow those data to flow in.
14 But that would be something just to double-check.

15 MR. PERVIN: So, in our conversations with HIEs -
16 - so, for example, in the September panel, New Jersey did
17 talk about the challenge that they had with developing
18 their SUD consensus. It was very expensive, and it was
19 being done with HITECH funding, which was expiring, and so
20 they were trying to figure out -- in the panel, they talked
21 about this. They were trying to figure out how to continue
22 those investments, and there were some challenges around

1 that. So I do think it is expensive for an HIE to develop
2 these consent management tools and then implement them
3 properly.

4 COMMISSIONER CARTER: Aaron, if the gateway is at
5 the practice level, then there would be -- I guess there
6 would be possibly still some at the HIE level. People may
7 consent to share. It should be that at the practice level,
8 where the patient is, where their data originates, that
9 that's where the gateway would be, and by the time either
10 it gets or doesn't get to the HIE, then it just flows.

11 VICE CHAIR DAVIS: Interesting point. I've seen
12 just the CRISP system in Maryland where it's got many
13 different inputs, and there's lots of other options where
14 the patient may not have input. So pharmacy records are
15 coming in, hospital, primary care. There's a lot of
16 different inputs there.

17 Let's move to look at Policy Option 2. I'm not
18 hearing strong consensus of folks feeling ready to make --
19 you know, put a stake in the ground on this, but let's just
20 -- those who are in favor of the Policy Option 2 in our
21 joint guidance outlining how Medicaid can connect
22 behavioral health providers around making a recommendation

1 in that area.

2 I see Martha in favor.

3 COMMISSIONER DOUGLAS: That's where I think we
4 should be starting is just focusing on the guidance.

5 VICE CHAIR DAVIS: Tricia.

6 Anybody opposed to it, or is it more not feeling
7 ready?

8 Yes, Martha.

9 COMMISSIONER CARTER: I think it's actually too
10 early because there are not a lot of behavioral health
11 providers that have good compliant records, and so the
12 guidance is going to change once there are actually
13 compliant records available. So I think it's sort of
14 putting the cart before the horse from my perspective.

15 VICE CHAIR DAVIS: Yeah. That sounds great.

16 And for Policy Option 3 around testing EHR
17 incentive payments to CMMI, I've heard lots of support for
18 there needs to be -- if you're going to make this
19 transition, there needs to be some sort of financial
20 support to help folks make that transition to EHRs. Is
21 this something we want to put a stake in the ground around,
22 whether it's specifically, you know, testing a payment

1 through CMMI? Folks strongly in favor of that, raise your
2 hand if you're in favor of that.

3 COMMISSIONER JOHNSON: I think I would be in
4 favor of it if it was combined with 1, another one. That's
5 when I'd be in favor of it.

6 VICE CHAIR DAVIS: Seeing lots of nodding heads
7 in agreement with that.

8 Anybody who's really opposed to 3 or others who
9 feel just like we don't have enough information?

10 CHAIR BELLA: I mean, I guess I'll say on 3, I
11 mean, everybody wants CMMI to test and pay for something,
12 and so we just need to keep that in mind. Would this be
13 the thing that we would want to go for and say -- maybe it
14 is, but that's the only source of sort of quick authority
15 and money right now, and so I don't want to be one of those
16 groups that's like everybody goes to CMMI and thinks that
17 they should do something with their money and their
18 authority.

19 VICE CHAIR DAVIS: Laura and then Martha.

20 COMMISSIONER HERRERA SCOTT: Melanie, I hear you
21 on that piece. The only thing without some dollars to do
22 this right, you know, the behavioral health providers were

1 left behind, and so as we think about home health
2 integration and really managing a person's behavioral and
3 physical health, we really can't do it without an EHR. And
4 there's a lot of ways that CMMI could do this through some
5 value-based payment arrangements that's inclusive of the
6 EHR. I mean, they could leverage other lessons learned in
7 some of the other models here, pulling in the EHR, and it
8 could be a win-win for a lot of different reasons.

9 CHAIR BELLA: Yeah. I think I'm just struggling
10 because it feels like we're sort of -- we're a little all
11 over the place in terms of some things we want, but we're
12 too early, and other things that feel like we're too early,
13 we feel good about. I just want to make sure that when
14 we're ready to fund things where everybody is poised and
15 ready to take back some advantage of that, and it's unclear
16 to me of how big all of these things are. And it feels
17 like we feel the need to make a recommendation, but we
18 don't have to leave this meeting today with a
19 recommendation. We can continue to work on it. So I'm
20 just telling you what's thoughts in my head. That's all.

21 I completely hear you on supporting in the
22 meeting to get this in the equation, particularly for

1 bringing all the pieces of care to get back to the complex
2 populations in particular.

3 COMMISSIONER HEAPHY: This is Dennis. I'm
4 thinking with COVID, the horizon with mental health needs,
5 isolation, all that, there's really a charge to deal with
6 this now because if there's another health care crisis or
7 pandemic or anything that comes around, if we don't have
8 the integrated records in place and some sort of standards
9 or certification process, then we will be behind again,
10 because that's one of the cases I think we had with COVID
11 too is integration of all the health records, behavioral
12 health and others. So I think it behooves us to do
13 something, maybe not today, but I think the onus is on us
14 to put forward a recommendation.

15 VICE CHAIR DAVIS: Stacey and then Martha, and
16 then we're going to wrap up.

17 COMMISSIONER LAMPKIN: I agree with Melanie.
18 Part of my challenge that I missed was chicken and the egg
19 kind of thinking through sequencing here, and that's why I
20 put my hand up for 1b because 1a is very costly, and yet we
21 don't have any money flowing to providers to help them get
22 into the system. It seemed like voluntary standards was at

1 least a stake in the ground, some progress, but without
2 causing a lot of cost, we really couldn't tap into and take
3 advantage of without incentive money. But it was very
4 chicken and egg-y.

5 VICE CHAIR DAVIS: Thank you, Stacey.
6 Martha.

7 COMMISSIONER CARTER: Yeah. And I wanted to draw
8 out Number 3 a little bit too. It may be too early. What
9 I don't know is how many systems, if any, are currently
10 compliant. Is there something to test with? Because, like
11 I said, if you give the opportunity to behavioral health
12 providers to adopt an EHR, there's nothing on the market
13 that suits their needs, or worse, they'd spend money on
14 something that doesn't suit their needs, then it's just a
15 waste. So there's as little more background information I
16 would like to know about Number 3.

17 I think, ultimately, the money has to go into the
18 system somewhere to help this, but I'm not sure when that
19 is.

20 MR. PERVIN: There are EHRs that are certified by
21 ONC that are being used by behavioral health providers.
22 It's just there's not -- sorry. Martha is --

1 COMMISSIONER CARTER: It doesn't mean they're
2 compliant. It may mean that people have developed
3 workarounds, manually. I mean, my staff had to manually
4 print out the patient record and manually redact the
5 behavioral health records when somebody said no. So they
6 may be using them. They may have been adopted, but they're
7 not really useful.

8 I'm sorry to interrupt you, Aaron. What I don't
9 know is really the depth of the field and whether there
10 really is something that's fully Part 2 compliant and also
11 has that ability to limit access to certain parts of the
12 behavioral health record like psychotherapy notes, as
13 required by law.

14 MR. PERVIN: There's not a lot of data sources,
15 but we could try to talk to EHR vendors again and see what
16 they say about those.

17 Our understanding is it can be done. It's just
18 very resource intensive.

19 VICE CHAIR DAVIS: Thank you, Aaron. Thank you,
20 Martha.

21 I think as we kind of bring this session to a
22 close, I am hearing clearly that folks want to create some

1 standardization.

2 I'm sorry if you guys are getting feedback. I'm
3 hearing a little feedback in the sound.

4 But there is more information that needs to be
5 discovered on really what the impact is for providers for
6 EHR vendors and how that might impact patients. I haven't
7 seen examples of anybody doing it well that we can really
8 point to, but that would be helpful if, Aaron, you could
9 bring a little bit more information about that.
10 Commissioners, we'll be revisiting this again, and I hear
11 us moving in the direction of certification and moving in
12 the direction of some sort of funding support, but I don't
13 know that we're going to be -- if the right direction is to
14 come down strong with a firm recommendation, and it may be
15 more just -- Aaron, are there other things that you would
16 like to hear from the panel? I think you've gotten a lot
17 from the Commissioners this afternoon.

18 MR. PERVIN: Yeah. I guess the thing that I
19 struggle with is -- you brought this up. It's the chicken
20 and the egg issue. It's the standards which -- you know,
21 it's the certification which might make the products more
22 costly because there's more bells and whistles involved,

1 and then they're not buying it because there's no money.

2 So I think one thing that staff will have to
3 think about is -- I guess what I'm hearing is like is there
4 a different way we should be sequencing this. It sounds
5 like if we're going to do 1a, the idea is that we're
6 definitely going to do 1a and 3, but then for 1d, we may or
7 may not need a financial incentive because it's voluntary.

8 Where are Commissioners falling in that realm?
9 Is that the idea of how we're going to move forward? We
10 want to package two of these things together or do more of
11 a voluntary -- go through more of a voluntary process?

12 VICE CHAIR DAVIS: I think I'm hearing the 1a and
13 3 packaged together, but that regardless, I think that
14 there would need to be financial incentives, I'm hearing.
15 Folks nod if you're in agreement that there would need to
16 be some additional financial support for that to help
17 mental health providers really to make that transition over
18 to EHRs, and that that could even potentially stand on its
19 own.

20 Any disagreement with that? Speak for the entire
21 Commission.

22 MR. PERVIN: Thank you. That was helpful. Thank

1 you, Kisha.

2 COMMISSIONER HEAPHY: I have a question. I've
3 got a question, Aaron. If there are going to be voluntary
4 standards, would they be equivalent to the certification
5 requirements in 1a? So, in other words, the level of
6 requirement standards would be equivalent. One would just
7 be voluntary? The other would be certified? The voluntary
8 certification or certifications requirement?

9 MR. PERVIN: The model we're going for is the
10 pediatric voluntary standards that were developed by ONC,
11 and so what that is, like certification provides kind of
12 your base layer, and then the voluntary standards are in
13 addition to that to help pediatric providers know what kind
14 of product they're going to buy, and so I think we're
15 envisioning the same thing for behavioral health.
16 Certification is kind of the floor, and then there's
17 voluntary standards on top of that.

18 COMMISSIONER HEAPHY: Thank you.

19 CHAIR BELLA: Okay. Kisha, I think we might want
20 to go to public comment. Is that good?

21 VICE CHAIR DAVIS: Yep. That sounds good.

22 Are there any --

1 CHAIR BELLA: Sorry. You go. You go.

2 VICE CHAIR DAVIS: No, go ahead.

3 CHAIR BELLA: Well, it's not the most exciting
4 thing.

5 Would anyone like to make a public comment?
6 Please indicate with your hand icon, and as a reminder,
7 please introduce yourself or your organization, and keep
8 your comments to three minutes or less. I think we have
9 someone.

10 MS. HUGHES: We do. We have Alfonso. Alfonso,
11 I'm going to unmute your line, and now you can make your
12 comment.

13 **### PUBLIC COMMENT**

14 * MR. GUIDA: Yes. Hi. My name is Al Guida. I
15 represent the Behavioral Health Information Technology
16 Coalition.

17 Just a few things, very briefly. Thank you so
18 much for the Commission's focus on this issue. Aaron has a
19 biblical level of patience. So, Aaron, thank you so much
20 for your patience with us.

21 Three things, very briefly. There is IT. There
22 is technology in the mental health and addiction treatment

1 space. It's just used for billing. So there isn't much.
2 Many health IT systems in this space don't have a clinical
3 capacity, and as Commissioner Carter noted, a significant
4 amount of clinical information in this space is transmitted
5 by a fax.

6 Secondly, there are health IT systems that are
7 both compliant with the ONC 2015 certification standards
8 and are also compliant with Part 2. So these, there are
9 systems that do exist that meet the parameters that
10 Commissioner Carter laid out.

11 Then lastly, thank you for your support for the
12 CMMI demonstration that is in law. To address the concerns
13 of Chair Bella, it's okay to say that CMMI needs additional
14 resources in order to initiate that CMMI health IT
15 demonstration, and there is statutory authorization for it,
16 and of course, CMMI would be well within its rights to
17 create some kind of a shared savings model around that
18 incentive program.

19 So, again, thank you so much for your interest in
20 this matter.

21 CHAIR BELLA: Thank you very much for your
22 comments. So notes on CMMI and getting them more

1 resources.

2 Okay. Anyone else like to make comment from the
3 public?

4 [No response.]

5 CHAIR BELLA: Kisha, do you want to do any more
6 wrap-up?

7 VICE CHAIR DAVIS: I don't think so.

8 CHAIR BELLA: Okay. Aaron, you're going to work
9 some magic on everything you've been told, and this is
10 coming back, so thank you. Kisha, thank you for leading
11 this session.

12 We are done for today, everybody. We are
13 starting off tomorrow with a panel on health equity. As
14 you know, all of our work, we're trying to make sure that
15 we're applying a health equity lens, and we really need to
16 push ourselves to understand what we mean when say that.
17 So we'll kick off tomorrow morning with that panel. We
18 will begin the public session at 10:30. Thanks to all who
19 joined today. Thank you to staff and Anne and Jim, and we
20 will see you all tomorrow morning. Have a nice evening.

21 * [Whereupon, at 4:09 p.m., the meeting was
22 recessed to reconvene at 10:30 a.m. on Friday, December 10,

1 2021.]



PUBLIC MEETING

Via GoToMeeting

Friday, December 10, 2021
10:31 a.m.

COMMISSIONERS PRESENT:

MELANIE BELLA, MBA, Chair
KISHA DAVIS, MD, MPH, Vice Chair
HEIDI L. ALLEN, PHD, MSW
TRICIA BROOKS, MBA
BRIAN BURWELL
MARTHA CARTER, DHSC, MBA, APRN, CNM
FREDERICK CERISE, MD, MPH
TOBY DOUGLAS, MPP, MPH
ROBERT DUNCAN, MBA
DARIN GORDON
DENNIS HEAPHY, MPH, MED, MDIV
VERLON JOHNSON, MPA
STACEY LAMPKIN, FSA, MAAA, MPA
WILLIAM SCANLON, PHD
LAURA HERRERA SCOTT, MD, MPH
KATHY WENO, DDS, JD

ANNE L. SCHWARTZ, PhD, Executive Director

AGENDA PAGE

Session 6: Panel Discussion: Applying a health equity lens to Medicaid

Audrey Nuamah, Senior Analyst.....217

Cara James, President and CEO, Grantmakers in Health

Patrick Piggott, Associate Director, Investigations

North Carolina Medicaid

Monica Trevino, Director, Center for Social

Enterprise, Michigan Public Health Institute

Further Discussion by the Commission.....272

Public Comment.....282

Session 7: State policy levers to address nursing facility staffing issues

Rob Nelb, Principal Analyst.....288

Session 8: Next steps on access monitoring

Ashley Semanskee, Analyst.....318

Martha Heberlein, Principal Analyst and Research

Advisor

Linn Jennings, Analyst

Public Comment.....345

Adjourn Day 2.....346

P R O C E E D I N G S1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22

[10:31 a.m.]

CHAIR BELLA: Good morning, everyone. Welcome to Day 2 of MACPAC's December meeting. We are really excited to kick today off with a panel talking about health equity, which is an incredibly critical -- the most critical piece of our work.

Sorry to the panelists, but I do have a quick announcement to make before the panel, and that is to say we have some personnel announcement for MACPAC. For almost 10 years now, since 2012, Anne Schwartz has led MACPAC with remarkable leadership. She has built an amazing team. The infrastructure is like no other. The work product that comes out of the organization, of course, I am biased, as are my fellow Commissioners, but we couldn't be more pleased with the leadership of Anne. And I am sad for MACPAC but very, very excited for Anne and to let the public know that Anne has decided that it's time to retire.

She has more than deserved this next step in her personal journey and will be greatly missed. Just so folks know -- and I'm not going to put Anne on the spot to say a few words. There will be plenty of time for that.

1 But we will be having a formal search. That
2 formal search will kick off in January. There will be an
3 announcement that will be going out today about Anne's
4 retirement and that we'll be looking for a new leader, and
5 there will be a pretty formal process to follow with a lot
6 of specificity around that to come.

7 But right now, our job is to celebrate Anne and
8 to thank Anne for her leadership, and so we're focused more
9 on Anne than we are on the process. Then come January, we
10 will be stalking all of you for names of folks that want to
11 take the organization into the next 10 years or so.

12 So, with that, thank you for that. Excited now
13 to turn to the panelists, and we'll go ahead and turn it
14 over and get started. So thank you very much, all of you,
15 for joining. Audrey, thank you. I think this is your
16 first time presenting to us. Welcome, and the floor is
17 yours.

18 **### PANEL DISCUSSION: APPLYING A HEALTH EQUITY LENS**
19 **TO MEDICAID**

20 * MS. NUAMAH: Thank you, Melanie. Good morning,
21 everyone.

22 Given the ongoing conversations about the effects

1 of COVID-19 and the impact of racism on the Medicaid
2 population, MACPAC has committed to examining how it can
3 best contribute to combating systemic racism in the
4 Medicaid population and addressing racial disparities in
5 health care and health outcomes. This means we have been
6 working to identify disparities that affect beneficiaries
7 of color and are thinking about what it means to then use
8 this information to reduce these disparities and ultimately
9 advance health equity.

10 The current administration and CMS leadership
11 have also prioritized advancing health equity across all of
12 their policies. This is especially pertinent in the
13 Medicaid population, given that 60 percent of its
14 beneficiaries identify as people of color.

15 To break this down further, about 30 percent of
16 beneficiaries identify as Hispanic, Latino; 20 percent
17 identify as Black; and about 20 percent are made up of non-
18 white racial and ethnic groups, such as Asian, Indigenous,
19 and multiracial identities.

20 This meeting session will focus on health equity
21 on the basis of race and ethnicity; however, we acknowledge
22 that there are equity concerns for beneficiaries who are

1 marginalized based on other factors, such as age,
2 geography, visibility, limited English proficiency, sexual
3 orientation, and gender identity. We also recognize how
4 intersectionality comes into play with these identities and
5 race and ethnicity.

6 Staff work is underway to examine these issues.
7 For example, we will be analyzing national survey data to
8 describe the health care needs of and use of services by
9 LGBTQ+ people as well as describing policy levers to
10 strengthen the diversity of the home- and community-based
11 services workforce.

12 In addition to the work noted above, staff will
13 produce a chapter for the June 2022 report that articulates
14 the Commission's vision on how Medicaid can advance health
15 equity. While we often talk about the disparities, whether
16 it be from COVID-19 or maternal morbidity and mortality or
17 the prevalence of chronic conditions that Medicaid
18 beneficiaries face, we spend less time talking about what
19 it actually means to apply a health equity lens to address
20 these problems.

21 If we could go to the next slide, please.

22 In order to help the Commission think concretely

1 about this as well as the policy levers that can be used to
2 advance this work, we are very fortunate to have these
3 distinguished experts joining us today. Our panel will
4 provide insights on how to operationalize health equity
5 efforts and what steps can be taken to ensure the Medicaid
6 program itself doesn't further perpetuate inequities.
7 Their full bios can be found in your meeting materials. So
8 I will just briefly introduce our panelists now.

9 Dr. Cara James, who is currently at Grantmakers
10 in Health, will also be leveraging her federal expertise
11 from her former life as the director of Minority Health at
12 CMS. Patrick Piggott will share his state experience at
13 North Carolina Medicaid, and Monica Trevino, who is
14 currently at Michigan Public Health Institute, will also
15 speak to her experiences from her time at Michigan Medicaid
16 and as a former Medicaid beneficiary.

17 I want to thank our panelists for sharing their
18 time and expertise with us today as we aim to address these
19 challenging issues.

20 As you're listening to today's discussion, it
21 would be helpful for you to think more about which areas or
22 specific policy levers either presented here today, or

1 others that you're aware of, warrant further examination,
2 and if there are particular aspects of health equity where
3 MACPAC should focus its attention.

4 So I just want to kick off our conversation today
5 with a little bit of a level set about the definition of
6 health equity and how we can think more about how to apply
7 a health equity lens in this space.

8 Given that there are many definitions, I just
9 want to read the Robert Wood Johnson Foundation definition
10 for you all now, and that means "everyone has a fair and
11 just opportunity to be as healthy as possible. This
12 requires removing obstacles to health, such as poverty,
13 discrimination, and their consequences, including
14 powerlessness and lack of access to jobs with fair pay,
15 quality education and housing, safe environments, and
16 health care.

17 So I just want to open this question to all the
18 panelists, just to begin with. From your federal and state
19 perspective, how can this definition be applied to the
20 Medicaid program and its policies? Whoever wants to take
21 that question first can.

22 DR. JAMES: This is Cara. Maybe I will just

1 start us off, and I'm looking to see if Monica and Patrick
2 were there.

3 I think that one of the things that's really
4 important in this point at this time, that as you
5 mentioned, Audrey, there are definitions that are out
6 there, and I think some of what I have seen in these past
7 kind of two years as more people are entering into this
8 space is kind of an opportunity that people are taking to
9 redefine health equity and I would say that we need
10 consistency in common language.

11 So the definition that the Robert Wood Johnson
12 Foundation has used has been well established, well
13 adopted. World Health Organization also has a very similar
14 definition -- or CDC's Healthy People initiative. So I
15 would encourage people to use sort of one of the existing
16 rather than having conversations about how do we define it
17 for this population because, at its core, it does mean
18 everyone is achieving their highest level of health and
19 thinking about those barriers that are preventing that.

20 So, within the Medicaid space, it's an
21 opportunity to think about some of the core populations
22 that Medicaid serves and how there may be some unique

1 challenges that these communities need to achieve their
2 highest level of health. When we think about people who
3 have disabilities or live in rural communities, people of
4 color that you mentioned who are disproportionately
5 affected or tribal communities who have a large reliance on
6 the Medicaid program, what are those unique challenges,
7 barriers that may be inhibiting their health?

8 I think also one of the things that's important
9 is Medicaid, at its core, is multiple programs because each
10 state does its own thing, and so when we think about equity
11 as a population as opposed to sort of equity within a
12 state, there can be some disparities and challenges that we
13 have when we have states that are leading and doing a lot
14 of interesting and innovative things and others that may be
15 struggling to try and figure out. So how do we help those
16 at varying points along the continuum of their equity
17 journey?

18 MS. NUAMAH: That's great.

19 Monica? Patrick?

20 MS. TREVINO: Sure. This is Monica.

21 I really appreciate your sort of level setting in
22 that broader context, Cara, and I absolutely agree. I tend

1 to focus on definitions like the obstacles piece and
2 finding solutions in that spirit first with defining what
3 the obstacles are and who gets to define what those
4 obstacles are.

5 My professional space is in performance
6 assessment and improvement and measuring quality of care.
7 If I get to define that, you're going to focus your efforts
8 on where your evidence is.

9 Beneficiaries can and should be the best and only
10 place where evidence stems from what those obstacles to the
11 quality care truly are. So having an effective mechanism
12 to get that feedback from beneficiaries is going to be
13 important because if we don't fully understand what the
14 obstacles are from the beneficiary perspective, the
15 solutions we develop are not going to be the right fit. So
16 that's where I tend to focus on the definitions and think
17 that there are -- there are definitely things that can be
18 done in the state and federal and sort of local health plan
19 or health department space to better engage beneficiaries
20 as the true experts in what, in fact, are those obstacles
21 to care.

22 MR. PIGGOTT: This is Patrick Piggott from North

1 Carolina Medicaid.

2 I think what Monica and Cara said is very
3 important. Definitely, focusing on the beneficiary, where
4 the beneficiary -- where we could engage the beneficiary
5 more, because the true obstacles, like Monica said, lies
6 with the beneficiaries and how they share their experiences
7 and stories and the data to support what they are
8 presenting. We really need to engage with them to a degree
9 where we are really addressing many of the obstacles that
10 we think exist, and then there may be some we did not even
11 consider, so definitely, engaging the beneficiaries.

12 I think the definition is a really good
13 definition that the Robert Wood Johnson Foundation puts
14 out. North Carolina is exploring that definition even more
15 and deciding whether we need to expand or add to that
16 definition, and we are also bringing in a vendor to help
17 North Carolina with some of the work that we're doing
18 around health equity to level-set in our state what it is
19 that we're doing and to, again, do the same thing, come
20 together with many of the state departments and divisions
21 on defining health equity for the state and making sure
22 that we have consistent language across the state of North

1 Carolina. And even more important, it would be nice to
2 have that consistent language across the United States so
3 that we are all working from the same playing field and
4 focusing on those same issues that we need to address when
5 it comes down to health equity.

6 I think with the different types of non-drivers
7 of health, we really need to focus on those specific areas,
8 and a lot of times, those are the areas where we see much
9 of the inequities that exist and preventing individuals
10 from very good health outcomes and a healthier life.

11 MS. NUAMAH: Oh, that's awesome, and there are so
12 many good points that you just elaborated here that I'm
13 going to touch back, especially the beneficiary engagement
14 piece.

15 But before we get there, Cara, can you elaborate
16 a little bit more about from your time in the federal
17 policy space, what are some important considerations for
18 putting a racial health equity lens into practice?

19 DR. JAMES: Sure. So I think there are a couple,
20 and one of them, I think health equity starts with the
21 data. So, as Monica mentioned, our ability to even
22 understand where we have disparities and challenges is

1 varied across all of the states, and we look at some of the
2 data that CMCS has put from T-MSIS. We had 22 states whose
3 T-MSIS data on race and ethnicity is highly concerning or
4 unusable. So that means we don't have insight into what's
5 going on there and those challenges. So I think starting
6 to make sure that we're focusing on the data and how we can
7 help to make sure we're monitoring and tracking is
8 important.

9 I think one of the other things that's really
10 important is we have a focus, in some respects, on value-
11 based care. We tend to focus value on cost, and that can
12 be cost reductions, can actually at some points be ad hoc
13 lens. And we think about those communities or populations
14 who may have not had the access that they needed, that
15 there may be more care that needs to be provided to address
16 those barriers or other challenges.

17 So, when we're in cost restrictions or focusing
18 on just the cost restrictions, looking at what that outcome
19 of how we're measuring value and juxtaposing that with some
20 of the equity can be also a challenge.

21 Then I think, of course, as everyone on this call
22 knows, there is not as much the federal government can do

1 in the Medicaid space as they can in the Medicare space, so
2 leverage those opportunities using the bully pulpit,
3 technical assistance, other resources that can help to move
4 states along is one of the things that is challenging.

5 I would say from my eight years at CMS, it was
6 easier, in some respects, to move things in Medicare than
7 it was in Medicaid, although Medicaid is so critically
8 important, particularly when you're talking about race and
9 ethnicity, because of that intersection of income and
10 outcomes in our communities.

11 MS. NUAMAH: Thank you.

12 I just want to follow up here with a little bit
13 more about what you said. Are there specific areas that
14 are especially ripe for addressing?

15 DR. JAMES: So I do think the data space is one
16 where there are a lot of people who are thinking about
17 this. A lot of states are trying to think about that.

18 There is opportunity to move forward, so making
19 sure that applications for the states are using the current
20 data standards of which there are the HHS data standards
21 that were put forward in response to the Affordable Care
22 Act, Section 4302, aligning (there a lot of the states that

1 are using the same application as the marketplace) are in
2 alignment, but there are some others that are not.

3 I think educating people around the importance of
4 collecting this information and also to the beneficiaries
5 of why it's important to provide the information, how it
6 will not be used to impact coverage determinations, but how
7 it can be used to ensure that we are providing high-quality
8 care and making sure that people are getting the services.

9 I think one of the other spaces, when we think
10 about with the Medicaid scorecard and those opportunities,
11 how are we embedding equity into those scorecards, looking
12 at whether or not the data are being reported,
13 disaggregated, whether or not we are including a measure of
14 health equity in that scorecard to really signal that this
15 is something that is important is another space, I think,
16 that we could look to.

17 Then, also, helping to educate the states around
18 the opportunities for that match on technical assistance
19 and on the equipment infrastructure to be able to upgrade
20 systems, I think, are a couple of the things that can help
21 in continuing the push on the social determinants of health
22 and the drivers that a lot of the states are already

1 working on but helping to move forward on that.

2 MS. NUAMAH: That's great.

3 Speaking of the state's piece, I would love to
4 turn it to Patrick now. Could you share some more specific
5 examples of what North Carolina Medicaid is doing? I know
6 you just mentioned that you're working with a vendor right
7 now, but what else are you guys doing in the state of North
8 Carolina?

9 [No response.]

10 MS. NUAMAH: Patrick, you're muted.

11 MR. PIGGOTT: Yes. I'm sorry.

12 In North Carolina, we have several health equity
13 initiatives. We are actually embedding health equity in
14 all aspects of the North Carolina Medicaid program. Some
15 of the areas that we have started out with is our health
16 equity enhanced Carolina Access payments. That is where we
17 used targeted payments to ensure access to high-quality
18 care for our providers serving historically marginalized
19 populations.

20 Additional per member per month payments are made
21 to eligible state primary care practice networks known as
22 Carolina Access Providers, and we use Census data on

1 poverty. Providers serving more beneficiaries who live in
2 high-poverty areas of the states were eligible for those
3 payments. We have that initiative that's going on. Under
4 that initiative, payments went out to the providers in
5 April through June of 2021, and we are beginning to really
6 monitor that closely to see how the providers are using
7 their health equity payments to advance health equity in
8 their practices. That is what's happening now.

9 We have standard plans that went live, standard
10 health plans that went live July 1, 2021, and in their
11 contract amendments, part of their contract amendments
12 include incentivizing health plans to invest in initiatives
13 that advance health equity. So it requires the managed
14 care plans to actively consider input from historically
15 marginalized populations as well as in their program design
16 and to train staff and providers on cultural competency and
17 implicit bias.

18 We also have some work in leveraging actuarial
19 tools where we are trying to see if we can impact health
20 equity and advance health equity in the actuarial space in
21 terms of looking at the data and looking at how we could
22 make adjustments to per member per month based on advancing

1 health equity.

2 There are some other initiatives that we have as
3 well. We're looking at translation services and language
4 where we are improving translation services availability
5 and access for our beneficiaries who need translation
6 services for their medical care. In all, there is aspects
7 of care treatment services and supports.

8 We also have early childhood initiatives, and we
9 are planning two additional initiatives, moving into the
10 next state fiscal year. However, the one that we have
11 right now is called Reach Out and Read Program to improve
12 early childhood literacy and to also impact those
13 individuals from historically marginalized populations who
14 need it-- that then where there's some disparity, and we
15 know reading and that really helps with improving
16 individual's health and understanding individual's health
17 and options as they move along in the continuum of
18 receiving medical care and health care.

19 We are actually looking at our application
20 process and our applications to ensure that we can have
21 improvements along the line to collect data and make more
22 user-friendly applications and make uniform those questions

1 that are around demographics. That will definitely help
2 the state in terms of the data. You heard a little bit
3 about the data and capturing the data. Well, a lot of
4 programs across the state have that issue of collecting
5 data on specific areas that impact health equity in the
6 populations that are impacted by various health disparities
7 and where their health equities exist, and sometimes you
8 have to be able to have the data, really all the time, to
9 support the areas that you need to be looking at the most
10 and where there are disparate needs.

11 We are also looking at our clinical policies and
12 analyzing our clinical policies to determine the need for
13 change and the way that we structure our policies, the way
14 that we write our policies, and who our policies impact,
15 and also, from a beneficiary standpoint, to engage them in
16 helping us to look at the policies from a different lens,
17 because a lot of times, we are looking at a lens from where
18 we are needing to provide the care and get the care out to
19 the beneficiaries. But we know that the beneficiaries are
20 the ones who are receiving the care, and we need to hear
21 from them and hear the different obstacles that they are
22 encountering. In order to prevent those obstacles, we need

1 to know what they are, the true obstacles versus the ones
2 that we try to ascertain via data and sometimes ascertain
3 via broad data from different sources.

4 We also had a wonderful internship program this
5 past year, this past summer from a health equity
6 standpoint. Many of those interns we had did work around
7 various topics such as dermatology in the health equity
8 space as well as value-added services, justice-involved
9 individuals, maternal mortality, dual-eligibles, and
10 cultural competency training. So we have data to support
11 some of the work that they did and they gathered to present
12 to North Carolina some potentially best practices and some
13 ways to consider looking at health equity from different
14 lenses and different perspectives.

15 MS. NUAMAH: Oh, that's great, Patrick, and I'm
16 sure there's many more initiatives that North Carolina is
17 doing. If you want to speak to them, I'm sure the
18 Commissioners would love to ask you more questions about
19 that.

20 One thing that you had mentioned is some of the
21 embedding of equity requirements in your managed care
22 organizations (MCO) contracts that went out this past July.

1 Monica, from your time -- and you're at Michigan, I know --
2 you were also working in this space of embedding equity
3 language into the MCO contracts. How did you and your team
4 back then think about holding the MCOs accountable to this,
5 and how did you determine if any of these efforts were
6 effective?

7 MS. TREVINO: First of all, thank you, Patrick,
8 for sharing all of the amazing things. I've got to
9 remember to touch base with you to get the recap of that.

10 In Michigan, we actually started the conversation
11 about equity with the data before it was even in the
12 contract, and one of the things that Michigan did at the
13 time, and I would think still does now, is try at least in
14 the equity space to have a transparent relationship with
15 its health plans. So I think transparency and
16 accountability go hand in hand.

17 So we started the conversations around the health
18 equity project, which is just a disaggregating of
19 administrative HEDIS data by race and ethnicity for a
20 subset of measures for the plans. We started those
21 conversations back in 2010, and we didn't publish a report
22 until 2 years later. So having that conversation up front

1 with the plans about what we were doing, the fact that
2 Michigan was moving in this direction, this thing is
3 coming, and we want you folks to help us develop it. But
4 knowing that, accountability is coming down the line.
5 Right now, we're going to spend the next 12 to 18 months
6 getting on the same page in terms of the methodology, the
7 definitions of race and ethnicity and who's in what
8 category, the definition of equity and how you measure
9 things.

10 That took a really long time, and we did that as
11 transparently as we possibly could, having all of the
12 conversations with the health plans, letting them weigh in
13 and taking the time to try to be as collaborative with them
14 as possible, knowing that in time, we're going to get on
15 the same page with the definitions and the methodology, and
16 then we're going to move into the accountability piece.

17 So it took three or four years of public
18 reporting on equity data for the state to finally move in
19 the direction of: "now we're going to tie some incentive
20 dollars to this". So tying incentive dollars to the
21 reduction in disparities for a subset of measures, Michigan
22 has been doing for a number of years now.

1 The pandemic in 2020 so severely impacted quality
2 measurements that some states just decided to forego their
3 performance bonus because there were no standards.
4 Michigan actually decided to measure based on equity and
5 internal plan performance. So, for fiscal -- I think it's
6 fiscal '21, the performance bonus incentive for health
7 plans specific to equity and reducing disparities is going
8 to be \$23 or \$25 million for that one year. It's a
9 component of the overall bonus.

10 So, again, Michigan started with the
11 conversation, a transparent conversation about what the
12 methodology is going to be, knowing that years down the
13 line, we will get to the place of accountability. So I
14 think having those conversations up front, giving the
15 health plans enough time to institute new processes and
16 procedures internally, to have conversations with their
17 provider networks, if they need to expand their networks,
18 to change their provider contracts, they need time to do
19 that. Just like states need time to change their contracts
20 with their MCOs, MCOs need time to change their contracts
21 with providers, and if you want sustainable change, it has
22 to be in that contract mechanism. It's why states are

1 moving to that.

2 The same is said for health plans and their
3 provider networks. So, if you want to encourage
4 sustainability, give them enough time to plan ahead for
5 those things, but let them know on the front end that
6 accountability is coming. But it won't be a surprise. The
7 numbers won't be a surprise. The mechanism won't be a
8 surprise. They will see it all coming, and it will come.

9 MS. NUAMAH: Oh, that's really helpful, and
10 there's so many good initiatives-- and like I said one
11 thread I just want to pick back up that was mentioned at
12 the top of the conversation was this piece about
13 beneficiary engagement. I know in these health equity
14 circles, we hear a lot about this call for "nothing about
15 us without us" and how important it is to really
16 authentically engage Medicaid beneficiaries.

17 Monica, can you share a little bit more about
18 what it means for state Medicaid agencies to authentically
19 with beneficiaries in this policy process? Are there
20 specific examples of how this has been done or could be
21 done?

22 MS. TREVINO: Yeah, of course. So I think,

1 generally speaking, I have yet to hear of a great mechanism
2 that a state Medicaid agency has found to engage
3 consistently with beneficiaries. The CAHPS survey is a
4 very good place to start. Disaggregating those results by
5 race, ethnicity, is a good place to start. It is not the
6 place to end. You really need authentic high-quality
7 engagement with beneficiaries where they get an opportunity
8 to weigh in on a particular piece.

9 In Michigan, back in '14 or '15, I think, we
10 started as part of the procurement process. There was a
11 requirement in there about reducing ED utilization, as
12 every state legislature wants Medicaid to do, so that the
13 performance improvement project that we developed was a
14 three-year project for health plans laid out in rough form
15 at the beginning of the intervention to say, "Health plans,
16 eventually, we're going to be measuring what exactly your
17 reduction in ED utilization is, but first, you will do a
18 literature review. We will include a couple of key
19 elements of literature that you must include. You do your
20 own literature review." Then you pull your own health plan
21 data on ED utilization, disaggregate it, and then you
22 engage beneficiaries with your data, with what you learned

1 from the data, with what you learned from the literature.

2 Then you engage beneficiaries.

3 Typically, it was in a focus group, and we told
4 them, again, years in advance, "You do this work up front.
5 Then establish an intervention. Tell us what it is. We're
6 going to tell you whether or not we think it's appropriate
7 based on what your beneficiaries said and what your data
8 said, and then you get permission to move forward. And
9 then we're going to measure the reduction." So building
10 beneficiary engagement in the form of focus groups around a
11 specific topic and then the state retaining ownership over
12 whether or not they believe the interventions and programs
13 proposed by the health plan are truly meeting what the
14 beneficiary said and truly a way to engage what the data
15 and the literature said.

16 So I think that's sort of a good micro example,
17 but what the states don't have is, frankly, a strong
18 federal push to do it well. I think every state probably
19 has a care advisory committee (CAC) that includes, to some
20 extent, Medicaid beneficiaries. Michigan didn't
21 historically have great engagement with those
22 beneficiaries, but there were an awful lot of advocates and

1 trade associations that did very much engage in those
2 conversations. I think that if the state were to be
3 stronger in its language or the Feds were to be stronger in
4 their language to the states and frankly provide technical
5 assistance and guidance, the states can be stronger in
6 their requirements for the health plans and again filter
7 down that technical assistance to the plans, but it takes
8 time, and it takes resources. If a state agency is truly
9 wanting to engage beneficiaries, they have to make those
10 things available, and I would say the same with the Feds.

11 MS. NUAMAH: Yeah. On that federal piece,
12 actually, this is a perfect segue to asking Cara, what are
13 your thoughts about on this beneficiary engagement at the
14 federal level? What are some of the challenges in doing
15 so? I know Monica just outlined some, but any other
16 thoughts you may have about this?

17 DR. JAMES: So it was interesting because in the
18 time that I was at CMS, I would say that we were on a
19 journey of doing a better job of engaging beneficiaries,
20 primarily in the Medicare space. But one of the biggest
21 hurdles that we had to overcome, I would say, is a
22 perception that beneficiaries would be intimidated by us or

1 that they wouldn't want to share their information or that
2 they -- you know, whatever the case may be, and I think
3 that that is one that is a barrier that we often hear
4 whenever you want to engage community beneficiaries,
5 whomever.

6 And I think that one of the things that Monica
7 and Patrick mentioned is approaching beneficiaries
8 authentically, and that also can mean working through
9 trusted sources. You know, that a joke where the Feds are
10 here to help, nobody wants to answer the door with that,
11 but understanding, working through the groups that are
12 already trusted and engaging with them to partner with
13 them.

14 When we developed the CMS rural health strategy,
15 we went into community and did several listening sessions
16 with rural beneficiaries to ask them what they wanted us to
17 focus on in developing that strategy. That was through,
18 again, organizations that had a better sort of reputation
19 and respect within there that could pull people together.

20 I think also in engaging in the process, CMS more
21 recently when on a journey map with nursing homes to help
22 understand from the beneficiaries' perspective and so many

1 others what that process looks like, and I think that what
2 you heard Monica say is that push and the desire to do it
3 can mean that you can actually do this and do this well.

4 Patrick mentioned the language needs and making
5 sure that you are engaging people through interpretation.
6 Just in this space of this past year and a half, Zoom now
7 has interpreter capability. So you can do this virtually
8 in a way that engages patients wherever, beneficiaries
9 wherever they are so they don't have to come to a state
10 Medicaid office or whatever the case may be.

11 I think the other thing is to think about those
12 other opportunities. In the Medicare space, we have the
13 state health insurance counselors, and those are
14 individuals who work one on one with the Medicaid office.
15 So they're already engaging with them and know what some of
16 those challenges are. Through, again, sort of the
17 complaints and appeals, you can sort of understand a little
18 bit more and delve deeper that there's some opportunities
19 there. So I think there's some lessons that can be applied
20 from the Medicare engagement to the Medicaid program, but
21 humility and sort of approach in community through that
22 space of understanding that they have a lot of expertise to

1 provide, making sure you're working with trusted partners,
2 making this part of your standard operating procedure as
3 well, that it's not just for this program we're going to
4 reach out or figure out that, but we're looking at how we
5 engage and then thinking again about making sure that the
6 representation of the different beneficiaries that are
7 served by the program are being tapped into at different
8 places and at different points in time that have a full
9 representation and not one that might be skewed one group
10 or another.

11 MS. NUAMAH: That's great.

12 I just have one last question here before I turn
13 it over to the Commissioners to ask you questions on all
14 the many points that you all have made, and you know that
15 health equity is a major priority right now, and you can go
16 to any kind of meeting or session without health equity
17 being brought up as one of these topics, but what do you
18 all believe are some specific areas that can be
19 accomplished during this time before folks lose interest?

20 I know the panelists, you guys will be working on
21 this until the day you die, but before the general
22 population loses interest, is there anything in particular

1 that you think we could be doing to really lay the
2 groundwork to make this effort sustainable?

3 MR. PIGGOTT: I think one of the things is really
4 considering social determinants of health and opportunities
5 and funding around that piece in terms of how to get that
6 piece for the states to have support in terms of advancing
7 health equity.

8 Like, in North Carolina right now, we have a
9 program that's called Health Opportunities. It's solely
10 addressing social determinants of health with our Medicaid
11 population, and right now, we have pilots in three specific
12 regions of our state, and that actually goes live January
13 1. But it is a pilot right now. We believe that that is
14 going to help advance health equity in many ways, more than
15 one, although it's addressing social determinants of health
16 too.

17 We're expecting that individuals will get better,
18 their health will improve, and they will have healthier
19 lives, but definitely addressing social determinants of
20 health, we know is a huge aspect of health equity along the
21 way.

22 MS. TREVINO: And I'll just say quickly, to

1 piggyback on your point, Patrick, I think that in terms of
2 getting funding and permission, state agencies, getting
3 that permission to move forward with those initiatives to
4 address the social determinants, the process to get a state
5 plan amendment approved or a waiver approved is months and
6 months and tens of thousands, if not hundreds of thousands
7 of dollars.

8 I think conversely, through the advanced planning
9 document, or the APD funding process, technology, if you
10 write one or two well-worded paragraphs in the APD, the
11 state agencies can get gobs or match, federal match money
12 to invest in technology solutions. So that mismatch
13 between the effort it takes to buy food for a hungry
14 Medicaid beneficiary versus to put in place the technology
15 to tell 10 more people that you have a hungry Medicaid
16 beneficiary, I think that it's just an inherent mismatch.

17 I think if we want to live in a space that is
18 easier and it's -- the system is more conducive to
19 supporting Medicaid agencies in supporting beneficiaries to
20 address those social determinants, I think some of those
21 federal mechanisms, we should take a good hard look at them
22 and how some solutions have an easier pathway forward than

1 others.

2 DR. JAMES: I would just add that I think that a
3 couple things I would lift up -- so, one, there is real
4 opportunity in the data space to do a better job on the
5 data. Let's move forward with that.

6 I think one of the other tips that I would sort
7 of provide, given sort of my time at CMS, is work in the
8 areas where there's interest. So there are priorities that
9 people are focusing on. There is always a way that you can
10 apply an equity lens to that work. Look at what's being
11 done there. Work in those areas where there's already
12 engagement.

13 Monica mentioned the social determinants of
14 health. Everybody is focused on those, and I think there
15 are ways to build an equity lens into that.

16 The other thing I would say is look at how you
17 bake this into standard operating procedures so that when
18 that window of opportunity closes, this work continues, and
19 it is just what we do as part of our normal standard
20 business.

21 Then lastly is, don't wait for the perfect. We
22 need some innovation opportunity and expansion. Try things

1 out and see because we still are -- when we think about
2 quality space then crossing the quality chasm, there were
3 six pillars of a high-quality health system. Equity was one
4 of those.

5 We focus as a country in five areas, really did
6 not do a lot in that sixth area. So it's a little bit
7 lagged. We need to do some of that testing and trying it
8 out. So don't wait until we have perfect data or the
9 perfect response for that, but let's figure it out and
10 learn from those lessons and move forward in that space.

11 MS. NUAMAH: Thank you so much to all the
12 panelists. That's all the questions that I have here
13 today. So I will turn it back to the Commissioners to ask
14 your questions as well.

15 CHAIR BELLA: Thank you, Audrey, and thanks to
16 our panelists. Cara, nice to see you again. It's been a
17 while.

18 Bob, I saw your hand first.

19 COMMISSIONER DUNCAN: First of all, thank you for
20 the presentation of information. It's exciting to hear
21 what's taking place in a lot of states, and I really
22 appreciate putting the beneficiary first. You talked about

1 focus groups. One suggestion I have is utilizing the CDC's
2 REACH model. We've utilized that some in Wisconsin. We
3 have found that that has been effective, but one question I
4 have, as we talk about addressing social determinants in
5 health equity and you talked a lot about what the states
6 are doing in working with the MCOs -- Monica, I really
7 appreciate your sustainability thought process. How do you
8 align with what the state expects, what you want the MCOs
9 to do, and then the providers? Because what I often see is
10 the state -- excuse me. The MCOs have one direction, and
11 then the providers are looking -- when I say providers,
12 hospital, physician groups -- looking at their data, and
13 they're chasing another area of social determinants, and
14 the two don't mix. So it creates some confusion and
15 heartache. So is anybody working where you're trying to
16 align all of those pieces together from an expectation
17 standpoint?

18 MR. PIGGOTT: So I think in North Carolina, we're
19 trying to align those expectations. That's why we've
20 started down the line of doing the health equity payments,
21 to advance health equity in the primary care space, and to
22 align that with what's going on in the managed care space

1 as well as the managed care entities also aligning the
2 priorities that the state has with what they are also doing
3 with the providers, so that we are all aligned and on one
4 accord.

5 That is a huge undertaking that we are moving
6 down that path right now, and we are hoping that we will
7 come out closer to where all entities are addressing the
8 priorities for the state.

9 MS. TREVINO: I mean, I'll just echo Patrick's
10 sentiments as well. I think there will inherently be some
11 mismatch, even within MCOs. So that the Michigan -- and
12 I'm sure many other states as well -- published the
13 criteria on which plans will be gauged, which subset of
14 measures are in the bonus, things like that, or will be a
15 particular focus area. They publish those in advance. All
16 the plans have the same requirements to look at the same
17 measures, and the plans push that out to their providers to
18 the extent that they need improvement in those spaces.

19 If you have ten plans, as Michigan does, and
20 three of them are doing fantastically well in childhood
21 immunizations, the state says childhood immunizations are a
22 priority, those three plans are already doing the thing.

1 So they may not continue to focus on childhood
2 immunizations. So what you'll hear from that plan, from
3 the provider perspective is "We're not going to include
4 childhood immunizations in the plan-specific bonus space,
5 but we are going to include other measures like women's
6 health measures". So there's always going to be that sort
7 of mismatch. Are you going to have a pediatrician's office
8 that can or does prioritize diabetes measures like you
9 would for a PCP office or a family doc who sees more adults
10 with diabetes? You're going to have some inherent
11 mismatch.

12 I do think when the state agency, when the state
13 Medicaid agency says these things are a priority for the
14 entire population, I think that's where the plans can say,
15 "Hey, look, hospitals and provider systems" or " hospital
16 systems and provider networks, the state is pushing us in
17 these spaces." So there is a certain amount of finger
18 pointing where the plans can turn around and say, "Look,
19 this isn't us. This is coming from the state" and the
20 state has to be willing to own that and should.

21 But I think there will be some disconnect, I
22 think, just on the basis of who serves which populations.

1 The hospital space, I think, is particularly disconnected
2 from the provider organizations, and some of that may
3 change with sort of big systems getting bigger. But there
4 will always be some mismatch. I think if equity is the
5 goal, then it doesn't matter what your priority populations
6 are necessarily or your priority measures. If equity is
7 the goal, then you're looking for a measurement methodology
8 to be inserted into that performance framework. So whether
9 this provider organization is working on immunizations and
10 child measures and this provider organization is working at
11 adult care measures, if the goal is equity, then as long as
12 you have a framework that you've established and agreed
13 upon, at least there can be consistency in that space.

14 MR. PIGGOTT: And this is Patrick.

15 I think the state really would need to engage at
16 multiple levels. If there is a priority of the state, then
17 the state really would need to engage with the
18 beneficiaries on a level, the providers and the plans in a
19 way that it's going to be consistent and align. And I
20 think when we do engagement, before we even decide what the
21 priorities are, that helps pretty much everybody to be
22 engaged and really to help the state identify some of those

1 priorities.

2 DR. JAMES: In the last 10 seconds, I would just
3 add also there is an opportunity to think really hard and
4 strategically about multisector collaborations because we
5 are seeing at this point, the social determinants that
6 we're trying to address are not things that the health
7 sector can solve alone, so working with education, working
8 with business, working with others.

9 We were sort of excited to see in some of what
10 we've been looking at is a roadmap of how do we build that
11 equitable recovery with those multisector collaborations
12 being part of that. The New York Fed as well as the St.
13 Louis Fed have lifted up health as one of their priorities.
14 So there is opportunity to pull those sectors in and think
15 about what is everyone's role in addressing income
16 inequality or education disparities and becoming a little
17 bit more, as I say, bilingual and multilingual so that we
18 in health can talk to education about these issues in a way
19 that they understand in saying the finance, because what
20 they're looking at is different from the outcomes of what
21 we're sort of looking at, but we can all work to improve
22 outcomes for everyone.

1 COMMISSIONER DUNCAN: Thank you.

2 MR. PIGGOTT: And just to give one last little
3 bit of information, North Carolina from our department
4 standpoint has NC CARES 360, which is a program to address
5 social determinants of health, non-drivers of health beyond
6 the Healthy Opportunities initiative that's going on, and
7 that is statewide. And it's a platform also to be able to
8 receive referrals, immediate referrals once individuals are
9 assessed, and be able to really get them the services and
10 supports that they need. And that is happening in North
11 Carolina right now. I think we went live with that maybe a
12 little bit over a year ago, but that is happening, and we
13 do have a platform. Technology is the key. We do need
14 technology to align with social determinants of health so
15 that we could get the services and supports to
16 beneficiaries all across the state.

17 CHAIR BELLA: Thank you all.

18 I saw Darin and then Heidi and then Stacey and
19 then Kisha, and just to remind us, we have about nine
20 minutes left with the panelists. I want to be respectful
21 of their time. So, Darin, go to you next.

22 COMMISSIONER GORDON: Sure. Audrey and panel,

1 thank you. This has been great, great perspectives and
2 great thoughts shared.

3 First of all, Cara, I appreciate you don't wait
4 for perfect. I think that is good. That's helpful, and I
5 actually heard someone speaking on this topic not too long
6 ago. You don't have to have 100 percent of the data to
7 identify if there's some equity issues in a particular
8 locale. If you have 70 percent of it, it's very evident at
9 that point. So I think that's very instructive, and I
10 think we need to remember that.

11 I do want to follow up specifically with Patrick,
12 something you had said, that it's the first time I had
13 heard anyone speak to it, and I think it's very
14 interesting, and this whole concept of alignment between
15 the different players, the states, plans, and providers and
16 the members.

17 You had talked briefly about how you all were
18 incorporating a bit about health equity factor into the
19 actuarial rate-setting process. Did I hear that correctly?

20 MR. PIGGOTT: We are looking at that now to
21 figure out how we can impact the actuarial way we adjust
22 things regarding per member per month, what are some of the

1 factors that we could impact. So we're looking at that
2 piece right now, but we're not actually doing that at this
3 present time, just assessing it.

4 COMMISSIONER GORDON: Well, the fact that you're
5 looking at it, I think, is very, very important. As I
6 think about where we had seen this in our state and the
7 historic underutilization, largely driven by health
8 inequities, when rates were being set, it's based off that
9 history. Well, you're in essence, perpetuating
10 underfunding in that situation. So I applaud you all for
11 looking at that, and I think that's something that more
12 states should incorporate. I know it's new in thinking
13 about how to incorporate it, but that's something I haven't
14 heard anyone addressing. I'm glad you all are moving in
15 that direction. Appreciate it.

16 CHAIR BELLA: Thank you, Darin.

17 Heidi, then Stacey.

18 COMMISSIONER ALLEN: Thank you so much to the
19 panel. Actually, my comment kind of follows up on Darin's
20 comment.

21 It's been so refreshing to hear all of the ways
22 that states can put incentives and guardrails around health

1 equity and align their vision with the way that they do
2 every step of the process. I think that seems so
3 important.

4 My question is related to these kinds of targets
5 that are set, whether it's immunization rates or diabetes
6 management. How is the denominator established? I'm
7 thinking, is this coming from claims data where people are
8 actually using care, and so you look among the people who
9 used care, this is the rate that we're giving? Diabetics
10 who were given an eye exam, for example. Or are you able
11 to look at the population metrics to kind of get at that
12 issue related to not everybody is getting care? And if
13 you're not getting care, and if you're not getting care,
14 you can't get high-quality care. The disparities may be
15 worse than what you're able to observe because of the
16 missing population.

17 So it may be that this is the approach everybody
18 is taking, which is the denominator approach, but I was
19 just curious because I'm not actually sure.

20 MS. TREVINO: I really love that comment,
21 frankly, and I think it's important to be clear about what
22 exactly you're talking about when you put some sort of

1 metric out there in the world.

2 What Michigan Medicaid historically used was a
3 HEDIS specification disaggregated by race and ethnicity,
4 simply because we needed to socialize the idea with health
5 plans, and that is the framework that they were most
6 familiar with, that Michigan Medicaid requires all of its
7 health plans, whether they're accredited -- they have to be
8 accredited. They don't have to be NCQA accredited. But
9 regardless of who accredits the plan, all Medicaid health
10 plans in Michigan have to submit HEDIS data through the
11 audited HEDIS process.

12 So the process in Michigan was to use the HEDIS
13 specification and denominator, and apologies to any of my
14 NCQA friends out there, but we have talked to them about it
15 as well. It was to use that HEDIS specification to define
16 the population generally, sort of the universe with
17 continuous enrollment and what is considered a person with
18 diabetes, and then the subsection of those folks who
19 qualify for the denominator and then, of course, the
20 numerator is who got the thing, the eye exam, the foot
21 exam, the guidance on nephropathy.

22 But I think to your point, Commissioner Allen,

1 who is it, of all the people who should have been in the
2 denominator, who was in the denominator? So I think that's
3 a really important point to be made, and at this point,
4 there really aren't -- I've seen a couple of maybe dental
5 measures who look at how many people had the annual dental
6 visit and, conversely, how many people didn't show up at
7 all for any, like no claim pinged in the system at all in
8 what those populations look like. I would love to see more
9 work in that space. Frankly, other than dental, I really
10 haven't seen a measure where who didn't show up for care
11 and what does that population look like. But it's
12 definitely something worth exploring.

13 CHAIR BELLA: Thank you.

14 Stacey.

15 COMMISSIONER LAMPKIN: Thank you. So, first, I
16 want to say, Audrey, wow. Your first public meeting
17 session, and what a session. What a great panel. Thank
18 you for bringing us this panel and your leadership and
19 walking them through the discussion this morning. It's
20 great.

21 And, panelists, thank you so much. It's been
22 amazing to hear about what North Carolina is doing, what

1 Michigan has done. It's very exciting.

2 Patrick, I think what you described, that list
3 that you ran through is the very definition of how to look
4 at your program through with a health equity lens where
5 you're infusing it through everything. So it's very
6 exciting.

7 My question for all three of you is related to
8 another topic that we have in front of us that we're
9 spending time on this cycle and this public meeting, which
10 is improving access measures and monitoring generally.

11 So, definitely, we've heard things from you today
12 about the importance of data, high-quality data collected
13 systematically with good definitions and the disaggregation
14 of measures using that data. Do you have any other tips or
15 call-outs you would have for us related to a health equity
16 lens as we think about a framework for improved access and
17 monitoring?

18 MR. PIGGOTT: In all of our plans, we have access
19 standards, and we also have reporting related to access and
20 whether individuals are getting access within a timely
21 manner. All those things are embedded in the managed care
22 contracts, and we expect to see data out of all of those

1 areas of access and timeliness and whether they're meeting
2 the standards, and then if they gain access, are they
3 actually getting into the appointments? Are they actually
4 showing up, kind of like what you guys were just
5 describing? Are they actually showing up for the
6 appointment once they have gained access?

7 Then we have quite a few rural areas in North
8 Carolina. Those are some of the hot areas that we are
9 considering too. We have programs that are monitoring. Of
10 course, the rural health centers are out there that we are
11 also trying to monitor, where the individuals are gaining
12 access in a timely manner.

13 Then one of the bigger things that we're looking
14 at is are the providers able to advance telehealth services
15 to get access to care and to get it more timely so
16 individuals are getting the care that they need.

17 CHAIR BELLA: Cara or Monica, did you want to
18 comment on that? I do want to note that we are at time. I
19 don't know if you have any ability to stay a little bit
20 longer. If so, we have a couple more questions. If not,
21 we know where to find you, and we probably won't be shy
22 about doing that.

1 Let me first ask, do you have a couple more
2 minutes, probably five, knowing that we have questions, or
3 no?

4 DR. JAMES: I have a hard stop because I have
5 another meeting that is starting right now.

6 CHAIR BELLA: Okay.

7 DR. JAMES: But I'm happy to follow up with other
8 questions if there's things that you want me to look at
9 later.

10 I think on the access measures, I think there's
11 also still more work, obviously, that we need to be doing,
12 thinking about patient and family-centered measures and
13 thinking about access for what we're looking at for, again,
14 understand there's some. There was a CAHPS module that
15 opens on cultural competency, things about that, that
16 hasn't necessarily taken off, but thinking about that again
17 as well as how we're developing those measures of not just
18 could you get the appointment but also those challenges
19 that people may have barriers in order to be able to attend
20 and sustain that appointment.

21 Thank you. I apologize. I do have to go.

22 CHAIR BELLA: Thank you so much.

1 DR. JAMES: I'm happy to follow up.

2 CHAIR BELLA: Monica, you nodded; you can stay a
3 few more minutes, I think? Patrick, are you able to?

4 MR. PIGGOTT: Yes.

5 CHAIR BELLA: Okay, Patrick. Did either of you
6 want to say anything then, any additional comments on
7 Stacey's question? And then we'll take two more, Toby and
8 Dennis. And I'll ask you guys to be succinct in your
9 questions.

10 MR. PIGGOTT: Right. I think just going along
11 the line of access to care, one of the things, too, that,
12 you know, sometimes individuals, especially from
13 historically marginalized populations, if they don't see
14 people that are working in those specific environments that
15 look like them to address their needs, a lot of times they
16 won't go. Sometimes it's that whole issue of sometimes
17 there's fear; sometimes there are past thoughts about
18 historical issues, and so they choose not to go. But we in
19 North Carolina right now are looking at our historically
20 underutilized providers and seeing if there's something
21 that we can do in that space to advance health equity and
22 to advance access to care for individuals that would

1 ordinarily not go to an appointment because they are leery
2 of the health care that they might receive.

3 So we know that providers that look like the
4 people that are served, they tend to have good health
5 outcomes for those individuals that they are serving.

6 CHAIR BELLA: Thank you.

7 MS. TREVINO: And I'll just say in terms of
8 access, again, to build on sort of the previous
9 conversation about denominators and who is eligible versus
10 gets care, I think there is something to be said for
11 implementing some sort of methodology where you look at
12 essentially level of acuity. If you have a population that
13 accesses behavioral health services or SUD services, you
14 know, one time, then they go to the -- then sort of the
15 subset of those who go to the ED, and then the subset of
16 those that go to an inpatient facility of some kind. So
17 looking at the population across different points in the
18 system and looking at where there are differences in
19 quality of care or in disparities across those different
20 segments of the population, right? Not so much that it's
21 bumping two measures up against each other, but bumping a -
22 - measuring the system and how it treats people at

1 different points versus an individual measure applied to a
2 different universe of people every time, I think that's
3 something we're just starting to toss around in Michigan in
4 the behavioral health space, looking at sort of who is mild
5 to moderate and then who is ED and then who is inpatient,
6 and are there differences in the populations generally who
7 get those services, but then, you know, as a follow-up
8 after an ED visit, there are significant disparities,
9 follow-up after an inpatient visit there are significant
10 disparities, and are those disparities bigger after those
11 more acute events than they are with that mild to moderate
12 population. We're just on the front end of looking at
13 that, but that sort of concept of looking at different
14 levels of the system in terms of access I think is
15 important and should be explored.

16 CHAIR BELLA: Thank you. Toby.

17 COMMISSIONER DOUGLAS: Thank you. First, what a
18 great panel, and thank you all, including Audrey, for the
19 wonderful discussion.

20 I just want to follow up on Heidi's and Monica's
21 point on the denominator and concerns we're excluding a
22 marginalized population from data analysis. It really

1 brings up this issue around beneficiary engagement of
2 individuals of color who are less trusting of the system,
3 and I wondered -- Patrick, you kind of touched on it, and,
4 Monica, what are some of the best practices on how we
5 engage those underserved populations and build trust,
6 especially through the lens of like an MCO, Medicaid, what
7 we can do in those areas?

8 MS. TREVINO: I think to Cara's previous point
9 about using trusted mechanisms in the community, trusted
10 resources in the community, you know, in Michigan there has
11 been a requirement in the contracts since 2015 that health
12 plans provide community health worker services to
13 beneficiaries. Health plans can hire their own CHWs.
14 There is a definition of CHW, and there are some core
15 competencies in the contract. Health plans can either hire
16 their own, or they can subcontract out with community-based
17 organizations. You know, the state wants to encourage
18 those contracts with community-based organizations for
19 exactly that reason, because if you have those trusted
20 sources in the community, again, to Cara's point, you're
21 not going to knock on someone's door as the Feds and say,
22 "I really want to help you."

1 But if you can meaningfully engage with an
2 organization who can meaningfully engage with the
3 population, I think that's a really great start, and I
4 think encouraging or requiring or incentivizing community
5 health workers by a state agency is a really great step in
6 the right direction, I think mostly because it's -- you
7 know, you build on those. As long as the CHWs are
8 operating in the typical way that they do, it is a great
9 way to get beneficiary perspective, not so much that you
10 would only talk to the CHWs, but I think that the CHWs can
11 help bring that perspective -- bring those beneficiaries to
12 the table just as their own self-advocates. I think that's
13 an important point.

14 CHAIR BELLA: Patrick, anything to add there?
15 Otherwise, we'll go to our last question.

16 MR. PIGGOTT: Yes, just a little bit. We have
17 human service organizations (HSOs) in our state who are
18 right there. They're the community-based organizations,
19 and through our new Healthy Opportunities Program, they are
20 in those communities, so they will be engaging members and
21 beneficiaries from, you know, different standpoints. Also,
22 we have community health workers that work with our NC

1 CARES 360 as well as even from the public health side of
2 the house.

3 So there are more community-based organizations
4 that are working to engage the members and get the members
5 exactly what they need, and I think that's what we need to
6 be focused on as we move forward to address health equity
7 and advanced health equity in the Medicaid and CHIP space.

8 CHAIR BELLA: Thank you.

9 Dennis, last question, and we are seriously over
10 time.

11 COMMISSIONER HEAPHY: Okay. I guess my question
12 is about advancing health equity for folks with
13 disabilities and specifically within racial and ethnic
14 minority populations. How do we ensure that folks with
15 disabilities in these populations are not just treated as a
16 poor health outcome but there's real efforts to advance
17 equity for folks with disabilities broadly, but more
18 specifically within racial and ethnic minority populations?
19 Because, historically, there has been this siloing of the
20 populations, and how do we bring that together? Because in
21 COVID we saw that intersection and how it played out with a
22 disproportionate impact on folks with disabilities for

1 racial and ethnic minority populations, African-Americans
2 in particular. And so how do we make sure that we're able
3 to prevent those disparities from happening in the future?

4 MS. TREVINO: Well, I'll just start and say that
5 I think the easiest -- one of the easiest things to do is
6 to disaggregate data and to look at specific populations to
7 disaggregate those data. I'm going to start in the next
8 couple of weeks looking at in Michigan the Children's
9 Special Health Care Services Program (CSHCS) and looking at
10 their standard quality and performance measures and
11 breaking those down by race/ethnicity, not only just to get
12 a program-specific look at how equity operates in that
13 program, but, frankly, to then look at those differences in
14 CSHCS versus differences in Medicaid and CHIP overall,
15 because I am guessing there will be some -- there will be a
16 difference in those differences.

17 So that's sort of, you know, one of the first
18 and, frankly, I think easiest things you can do, but it has
19 to be someone's job to do it, to sustainability as well,
20 build this work, equity in all of the spaces into someone's
21 job. You know, as part of your two- or three-year grant or
22 whatever it is, rewrite position descriptions, redo your

1 organizational infrastructure to include this work very
2 clearly in actual job descriptions. If it's no one's job
3 to do it, it will not get done. Yeah, and I think that
4 disaggregating those data by all of the things, but
5 especially disability, race/ethnicity, and how those
6 intersections work I think is key. And I don't see people
7 doing that, and I think you're absolutely right,
8 Commissioner.

9 CHAIR BELLA: Thank you. Patrick.

10 COMMISSIONER HEAPHY: Exciting.

11 MR. PIGGOTT: Commissioner Heaphy, I think it
12 goes back to beneficiary engagement, engaging individuals
13 with disabilities, hearing their experience, hearing their
14 stories as well as those trusted sources that they are
15 connected with to bring about change within the Medicaid
16 program and CHIP program as it relates to advancing health
17 equity.

18 Also, you know, the data is important, very
19 important. I think we can't really move without having the
20 data. But there are gaps in data that does not speak to
21 sometimes what the beneficiary's experience is, and we need
22 that to really hone in and focus on those specific areas

1 that are true, equity issues and disparate issues related
2 to individuals with disabilities.

3 Recently, we just had a series where the
4 department has talked about advancing health equity within
5 individuals with disabilities, and those series have been
6 really beneficial to the Medicaid program here.

7 COMMISSIONER HEAPHY: Thank you.

8 CHAIR BELLA: Thank you both. We really could
9 keep talking to you forever. We won't. But, again, I
10 wasn't kidding when I said we won't be shy. We know where
11 you are. And you know where we are, and this is -- you
12 know, we're going to struggle for a while figuring out how
13 do we apply this lens, and we're going to need to hear from
14 real people who are doing the work -- not that other of my
15 fellow Commissioners aren't doing the work, but you know
16 what I mean. And so our door is always open for you to
17 say, like "if I'm sitting in your seat, this is what you
18 should be doing, and, you know, you need to be doing more
19 and you need to be giving states cover and you need to be"
20 -- whatever it is, don't hesitate to reach out. And I just
21 can't thank you enough for spending this time with us
22 today. Thank you both.

1 MS. TREVINO: It was a pleasure to be here.

2 CHAIR BELLA: Thank you so much

3 MR. PIGGOTT: Thank you. Thank you for inviting
4 us.

5 CHAIR BELLA: Thank you for the work you're
6 doing.

7 Okay, Commissioners, we have a little bit of time
8 left. This is a really important subject. If we need to
9 run a little over, we will run a little over. Kisha is
10 going to kick us off, and I just have a question, though,
11 Audrey. I'd love to know, as we continue this work, how
12 many states are creating chief equity officer type
13 positions within their agencies. I think that would be
14 really interesting to understand if we're seeing some of
15 that. I know we are seeing that at CMMI and at the federal
16 level, but it would be interesting to keep an eye on that
17 kind of thing.

18 So, Kisha, I'm going to turn to you to kick us
19 off.

20 **### FURTHER DISCUSSION BY COMMISSION**

21 * VICE CHAIR DAVIS: Sure. Thank you again,
22 Audrey, for putting together just a wonderful panel. You

1 know, one of the things that struck me as we were
2 listening, as we were -- you know, we're hearing from the
3 folks who are doing a great job. You look at the examples
4 of North Carolina and Michigan and what they are doing in
5 their state. And, you know, I think this being a platform
6 to just share those best cases of examples of states who
7 are earlier in the process.

8 I'll just say generally, you know, in our
9 materials, Audrey, you gave us this list of potential
10 policy levers, and it's a long list, and there's a lot we
11 can do. And I think in a lot of ways, health equity can
12 feel overwhelming. We don't have great data. There are so
13 many places to impact. There's -- and it in many ways
14 feels hard to start and hard to make an impact, and if you
15 can't impact all of it, then are you really making a
16 difference at all?

17 You know, I would just encourage us as a
18 Commission to think about where do we start and where real
19 opportunities are for impact. I think one of the things as
20 a Commission, we have the opportunity to really shine a
21 bright light both on what's going well, like North Carolina
22 and Michigan, but also where there are troubles. And so

1 using our platform to highlight the disparity where we see
2 it, and I think really going beyond just here's this
3 barrier, but really tracking and monitoring over time so
4 that we're starting to see impact and improvement.

5 I think, you know, the work that we have done in
6 the maternal space is a good example of that. Here's an
7 issue that everybody is talking about, but how are we
8 really going to get crisp on not just there's a problem,
9 but get really working towards a recommendation that's
10 going to improve equity in that area. And I think if we as
11 a Commission think about what are the -- you know, rather
12 than boiling the ocean, what are the two or three topics
13 that we really think that we can have an impact on?

14 You know, a suggestion I have in that area is
15 really around access. How are we making sure that access
16 to Medicaid, to health insurance, to health care is
17 equitable and looking at that, I think as Cara mentioned
18 earlier, as a population of the United States and as a
19 population within states and how state differences in
20 application of Medicaid eligibility result in inequitable
21 access across the country.

22 And then the last thing that I'll just say --

1 and, you know, Patrick brought this up at the end around
2 community health workers and the workforce that we have.
3 And I think community health workers are such a great
4 program for that last -- I call it the last mile of the way
5 health care, you know, helping to translate whatever's
6 happening in that medical space to the patient.

7 But I also think it's a poor commentary that we
8 haven't done a great job with our medical workforce in them
9 being able to communicate with the patients that they have,
10 that we need that intermediary. So as we think about
11 continuing to encourage that cultural competency in our
12 medical workforce, but also diversity in that workforce and
13 those programs and incentives that, one, help folks get to
14 the table, to be a provider of care, but also that help
15 them stay in the game and continue to provide services for
16 Medicaid patients. There's lots of reasons providers drop
17 out and don't want to continue to see Medicaid patients,
18 and so as we're continuing to look at access on the patient
19 side but access in terms of network specificity, network
20 availability.

21 CHAIR BELLA: Thank you, Kisha.

22 Other Commissioners? Laura, then Martha.

1 COMMISSIONER HERRERA SCOTT: So, Audrey, great
2 job. It was just a really great panel, great facilitation
3 of the panel, and, you know, Kisha, I agree with the
4 comments you said.

5 A few things that I heard and talking about, like
6 you said, Kisha, those concrete next steps, Cara described
7 the data and health equity starts with the data, but we
8 have almost half the states that don't have good data. I
9 think she said 22 states' data was either concerning or
10 unusable. So if we're going to start looking at this
11 across all our markets, what is it -- what do those states
12 need to shore up their data so that once we start moving in
13 this direction, everyone has what they need in their data
14 systems to pull it out.

15 And, two, thinking about the opportunities or
16 some of the low-hanging fruit, you know, almost all the
17 states are using HEDIS as a quality, and I know, Kisha, you
18 just mentioned access. But could we start disaggregating
19 that data and see what it looks like.

20 And then, Heidi, to your point, if it's not
21 representative of the population, who's rolling out of the
22 denominator and why? And is that the proxy for access? So

1 just thinking about what we have today and how do we start
2 assessing that.

3 And then, last, I know it's not necessarily a
4 purview of this Commission, but thinking about how do we
5 start ticking and tying some of the opportunities across
6 our federal partners, so thinking about food insecurity as
7 a driver for health inequities as an example, and whether
8 or not there could be some data sharing and opportunities
9 to facilitate enrollment in programs like WIC or SNAP that
10 can help address food insecurity that's driving a health
11 problem that's disparate because of access to food.

12 I could go on and on, but lots of opportunities,
13 and great presentation.

14 CHAIR BELLA: Thank you, Laura. Martha?

15 COMMISSIONER CARTER: I think there's so much to
16 think about here. I'm having a little hard time sort of
17 pinpointing. But a couple things really struck me. One
18 was Monica's talk about how it's important to give plans
19 time to change and, you know, how they've got to build that
20 into their contracts -- both speakers talked about that --
21 work with the plans, build measures into their contracts,
22 give the plans time to then arrange their contracts with

1 providers. And so I think that was just really important.
2 And the expectation that the plans and the providers build
3 in beneficiary engagement to develop their plans.

4 I also, again, from Monica, heard that she wants
5 the Feds to be stronger in requirements to the states and
6 to provide technical assistance. I think that's an area
7 that we could comment on. I'm not entirely sure what all
8 CMS is already doing. I think you all mentioned some
9 things. But like you said, Melanie, maybe providing the
10 states some cover and saying this is a requirement that you
11 build health equity into your contracting, into maybe your
12 value-based payments, and here's some best practices to
13 accomplish that. Then there's more, but -- like Laura
14 said, there's a lot more.

15 I had also just a question. This is really a
16 basic question. I apologize. How is the CAHPS survey
17 administered? Really, that's kind of a leading question,
18 because if it's just administered electronically, then who
19 are we missing? So can somebody help me understand how
20 CAHPS is administered?

21 COMMISSIONER ALLEN: I don't use CAHPS because I
22 study Medicaid. There's only been one CAHPS. But most

1 federal surveys are multimodal where they have mail surveys
2 and then telephone surveys, and some of them are moving
3 into electronic surveys. So I can't speak specifically to
4 CAHPS, and if anybody else has any idea, that would be
5 great. But I do think that most of the time they don't
6 just rely on one approach.

7 COMMISSIONER CARTER: That's good to hear. I
8 know from experience that people that we were reaching in
9 our community health centers and our SUD program didn't
10 respond to electronic surveys. So I think that's just a
11 point to put out there. That's all I've got for now.

12 CHAIR BELLA: Thank you, Martha. Tricia and then
13 Kathy and Verlon, and then I'm going to go to public
14 comment, and then we'll come back.

15 COMMISSIONER BROOKS: I just wanted to lift up
16 something I think that Monica said. I don't know if people
17 know Monica's background or read the bios, but she really
18 launched a lot of the data collection that was started in
19 Michigan and is a real model many, many years ago, but that
20 is, someone has to own this. And I think that's true of
21 other aspects of Medicaid and CHIP, for example, outreach.
22 One of the things that happened when CHIP came along is

1 that you had Child Health Insurance Program officials who
2 were charged with outreach, and that really drove
3 enrollment in both Medicaid and CHIP.

4 So I think lifting up this idea that somebody has
5 to own it is important, and I just want to comment again, I
6 was really blown away by Audrey's facilitation. She did a
7 fabulous job.

8 CHAIR BELLA: Thank you, Tricia. Kathy?

9 COMMISSIONER WENO: I'll just second that. I
10 mean, I was kind of blown away by this whole panel.
11 There's just so much that we discussed that I don't really
12 know what to hook on right now. But in oral health, we've
13 been tussling with this for a long time. There's a lot of
14 disparities in oral health, and I was really happy that we
15 really touched on the social determinants of health here
16 because in my time at CDC we were always trying to engage
17 community-based resources and community-based interventions
18 in order to impact large populations, things like school-
19 based services and getting to the beneficiaries we wanted
20 to get to in the places where they were. And I think
21 that's something that we really need to stress in any
22 intervention.

1 So I want to also talk about, you know, providers
2 and the way that we were looking for providers that look
3 like the beneficiaries that we're trying to help, and
4 that's something that needs to be in every discussion that
5 we talk about with health equity, because that's a huge
6 issue, and making sure that the beneficiaries really
7 understand the benefits that they have. Heidi had a great
8 comment yesterday when she talked about people that were
9 calling dentists to get a dental appointment, and then they
10 assumed that their entire Medicaid benefit was just
11 emergency when, in fact, it was only their dental, because
12 as we know, dental doesn't -- there isn't a broad-based
13 dental benefit for everybody that's on Medicaid.

14 So, anyway, those are topics that really engage
15 me that I wanted to comment on. Thank you so much for this
16 panel. It was great.

17 CHAIR BELLA: Thank you, Kathy. Verlon?

18 COMMISSIONER JOHNSON: So I will just echo the
19 comments to Audrey. Fabulous panel, very helpful, and all
20 the great things everyone else said.

21 I think one of the remarks that stood out for me
22 the most, especially as we consider Cara's guidance around

1 not waiting for the perfect, was this idea behind finding
2 the easiest pathways forward. And, you know, I've been in
3 Medicaid for a long time, so I'm really trying to think of
4 what are those pathways, right? So I'm not sure that
5 obviously we all know that. I know that Monica had
6 mentioned the APD funding process in her remarks a little
7 bit, but I'm hoping that we can maybe get to a little bit
8 more of that kind of thought as we talk to states and best
9 practices, but also, you know, if there's additional intel
10 that we can gather that may help us with those different
11 pathways, especially as we look at the policy levers that
12 are kind of identified, I think that would be helpful.

13 CHAIR BELLA: Thanks, Verlon.

14 Dennis, I have you in the queue, and I'm going to
15 go to see if we have public comment on this session and on
16 our panel. If so, please use your hand icon. A reminder
17 to introduce yourself and your organization and to please
18 limit your comment to three minutes or less. It looks like
19 we have one.

20 **### PUBLIC COMMENT**

21 * MS. HUGHES: Yes, Ellen, you've been unmuted. Now
22 if you could unmute yourself and make your comment.

1 Ellen Breslin, we have a microphone icon at the
2 top of your control panel if you'd like to unmute yourself.

3 MS. BRESLIN: Sorry about that. I think I did
4 that by accident, but I would be happy to comment and share
5 with you some work that Minnesota also did a few years ago.
6 I was working on this project in 2016 which came out of the
7 legislative mandate requirement to look at health
8 disparities. And so Minnesota took the bull by the horns
9 and really re-created a population health framework, and we
10 leveraged the claims data. So to the many comments focused
11 on the denominator today and how problematic that is, but
12 it doesn't capture, you know, complete access and coverage,
13 those are really, really legitimate concerns about using
14 claims data.

15 But I think there is a way to do this work now
16 and now wait for a perfect data set, and so that we can
17 really focus on the disability populations and we can focus
18 on disaggregating the data using the claims to create
19 algorithms to sort, and I'd be happy to share that report
20 with the Commission.

21 Thank you.

22 CHAIR BELLA: Thank you, Ellen.

1 Do we have anyone else who would like to speak?

2 [No response.]

3 CHAIR BELLA: It does not look like it. Okay,
4 Dennis, back to you.

5 COMMISSIONER HEAPHY: I'm thinking about -- this
6 is a little bit of what Ellen was saying -- how do we work
7 with the data we have and not wait for the perfect data to
8 be there. I think that's something I'd love to see the
9 professional folks at MACPAC work on. What are the best
10 practices going on in states in data collection or
11 utilization of data that exists? Because a lot of it is
12 garbage, and is there anything we can do in this phase to
13 collect Medicaid data on health disparities impacting
14 racial and ethnic minority populations? I say that because
15 we're struggling with it in Massachusetts, and I sit on
16 several committees, and there are all these conversations
17 about culturally competent and humble collection of data
18 and different understandings of what the data is going to
19 be used for. So do we jump that step and then just go to
20 the data that exists?

21 I'm asking folks, where do we even begin with
22 this process of looking at the data and the data

1 collection? And if there is data out there that is good,
2 even if it's claims data, can that be used? What do we
3 use? What's available to us now? And not just do it in
4 one state, but do it nationally and maybe even understand
5 the capacity of states to collect data and see what needs
6 to be done to increase their capacity to collect data on
7 race/ethnicity and other disparity groups.

8 CHAIR BELLA: Yeah, I'm going to suggest --
9 Dennis, that's a really good point, and I will throw a
10 suggestion out there, and, Audrey and Anne, you can decide
11 if you think that makes sense. It feels to me like -- I
12 mean, there obviously is great Commissioner interest here.
13 There is a question on the table about do we want a chapter
14 in June. I think the answer is yes, we want a chapter in
15 June this year, and March and June next year, and March and
16 June the following year. We have done work, Dennis, on the
17 data piece, and we didn't get time to go through all of the
18 specific policy levers that were in the write-up. I'd like
19 to see this come back where we are getting to talk more
20 specifically about those pieces. We could also have a
21 refresher, I think, on what we found in the data and what's
22 there and what's not there and what we could make of what

1 we have and what's disaggregated and what's not. So that
2 to me feels like a pretty -- like a whole discussion that
3 we probably wouldn't do full service to today if we tried
4 to squeeze it in right now.

5 Anne?

6 EXECUTIVE DIRECTOR SCHWARTZ: I'm just going to
7 say we have a brief on data that will be coming out in
8 January. There are also some other resources that others
9 have done, particularly around how states are trying to
10 improve collection of race and ethnicity data at
11 application and some techniques they're using. So there's
12 a lot that we can share with you all in advance of a next
13 Commission discussion around specific levers.

14 CHAIR BELLA: Does that work, Dennis? So high on
15 the list, and we'll bring it back and have a more detailed
16 focused conversation on data, and then also, Anne and
17 Audrey, the policy levers, digging into those a little
18 more, maybe how you might want to bring them back to us,
19 having heard what we heard from the panel and the
20 discussion today.

21 COMMISSIONER HEAPHY: That's good. I wasn't
22 looking for it today.

1 CHAIR BELLA: The good news is there is some work
2 already out there today, but it sounds like we're
3 continuing to build on it. Okay. Does that sound like a
4 plan, Anne? And you can tell us if January makes sense or
5 we need to wait, but obviously we'll bring this back in one
6 of the next couple of meetings. Then we'll work toward a
7 June chapter.

8 Any further comments from Commissioners?

9 [No response.]

10 CHAIR BELLA: Very strange. It's time to take
11 our lunch break, Toby's breakfast break.

12 All right. We've had public comment. We're done
13 with this session. Audrey, let me just say again thank you
14 so much. You obviously hit the mark here, so we look
15 forward to having you bring this back to us.

16 Thank you, Commissioners, thank you, Anne,
17 thanks, Jim.

18 We will see everyone back here at 1:00 p.m.
19 Eastern time, and we will start back with a panel on policy
20 levers to look at and nursing facility staffing issues. So
21 we'll see you all back here shortly. Thank you.

22 * [Whereupon, at 12:03 p.m., the meeting was

1 recessed for lunch, to reconvene at 1:00 p.m. this same
2 day.]

3

4 AFTERNOON SESSION

5 [1:00 p.m.]

6 CHAIR BELLA: We are ready to get started.

7 Welcome back, everybody. Rob is going to take us into a
8 session on policy levers to address nursing facility
9 staffing issues, a very timely topic.

10 Rob, take it away. Welcome.

11 **### STATE POLICY LEVERS TO ADDRESS NURSING FACILITY**

12 **STAFFING ISSUES**

13 * MR. NELB: Great. Thanks very much, Melanie.

14 I'll be talking today about state policy levers
15 to address nursing facility staffing issues. This work
16 comes out of our prior work around nursing facility payment
17 and is also related to our ongoing work around issues
18 related to the long-term-care workforce.

19 So I'll begin today's presentation with some
20 background about current nursing facility staffing
21 requirements, and then I'll share some of our findings
22 about the current variation in staffing rates and payer mix

1 and discuss some of the implications of these findings for
2 quality care and health equity.

3 Then I'll discuss some of the findings of our
4 review of state policies related to nursing facility
5 staffing listed here and the association between these
6 policies and the staffing rate.

7 Finally, I'll conclude by highlighting several
8 policy questions and potential next steps for the
9 Commission's work in this area. There are a lot of
10 specific questions we can examine, but one overarching
11 question to keep in mind as I go through the presentation
12 today is listed here on this slide: What is the role of
13 Medicaid payment policy in helping to ensure access to
14 high-quality nursing facility care, especially for racial
15 and ethnic minorities, who have historically received
16 substandard care?

17 I know many Commissioners are interested in
18 efforts to rebalance long-term care and promote greater use
19 of home and community-based services rather than nursing
20 home care, but for today's presentation, we're going to
21 focus on ways to improve the care for those beneficiaries
22 who remain in nursing facilities for whatever reason,

1 perhaps because of unstable housing or complex care needs
2 that may be difficult to get in other settings.

3 First, some background. As you likely know,
4 Medicaid is the primary payer for most nursing facility
5 residents in the country, and the vast majority of
6 Medicaid-covered nursing facility residents are dually
7 eligible for both Medicare and Medicaid. What this means
8 is that Medicare covers skilled nursing care for up to 100
9 days following a hospitalization, and then Medicaid covers
10 subsequent days of long-term care. For these dual-eligible
11 patients, the payment incentives are further complicated by
12 the fact that Medicare is the primary payer for hospital
13 care for these patients, and so any savings from reduced
14 hospitalizations as a result of better nursing facility
15 care tend to accrue to Medicare rather than the Medicaid.

16 One last note is that the analyses in this
17 presentation focus on freestanding nursing facilities,
18 those that are not part of a hospital, as well as focusing
19 on those dually certified by Medicare and Medicaid. This
20 accounts for 91 percent of the approximately 15,000 nursing
21 homes in the country.

22 So in this presentation, we're also going to

1 focus on direct care staff in nursing facilities. These
2 are the primary providers of care for patients and account
3 for more than half of nursing facility costs.

4 By direct care staff, there are three primary
5 types that we examined. First, registered nurses, or RNs,
6 have at least a two-year degree and are responsible for
7 overseeing a resident's care. Second, licensed practical
8 nurses, or LPNs, typically have a one-year degree and help
9 provide routine bedside care. And, finally, certified
10 nurse aides, or CNAs, have at least 75 hours of training
11 and generally assist residents with activities of daily
12 living.

13 It's important to note that CNAs account for
14 about two-thirds of direct care staff in nursing
15 facilities, and most CNAs are paid close to the minimum
16 wage, and more than half are people of color.

17 Staffing rates are often measured in hours per
18 resident day, and there's a large body of research going
19 back several years showing an association between higher
20 hours per resident day and better health outcomes for
21 patients, including reduced infections, fewer
22 hospitalizations, and decreased mortality.

1 So most of the current nursing facility staffing
2 requirement go back to 1987 and the Federal Nursing Home
3 Reform Act. Since then, nursing facilities have been
4 required to have a licensed nurse 24 hours a day and a
5 director of nursing eight hours a day. For a typical 100-
6 bed facility, this translates into 0.3 hours per resident
7 day.

8 Over the years, there have been various efforts
9 to push for higher minimum staffing standards. Most
10 notably, in 2001, CMS convened an expert panel that
11 recommended that facilities provide 4.1 hours per resident
12 day in order to reduce the risk of harm for long-stay
13 nursing facility residents. However, most nursing
14 facilities currently staff below this level.

15 In this presentation, I'm going to focus on the
16 number of facilities with a one- or two-star staffing
17 rating on CMS' Nursing Home Compare website, which is part
18 of a five-star rating system that measures how staffing
19 rates compare to other facilities.

20 In the 2019 data that we used a two-star staffing
21 rating was equivalent to less than half an hour of RN care
22 and 3.6 hours of total direct care staffing per resident

1 day. These are levels that have been described by
2 researchers as "dangerously low."

3 One other note is that I know there's been a lot
4 of discussion about the quality of the data in Nursing Home
5 Compare, especially some of the data related to surveys and
6 inspection results. But I want to note that the staffing
7 data that we're using in this study is different from that
8 and, in fact, there have actually been a lot of efforts in
9 recent years to improve the quality of the staffing data.
10 As a result of the Affordable Care Act, nursing homes now
11 submit auditable payroll data to describe the staff that
12 they provide, which is more accurate than previous
13 measures, and that's the data that we're using in this
14 analysis.

15 So moving on to some of our results, this figure
16 shows the share of nursing facilities with a one- or two-
17 star staffing rating by payer mix of facility in 2019. You
18 can see that the facilities that serve the highest share of
19 Medicaid patients, on the right of this graph, are more
20 than twice as likely to have a one- or two-star staffing
21 rating compared to the facilities that serve the lowest
22 share of Medicaid patients, shown on the left of this

1 graph.

2 In addition, it's important to note that the
3 facilities that serve the highest share of Medicaid
4 patients also serve a much higher share of Black and
5 Hispanic beneficiaries, and so this variation by payer mix
6 also contributes to health disparities.

7 Looking behind these numbers, we also see
8 considerable variation in the share of nursing facilities
9 with a one- or two-star staffing rating by state. For
10 example, in 2019, 13 states had less than 10 percent of
11 facilities with a one- or two-star staffing rating while
12 three states had more than 70 percent of facilities with
13 these low ratings.

14 Overall, the disparities that we see by payer mix
15 and the variation in staffing rates by state suggest that
16 state policies, especially Medicaid payment policies, could
17 have an important role to play in addressing staffing
18 challenges. In this presentation, we looked at three broad
19 categories of policies. First, states could increase their
20 Medicaid payment rates, which theoretically could help
21 facilities hire more direct care staff and pay them higher
22 wages. Second, states could change their Medicaid payment

1 methods in order to incentivize facilities to spend more of
2 their payments that they do receive on staff rather than
3 retaining those payments as profit. These incentives are
4 likely big motivators since many nursing facilities are
5 for-profit.

6 We looked at three different types of payment
7 methods in our analysis: first, cost-based payment
8 methods, which base a portion of Medicaid payment rates on
9 direct care costs; second, we looked at wage pass-through
10 policies, which require facilities to spend a specific
11 portion of the Medicaid rate on staff wages; and, finally,
12 we looked at value-based payment incentives that are tied
13 to staffing metrics.

14 Last, but not least, states can simply require
15 minimum staffing standards that exceed the federal
16 requirements. This isn't a Medicaid payment policy per se,
17 but we included it in our review since it's one of the
18 other policy levers that states have to affect staffing
19 rates.

20 So to better understand the use of these various
21 policies, we contract with RTI to develop a compendium of
22 current state policies related to staffing, and we

1 validated this information with the relevant state
2 officials. More information about each of these policies
3 is in your materials, but in general, we found that state
4 adoption of these policies was mixed.

5 Many states do have some minimum staffing
6 standard that exceeds the federal requirement of 0.3 hours
7 per resident day, but only 11 states and D.C. had standards
8 above three hours per resident day, which is currently the
9 cut-off for a one-staff staffing rating.

10 We did find that most states used cost-based
11 payment methods for nursing facilities, but as we reported
12 last year in our payment compendium, the use of cost-based
13 payment seems to be declining. More states are adopting
14 price-based methods.

15 Finally, we find ten states with wage pass-
16 through policies and 14 states with pay-for-performance
17 incentives related to staffing.

18 For each policy we then examined the extent to
19 which the state policies helped explain some of the
20 variation in staffing rates that we saw in 2019, and, in
21 general, we found positive associations between state
22 adoption of these policies and better staffing rates.

1 These findings are generally consistent with prior research
2 in this area, and just one note that there is quite a bit
3 of research on this topic. We contracted with About
4 Associates to do a more formal lit. review of prior
5 research, and more information about that is in your
6 materials. But, anyway, there's a lot of research sort of
7 supporting what we found in our study.

8 We don't yet have complete data on Medicaid
9 payment rates by state, but prior research does suggest
10 that higher Medicaid payment rates are associated with
11 higher staffing rates. As a proxy for Medicaid payment
12 rates, we examined facilities' non-Medicare margins in 2019
13 using data from MedPAC that ultimately came from Medicare
14 cost reports.

15 Non-Medicare margins include both Medicaid and
16 private-pay patients, but because Medicaid is such a large
17 payer for nursing facility care, the non-Medicare margins
18 are primarily driven by Medicaid.

19 In the aggregate, non-Medicare margins were
20 negative 2 percent in 2019, lower than Medicare margins,
21 which were positive 20 percent in 2019. However, we found
22 considerable variation by state. In 21 states there were

1 positive non-Medicare margins in the aggregate, and in 15
2 states the non-Medicare margin was 3 percent or greater,
3 suggesting that Medicaid is not always paying less than
4 costs.

5 In our analyses of the 2019 staffing data, we
6 found positive associations between non-Medicare margins
7 and the share of facilities with a one- or two-star
8 staffing rating, which is consistent with prior research.

9 So the data I've presented so far highlight the
10 many staffing challenges that existed in 2019, before the
11 COVID pandemic. Since then COVID has obviously exposed many
12 long-term-care staffing challenges and in some cases has
13 made them worse.

14 In nursing facilities, the total number of staff
15 has declined during the pandemic, but so has the average
16 nursing facility census. As a result, total hours per
17 resident day is more or less the same as before the
18 pandemic, and in some cases has improved slightly.

19 The pandemic has also prompted some states to
20 take action to improve their staffing policies. In our
21 review, we identified ten states that increased minimum
22 staffing standards, one state that added a new wage pass-

1 through policy, and two states that added new minimum wage
2 requirements -- sorry, four states that implemented new
3 payment incentives related to staffing. In our review, we
4 also identified two states that added new minimum wage
5 requirements for direct care staff and one state that added
6 a new direct care loss ratio requirement that caps nursing
7 facility profits and requires them to spend a portion of
8 their revenue on staff. These last two policies are
9 relatively new, and we haven't seen them implemented in
10 other states, and so it will be interesting to see how they
11 work out.

12 In our review, we also identified 12 states that
13 added hazard pay for nursing facility direct care workers,
14 which is a temporary increase in payment rates during the
15 pandemic, but it's important to note that it's not clear
16 whether these increased payment rates will continue after
17 the pandemic.

18 Now that I've reviewed the results, I just want
19 to spend a little bit of time talking about potential next
20 steps for the Commission. So we do plan to publish our
21 state policy compendium on our website, which helps
22 describe some of the various policies by state, and

1 hopefully it will be a useful resource for states and other
2 stakeholders interested in this issue.

3 However, if there is Commission interest in
4 making some policy statements in this area, we could also
5 draft a chapter that comments more specifically on
6 Medicaid's role in addressing staffing issues.

7 From the work we've done so far, the Commission
8 may be able to draw some conclusions or make comments in
9 some of these following areas listed. For example, we
10 could comment on the effects of low staffing on access and
11 quality of care, and comment more specifically about
12 Medicaid's role in addressing some of the health
13 disparities that we see.

14 Next, from our review of the payment methods, we
15 could talk more about which payment methods are better than
16 others and create appropriate incentives for staffing.

17 We could also comment about the relationship
18 between state policy and federal staffing requirements,
19 given increased discussion at the federal level about
20 potentially increasing minimum staffing standards.

21 And, finally, we could talk about opportunities
22 to align efforts to improve nursing facility staffing with

1 efforts underway to improve the home and community-based
2 services workforce.

3 In the next report cycle, we're hoping to compile
4 more detailed information about how Medicaid payment rates
5 compare to nursing facility costs using data from T-MSIS
6 and other sources. This task is technically challenging,
7 and we're not actually sure yet whether we can do it, but
8 we're going to convene a technical panel earlier in the
9 year to review our methods, and hopefully we'll be able to
10 present some findings in the next report cycle.

11 If we are able to come up with more data on
12 payment rates, we can also work -- it will hopefully help
13 inform Commission discussion about potential policy options
14 to improve nursing facility payments in the future.

15 I welcome Commission feedback about whether
16 there's particular policies you'd like to examine further.
17 For example, CMS is currently required to ensure that
18 Medicaid payment rates are sufficient to ensure access, but
19 it's not always clear how this is enforced, and so there
20 may be some opportunities for improvement in this area.

21 Finally, to help guide your conversation today,
22 here's a list of policy questions you might want to

1 consider, those questions that we may be able to comment on
2 in this cycle in a potential report chapter as well as some
3 questions we might want to consider as we develop future
4 work in this area.

5 I'm happy to answer any questions you have, but
6 mostly I'll be listening for your feedback on where you'd
7 like to take this work. Thanks.

8 CHAIR BELLA: Thank you, Rob. Appreciate you
9 laying it out so clearly. It feels like we should be
10 absolutely going forward in this area, and so I'd love for
11 the Commissioners, as you comment, to affirm whether you're
12 feeling that too and then be very specific about the areas
13 of interest.

14 Heidi, I'm going to turn to you and see if you
15 want to kick us off, and then I see Martha, Bill, Brian --
16 Rob, I may have seen you, but maybe not, but we'll come
17 back and we'll get everybody. Thank you, Rob.

18 COMMISSIONER ALLEN: Thank you, Melanie, for
19 letting me kick us off, and thank you, Rob, for this
20 presentation and for the memo, which was really, really
21 helpful. I am interested in the Commission looking at this
22 further. I'm interested in us exploring the way that the

1 Medicaid program can support states in implementing
2 approaches that would address staffing issues.

3 I think that the things that came to me that I've
4 heard both today in the speaking and when I read the report
5 or when, you know, earlier this morning, when we talked
6 about health equity and how do we get to health equity in
7 the Medicaid program, and all I could think about is that
8 every conversation, every one of these policy conversations
9 that we have really are like an opportunity for us to
10 engage in health equity. And in this case, the report
11 calls out very quickly that it's not just that Medicaid is
12 disproportionately people of color, but that facilities who
13 serve Medicaid patients disproportionately serve more
14 racial and ethnic minorities.

15 From the report, you could see that serving
16 primarily Medicaid beneficiaries -- so, again, which is
17 another way of saying serving primarily racial and ethnic
18 minorities -- is clearly related to quality and that
19 staffing seems to be one of those mechanisms or levers that
20 we could look at that could improve quality.

21 Of the three policy options, I felt like the ones
22 that from the table seemed to be associated with movement

1 out of the one- to two-star category into a higher star
2 category were the state minimums and staffing that exceed
3 the federal requirements and align with the research that
4 we -- I mean, it's just great that there's a deep research
5 evidence in this that we can rely on, but the states that
6 have aligned their requirements, what the research suggests
7 is associated with higher quality or getting better
8 outcomes; and that the wage pass-through plus cost-based
9 payment approach seems to be a winning combination for the
10 states that have it.

11 In terms of information that could help me think
12 more deeply about this issue, I'm interested in the
13 relationship between wages and staffing. I know it might
14 be hard to kind of get a sense of what the wage -- the
15 average wage per hour per resident day is, you know, to try
16 to get a sense of like how that's distributed. But I'm
17 wondering if we can use any of the data that we have about
18 wages to inform our analysis of payment methods and payment
19 adequacy. Specifically, what kind of wages do they need to
20 have in order to ensure access? And at what point do low
21 wages get associated with poorer staffing and access? And
22 what should we benchmark against locally?

1 So those are the questions that come to mind, and
2 I look forward to the discussion.

3 CHAIR BELLA: Thank you, Heidi. Bill, then
4 Martha.

5 COMMISSIONER SCANLON: Yes, thank you, Rob. This
6 was an incredible amount of very helpful and useful
7 information, and I'm going to agree with both Heidi and
8 Melanie that this is a timely topic. It's an incredibly
9 timely topic. Medicaid nursing home payment has been a
10 perennial issue for the program. The Congress first
11 intervened on this in 1972, so it's been like 40 years that
12 we've been thinking about this. And the pandemic just
13 brought home even more strongly sort of how important it is
14 and how we really need to pay sort of more attention to it.

15 You've outlined sort of options for us with
16 additional work, and there certainly is an incredible
17 amount of additional work that needs to be done. But let
18 me be so bold as to say I think we're ready to make some
19 recommendations immediately. And the first one relates to
20 a world we used yesterday with respect to directed
21 payments. We need total transparency about Medicaid
22 nursing home payments and how those dollars are being used.

1 The idea of more states adopting wage pass-
2 throughs is positive, but the details matter in terms of
3 the policies with respect to a wage pass-through, and then
4 sort of what happens exactly to the money matters. So
5 we're talking about transparency that goes beyond the usual
6 cost report that you get from an individual facility to
7 knowing about the kinds of payments that may be flowing
8 between related party companies that are owned by a single
9 entity, because we do not want sort of additional money
10 being devoted to -- that we think is being devoted to
11 improving staffing resources to be spent -- given to a
12 related party and becomes -- part of that becomes that
13 related party's administrative costs and profits. So we
14 really need 100 percent transparency.

15 It also, though, extends sort of to other areas
16 in terms of what nursing homes spend their money on. I
17 think it's very important for Medicaid programs not to set
18 a single daily rate that is for an undefined sort of set of
19 services, because other things besides staffing matter in
20 terms of a resident's sort of quality of experience. It
21 can include dietary, it can include activities, it can
22 include maintenance of the facility. And it used to be the

1 norm almost that states would take all of those things into
2 account and set targets for each of those things. And when
3 states were updating their rates on an annual basis,
4 facilities were strongly encouraged to continue to spend
5 their money in the way the states were directing that money
6 because otherwise they were going to have lower rates sort
7 of in the future.

8 So I think thinking about sort of returning
9 somewhat to the past, so to speak, in terms of how states
10 were paying and move away from the trend which I find
11 relatively unfortunate that you've identified that we have
12 more than ten states that are paying price, which in some
13 respects to me is naive, because you do not know sort of
14 what's happening to your money. It's naive in part because
15 I think it's based upon a false assumption. I've heard
16 sort of in policy discussions that we really need to
17 maximize the incentives for efficiency and that something
18 like a price rate or a single rate is going to maximize
19 that incentive.

20 The reality is what it does is it maximizes the
21 incentive to reduce your costs, and there are two ways to
22 reduce your costs if you're an operator. One is to improve

1 your efficiency; the other one is to reduce the quality of
2 your product. And we don't know how much of either of
3 those is happening, so to me we'd be much better off if we
4 knew where the money was going, and then we could assess
5 sort of how different allocations of resources affect the
6 quality and the services that we care about.

7 In terms of our future work, I think that we
8 definitely need to see how far we can get in terms of
9 looking at sort of data and comparing sort of experience
10 between sort of the rates that are being paid and costs.
11 But at the same time, I would be cautious, recognizing that
12 I had spent a lot of time, again, 30 years ago almost,
13 working in individual states, and it was a complicated task
14 one state at a time. To try and do it on any broad scale
15 basis will be very, very challenging. I think, though,
16 what we can do is we can be very thoughtful about setting
17 forth a conceptual framework for how one should consider
18 setting nursing home payment rates with sort of a very
19 strong rationale for why these types of principles, the
20 types of principles that we identify, would make sense.

21 I'll look forward to our future work here because
22 I think it's absolutely critical to the well-being of the

1 over 1 million Medicaid beneficiaries that are in nursing
2 facilities today.

3 Thank you, Rob.

4 CHAIR BELLA: Thank you, Bill. Martha, then
5 Brian.

6 COMMISSIONER CARTER: Thanks. Again, a wonderful
7 presentation and a lot to think about. I agree with Heidi
8 especially about linking -- understanding the link between
9 payments and quality, and with Bill in terms of the need
10 for transparency in payments.

11 I also want to take a step back and look at how
12 payments, staffing in particular, because that's often the
13 biggest expense, but how payments in general affect whether
14 a nursing home exists at all. And I wondered if we have
15 looked at nursing home per whatever the metric is, 100,000
16 people or 10,000 people over age 65. You know, where are
17 there access gaps that could be serving Medicaid
18 beneficiaries, but the facilities just aren't there at all?
19 And why aren't they there? Because I think that's -- you
20 know, we can focus just on the facility, but I think we
21 also need to maybe take a broader look.

22 CHAIR BELLA: Rob, do you want to say anything to

1 that or just note it as you take everything back?

2 MR. NELB: Yeah, noted, and we have started work
3 around issues on nursing facility closure, especially in
4 rural areas, and we can think about that as part of this
5 work as well.

6 CHAIR BELLA: Okay. Brian, you're up.

7 COMMISSIONER BURWELL: Thank you, Melanie. Rob,
8 again, this is really excellent, and I agree with what
9 everybody has said about they're definitely interested in
10 pursuing this as a policy issue, and I look forward to your
11 future work, which is always of very high quality.

12 I have three questions. One, did you look at the
13 data by ownership status, for-profit versus not-for-profit,
14 in terms of staffing ratios and quality ratings?

15 Two, I always get nervous when I heard the word
16 "costs," because I wonder to what degree costs are a
17 manipulable number, and how similar that metric is across
18 Medicaid cost reports or whatever source of data we have,
19 and since it relates to margins. It seems like nursing
20 homes, like other health providers, are always trying to
21 demonstrate low margins by somehow raising costs, at least
22 on paper.

1 The third is more of a comment. Since I've been
2 reviewing state ARPA HCBS spending plans quite a bit in
3 recent weeks and months, you know, almost half -- a very
4 large percentage of that money is going to increasing wages
5 for direct care workers in HCBS. And many -- several
6 states are doing it as a broader initiative to raise wages
7 for both direct care workers in community-based services
8 and in nursing homes. I think it would be worthwhile just
9 to keep track of that as we do this work, and maybe do some
10 analytical work after that, because wages for persons in
11 the community are definitely going up, sometimes by
12 significant amounts, and I don't know if that's having any
13 impact on the nursing home labor market.

14 MR. NELB: All great points. I can comment on
15 your first two questions. In terms of ownership, we did
16 look at that, and for-profit facilities generally have
17 lower staffing rates than other types of facilities. It's
18 also true that high Medicaid facilities are also more
19 likely to be for-profit, and so that's probably part of
20 what's going on there.

21 And then, second, on your point about, you know,
22 really understanding what's in the cost reports, that's a

1 really good point, and as we convene our technical panel,
2 that will be one of the things we discuss. But the point
3 that Bill raised about sometimes when a facility has --
4 maybe pays -- rather than paying staff directly but hires
5 through an agency that is then associated with the nursing
6 home chain, there may be some things that are sort of
7 related party transaction, I think is one of those topics
8 that gets at the concern you raised, where something that
9 looks on a cost report like a staffing cost may not
10 actually be going to the direct care workers themselves.
11 And so we want to keep an eye on that.

12 CHAIR BELLA: Thank you, Rob. Thank you, Brian.
13 Bob, did I see your hand, or Verlon? I missed somebody.
14 I'm trying to play a game with myself. Bob, yes?

15 COMMISSIONER DUNCAN: Yeah, you did, but, one, I
16 too am in support of moving forward with addressing this.
17 And between Heidi and Brian, my questions or statements
18 were handled. Some were on the payment, and the other was
19 the question around the for-profit versus not-for-profit,
20 so those questions have been answered.

21 CHAIR BELLA: Wonderful. Other Commissioners?

22 [No response.]

1 CHAIR BELLA: Well, Rob, I'll just reiterate
2 where we started, which is there is a lot of interest here.
3 It's incredibly important. The timing is important. I
4 particularly would love to go in the weeds on some of the
5 payment incentives and thinking about that and what we can
6 learn. You know, I'm thinking about what Bill said,
7 though, about having the conceptual framework. So, you
8 know, we'll leave it in your capable hands to figure out
9 the best way to bring it back, but do you have what you
10 need in terms of interest, areas of interest? Are there
11 any other sub-topics on here that you didn't get feedback
12 on that you want to just make sure that we opine on?

13 MR. NELB: No, I think this has been really good
14 and gives us a lot of areas to think about. I guess one
15 question we'll think about as we take this back is sort of
16 whether we think we're -- it makes sense to try to pull
17 something together for a chapter in this cycle or maybe
18 wait until we have some more of the payment info, like
19 Bill's point about if we want to think about some larger
20 payment framework or conceptual thing, you know, maybe it
21 would help to have some of that payment information. But
22 we'll think about what you all said and sort of what we can

1 bring back when, but definitely keep up our work in this
2 area.

3 COMMISSIONER HEAPHY: This is Dennis. I -- I'm
4 sorry.

5 CHAIR BELLA: No, go ahead, Dennis, and then I'm
6 going to take public comment, Rob, before we let you
7 escape. And it looks like Brian may have had a hand up
8 again, too. Go ahead, Dennis.

9 COMMISSIONER HEAPHY: I'd like to find out if you
10 have any information on the quality of the workforce,
11 quality of life of the workforce, quality of the working
12 environment, and how that might be connected to what's paid
13 to the folks. I appreciate everything Brian and Bill and
14 everyone said -- and Heidi, but I wonder about the quality
15 of the work environment for folks, because I know people
16 who are in skilled nursing facilities and right now they're
17 really struggling. There's one in particular that is a
18 really good facility, and the working conditions are really
19 tough because of high staff turnover, not enough staff.
20 One friend of mine is actually in -- doesn't get out of bed
21 much anymore because there's just not enough staff to get
22 her out of bed. So these are the types of issues that the

1 facilities are -- that good facilities are facing and the
2 impact on folks that are living in the facilities. Like,
3 for me, the quality of life is also important in terms of
4 the quality of -- like retaining the workforce.

5 MR. NELB: Good point, and yeah, we do have some
6 new data on staff turnover, and we can think about how to
7 incorporate that in our future work.

8 CHAIR BELLA: And I would just say I know we
9 review policies, which is super important, but at some
10 point making sure we're actually talking to some states and
11 some CMS folks to make sure we're understanding those
12 policies. Maybe they did and I just missed that, but we
13 have plenty of time. Plenty of work to do in front of us.

14 Brian, did you have a hand? And then I'm going
15 to go to public comment.

16 COMMISSIONER BURWELL: Yes, so there is one more
17 policy lever that I've always found very interesting in
18 that the state of Minnesota has a state law that nursing
19 homes cannot charge more on private-pay patients than they
20 get from Medicaid. So there's price equivalency both
21 across private-pay patients and Medicaid patients, and that
22 creates some interesting dynamics around incentives, and it

1 also creates more political pressure from the nursing home,
2 and, you know, you have Medicaid rates that are viable to
3 keep the facilities open. And I just find it a very
4 interesting policy. I don't know if we can do anything,
5 and that's one state. I don't know if -- to what extent we
6 could extrapolate from what's going on in Minnesota, but I
7 would just find the findings in Minnesota to be of
8 particular interest to me.

9 COMMISSIONER SCANLON: If I could just note that
10 North Dakota is another state that does it. You might
11 expect it next from Minnesota, and actually, North Dakota
12 in Rob's work was one of the outliers on one of the
13 dimensions. I can't remember which one. And I thought it
14 might be associated with that equalization law.

15 COMMISSIONER BURWELL: It was high-quality
16 percentage with high-quality nursing homes.

17 CHAIR BELLA: Okay. Thank you both.

18 I'm going to open it up for public comment now.
19 Many of you know this drill, but if you'd like to make a
20 comment, please indicate with your hand icon, and we will
21 recognize you.

22 **### PUBLIC COMMENT**

1 * [No response.]

2 CHAIR BELLA: I can always tell when it's a
3 Friday afternoon because our numbers start dropping off a
4 little bit. Nothing personal, Rob.

5 All right. It does not appear that we have any
6 comments.

7 COMMISSIONER DOUGLAS: I was going to say one
8 other thing, just to Rob, around when it kind of goes back
9 to our directed payments discussion, and it really hits.
10 You know, nursing facilities have some of the highest, as
11 we look at fees and quality payments, as you examine just
12 looking at how that plays out and those implications that
13 are paid by the nursing facilities and kind of how that
14 drives the ability to truly drive what we're talking about
15 around staffing and quality, so it's just an area to look
16 at.

17 CHAIR BELLA: Thank you, Toby.

18 Any last comments from Commissioners?

19 [No response.]

20 CHAIR BELLA: All right. Rob, thank you. We'll
21 look forward to having you come back.

22 Okay. We are heading into our final session.

1 We're going to round out today with access monitoring and
2 next steps and be sure we're really clear with all that
3 we've heard, both yesterday and then prior meetings.

4 Ashley, welcome. Martha and Linn must be
5 somewhere. I can't see.

6 Kisha is going to moderate this. So, Kisha, I'll
7 turn it to you.

8 VICE CHAIR DAVIS: All right. Thanks. Welcome
9 back, everybody. This is our final session of the
10 afternoon. So we are saving the best for last here.

11 I want to turn it over to Ashley, Martha, and
12 Linn to step us through.

13 **### NEXT STEPS ON ACCESS MONITORING**

14 * MS. SEMANSKEE: Thank you so much, Kisha. Thank
15 you, Commissioners, and good afternoon.

16 As you know, this cycle we've been discussing,
17 how to design a system to monitor access for Medicaid
18 beneficiaries. In October, we had a panel on data
19 availability for monitoring access, and yesterday we heard
20 from a panel of stakeholders on design and implementation
21 considerations for a monitoring system.

22 Today we are focusing on tying these threads

1 together, and the Commission will have a chance to weigh in
2 on the goals and key elements of an access monitoring
3 system. We thought it would be good to start the
4 discussion at this meeting to inform staff members as we
5 come back at later meetings with a sketch of a more robust
6 monitoring system as well as potential policy options.

7 So we'll start today, as I mentioned, by
8 discussing the goals of an effective access monitoring
9 system -- let me just go back one slide; there we go --
10 based on Commission discussion to date as well as findings
11 from a literature review and stakeholder interviews with
12 states, CMS, beneficiary advocates, plans, and providers.

13 Then we'll discuss the key elements of an access
14 monitoring system. Feedback on whether these are the
15 correct elements and how to think about certain design and
16 implementation considerations will help focus staff efforts
17 going forward.

18 In terms of the goals for an effective access
19 monitoring system, we heard that access measures should be
20 meaningful for beneficiaries and also actionable for states
21 and plans so as to identify problems and make meaningful
22 changes to improve access. We also heard that monitoring

1 should use a common set of measures that are comparable
2 across states and delivery systems and encompass both acute
3 care and long-term care, particularly home- and community-
4 based services.

5 The Commission has also said that effective
6 monitoring should be timely, although we also heard that a
7 state system will be more likely to capture data in real
8 time compared to a federal system. Even so, monitoring
9 should prioritize simple measures that could be collected
10 in a timely manner to detect problems and intervene
11 appropriately.

12 Commissioners have also emphasized that an
13 effective monitoring system should be efficient and
14 minimize administrative burden, whether through the use of
15 federal data sources or by building off existing systems
16 and data, wherever possible.

17 We also discussed how effective monitoring should
18 be adaptable and allow for updating over time, including
19 dropping measures that are no longer useful and adding new
20 elements as they become available.

21 Now we'll discuss some of the key elements of an
22 access monitoring system, starting with the access measures

1 themselves.

2 In October, we discussed how a comprehensive
3 system should measure access across three domains to get a
4 complete picture of access, and Karen LLanos also mentioned
5 these yesterday in her remarks. These domains include
6 provider availability and accessibility, which measures
7 potential access, including provider supply, provider
8 participation in Medicaid, and accessibility, which may
9 include language access, physical accessibility for those
10 with disabilities, and wait times for care.

11 The second domain is beneficiary utilization or
12 realized access. It would include service use, the
13 appropriateness of these services, and health outcomes. As
14 we have heard, it's important to stratify this data by race
15 and ethnicity in order to monitor access for groups that
16 have been historically marginalized in order to reduce
17 disparities and improve health equity.

18 The last domain is beneficiary perceptions and
19 experiences, which includes patient experience, barriers to
20 care and unmet need, culturally competent care, and
21 perceived quality of care.

22 In October, we discussed the data available

1 across each of these domains, gaps and limitations as well
2 as potential solutions to fill the gaps. As a refresher
3 from that discussion, we heard that T-MSIS is the main
4 source of service use data but has some limitations in
5 terms of reliability, missing race and ethnicity data, as
6 well as consistent definitions of services and providers
7 that limits comparability across states and populations.

8 We also discussed the need for better data
9 systems to monitor beneficiary experience, as existing
10 administrative data does not capture unmet need, barriers
11 to care, or beneficiaries' perceived access to care, and
12 grievances and appeals information may not be aggregated
13 and transparent or representative of general experiences.

14 Yesterday we also heard from panelists about the
15 roles of different stakeholders and the design and
16 implementation of an access monitoring system. Decisions
17 will have to be made about the federal, state, and plan
18 roles and responsibilities in such a system, including who
19 should lead the design of a system and who should take on
20 different roles in the implementation process. These roles
21 may include the selection of access measures, benchmarks
22 for adequate access, data collection, and a calculation and

1 analysis of access measures.

2 We also heard that stakeholder engagement is very
3 important in the design of a monitoring system,
4 particularly engagement with states, beneficiaries, plans,
5 and providers. Engaging stakeholders can help ensure that
6 access measures are meaningful for beneficiaries and also
7 feasible for states and plans to collect.

8 Stakeholders also noted the importance of
9 transparency throughout the implementation process,
10 including making results of monitoring available to the
11 public in a consumer-friendly format.

12 There are several design considerations for
13 access monitoring that the Commission may wish to weigh in
14 on, including considerations around implementation process
15 and timeline, including how to phase in a more robust
16 monitoring system over time, how to select access measures
17 and set benchmarks for adequate access, and how often
18 access measures should be reported.

19 Given limited state and federal capacity, a
20 monitoring system will also need to prioritize populations
21 and services to monitor, and the Commission may wish to
22 weigh in on these priorities.

1 We heard yesterday that one way to prioritize may
2 be to focus on areas with known access issues or where
3 existing data is already available. Stakeholders have
4 suggested prioritizing services for which Medicaid already
5 plays an important role, including pediatrics, behavioral
6 health, maternal health, and long-term services and
7 supports.

8 Finally, implementing additional data collection
9 for monitoring may be costly, and decisions will need to be
10 made about whether the federal government or states should
11 bear the additional cost of resources needed.

12 In terms of next steps, in January, staff plans
13 to present a sketch of what a more robust access monitoring
14 system would look like based on the goals outlined today
15 and the Commission discussion, and we may also introduce
16 potential options for such a system, including a core set
17 of access measures across acute care and long-term care, a
18 focus on further standardizing T-MSIS data for comparison
19 across states, or a survey to capture beneficiary
20 experience with care.

21 Commissioner feedback on the goals and key
22 elements of an access monitoring system that we discussed

1 today, including which features are most important and how
2 to weigh those different design and implementation
3 decisions as well as priorities for access monitoring would
4 help focus staff efforts.

5 With that, I'll turn it back over to the
6 Commission.

7 VICE CHAIR DAVIS: Thank you, Ashley, and thanks
8 to the staff for this right now, this session, and really
9 over the course of this year. We've been spending a lot of
10 time on access monitoring in the panels and conversations
11 that we've been having, both in September and October, and
12 have really helped to kind of lead us to where we are now.

13 I think the way we'll approach this is around the
14 overall goals, and then looking at some of those design
15 elements, there are some key decisions for us to make that
16 will help guide as we craft that ideal model for them to
17 help us build in January.

18 One thing that I did just want to say when we
19 were talking about the goals -- and maybe we can go back to
20 that slide. The one thing that I didn't see there is
21 equitable and how the goals of an access monitoring program
22 -- and we mention it when we talk about beneficiary

1 utilization but really across the board is that making sure
2 that the access monitoring is getting us to a more
3 equitable place, and so how that thread runs through all of
4 the monitoring that we're doing. So I just wanted to bring
5 that in for consideration.

6 Then we'll open it up to other folks, either
7 specifically on some of the goals that they have listed on
8 access monitoring or the other key design elements.

9 Yeah, Brian, and then Heidi.

10 COMMISSIONER BURWELL: I had to miss part of the
11 session yesterday, so I don't know if this came up, but I
12 think we need to be very aware in measuring access to HCBS
13 services, about the impact of the pandemic on HCBS
14 populations.

15 During the pandemic, many direct care workers
16 left the workforce, did not want to go into people's homes,
17 et cetera, and for IDD populations in which often people
18 live at home but then go to day programs during the day,
19 those day programs stopped operating, and people stayed at
20 home all day long.

21 States were able to apply under Appendix K for
22 retaining payments. So a lot of providers were being paid

1 for services that they actually did not provide but as a
2 way to keep them whole during the pandemic. So both direct
3 care, personal care attendants, and persons in a lot of day
4 programs for IDD populations were just paid lump sums based
5 on their historical utilization.

6 So any, I think, analysis of T-MSIS data during
7 the public health emergency, we have to be acutely aware of
8 that in regard to whether people were actually accessing
9 and utilizing services. As we come off the public health
10 emergency, I think we really need to track when those
11 retainer payments stop and when actual utilization is
12 getting measured.

13 VICE CHAIR DAVIS: Thank you, Brian.

14 COMMISSIONER BURWELL: Make sense?

15 CHAIR BELLA: Heidi.

16 COMMISSIONER ALLEN: Yes. Thank you.

17 So my thoughts over the last couple months have
18 really coalesced around a couple of things: one, the need
19 to have a CAHPS, a regularly administered CAHPS survey to
20 get at beneficiary experience, and I would add experiences
21 of discrimination in health care in that as we're trying to
22 assess equity; second, to improve race ethnicity in T-MSIS

1 and the cost of T-MSIS so that researchers can actually use
2 it to really build an evidence base; a denominator for
3 access. So that wouldn't be captured by T-MSIS or by a
4 CAHPS, but out of your patient population, what is the
5 standards of care that we all agree on should happen every
6 year, and who is not getting that? If you have populations
7 like people with mental health disorders or substance use
8 disorders, are they having any treatment? I think just
9 some of those very, very basic questions would be very
10 helpful.

11 Then this is a little random, but I've been
12 thinking about this a lot, which is if Build Back Better
13 does expand Medicaid, expand Medicaid through marketplace,
14 who owns that population? Who will be looking at their
15 access to care? It's a very interesting counterfactual to
16 Medicaid, because my understanding is that the cost sharing
17 will resemble Medicaid and that there won't be deductibles
18 or copayments or coinsurance, but that the provider
19 payments will resemble marketplace.

20 I know from my own research, it's considerably
21 higher, and so it's a counterfactual for the way that we
22 pay people and the way that other providers pay for them in

1 terms of access. But I have no idea who and what data is
2 going to be used to assess the care that they're receiving
3 and whose domain. If it's not MACPAC, it's not MedPAC,
4 whose domain is it to make sure that this population that
5 looks exactly like our Medicaid population is getting the
6 care that they need and what the quality of that care is?
7 So I just wanted to throw that out too.

8 Thanks.

9 VICE CHAIR DAVIS: Thank you, Heidi. That's a
10 great point for us to kind of keep our eyes on.

11 Maybe we can march forward a couple slides -- oh.
12 Yeah, go ahead, Stacey.

13 She's going to march through a couple slides to
14 the design elements.

15 COMMISSIONER LAMPKIN: I'm sorry, Kisha. Did you
16 call on me?

17 VICE CHAIR DAVIS: Yeah, go ahead.

18 COMMISSIONER LAMPKIN: Okay, thanks.

19 I'm not exactly sure this fits, but I think it
20 fits in the context of comparable and how we think about
21 the structure. I mean, it stems from some conversations
22 I've been having with people, based on the work that

1 they're doing or expressing a lot of concerns about the
2 medical provider workforce too and the stress that that
3 workforce has been under and the number of retirements and
4 practice closures that are happening and just general
5 capacity stresses there and asking them to do more at the
6 same time around social determinants development and some
7 of the other initiatives that are going on.

8 So, thinking about that and the variability from
9 state to state with provider scarcity or workforce stress,
10 is it important for this framework to think about relating
11 access statistics, not just comparing states with other
12 states, but across payers and relating the access measures
13 to overall workforce scarcity in the geographic area or the
14 regional area? I don't know exactly that it's this, but it
15 seems like there's some kind of underlying baseline there
16 that needs to be brought into the conversation in some way.

17 VICE CHAIR DAVIS: Thanks, Stacey.

18 Other comments as we think about the different
19 key elements around access measures? Actually, if we can
20 go back to that one.

21 Yeah, Laura.

22 COMMISSIONER HERRERA SCOTT: Well, besides what

1 everyone said around access but thinking about telehealth
2 and how will we count that for access, if it's not given
3 locally but still provided as a service; for example,
4 that's one. Then access thinking about -- and I know the
5 taxonomy will have to be decided, but how are we going to
6 do that -- urban, suburban, rural -- because the criteria
7 that we're measuring access, unless we're doing it at the
8 population level, 10,000 per 100,000, will the measures
9 look different, depending on the taxonomy we use to define
10 access geographically?

11 VICE CHAIR DAVIS: Thanks, Laura. That's a great
12 point as we're thinking about access and where telehealth
13 fits into the bigger picture.

14 Other comments around access? If not, we'll move
15 on to responsibilities.

16 Darin and then Tricia.

17 COMMISSIONER GORDON: Thanks.

18 I'm just thinking about the long-term care aspect
19 of it, and the area that I continue to struggle with is
20 home-based care and how to measure that effectively. At
21 times, I think about electronic visit verification, but
22 then that won't capture the folks where the individual

1 didn't go to the home at all. I feel that's the one I
2 struggle with the most, one, because Medicaid is the
3 principal payer for those types of services, so there's not
4 a proxy for which we can leverage, but I do think that's an
5 aspect of all of this that is probably, from my
6 perspective, one of the harder ones to wrap our heads
7 around, and it's obviously one that's growing precipitously
8 and is only going to continue to grow with the direction
9 where everything is headed, whether it's Build Back Better
10 or just consumer choice.

11 So I do think that's an area, that as I look at
12 these three areas, I think the only thing that really truly
13 captures it is the beneficiary perception and experience.

14 I'm sure, Ashley, you all have given it some
15 thought, but that's one that I have yet to figure out what
16 is a good accurate measure in that particular delivery
17 model.

18 VICE CHAIR DAVIS: Thanks, Darin.

19 Ashley, I don't know if you had any response to
20 that on what you guys might have looked at already.

21 MS. SEMANSKEE: I would just agree that I think
22 we also heard from Dr. Caldwell in October that the only

1 way to really get at access for HCBS is to ask
2 beneficiaries directly. So either using beneficiary
3 surveys or other ways to engage with beneficiaries is
4 probably the best way to measure access.

5 COMMISSIONER GORDON: Yeah.

6 I would add just one other that I'll just throw
7 out there, although I just don't know how you get a
8 geographic perspective, but it is authorized hours versus
9 served hours. I just don't know how you -- I don't know if
10 the data sources are really conducive at this point. So I
11 don't know if the state has that ready visual map that we
12 share. I just throw that out.

13 VICE CHAIR DAVIS: Tricia, I saw you. But,
14 Heidi, were you jumping into this point?

15 COMMISSIONER ALLEN: Well, I'm jumping in the
16 point about beneficiary experience, which is I just wanted
17 to emphasize something that we heard earlier today that
18 totally matches my experience as a researcher, and that is
19 that this misconception that beneficiaries don't want to
20 talk to us, that they don't want to engage, it really is a
21 misconception.

22 There is a fact that people bring up that

1 response rates are low in Medicaid surveys, and that is
2 true. But that's generally because people move around, and
3 it's really hard to find people. Once you find them,
4 people want to talk. They want to tell you their
5 experience. They want to say what's working. They want to
6 say what's not working.

7 I know this from personally leading studies where
8 we've interviewed thousands of people, and I think it's
9 just this huge untapped resource that we have not figure
10 out how to do. And I think that that myth that, like, "Oh,
11 well, they don't really want to" just gets in the way all
12 the time, when really it just takes a little extra effort
13 to find people. But once you find them and once you tell
14 them what you're there for, I found that they're very, very
15 eager to tell you what's going on.

16 COMMISSIONER GORDON: I'd just say on that point
17 -- Kisha, I just want to follow up on Heidi's point -- is
18 that we've been doing beneficiary surveys since the
19 beginning of the TennCare program, so I agree with your
20 point.

21 I think the challenge is what I don't think most
22 of those things have not really looked down to more

1 discrete geographic areas. They're more broad-based when
2 they're doing their sampling across the entire state.

3 When I think about administering a program and
4 understanding where my gaps are, I need -- for like this
5 purpose, I need more discrete surveys to get into the
6 smaller communities so I know where the true gap is, and I
7 think that would take -- even though we've been doing
8 beneficiary surveys for decades, it would have to amp up in
9 order to get a sufficient, I think, number of folks so that
10 we could actually look in and say, "Okay. Here's a gap in
11 this particular community for these types of services," and
12 that's something I think I haven't seen a lot of folks do
13 up to this point.

14 COMMISSIONER ALLEN: Just to respond to that, for
15 the Oregon Health Insurance Experiment, we had names of
16 people. So we had to find very specific people, which is
17 very different than the sampling strategy where you just
18 pull names out of a hat. Really, the biggest challenge was
19 just finding out where they are.

20 It seems so silly, but people move. They move a
21 lot, and then mail delays and return addresses and numbers
22 that are wrong, they change phone numbers. Those are the

1 kind of things that I think make it really hard when you're
2 trying to say, "Okay. I need to talk to a diabetic who's
3 used the emergency department in the last six months,"
4 which is at some point how we did our qualitative sampling
5 is we looked very specifically for people who had had very
6 specific experiences, and it's having a very sophisticated
7 tracking program, which I actually think would benefit
8 Medicaid beyond beneficiary experience.

9 It would benefit so much on churn if we could
10 figure out how to stay in touch with people in a way that
11 they knew how to contact us, and we knew how to contact
12 them. I think that that would do a ton for relationships
13 and the program at large, and to your point, to be able to
14 find specific people to ask them specific questions like,
15 "Why did you go to the emergency department? Were you able
16 to get in touch with your provider?" Those kind of
17 questions really matter when you're trying to design
18 specific programs, but you need to be able to find people.

19 VICE CHAIR DAVIS: That's a great point in terms
20 of beneficiary experience, getting really down to the
21 nitty-gritty and not just taking that kind of surface
22 level, easy to find folks if you're really going to be

1 measuring that disparity.

2 Tricia and then Dennis.

3 COMMISSIONER BROOKS: Yeah. I know we've talked
4 a lot about the beneficiary experience, but I just want to
5 echo Heidi's comments. She's mentioned a couple of times
6 deploying a federal CAHPS.

7 When I was CHIP director in New Hampshire, we
8 did, every other year, studies of recent enrollees,
9 established enrollees, disenrollees. That was our best
10 sources of information about ways we could improve the
11 program.

12 We're currently involved in a project that is
13 gathering lived experiences of Medicaid beneficiaries, and
14 they are willing to talk, particularly if they know that
15 what they're going to share with you is something that is
16 going to be used to try to improve the programs for their
17 benefit. So I just want to echo all of that. I think that
18 has to be at the top of the list. Having effective access
19 measures in terms of the beneficiary perceptions is really
20 key.

21 VICE CHAIR DAVIS: Thanks, Tricia.

22 Dennis?

1 COMMISSIONER HEAPHY: Yeah. Something we haven't
2 discussed today is linguistic access, measuring access by
3 languages, and I'm wondering, Ashley, if you have thoughts
4 on that.

5 MS. SEMANSKEE: I think we heard in a lot of our
6 interviews that that is something that's really hard to
7 measure for states and plans. Some plans track access to
8 interpreters, but that is one of the gaps in this provider
9 availability and accessibility domain.

10 COMMISSIONER HEAPHY: So I'm wondering if that
11 might be something that we note and address. It's a major
12 issue that we grapple with and all states grapple with,
13 which language to make accessible or available to folks.
14 Is there any way to use as proxy data with hospitals that
15 provide linguistically to see about at least hospital
16 access?

17 MS. SEMANSKEE: I think that's something we can
18 look into and bring back in future meetings.

19 COMMISSIONER HEAPHY: Thanks.

20 VICE CHAIR DAVIS: Thanks, Dennis.

21 Let's move here to the next one and talk a little
22 bit about roles and responsibilities and where the

1 responsibility lies. Does anybody have any thoughts or
2 comments here as we think about those, the differentiation
3 between federal and state roles?

4 Yeah, Heidi.

5 COMMISSIONER ALLEN: I mean, I really feel like
6 there is a federal role in this, and I think that that's
7 probably where the CAHPS is. I think that when it's state-
8 administered, from a research perspective, it's just super
9 hard to get a multi-state agreement in place. It's hard
10 enough to build relationships with one state, but to build
11 relationships with multiple states, it's just incredibly
12 different, and yet that really is -- you have kind of two
13 ways of comparison. You have within state and you have
14 across state, and both of those are just so important to
15 give some sense of benchmark of what you should expect to
16 see.

17 So I just want to say that even though I know in
18 a lot of surveys states -- I think that we should
19 definitely consider how to let states create questions that
20 they would want to add to a federal survey. They do that
21 for PRAMS. They do that for BRFSS. There's so many
22 examples of states coming up with their own priorities and

1 adding a module related to what they want to know, but
2 having a core set of indicators that every state uses, I
3 think, is just so important.

4 COMMISSIONER HEAPHY: I just have a clarifying
5 questions for Heidi. Heidi, when you say CAHPS, are you
6 also thinking HCBS CAHPS?

7 COMMISSIONER ALLEN: Yeah, but what it's specific
8 to. I mean, so there is HCBS CAHPS, but there was one
9 adult Medicaid beneficiary survey that was conducted in
10 2016. It hasn't been done since then, and that's more what
11 I was thinking.

12 VICE CHAIR DAVIS: Yeah. Go ahead, Anne.

13 EXECUTIVE DIRECTOR SCHWARTZ: I think we're going
14 to need to change our nomenclature because the federal
15 survey was called "CAHPS," but it's not the CAHPS that
16 plans administer routinely. So we can think about
17 another name for a Medicaid beneficiary survey, which
18 captures the beneficiary experience for both acute care and
19 long-term services and supports, and then we can get rid of
20 this confusion around using the word "CAHPS."

21 VICE CHAIR DAVIS: Thanks, Anne, for helping us
22 clarify.

1 Tricia.

2 COMMISSIONER BROOKS: Yeah. So there is a huge
3 federal role, I think, from two perspectives. One is that
4 more of the Medicaid dollar comes from federal taxpayer
5 dollar, and so we have to be good stewards of making sure
6 the program is effective and is meeting its goals.

7 Secondly, just for consistency across the board
8 and comparability, you know, there's hope that at some
9 point, T-MSIS would be a good source for compiling or
10 calculating the core set measures so that they're all done
11 consistently, and we know that we're comparing apples to
12 apples. I think that's another prevailing reason to make
13 sure that the federal government has a role in this.

14 VICE CHAIR DAVIS: Go ahead, Darin.

15 COMMISSIONER GORDON: Yeah. I do think the
16 federal government has a role, but I want to just add a
17 voice that the states are the administering entities.
18 That's the design of the program, and they need this
19 information in a way, that to fill some of the voids and
20 the gaps that they feel they need to adequately administer
21 the program.

22 I totally agree the federal role has always been

1 there or should always be there, I should say, but I don't
2 think it should be in lieu of states. Hopefully, if the
3 feds took a certain approach that it isn't getting in a
4 situation where states then stop doing some of the things
5 that they were going to do and just be deferential, I don't
6 think that's particularly helpful in doing this.

7 But I just want to emphasize I do think that if
8 there are issues that certain states are doing, not doing
9 certain things that are considered best practices, I think
10 setting those standards of expectations are necessary.
11 Unless we're going to fundamentally redesign the program,
12 states do administer this, and so they should have a role
13 as well.

14 VICE CHAIR DAVIS: Yeah, a great point. Thank
15 you, Darin. Thank you, Tricia.

16 Anybody else on this kind of roles and
17 responsibilities?

18 COMMISSIONER JOHNSON: I'll just go ahead and say
19 I'll echo what I think everyone else said about the feds
20 having a role here.

21 Then to Darin's point, what I got from a sense of
22 Karen LLanos' remarks yesterday is the role that they're

1 playing to get that feedback and those ideas from states
2 but also through the RFI, the larger community. So I feel
3 like that's in place, but I definitely think -- as I think
4 about what Monica said earlier today, with the feds really
5 starting out with the language and being able to trickle
6 that down with insights, I think that's really more helpful
7 than them not really having a large role to begin with. So
8 I would say that they need to have that role.

9 VICE CHAIR DAVIS: Thanks, Verlon.

10 I think that what I would add here is just
11 alignment as we start to kind of do more measurement and
12 reaching out to beneficiaries more directly and making sure
13 that those surveys are aligned and folks aren't getting hit
14 with the state survey and the MCO survey and the federal
15 survey and really just being intentional on who needs what
16 data and what can be shared and not feeling like the
17 beneficiaries are continuing and willing to be surveyed,
18 surveyed, surveyed.

19 Well, let's transition here to talk a little bit,
20 if anybody has comments, on the key design elements, which
21 was more of our focus of the conversation from yesterday.

22 [No response.]

1 VICE CHAIR DAVIS: I'm not seeing many hands. We
2 had quite a bit of time to talk about this yesterday, so
3 there may not be anything additional to add.

4 Any other comments overall before we start to
5 wrap this session as we're thinking ahead to January?

6 [No response.]

7 VICE CHAIR DAVIS: All right. Ashley, Martha,
8 Linn, any other questions from the Commissioners? Do you
9 feel like you have good direction going into kind of
10 shaping out a strawman for us?

11 MS. SEMANSKEE: Yes. I think we have what we
12 need. Thank you so much.

13 VICE CHAIR DAVIS: All right. Thanks, everybody.
14 I will turn it back to you, Melanie, to close us
15 out.

16 CHAIR BELLA: Thank you, Kisha.

17 We'll give it one more shot to see if anybody
18 would like to make public comment on the access monitoring
19 discussion. We'll pause just a second to see if anybody
20 raises their hand.

21 **### PUBLIC COMMENT**

22 * [No response.]

1 CHAIR BELLA: I do not see anyone.

2 All right. Any last comments, questions about
3 anything we've discussed over the last couple of days from
4 Commissioners?

5 [No response.]

6 CHAIR BELLA: No. Everybody is busy and tired in
7 the month of December.

8 Well, thank you, everybody, for being so engaged,
9 as always. Thank you to the staff and to Jim behind the
10 scenes and to Anne.

11 And for those of you in the public who did not
12 hear our announcement at the outset, we are happy for Anne
13 but sad to be saying we'll be recruiting a new Executive
14 Director, that the press announcement went out on that
15 effect. The job is posted on the MACPAC website. We will
16 be engaging a formal search firm, but people that are
17 interested should not hesitate to go ahead and submit a
18 resume through the website or to reach out to one of us.

19 With that, I think we are a wrap for our December
20 session.

21 Anne, anything you want to say?

22 EXECUTIVE DIRECTOR SCHWARTZ: No, thanks. I hope

1 everyone gets some time off, and we'll see you in the new
2 year.

3 CHAIR BELLA: Yeah. On that note, our January
4 meeting is January 20th and 21st. We will continue to be
5 virtual for January, still working on return to in person,
6 hopefully, in '22, but for January, we'll keep it virtual.

7 Thank you, all. Enjoy your weekend. Enjoy your
8 holidays, and we will see you back in January. Bye-bye.

9 * [Whereupon, at 2:14 p.m., the meeting was
10 adjourned.]

11

12

13

14

15

16

17

18

19