

PUBLIC MEETING

Via GoToMeeting

Thursday, September 23, 2021 1:00 p.m.

COMMISSIONERS PRESENT:

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ANNE L. SCHWARTZ, PhD, Executive Director

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1 PROCEEDINGS

- [1:00 p.m.]
- 3 CHAIR BELLA: All right. Welcome, everyone.
- 4 Thank you for joining. We are kicking off our first public
- 5 meeting of this new work session, so very excited to have
- 6 everyone here today.
- 7 We're going to start just talking about plans for
- 8 our 2021-2022 report cycle just to kind of give everyone a
- 9 grounding in that and a framework to understand what we'll
- 10 be working on and what we'll be prioritizing, and for that
- 11 Anne Schwartz is going to lead us through the discussion.
- 12 Anne, I'll turn it to you.
- 13 ### PLANS FOR THE 2021-2022 REPORT CYCLE
- 14 * EXECUTIVE DIRECTOR SCHWARTZ: Thanks, Melanie.
- 15 Next slide, please.
- So as Melanie said, what we wanted to do for the
- 17 benefit of the public is to give you a sense of what we're
- 18 going to be working on over the course of this report cycle
- 19 leading up to our March and June reports. What you see on
- 20 the agenda today is only a portion of what we'll be taking
- 21 on. So, I'm going to talk about how we select the topics
- 22 and then go into some of the specific topics we'll be

- 1 working on in a few buckets, and then also just to
- 2 reinforce opportunities for stakeholders to engage with the
- 3 Commission.
- 4 Next slide, please.
- 5 So the topics. This is probably the thing I get
- 6 asked the most when I go out and talk with groups and
- 7 actually also when we're interviewing folks to join our
- 8 team. The topics that are on MACPAC's agenda come from a
- 9 variety of sources. Obviously, we have to be responsive to
- 10 specific requests from Congress, which may come in a
- 11 statutory charge or could come in a letter or obviously the
- 12 direction of the Commissioners -- I'm getting a lot of
- 13 feedback.
- 14 CHAIR BELLA: Yes.
- 15 COMMISSIONER BURWELL: Yes.
- 16 EXECUTIVE DIRECTOR SCHWARTZ: Are you getting
- 17 feedback now?
- 18 CHAIR BELLA: No. That sounds good.
- 19 EXECUTIVE DIRECTOR SCHWARTZ: Okay. So, topics
- 20 may arise from specific requests from Congress or direction
- 21 of Commissioners during the course of the meetings. Many
- 22 of the topics that we work on span a number of report

- 1 cycles, so we may take on background information first and
- 2 then move into policy options and recommendations in the
- 3 subsequent cycle. Or we return to a new nuance from a body
- 4 of work that we had previously established.
- 5 We also try to be looking ahead to what's on the
- 6 legislative or regulatory agenda so that we'll be prepared
- 7 to be useful to Congress, to the Secretary, to the states.
- 8 In addition, staff help identify issues.
- 9 Next slide, please.
- 10 So, the criteria for inclusion are fairly broad.
- 11 Obviously, it has to be an issue that people care about,
- 12 significant to the Commissioners and the stakeholders.
- 13 Within our statutory authority, which is under Section 1900
- 14 of the Social Security Act, there's a broad swath of issues
- 15 related to Medicaid and CHIP policy identified there.
- It should be clearly defined in terms of what is
- 17 the policy question, the policy problem that we're trying
- 18 to interrogate and solve, amenable to analysis in that data
- 19 exist and evidence exists for the Commission to consider
- 20 and weigh. It should not be normative because Congress
- 21 typically does not need help with the normative questions.
- 22 And so it can also be addressed through changes in policy,

- 1 and then finally that it's feasible given MACPAC's
- 2 resources.
- 3 Next slide.
- 4 So, as we develop our background plan, just for
- 5 our own internal purposes, these are the buckets in which
- 6 we have some work planned for this year and which you'll be
- 7 seeing over the course of the year. And this is not a
- 8 public document because it keeps changing and morphing as
- 9 we go along, but this is how we try to organize ourselves.
- 10 Next slide.
- So obviously anything that's congressionally
- 12 mandated is a must-do, and there are two items for the year
- 13 ahead that are in this category. One is a requirement that
- 14 was given to us under the 2021 consolidated appropriations
- 15 bill for us to look at whether the criteria for qualified
- 16 residences under the Money Follows the Person demonstration
- 17 should be aligned with the home and community-based
- 18 settings rule. I notice there's an asterisk here and on
- 19 this slide and other slides, it means that it's something
- 20 we're going to be talking about today or tomorrow. And the
- 21 second congressionally mandated item is our annual report
- 22 on the relationship between DSH payments and the number of

- 1 uninsured or uncompensated care costs. This is actually a
- 2 feature of our statutory authority, and we're required to
- 3 do this annually through fiscal year 2024. We'll be
- 4 talking about DSH in October.
- 5 Next slide, please.
- So, I won't go through and read this slide, but
- 7 these are a series of areas, again, with asterisks
- 8 identifying topics that are on the agenda for this meeting,
- 9 others that you will be hearing about later in the cycle,
- 10 all of which build on prior work that we've done. It could
- 11 have been in last year's report or, for example, the work
- 12 on vaccines that we'll be talking about tomorrow afternoon
- 13 has not been featured in any of our reports this year, but
- 14 we spent some time in the last meeting cycle talking about
- 15 these issues.
- Next slide.
- Then there are some areas of new work, again,
- 18 with the asterisks indicating what we will be talking about
- 19 at this meeting. I want to particularly point out work on
- 20 home and community-based services rebalancing is not on the
- 21 agenda today, but we have a fairly robust work plan that
- 22 we'll be talking about as we go through the year around

- 1 benefit design, around the direct care workforce, and I
- 2 know that's top of mind for many Medicaid watchers at the
- 3 moment.
- 4 Some of these projects here may come later in the
- 5 cycle as we've relatively recently engaged contractors to
- 6 help us do some of the analysis and information gathering,
- 7 so stay tuned on that front.
- 8 This slide also does not reflect other things
- 9 that may come up, for example, responses to proposed
- 10 regulations. We're also required to comment on HHS reports
- 11 to Congress, or any other events that may crop up over the
- 12 course of the year may get added as we go along during the
- 13 meeting cycle.
- Next slide, please.
- So just to remind folks, and then for those who
- 16 are new to following our work, we'll be meeting in October,
- 17 December, January, March, and April, and pretty much any
- 18 topic that is on the agenda will come up at least two, if
- 19 not three to four times over the cycle, as the Commission
- 20 narrows its work and gets more focused.
- To the extent that we want to make
- 22 recommendations in the March and June report, those will

- 1 happen no later than January meeting for the March report
- 2 and April for the June report.
- 3 And I just want to share with those who are in
- 4 the public and following our meetings, we very much want to
- 5 hear from you if you have perspectives that would enrich
- 6 our work. If you have data, that's fantastic. The earlier
- 7 in the cycle you can get to us, the better the chance that
- 8 we'll be able to incorporate that into our work. And you
- 9 can do that by reaching out to key staff. If you're not
- 10 sure which staff to reach out to, you can reach out to me.
- 11 If you go to our website, there's "About MACPAC" and a
- 12 listing of the staff. It has all our email addresses
- 13 there. Or you can always send information to
- 14 comments@macpac.gov or comment during the public meeting.
- 15 Staff are taking meetings virtually, and that is an
- 16 invitation I also want to extend to stakeholders as well.
- Next slide, please.
- Well, this slide does not belong in my
- 19 presentation. You will see it again later.
- I think that concludes my presentation, so if you
- 21 can take it down, Jim, that would be fine. Thank you.
- 22 Always a surprise in a public meeting.

- 1 Anyway, happy to take any questions from the
- 2 Commission, and I'll turn it back to you, Melanie.
- 3 CHAIR BELLA: Thank you, Anne.
- 4 I'll open it up. Does anyone have questions,
- 5 comments, clarifications from Anne?
- 6 [No response.]
- 7 CHAIR BELLA: This might be a first.
- 8 EXECUTIVE DIRECTOR SCHWARTZ: It's okay. We
- 9 don't need new items put on the agenda right now.
- 10 CHAIR BELLA: We don't need new items, but I
- 11 always want to make sure no one leaves the discussion with
- 12 a question they haven't asked.
- 13 [Pause.]
- 14 CHAIR BELLA: Okay. Well, we can move -- we do
- 15 have a panel on the next session, Anne, so I'm not sure
- 16 that we can start as early as this is. Do you know?
- 17 EXECUTIVE DIRECTOR SCHWARTZ: I think that we can
- 18 go ahead because staff will be doing -- let's see. We
- 19 still have 20 minutes. Maybe let's just take about a 10-
- 20 minute quick break here to pause, and then staff can start
- 21 because the first part of that presentation is from MACPAC
- 22 staff, not from our guest.

- 1 CHAIR BELLA: Okay. I will ask everyone to
- 2 rejoin at 1:20, and we'll get started with the next session
- 3 on beneficiary preferences for communications. Thank you.
- 4 * [Recess.]
- 5 CHAIR BELLA: All right. Welcome, everyone.
- 6 We'll go ahead and get started.
- 7 Martha and Tamara, nice to see you. Welcome. I
- 8 will turn it to you to get us started and provide the
- 9 context and then introduce our guests, and we'll hear from
- 10 him, and then we'll have some Commissioner discussion and
- 11 questions, so very excited for this session. It's all
- 12 yours.
- 13 ### BENEFICIARY PREFERENCES FOR COMMUNICATIONS
- 14 REGARDING ELIGIBILITY, ENROLLMENT, AND RENEWAL
- 15 * MS. HUSON: All right. Thank you, and good
- 16 afternoon, Commissioners. I'm pleased to be here today to
- 17 share with you the findings of work that we've conducted
- 18 over the past six months on beneficiary preferences for
- 19 communication during the eligibility, enrollment, and
- 20 renewal processes.
- 21 So, we took a two-pronged approach to this work.
- 22 I will start off sharing the findings from our stakeholder

- 1 interviews, and then I'll pass it over to Sean Dryden from
- 2 PerryUndem to share the findings from the beneficiary focus
- 3 groups.
- 4 MACPAC contracted with PerryUndem so that we
- 5 could hear directly from beneficiaries about their
- 6 experiences and preferences for the use of technology
- 7 during these processes. I'll then wrap up the presentation
- 8 with a few overarching key themes that came out of these
- 9 two complementary streams of work.
- But, first, a little bit of background on this
- 11 topic. State Medicaid agencies must allow individuals to
- 12 submit applications, renewal forms, and other necessary
- 13 information by phone, mail, in person, and online. All
- 14 states have online Medicaid applications, and in 22 states,
- online applications are the predominant mode of submission.
- 16 Forty-three states also offer online accounts that can be
- 17 used to report changes, submit documentation, or renew
- 18 coverage.
- 19 States must provide applicants and beneficiaries
- 20 with timely and adequate written notice of any decision
- 21 affecting their eligibility. Notices must be written in
- 22 plain language and be accessible to individuals who are

- 1 limited English proficient and to individuals with
- 2 disabilities. States are also required to give
- 3 beneficiaries a choice to receive notices in electronic
- 4 format or by regular mail. In 33 states, beneficiaries can
- 5 opt to go paperless and receive notices electronically.
- 6 Most Medicaid enrollees own smartphones, and many
- 7 rely on their phone for internet access and to complete
- 8 tasks such as applying for benefits or applying for jobs.
- 9 Dependence on smartphones for online access is more common
- 10 among younger and lower-income individuals, with 26 percent
- of households with incomes below \$30,000 a year being
- 12 smartphone-dependent.
- 13 As such, it is particularly important that states
- 14 offer mobile-friendly websites, applications, and accounts.
- 15 Forty-four states allow individuals to submit applications
- 16 via a mobile device, yet only 20 have a mobile-friendly
- 17 design for their applications and only 23 states have
- 18 mobile-friendly designs for their online account.
- 19 Beneficiaries' abilities to use online tools is
- 20 limited by a lack of access to high-speed broadband service
- 21 at home, the affordability of internet service or devices
- 22 such as smartphones and computers, and a lack of mobile-

- 1 friendly applications and websites. For example, adults
- 2 with annual household income below \$30,000 are less likely
- 3 than higher-income adults to use the internet, and almost
- 4 half do not own a computer or have broadband service.
- 5 People who are Black, Hispanic, and live in rural areas are
- 6 also less likely to go on the internet. Many states are
- 7 also not keeping pace with changing technology, so
- 8 beneficiaries may not have the option to use other forms of
- 9 communication such as receiving text messaging reminders at
- 10 renewal.
- 11 We conducted stakeholder interviews to gain a
- 12 richer understanding of communication practices across
- 13 states, such as facilitators and barriers to states
- 14 providing effective communication, and to learn how states
- 15 are leveraging technology. We conducted 28 interviews
- 16 between April and July of this year with state and federal
- 17 officials, beneficiary advocates, legal aid organizations,
- 18 provider organizations, nonprofits, and other national
- 19 experts. We spoke with state officials and state-level
- 20 groups in six states that differed in terms of geography
- 21 and use of technology. These six states were Florida,
- 22 Kentucky, Louisiana, Michigan, Missouri, and Texas.

- 1 This slide highlights some of the characteristics
- 2 of state use of technology that we considered when
- 3 selecting states for this project. We wanted to include
- 4 early adopters of online applications and electronic
- 5 notices, those taking innovative approaches to beneficiary
- 6 communication, as well as those using more traditional
- 7 methods and those that have made fewer improvements.
- 8 We targeted several states that are currently
- 9 working to expand the use of technology or have had recent
- 10 initiatives. For example, Louisiana recently conducted a
- 11 text messaging pilot and held a showcase to hear directly
- 12 from vendors about innovative strategies for communicating
- 13 with beneficiaries. Michigan and Missouri have worked with
- 14 a contractor called Civilla to update their applications
- 15 and notices.
- One of the themes that we heard consistently in
- 17 all of our stakeholder interviews was how multiple modes of
- 18 communication, for application and accessing information,
- 19 are needed to reach beneficiaries who have different
- 20 communication preferences and different comfort levels with
- 21 technology. In five of the six states that we spoke with,
- 22 we learned that the online application was the most

- 1 frequently used, while in the sixth, paper and phone
- 2 options were the predominant methods. State officials and
- 3 other stakeholders, however, noted that all the available
- 4 methods for applying for Medicaid are used and that the
- 5 requirement that states offer these multiple options is
- 6 important for maximizing accessibility.
- 7 And we found the same was true for notices.
- 8 While not all states offer electronic notices in practice,
- 9 the ability for beneficiaries to receive notices online was
- 10 noted as an important tool for timely communication.
- 11 Electronic notices reach beneficiaries faster than paper
- 12 notices. And while paper notices are the primary way that
- 13 states send information on enrollment and renewal to
- 14 beneficiaries, many stakeholders noted issues with mailed
- 15 notices such as postal delays that result in beneficiaries
- 16 not receiving notices with adequate time to respond to
- 17 requests for information. Also, because Medicaid
- 18 beneficiaries may move frequently, states often struggle to
- 19 maintain accurate contact information, so notices may not
- 20 reach beneficiaries at all.
- 21 Ultimately, beneficiary preferences for mode of
- 22 communication and use of technology varied. For example,

- 1 stakeholders noted that more tech-savvy individuals may
- 2 choose the paperless option for notices while others still
- 3 prefer paper notices. We also heard that certain
- 4 populations such as older adults may not be computer
- 5 literate or comfortable using technology and, thus, prefer
- 6 paper or phone options, and focus group participants echoed
- 7 these comments, which you'll hear shortly.
- 8 State capacity for making improvements varies,
- 9 but all states faced constraints in adopting new
- 10 technology. State officials cited multiple barriers,
- 11 including constraints on funding, constraints on staff
- 12 time, having limited numbers of eligibility workers, and
- 13 changing state administration priorities.
- Each of the six states we spoke with use
- 15 technology in different degrees. Florida and Texas, for
- 16 example, were early adopters of online applications and
- 17 electronic notices but have made few improvements since the
- 18 implementation of the Affordable Care Act. State officials
- 19 and others noted the enhanced federal funding from the ACA
- 20 to modernize systems as helpful, but that more recently,
- 21 state funding has constrained their ability to make
- 22 additional improvements.

- On the other hand, Michigan and Louisiana are
- 2 examples of states that have made more recent changes and
- 3 are testing innovative approaches. Michigan had one of the
- 4 longest paper applications in the country but in 2015 began
- 5 working extensively with a contractor, Civilla, to redesign
- 6 its application. It rolled out its new application in
- 7 2017, which was 80 percent shorter, took most applicants
- 8 less than 20 minutes to complete, and decreased the time
- 9 caseworkers spent correcting errors by 75 percent. The
- 10 state applied what it learned from that effort to also
- 11 redesign its online multi-benefit application, and they
- 12 also found with the redesign that the amount of time it
- 13 took for applicants to complete it decreased by 50 percent.
- 14 As one other example, Louisiana conducted a text
- 15 messaging pilot with Code for America in 2019 to send text
- 16 message reminders to beneficiaries during the eligibility
- 17 and renewal processes, and after seeing good results from
- 18 the pilot, state officials said they plan to adopt the
- 19 functionality, although Louisiana has not yet implemented
- 20 the change. And for additional details and state examples,
- 21 you can see your meeting materials.
- While we had not initially planned to probe

- 1 regarding the content and timing of notices, many of the
- 2 advocates, legal aid, and provider organizations that we
- 3 spoke with raised issues with notices, including their
- 4 readability and the time afforded to respond to requests
- 5 for information.
- 6 We heard from many stakeholders that
- 7 beneficiaries find notices confusing, and next steps are
- 8 often unclear to them, and therefore, they need help
- 9 interpreting or responding to notices. Such issues have
- 10 also been noted in prior MACPAC work.
- 11 CMS has put out model notices, most recently in
- 12 2017, but it's not clear if states are using them.
- 13 Stakeholders also raised concerns about the
- 14 amount of the time that people have to respond to requests
- 15 for information, which in four of the states we spoke with
- 16 was 10 calendar days, in one it was 10 business days, and
- 17 in the last it was 30 days. Stakeholders advocated for
- 18 making the time frame longer, ideally aligning with the 30
- 19 days that people have at renewal.
- 20 Furthermore, with paper notices, we heard from
- 21 many stakeholders that by the time a letter arrives in the
- 22 mail, it can leave people with just a few days to gather

- 1 documents like paystubs or bank statements, which can be
- 2 challenging. Notices can also get lost in the mail.
- 3 Interviewees noted that the use of electronic
- 4 notices addressed some but not all of their concerns
- 5 because, again, not all beneficiaries have access to or are
- 6 comfortable using technology.
- 7 And with that, I will now pass it over to Sean to
- 8 share with you the findings of the focus groups.
- 9 * MR. DRYDEN: Hi, everyone. Thanks, Tamara.
- 10 You can actually go to the next slide. I'll
- 11 start there.
- 12 So, let me just give a little background.
- Oh, just on Slide 16. Yep. Okay, perfect.
- 14 So, MACPAC commissioned nine online video focus
- 15 groups with Medicaid beneficiaries or a caregiver
- 16 representative of Medicaid beneficiaries. These were
- 17 conducted from May to July 2021 by PerryUndem, which is
- 18 where I work, a nonpartisan research firm. We've worked
- 19 with MACPAC in the past.
- This work, we thought it was really important to
- 21 try to hear the beneficiary voice and hear how they talk
- 22 about communication and all of those processes. We focused

- 1 on four states: Florida, Louisiana, Michigan, and Texas.
- 2 These states were selected to align with MACPAC's larger
- 3 work.
- We held two groups each in each state, two groups
- 5 in English in Florida, in Louisiana, Michigan, and Texas,
- 6 and additionally, we held one group in Spanish with Latino
- 7 and Hispanic participants from both Texas and Florida.
- 8 Each focus group lasted about 90 minutes, and it
- 9 included five to seven participants. We tried to make --
- 10 and we're doing this as we do all kind of online research
- 11 now since the pandemic. We try to make it as accessible as
- 12 possible. Participants could join by phone or by video
- 13 from laptops, desktops, mobile phones. Still, we have to
- 14 acknowledge that this research might not be representative
- 15 of the larger Medicaid population because not all
- 16 beneficiaries have access to the kind of technology needed
- 17 to participate in either the focus group or the focus group
- 18 recruitment process, despite all efforts to try to hear as
- 19 diverse voices as we can.
- On the next slide, let me just give a guick
- 21 background on kind of the mix of these beneficiaries. Each
- 22 group included a mix of participants based on gender, age,

- 1 city or town size, how long they've been in the Medicaid
- 2 program, as well as a mix of race and ethnicity.
- 3 We had a number of participants who have chronic
- 4 conditions, other who don't have chronic conditions. Some
- 5 of those who did talked about having diabetes, dealing with
- 6 high blood pressure, cholesterol, chronic pain, mental
- 7 health conditions, a number of other things, and many of
- 8 the folks that we spoke to are taking prescription
- 9 medications regularly. As I mentioned, the Spanish-
- 10 speaking Latino group had a mix of participants from
- 11 Florida and from Texas.
- 12 We had a mixture of folks. We had 7 of the 53
- 13 total participants who have just been enrolled since 2020,
- 14 another 21 who have been enrolled between 2015 and 2019,
- 15 and then 25 who have been enrolled since 2014 or earlier.
- 16 So, we had a real mix of Medicaid tenure.
- We also, as I mentioned, had 10 caregivers.
- 18 These are folks who do not have -- or are not Medicaid
- 19 beneficiaries themselves. They are just close family
- 20 members, adult family members who assist either older
- 21 parents or other relatives with the Medicaid process in
- 22 terms of helping with enrollment, renewal, and everything

- 1 that comes along with that.
- So, let's move to Slide 19.
- 3 So just general context around the Medicaid
- 4 program, beneficiaries appreciated Medicaid. They said it
- 5 provided health coverage that would otherwise be
- 6 unavailable to them. Most participants had a positive
- 7 impression of Medicaid. They said it allowed them to
- 8 access care at little to no cost. Nearly all of the
- 9 participants said they would like to continue with Medicaid
- 10 coverage, if possible, but we did hear some who were
- 11 worried about surpassing the income threshold required to
- 12 qualify if their circumstances changed.
- Despite the largely positive impressions, we
- 14 heard some who expressed concerns about the program such as
- 15 some doctors not accepting Medicaid coverage, issues with
- 16 transportation and getting to providers, and a few talked
- 17 about how they were treated by some in the system,
- 18 providers or office staff or caseworkers, et cetera.
- 19 But a quote from a Florida man, which I think
- 20 summed up pretty well a lot of what we heard in these focus
- 21 groups, he said, "Overall, I'd say it's pretty positive.
- 22 I've had Medicaid my whole life. I was born disabled, so

- 1 I've gotten used to it, and I've been through a lot of
- 2 experiences where I've had to learn about the different
- 3 parts of Medicaid and what it can do, what it can't do.
- 4 Overall, it does what it needs to do, and it gets me what I
- 5 need."
- On the next slide, I just wanted to briefly touch
- 7 on just the general comfort with technology from the
- 8 Medicaid beneficiaries and caregivers we spoke with.
- 9 Nearly all participants said they have smartphones, and
- 10 most had a laptop, desktop, or tablet. They generally felt
- 11 comfortable online, and most had little to no problems
- 12 using technology. Still, they found that online was not
- 13 always the fastest or most dependable way for them to
- 14 access information. Individuals said that sometimes their
- 15 technology or the internet access where they live could be
- 16 unreliable, which creates challenges. And despite the
- 17 comfort of the folks that we spoke to in these focus
- 18 groups, many participants also acknowledged that there are
- 19 others that do not have access or the ability to use
- 20 technology, and they were particularly worried about older
- 21 adults.
- 22 A Michigan woman said, "I still have a barrier,

- 1 but I had a flip phone, flip phone up until three months
- 2 ago. My children bought me a phone. It's not a smartphone
- 3 or whatever you call it, but I've been learning and
- 4 learning and learning. But I'm still on my landline. If I
- 5 could do without, I'll try to do without. I'm 61. It's
- 6 just sometimes you can't teach an old dog new tricks." So,
- 7 this kind of spoke to, I think, despite that comfort of
- 8 technology with the folks that we spoke to in the focus
- 9 groups, this overarching concern about some other
- 10 beneficiaries, particularly older adults, that might have
- 11 challenges with technology.
- 12 Next slide. Around the enrollment methods,
- 13 participants said that there should not be a one-size-fits-
- 14 all approach to the enrollment process. They said it was
- 15 important that people had different options for how to
- 16 enroll and renew in the Medicaid program. They thought
- 17 that people needed an option that works best for them.
- 18 Most participants applied either online or in person, with
- 19 just a few applying over the phone. We heard from
- 20 beneficiaries in the focus groups who used a combination of
- 21 approaches to complete the application process, possibly
- 22 starting online and calling over the phone and finishing in

- 1 person or some combination of all of those, but there were
- 2 beneficiaries that did not just use one method to get
- 3 through the whole process.
- 4 Generally, those who applied longer ago were more
- 5 likely to have applied by mail or in person. For the more
- 6 recent applicants, in our focus groups, they were most
- 7 likely to have done all or part of their application
- 8 online.
- 9 We heard from a Michigan woman who said, "I tried
- 10 to figure it out online first, and then if I couldn't
- 11 figure it out myself online, I would probably go and make a
- 12 phone call and just keep pressing zero until I get to talk
- 13 to somebody." So that was kind of the sentiment we heard,
- 14 this kind of first step of trying online, but if that
- doesn't go well, they wanted other options to be able to
- 16 get through the process.
- Next slide.
- In terms of the ease of the enrollment process,
- 19 participants who applied for Medicaid online generally said
- 20 it was quick and easy. They were able to navigate the
- 21 process without too many issues. The online system for
- 22 folks was seen as a big improvement. For those who had

- 1 applied by other means initially but then had left the
- 2 program for months or a couple years and then started that
- 3 -- and then when they reapplied, it was an online process;
- 4 they felt that that online system was a big improvement
- 5 from the initial ways that they applied.
- Those who said the enrollment process was more
- 7 difficult, frustrating, or time-consuming usually had
- 8 applied in person, by mail, or over the phone, but, still,
- 9 most of those folks did so without any real issues.
- 10 Participants who found enrolling more difficult,
- 11 regardless of the method in which they enrolled, often said
- 12 that there was too much information to provide or too many
- 13 questions to answer. So, it was less about the actual
- 14 method of online, in person, over the phone, and more about
- 15 the information that was required to kind of get through
- 16 the enrollment process.
- We heard from a Louisiana man who said, "I feel
- 18 really good about it. It was easy; it was user friendly.
- 19 They didn't ask a lot of information that you didn't have
- 20 on hand. The format of the website was easy to use, so it
- 21 made it really easy."
- Next slide.

- 1 So, in terms of the ease of the renewal process,
- 2 most described the renewal experience as pretty quick and
- 3 simple. Participants who were comfortable with technology
- 4 considered the online renewal system to be convenient.
- 5 They often said that the renewal process was easier than
- 6 the initial enrollment process. This was due to many
- 7 factors. Largely one of these that we heard was already
- 8 knowing the documents that they would need; they had gone
- 9 through this process once; they were more aware of what
- 10 they had to have to go through the renewal process.
- 11 Many of those who originally renewed on paper, in
- 12 person, or by mail felt that the online renewal system was
- 13 much more streamlined. As an example, they talked about
- 14 the information already being pre-populated when they went
- 15 through the renewal process online.
- Some reported that they had automatic renewal,
- 17 but even those without the automatic renewal process
- 18 generally felt that their renewal went through quickly.
- 19 A Texas woman we heard from said, "I feel like
- 20 the renewal process was a lot easier than the initial
- 21 enrollment process. They didn't require as much from me.
- 22 It didn't take as much time, as much energy, effort,

- 1 thought. It was just a lot easier to renew than it was to
- 2 enroll."
- 3 Next slide.
- 4 In terms of enrollment and renewal challenges,
- 5 participants, as I mentioned, still experienced some
- 6 challenges. Most notably submitting documents was the
- 7 common issue. For example, participants spoke of having to
- 8 go to a library or resource center, possibly to print out
- 9 or fax or scan documents or having to do so from work.
- 10 Also, as I mentioned, gathering documents was difficult
- 11 too, with a few who mentioned having to seek documentation
- 12 from landlords or past employers. That was time-consuming
- 13 or challenging as they went through it.
- 14 A few also mentioned difficulties answering
- 15 questions on the application that did not seem to apply to
- 16 them or did not have an easy answer. These issues
- 17 sometimes delayed their application being completed or
- 18 accepted.
- 19 A Texas woman said, "Taking pictures of the
- 20 documents and trying to send it. The hardest part is
- 21 trying to make sure that it's a certain way because then
- 22 they say, 'Oh, it's not uploaded right.' The computer will

- 1 actually not allow it to be uploaded if it's not clear, so
- 2 like that portion of it was kind of hard." So, again, just
- 3 these challenges with actually gathering and submitting the
- 4 documents were the main things that we heard from folks.
- 5 Next slide.
- 6 So, in terms of the issue of going paperless,
- 7 participants were worried that it would be a problem for
- 8 some beneficiaries if all Medicaid communications moved
- 9 online. So, although most states -- although states must
- 10 provide enrollees the option of going paperless,
- 11 participants pushed back against the idea of state Medicaid
- 12 programs requiring paperless communications with
- 13 beneficiaries. They noted that a paperless system would
- 14 disadvantage those who did not have access to technology or
- 15 were not familiar, comfortable, or able to use an online
- 16 process, particularly older adults. Many also liked having
- 17 a hard copy themselves for easy recordkeeping, ability to
- 18 maintain a paper trail. They worried that emails could go
- 19 to spam, get deleted, or be difficult to find and pull up.
- 20 We also heard from other beneficiaries who were
- 21 simply more comfortable with mail, making a phone call, or
- 22 going in person to manage their Medicaid.

- 1 A Louisiana man said, "I think a lot of us
- 2 younger crowd prefer online applications, but the big thing
- 3 is we're talking about health care. It's got to be
- 4 accessible for, you know, folks around the state that don't
- 5 have internet access, they can't afford a smartphone and
- 6 stuff like that. I think that is really important."
- 7 Last couple slides for me. A couple other
- 8 communications tidbits. Participants said they got hard
- 9 copy renewal reminders, but they also thought email and
- 10 text reminders would be helpful. Nearly all participants
- 11 received their renewal notices and reminders by mail. Some
- 12 got email notifications or text alerts to visit their
- 13 online accounts. Others said they would like their states
- 14 to send those alerts. Many also mentioned they'd like to
- 15 see more reminders of upcoming renewal deadlines to help
- 16 reduce the chance that they'd forget to take action. Many
- 17 had an online Medicaid account, but they said they rarely
- 18 used it for anything other than the renewal process.
- 19 Still, there was an overall sentiment that they felt
- 20 confident that they would be able to use their account for
- 21 other things if they needed to, but generally they didn't.
- There was little familiarity with the state

- 1 Medicaid mobile apps in a couple of the states where it was
- 2 offered where we held focus groups, and only a few
- 3 participants had actually used these mobile apps.
- I will skip the quote there and let's go to the
- 5 last slide.
- 6 So just in closing, as I wrap up, as I mentioned,
- 7 beneficiaries wanted a broad range of communication
- 8 options. Participants believed that all Medicaid
- 9 beneficiaries should have different enrollment and renewal
- 10 options available and accessible to them. They felt that
- 11 online access had made the Medicaid process easier and more
- 12 streamlined over the recent years, which they appreciated.
- 13 But they also valued having the option of in-person help,
- 14 talking to someone over the phone, or enrolling or renewing
- 15 through the mail. And for some, these options were
- 16 preferable. And as I touched on, they were also wary of
- 17 everything moving paperless because of concerns that some
- 18 people, usually not those in the focus groups but other
- 19 people, especially older adults, would be unable to access
- 20 online tools.
- 21 So as a final point, a Florida woman we heard
- 22 from said, "My mom is not computer savvy, so she still

- 1 needs these letters in the mail. She can't go online and
- 2 do the things that I do. It's not for everyone."
- 3 So, I will turn it back to Tamara for her final
- 4 slides, but I appreciate getting to share this with
- 5 everyone.
- 6 MS. HUSON: Okay. Thank you, Sean.
- 7 I have just two slides to kind of summarize our
- 8 key takeaways. So, the results of this work support the
- 9 current requirement of having multiple channels of
- 10 communication. Interviewees and focus group participants
- 11 alike all noted that, given varying preferences and comfort
- 12 levels with technology, individuals need multiple
- 13 mechanisms to apply and renew coverage. Improvements that
- 14 states have made are particularly helpful for those that
- 15 are tech savvy as they have access to a variety of tools
- 16 such as the online applications and accounts and electronic
- 17 notices that align with their preferences.
- It's important to note, however, that paper-based
- 19 communication and ongoing assistance over the phone or in
- 20 person with caseworkers or community-based organizations
- 21 are necessary resources for many, particularly for those
- 22 with more complex circumstances.

- 1 Not all states are keeping pace with changing
- 2 technology. Most state officials noted an interest in
- 3 continued enhancements, and while some states are taking
- 4 active steps, others commented on limited state capacity
- 5 and implementation challenges as the principal barriers to
- 6 improving communication. And while no one particular
- 7 policy change was highlighted as a barrier to improving
- 8 communications, stakeholders raised some areas of concern
- 9 that may warrant further Commission work, such as improving
- 10 the content and timing of notices.
- 11 Staff would appreciate feedback on whether the
- 12 Commission is interested in pursuing additional work in
- 13 these or other areas.
- 14 Finally, we anticipate publishing an issue brief
- 15 summarizing the findings of our work and an accompanying
- 16 contractor report from PerryUndem detailing the findings
- 17 from the focus groups this fall.
- 18 And so with that, I will turn it back over to the
- 19 Chair. We're happy to answer questions, and we look
- 20 forward to your comments. Thank you.
- 21 CHAIR BELLA: Thank you, Tamara. And, Sean,
- 22 thank you for being here and for the work that you all did.

- 1 Really, really thought-provoking, I think, for us and
- 2 always good to hear from real people that are using the
- 3 program.
- I have a few thoughts that I'm happy to hold and
- 5 turn it to the Commissioners for questions and comments.
- 6 Kisha, why don't you kick us off?
- 7 VICE CHAIR DAVIS: All right. Thanks. I just
- 8 want to say I really want to express appreciation for the
- 9 extent that you guys went to really capture the diversity
- 10 of patient voices. You know, doing a panel in Spanish,
- 11 making it -- you know, different levels of access
- 12 available, whether that be by mobile device or phone or
- 13 laptop and still recognizing even that, you know, creates a
- 14 challenge, especially because they're not in person.
- Also, you know, this is really important work and
- 16 thinking about, you know, how we bring their voice in and
- 17 the different ways to communicate. And I think just an
- 18 overarching theme here is really bringing in the patient
- 19 voice into Medicaid and how we start to do that in a more
- 20 robust and standardized way. You know, we're seeing more -
- 21 we have -- there's the Medicaid CAHPS survey, and that
- 22 was done, but it's still not on -- you know, that patient

- 1 voice is not brought in on a regular basis, and really we
- 2 need to -- you know, this a study to start to do that, and,
- 3 yes, it was to look at how we communicate enrollment. But
- 4 I think that really broader issue of how we're continually
- 5 and regularly bringing in that patient voice is an
- 6 important theme.
- 7 CHAIR BELLA: Thank you, Kisha. Darin?
- 8 COMMISSIONER GORDON: Yeah, I totally agree with
- 9 Kisha's comments. I did have a question, and I wasn't
- 10 clear from the summary. So, if a state was offering the
- 11 application process through multiple channels, including an
- 12 online or mobile pathway, were they also always offering a
- 13 similar pathway for reverification?
- MR. DRYDEN: Tamara, do you want to answer that?
- MS. HUSON: Yeah, I think I can answer that.
- 16 COMMISSIONER GORDON: I'm trying to -- basically
- 17 following through, not just of the initial application, but
- 18 also renewals using multiple channels. Or does that -- is
- 19 there a shift, like renewals they don't offer the same
- 20 number of channels to each of the members?
- 21 MS. HUSON: So states are required to offer all
- 22 the options, and all states have online applications. For

- 1 renewals specifically, I don't know that we have the actual
- 2 number of states that offer an online renewal option.
- 3 Martha, you can jump in if that's incorrect. But I do
- 4 believe that most states offer online renewal, and they're
- 5 also mailing home the paper reminders and oftentimes the
- 6 pre-populated form.
- 7 COMMISSIONER GORDON: I'm hypersensitive to
- 8 redetermination, obviously, since that's something that's
- 9 going to be front of mind for all of us as the PHE ends,
- 10 and I will remember back when we didn't have a system that
- 11 was capable of doing a lot of online or mobile options.
- 12 And most of the discussion I had heard even then was with
- 13 the initial application. But it seems from the comments
- 14 that Sean highlighted, you know, folks talking about the
- 15 renewal process generally was easier than the initial
- 16 process, but I was just curious whether or not they offered
- 17 as many channels at renewal than they do at initial
- 18 enrollment -- again, given the fact that, you know, we're
- 19 about to go through a massive redetermination process when
- 20 the PHE ends.
- 21 CHAIR BELLA: Maybe that's something you take
- 22 back and confirm for us outside of this discussion, if

- 1 that's okay. Does that work, Anne?
- MS. HUSON: Absolutely.
- 3 CHAIR BELLA: Okay. Tricia and then Martha and
- 4 then Brian.
- 5 COMMISSIONER BROOKS: Thanks for this work, and
- 6 as you all know, it gets to the heart of the work that I
- 7 do.
- I just wanted to respond to Darin's question.
- 9 When we conducted the full eligibility enrollment survey in
- 10 2020, which was the source for some of this data on the
- 11 slides you saw, of the 43 states that offer online
- 12 accounts, only 39 allow you to renew in that online
- 13 account. So, I do think that there are a handful of
- 14 states, Darin, that don't yet have a great online mechanism
- 15 for renewals because it would most likely fall into that
- 16 online account.
- Now, we did not update these data in 2021 because
- 18 of the pandemic and knowing that processes were very
- 19 different, so a couple of states may have picked things up
- 20 from there. But I do think you're going to find a few
- 21 states falling short.
- 22 And then there are a couple of states that

- 1 actually don't offer all four pathways but really push
- 2 beneficiaries to doing it only online. Florida comes to
- 3 mind. I think Oklahoma does a lot of that. But I think
- 4 there's still work to be done. And when we asked the
- 5 states about the mobile friendliness of their applications,
- 6 online accounts, or whatever, some of them that say, sure,
- 7 you can submit mobilely, we don't do anything to stop, you
- 8 know, a smartphone or a smart device from sending in an
- 9 application, but without the mobile-friendly formatting,
- 10 there's no guarantee that that application or renewal is
- 11 going to be able to be used, particularly in a smartphone
- 12 environment. So there's still more work to be done on that
- 13 front as well.
- 14 CHAIR BELLA: Thank you, Tricia. Martha?
- 15 COMMISSIONER CARTER: I agree. I think this is a
- 16 really important area to look into. In addition to the
- 17 ways, sort of the technology, I was interested in looking
- 18 at readability, you know, if it's written in plain language
- 19 that the person can understand. I'm interested in looking
- 20 at how states are required to and are actually serving
- 21 people with limited English proficiency. Are they required
- 22 to have an interpreter, translation of materials? I think

- 1 this is -- you know, really getting the beneficiary voice
- 2 in here would mean that we would need to ask all those
- 3 questions: Braille, you know, hearing impaired. How are
- 4 those people really being served?
- 5 CHAIR BELLA: Thank you, Martha. Brian?
- 6 COMMISSIONER BURWELL: So I have a number of
- 7 questions. One, in addition to the enrollment -- or the
- 8 renewal process itself, did you try to get any information
- 9 about the degree of technical assistance that states offer
- 10 to renewal applicants, either -- I mean, are there
- 11 tutorials available at the online application that will run
- 12 people through the re-enrollment process in a very simple
- 13 manner that they can learn from? Also, I'm curious about
- 14 the quality of the information that people receive by
- 15 phone, if they have questions and have to, you know, do the
- 16 call center. I heard one thing about, "I keep pressing
- 17 zero until I get somebody." You know, how difficult is
- 18 that? And when you get somebody, what is the status -- you
- 19 know, what is the consumer experience when they get
- 20 somebody on the phone? Things like that. So that's kind
- 21 of one question as the technical assistance component.
- 22 Two, I personally -- this is not an area of my

- 1 expertise -- would like if we do an issue brief, provide
- 2 more basic background data about what is required in the
- 3 re-enrollment process. How often is -- what flexibility do
- 4 states have in terms of frequency of re-enrollment? Does
- 5 it vary by population, et cetera? Just kind of, you know,
- 6 what -- there's some automatic renewals, I understand.
- 7 Some people really don't have to apply for re-enrollment;
- 8 they are automatically renewed, for example, if they're
- 9 receiving SSI or something like that. So that I think
- 10 would be helpful to a reader of work like this.
- 11 CHAIR BELLA: Thank you, Brian.
- 12 Heidi?
- 13 COMMISSIONER ALLEN: I'm a survey researcher who
- 14 surveys low-income populations, and so this whole
- 15 discussion really resonates with me because it's a
- 16 challenge to get in touch with people, particularly
- 17 populations that move a lot.
- And I'm wondering what states can learn from
- 19 survey researchers in terms of best practices for reaching
- 20 people, and one of the things that I'm curious about are
- 21 the more active efforts. So, I understand that people are
- 22 being contacted through text messages. I assume email.

- 1 I'm curious if the links are embedded in the emails or the
- 2 text messages that take them right to where they need to be
- 3 or is it just the notice that you have a message in your
- 4 online Medicaid portal and you need to go check it.
- 5 So the content of that, I think, really matters,
- 6 and then also the context of the maintenance of effort in
- 7 the public health emergency, I'm wondering if the methods
- 8 that are used in panel research to try to keep in touch
- 9 with people and give them lots of opportunities to update
- 10 addresses, lots of opportunities to get multiple contact
- 11 information, including one of the things we often use in
- 12 survey research is if we can't reach you, who knows how to
- 13 find you, so secondary contacts.
- So, anyway, those are my thoughts.
- 15 CHAIR BELLA: Does anyone want to respond to
- 16 Heidi?
- MR. DRYDEN: I'm sorry. I wanted to respond to
- 18 the previous question, just because I thought I could add a
- 19 couple things on that before.
- In terms of the tutorials, I don't know if Tamara
- 21 or Martha know about what the actual -- how the states
- 22 function in terms of that stuff. We didn't hear really any

- 1 about that in the focus groups in terms of what's available
- 2 for folks.
- 3 The call center question, again, the sample size
- 4 gets really small, and it's qualitative to begin with, but
- 5 a few people used the call center, and with any call center
- 6 talk that we hear in any focus groups, I think it's very
- 7 mixed, and it kind of just depends on that person's
- 8 experience.
- 9 So, I'm not sure if you guys have larger data on
- 10 any of the surveys you've done and additional time to
- 11 explore that, but some people had good call center
- 12 experiences, some bad. I think it probably depended on
- 13 just who they were talking to, and I'm sure there's a lot
- 14 more to learn from that, state specifically, but I just
- 15 wanted to touch on that quickly.
- 16 CHAIR BELLA: Great. Martha or Tamara, do you
- 17 have anything to say on Heidi's point or questions about
- 18 any of that?
- MS. HUSON: So we didn't look specifically at the
- 20 content of emails or text messages. However, we did speak
- 21 with Code for America who has conducted some of these text
- 22 messaging pilots, and they actually provide some templates

- 1 and samples and messages that they've sent. So I'd be
- 2 happy to share some of those resources with you, Heidi.
- 3 But you can see in some of those pilots that
- 4 they've done that they do link to the website for the
- 5 application or to the Medicaid website. And then what we
- 6 really talked about and heard from stakeholders is the
- 7 emails was more so, the use of emails to send notification
- 8 to beneficiaries, that they have a notice to view in their
- 9 online account because those emails cannot contain any
- 10 personal information in the email itself. They have to log
- 11 into the account, which is a secure portal, in order to get
- 12 that information.
- 13 CHAIR BELLA: Heidi, did you have any follow-up?
- 14 COMMISSIONER ALLEN: I would just say that
- 15 logging into portals, it just depends on how easy that they
- 16 make that. If they do it like a health care system where
- 17 you're required to have a code that comes via letter that
- 18 you then -- you know, the kind of more secure methodology,
- 19 I can see where that would be a barrier. And it seems like
- 20 the more direct that link is to their actual case the more
- 21 efficient that that would be.
- 22 MS. HUSON: And we did hear from a few

- 1 stakeholders -- oh, sorry, Martha. I was just going to say
- 2 we did hear from a few stakeholders issues around accessing
- 3 those accounts, around the identity proofing that's
- 4 required to have an account, and then we also heard issues
- 5 about people not remembering their usernames and passwords.
- 6 In one state, you were able to make multiple accounts, and
- 7 then you would get locked out. You wouldn't be able to see
- 8 your original application. So we did hear some issues
- 9 around that.
- 10 CHAIR BELLA: Martha, did you want to add
- 11 anything?
- MS. HEBERLEIN: Yeah. The only thing I was going
- 13 to add is in the focus groups -- and, Sean, you should jump
- 14 in here -- that we also asked about online accounts and if
- 15 there was trouble logging in, and so we heard, I think,
- 16 slightly different things from the focus groups where some
- 17 folks did get locked out and had to get another account or
- 18 get a password reset. But a lot of folks said, "Oh, no, I
- 19 can keep going back into my account. I know it's the same
- 20 password I use for everything sort of thing." So I think
- 21 it was a mixed experience, and I think that that goes to
- 22 show a little bit more about the fact that some folks were

- 1 tech savvy and maybe know how to use the system and are
- 2 familiar, have a more comfort level with it. I think
- 3 there's also different states have set it up differently.
- 4 So there may be different issues, depending upon which
- 5 state you're in.
- 6 CHAIR BELLA: All right. Thank you.
- 7 Go ahead, Sean.
- 8 MR. DRYDEN: No, no.
- 9 CHAIR BELLA: Okay. Toby and then Laura.
- 10 COMMISSIONER DOUGLAS: Great presentation and
- 11 great information.
- 12 The question I have -- or partly a question,
- 13 partly statement -- relates more to if you saw any
- 14 differences between states with more of a county-based
- 15 eligibility versus state. I mean, clearly the technology
- 16 and the advances in technology have created more of a
- 17 unified process, but it would be interesting if there was
- 18 anything now or we should be teasing out more of how the
- 19 difference in the eligibility processes are going on in
- 20 terms of the people and who is accountable for doing it are
- 21 impacting that communication and the ability to communicate
- 22 in the right way.

- I don't know if there's anything from the
- 2 interviews that that came out.
- 3 MS. HUSON: None of the six states that we
- 4 selected for this project have the county-based system,
- 5 although I'll ask Martha to jump in here because I believe
- 6 previous work that MACPAC has conducted may have looked at
- 7 a state with a county-based system in eligibility.
- 8 MS. HEBERLEIN: Yes. Some of the work we did
- 9 prior with SHADAC had looked at North Carolina and
- 10 California, which both -- well, depending on how you define
- 11 California as county-based, and they had -- we definitely
- 12 heard that there were different issues, depending upon --
- 13 in North Carolina specifically in terms of the state had
- 14 put in some sort of parameters around processing that --
- 15 [Pause.]
- 16 CHAIR BELLA: Martha, we lost you. We lost your
- 17 audio.
- MS. HEBERLEIN: Sorry. It said I was muted by
- 19 the organizer, so sorry if that was my fault.
- 20 So I don't know what you heard, if anything.
- 21 I'll start from scratch. We had done some work prior with
- 22 SHADAC that looked at some states that had county-based

- 1 systems. So, in our prior study, we looked at California
- 2 and North Carolina, and North Carolina had -- the state had
- 3 put some parameters around how many errors could be found
- 4 in case processing, which some of the caseworkers made them
- 5 a little bit more wary about how they process because there
- 6 was a payback from the county to the state for errors. And
- 7 so I think there are some issues when you look at a county-
- 8 run system.
- 9 In Michigan, on the other hand, one of the
- 10 counties -- and I want to say it was Genesee; is that
- 11 right, Tamara? -- piloted a two-way text messaging system,
- 12 and so, in that case, it was a place where they could --
- 13 you know, sort of a laboratory where they tried out this
- 14 thing. They realized that the text messaging process or
- 15 technology that they were using was hard for caseworkers to
- 16 utilize because it was like a separate system that they
- 17 then had to do, but they utilized some of the things that
- 18 they learned from that, they incorporated into their
- 19 redesign of their application.
- 20 So I think it can cut in both ways, depending
- 21 upon how the state is -- what they're learning and how they
- 22 interact with their counties.

- 1 Does that help, Toby?
- 2 COMMISSIONER DOUGLAS: Yeah. I mean, I think
- 3 it's more this just goes to the complexity of this all and
- 4 more of a statement of just, you know, the level -- and
- 5 this is a wonderful study, and there's so much advances
- 6 that the technology as well as the regulations. But given
- 7 just still how eligibility is actually playing out at the
- 8 local level, there's more that needs to occur on how do we
- 9 communicate consistently across states.
- 10 CHAIR BELLA: Laura and then Fred.
- 11 COMMISSIONER HERRERA SCOTT: Hi. Thank you both
- 12 for the presentation. It was great information.
- My question is, is there anything you can say
- 14 about the accuracy of the information based on the modality
- 15 and the timeliness to a decision? So was there any
- 16 difference of one online versus paper over the other?
- MS. HUSON: So I don't think that we could say
- 18 definitively because we didn't measure that. However, just
- 19 sort of anecdotally, it seems like online applications are
- 20 processed faster.
- In particular, I'll highlight an example from
- 22 Michigan. Michigan is currently working on an initiative

- 1 that they're calling Project One Day where they are trying
- 2 to receive an online application and in 24 hours be able to
- 3 determine if an individual or household is eligible, to be
- 4 able to have a determination in one day. So, I think that
- 5 sort of speaks to the fact that online tends to be faster,
- 6 but I don't think we have data kind of quantifying that.
- 7 CHAIR BELLA: Fred?
- 8 COMMISSIONER CERISE: Yeah. Sean or Tamara, did
- 9 you get a sense from the focus groups -- are any of those
- 10 people using other sources like resource centers to help
- 11 them with the online thing if almost half don't have
- 12 computers or almost 30 percent don't have smartphones? How
- 13 common is it for them to go to the community center or a
- 14 resource center to get help with that sort of stuff?
- MR. DRYDEN: I can take that, and, Tamara, if you
- 16 want to jump in.
- 17 It wasn't a huge number of the people in these
- 18 focus groups, but again, I think probably that's partly the
- 19 sample for finding people. As much as we tried to reach
- 20 people across the board, we're finding people that are more
- 21 comfortable with technology have something at home that
- 22 they can use this for.

- 1 We did have some people who used resource
- 2 centers. Especially, we heard that in terms of when they
- 3 were having difficulty with documents, sometimes going to
- 4 print something -- I mean, people were going in for help,
- 5 but it wasn't a lot of the folks that we talked to.
- I don't know, Tamara or Martha, if you remember.
- 7 I would say it's probably a smaller percentage of the
- 8 actual percentage of people that are needing to use these
- 9 resources centers, just because of the sample in these
- 10 focus groups, but we did have a subset of folks that used
- 11 resource centers when possible.
- 12 I'm sure there are some folks who didn't know
- 13 that was available to them as well and rather went through
- 14 the process over the phone or online and just kept going at
- 15 it until they were able to figure it out.
- I don't know, Martha or Tamara, if you've heard
- 17 things from the focus groups or the stakeholder interviews.
- 18 MS. HUSON: Yeah, Sean. I think your comments on
- 19 the focus groups are right. I remember there was one
- 20 gentleman who applied at the clinic as opposed to a lot of
- 21 the other participants applied on their own or maybe a
- 22 couple with a family member.

- 1 And in the focus groups, I think one of the
- 2 questions that was asked, "If you do have an issue, what do
- 3 you do?" And a lot of people said they'll find their
- 4 family member. A lot of people said they would call when
- 5 they had questions. Some would go in person.
- In our interviews, I think this came out a little
- 7 bit more because we did talk to provider organizations. We
- 8 spoke with some navigators who are the people assisting
- 9 applicants and beneficiaries, and so we heard from them
- 10 that they're oftentimes helping individuals who have the
- 11 greatest need for help. So maybe it's because they don't
- 12 have internet access or they have limited English
- 13 proficiency, and they might need a translator. So, we
- 14 definitely heard from many of the stakeholders, especially
- 15 the advocates and the legal aid and the provider
- 16 organizations about how important those community-based
- 17 organizations and those resource centers and the
- 18 caseworkers, how the navigators -- like how important those
- 19 resources are for a lot of people.
- 20 CHAIR BELLA: Dennis or Verlon. Verlon?
- 21 COMMISSIONER JOHNSON: Thanks. So, again, just
- 22 like everyone else said, I just want to say thank you for

- 1 this presentation. Communication is always really
- 2 important when it comes to health. That really helps us to
- 3 get to where we need to go.
- I have a question more around states, and I think
- 5 we've gotten to it a little bit, but obviously, state
- 6 budgets are always very challenging. There are always key
- 7 things that they need to address, and so it's not
- 8 surprising that funding obviously is a barrier to, I think,
- 9 pursuing some different technology.
- I am not a proponent of having technology for
- 11 technology's sake, just because it has all the bells and
- 12 whistles for different things, but kind of falling to the
- 13 other conversation, I'm just curious. In your interviews
- 14 and/or focus groups, do states have any ideas in terms of
- 15 some of the key things they like to think about in terms of
- 16 technology for moving forward in this effort?
- And, again, I'm thinking about your comment that
- 18 you made about the apps, the Medicaid apps. People weren't
- 19 really -- mobile apps weren't really something that was
- 20 very much embraced, and so some of the states use that just
- 21 because there's an app for everything. But I'm just
- 22 curious if there were any other conversations around some

- 1 other thoughts in terms of how states may want to use some
- 2 additional funding to help them meet this need.
- MS. HUSON: So, in our interviews with states,
- 4 state funding was certainly something that came up often as
- 5 a barrier. Some of the things that were sort of on states'
- 6 wish lists, for example, they expressed that they would
- 7 like to create a mobile app, and not very many states do
- 8 have mobile apps. I believe eight states have mobile apps
- 9 for their online accounts, and two states offer them for
- 10 their application. And in two of the four states that we
- 11 conducted focus groups, they do offer mobile apps, and just
- 12 sort of what we heard was that they're not used very often.
- Some of the concerns from advocates that we heard
- 14 around mobile apps is that, you know, for individuals who
- 15 might have smartphones that don't have a lot of data or
- 16 that they don't have plans that offer a lot of data or they
- 17 don't much storage on their phone -- excuse me -- or they
- 18 don't have a plan with a lot of data, that downloading an
- 19 app might just not be feasible for them. So that's one
- 20 example.
- 21 States really are in different places where they
- 22 use technology. Missouri is another example who they're

- 1 working with that contractor, Civilla. So, they're
- 2 updating their application, but again, you can't do
- 3 everything at one time. So they would like to offer
- 4 electronic notices. So that's kind of like on their wish
- 5 list for the future.
- 6 Martha, if you have any other examples, if you
- 7 want to add anything, please feel free.
- 8 MS. HEBERLEIN: No. I think the other thing we
- 9 heard in terms of technology is just the timeline to get
- 10 some of this stuff done and the fact that there's so many
- 11 other things on the punch list of what they need to do to
- 12 their system, that sometimes these things fall down or
- 13 sometimes it's been on the list and priorities shift, or by
- 14 the time you get to it, it's outdated. So, I think it was
- 15 both a funding thing but also just all the other things
- 16 that they need to do.
- 17 COMMISSIONER JOHNSON: Thank you.
- 18 COMMISSIONER HEAPHY: This is Dennis.
- This was great, and it's really helpful. I think
- 20 actually it echoes a lot of things that we hear in the
- 21 advocacy world, and I was wondering. I guess the group
- 22 they used, the group folks that then assembled, were

- 1 savvier than a lot of other folks in the Medicaid
- 2 population in terms of like -- because I didn't hear
- 3 anything about who were concerned about change in telephone
- 4 numbers or addresses, like the email addresses. A lot of
- 5 folks change their telephone numbers on a regular basis or
- 6 their email addresses on a fairly regular basis, and so I
- 7 didn't see anything in the report that said that that was a
- 8 concern raised. Was that or was that not something that
- 9 came up?
- MR. DRYDEN: No. We really didn't hear anything
- 11 around that. We heard a little bit of change of address,
- 12 like physical address and stuff, in terms of people who
- 13 were moving more frequently and worried about whether they
- 14 were missing out on mailed notifications or forms, et
- 15 cetera, but we didn't really hear from folks about issues
- 16 around change of email address or phone numbers.
- So, like you're saying, I think those are out
- 18 there, but we had people who were a little more savvy in
- 19 these focus groups, and that might just not have been a
- 20 challenge.
- I don't know, Martha or Tamara, if you picked
- 22 that up in the interviews or talking to stakeholders.

- 1 MS. HUSON: Yeah. We heard similar things. I
- 2 think we heard more about change of mailing addresses as
- 3 being issues. I think a couple of stakeholders might have
- 4 noted concerns around phone numbers and email addresses,
- 5 and I think we heard a little bit more about the use of
- 6 email addresses related to the use of online accounts, but
- 7 I don't think it was something that rose to -- that we
- 8 heard a lot.
- 9 COMMISSIONER HEAPHY: So my last question goes to
- 10 Heidi's question earlier. Do you think it would be worth
- 11 doing a deeper dive to better understand a broader
- 12 population of folks to see what barriers they're facing in
- 13 terms of access to communication, either through enrollment
- 14 or reenrollment or not?
- MS. HUSON: We can certainly probe for specific
- 16 issues or concerns that you think would be helpful for us
- 17 to address. You know, I think we'd maybe welcome more
- 18 feedback on that.
- 19 COMMISSIONER HEAPHY: Because I'm just wondering
- 20 about language and barriers, whether the race or ethnicity
- 21 of different populations might be -- representation or
- 22 educational backgrounds. And the reason I'm thinking

- 1 that's important is it's not just about Medicaid but all
- 2 the ancillary services people receive. So I'm thinking
- 3 simplifying the application by using SNAP as a way of
- 4 verifying people's eligibility for Medicaid. And so I'm
- 5 not being very clear in my question, but I'm just wondering
- 6 if there's more that can be done here to help us better
- 7 understand how to collect data, not just for this but for
- 8 other aspects of Medicaid.
- 9 MS. HEBERLEIN: Dennis, the one thing I would add
- 10 is not so much in the focus groups, but in the stakeholder
- 11 interviews we definitely heard from some of the assisters
- 12 that people -- language was an issue and a barrier. We
- 13 talked to some navigators like in Florida and some national
- 14 navigators who noted that as an issue. We also heard from
- 15 some folks in Michigan about that. Immigration status also
- 16 came up, and I would say disability in a lot of -- you
- 17 know, in terms of I know somebody before raised Braille --
- 18 perhaps it was Martha -- and just like the ability to
- 19 access sort of regardless of your situation. I think we
- 20 asked in the stakeholder interviews the states specifically
- 21 if they had any additional -- did they do anything special,
- 22 I guess, for people who needed additional accommodations?

- 1 And most of them replied that, you know, we followed the
- 2 ADA rules, we have a language access line, but there wasn't
- 3 any targeted efforts necessarily. Those efforts seemed to
- 4 be coming from the navigators in the community who worked
- 5 directly with the people. And I don't know, Tamara, if you
- 6 have other thoughts from some of those interviews.
- 7 MS. HUSON: Martha, I think you hit on all the
- 8 major points.
- 9 COMMISSIONER HEAPHY: Thank you.
- 10 CHAIR BELLA: Thank you, Dennis. Toby?
- 11 COMMISSIONER DOUGLAS: Yeah, one more quick
- 12 question. Was there any feedback on health plan
- 13 communication as it relates to renewals and the
- 14 intersection of what beneficiaries wanted from their health
- 15 plan and just kind of how they worked in tandem with the
- 16 states and counties -- or states in this case?
- MS. HUSON: So we didn't really probe on that.
- 18 In this project we were looking more specifically at the
- 19 states' Medicaid agency and their communication. However,
- 20 of course, since many of the states are managed care,
- 21 communication with health plans did come up in some of our
- 22 interviews, particularly with the state officials. You

- 1 know, we heard, I think, in our interview with Texas
- 2 particularly around how they work with their MCOs to kind
- 3 of share information or they're trying to share
- 4 information. I think if we wanted to look at that, we'd
- 5 have to kind of do more work in that space. But, Martha,
- 6 if you want to add anything, please do.
- 7 CHAIR BELLA: Martha, if you're talking --
- 8 MS. HEBERLEIN: Oh, I'm muted again. I think I
- 9 move too fast. It doesn't recognize that I'm unmuted.
- 10 So, we did do some prior work, again, with
- 11 SHADAC, to look at some of the barriers that states and
- 12 beneficiaries faced, and we did talk a little bit about --
- 13 or looked to try to look at what role managed care plans
- 14 can play. And I think some of the issues that they raised
- 15 was like who's the holder of that information and what can
- 16 they -- you know, in terms of like bad addresses, for
- 17 example, so if they get an updated address from the
- 18 beneficiary, well, who's the system of record? And can the
- 19 Medicaid agency take that address because they're the ones
- 20 who own the eligibility file? So there is that issue. And
- 21 then there's also some issues that I think came up -- Darin
- 22 has brought it up before in terms of, you know, can managed

- 1 care companies reach out? And is that in violation of some
- 2 of their enrollment practices? And are they trying to keep
- 3 their enrollees versus, you know, are they trying to help
- 4 their enrollees stay in Medicaid, right?
- 5 And so I think there's different rules in
- 6 different states about what role managed care plans can
- 7 play in the enrollment and renewal process. But we didn't
- 8 do that for this particular study. It was more focused on
- 9 the eligibility, enrollment process and specifically with
- 10 communications from the state Medicaid agency directly.
- 11 COMMISSIONER DOUGLAS: Yeah. I mean, it's
- 12 obviously was bigger, but it gets to -- I mean, plans are
- 13 doing a ton of communication trying to figure out at the
- 14 same time the right mode, you know, holistically, and
- 15 sharing data.
- 16 CHAIR BELLA: Darin, did you have something to
- 17 say?
- 18 COMMISSIONER GORDON: Yeah, and a couple things
- 19 that were said, like bad addresses, I just want us to be
- 20 cognizant of -- I mean, all of this is much more
- 21 complicated than we like to make it sound from a systems
- 22 perspective. But, you know, we have found situations where

- 1 we would store -- our earlier systems would only store two
- 2 addresses, but our new systems had to store even more
- 3 addresses than that. But you get into -- you know, we
- 4 would get information from the Social Security
- 5 Administration that would override our addresses that we
- 6 felt really good about, and we wouldn't find out about it
- 7 because it's all built into the system, that they kept
- 8 overriding things we had verified. Their addresses were
- 9 bad. So you get into issues where you're trying to get a
- 10 lot of good information from multiple sources, but then
- 11 trying to figure out who has the best information makes it
- 12 a little complicated.
- And to Martha's point on the plan's role, I do
- 14 think there is a role for them. I think, again, Martha has
- 15 heard me say this probably more than she'd like to hear,
- 16 but, you know, there's been situations, you know, many
- 17 years ago, not anything really recent, where -- and you can
- 18 see this on the Medicare Advantage side -- where there was
- 19 different targeting. In other words, it didn't help
- 20 everyone equally. They would focus on certain groups but
- 21 not other groups, situations where folks would target only,
- 22 you know, trying to do outreach to folks that were pregnant

- 1 in the first and second trimester but not in the third
- 2 trimester. So, I mean, that's why some states I think have
- 3 been cautious about how to engage the plans in a way that,
- 4 you know, while I don't think anybody would just naturally
- 5 go there, but, you know, depending on what are some of the
- 6 incentives that maybe someone deep within an organization
- 7 may make bad decisions, so you have to figure out how you
- 8 can get them engaged in a way that keeps that balance. And
- 9 I think some folks have found ways to do that. I think
- 10 that's a continuing improvement. They're doing it
- 11 methodically, not just, you know, inviting them in.
- 12 CHAIR BELLA: Okay. Any last comments?
- 13 [No response.]
- 14 CHAIR BELLA: All right. I want to thank all of
- 15 you again for the work. Something that really jumped out
- 16 at me was really the examples with Michigan and Louisiana,
- 17 and understanding sort of what the impetus was there, and
- 18 how do we spread that, tactical steps for other states, you
- 19 know, not just sort of conceptual steps, but also anything
- 20 where we can always be showing if there's an administrative
- 21 savings for making some of these changes I think would be
- 22 really helpful. But, clearly, it sounds like particularly

- 1 in Michigan what they've done is making -- has made and is
- 2 making a real difference. And so that seems promising, and
- 3 so it would be great that we're going to be putting out an
- 4 issue brief on this.
- 5 Do you need anything else from us at this point?
- 6 I think you're hearing strong support for an issue brief
- 7 and ongoing interest. If there's a place for us to make
- 8 recommendations and ongoing issues in this topic, it feels
- 9 like right now our biggest contribution is in the issue
- 10 brief though. But is there anything else you need from us
- 11 before we conclude?
- MS. HUSON: I don't think so. Thank you.
- 13 CHAIR BELLA: Okay. Great. And, Sean, thank
- 14 you. Thank you for joining us and thank you again for your
- 15 work.
- MR. DRYDEN: Thanks. It was great to be a part
- 17 of this.
- 18 CHAIR BELLA: Thank you. We are going to wrap up
- 19 and move into the next discussion, please. I would just
- 20 ask Commissioners to remember that when you're finished
- 21 speaking, if you could please put yourself on mute. I can
- 22 sort of see who has background noise, and I won't be afraid

- 1 to mute you. But I don't want anyone to be surprised if
- 2 that happens. So thank you in advance for that.
- We are going into a session where we're going to
- 4 talk about something that is also of great interest and
- 5 sort of very top of mind for all of us right now, which is
- 6 churn and continuous coverage, and Rob and Linn are joining
- 7 us.
- 8 Linn, welcome. I think this might be the first
- 9 time we've heard from you, so welcome. We're excited to
- 10 hear what you guys have to say. So I will turn it over to
- 11 you to get us started, and we'll listen to your
- 12 presentation, and then we'll have plenty of discussion, I'm
- 13 sure. It's all yours.
- 14 ### ASSOCIATIONS BETWEEN STATE ELIGIBILITY PROCESSES
- 15 AND RATES OF CHURN AND CONTINUOUS COVERAGE
- 16 * MX. JENNINGS: Thank you so much and good
- 17 afternoon, Commissioners. Rob and I are here to discuss
- 18 the findings from our analyses on the association between
- 19 state eligibility processes and rates of churn and
- 20 continuous coverage. So today I'll begin with some
- 21 background on the phenomenon of churn, and I'll summarize
- 22 our results on national rates of churn and continuous

- 1 coverage based on our analysis of new T-MSIS data from
- 2 2018. Then I'll turn it over to Rob to discuss state-level
- 3 variation that we observed related to the policy
- 4 differences that are listed on this slide, and the
- 5 implications of these findings for the Commission's future
- 6 work in this area.
- 7 Next slide.
- 8 So, this presentation continues the Commission's
- 9 prior work on eligibility and enrollment processes, which
- 10 is focused on ways to accurately determine eligibility
- 11 without creating unnecessary administrative tasks or
- 12 barriers to enrollment for eligible individuals. One topic
- 13 of particular concern is the phenomenon of churn, which
- 14 refers to beneficiaries who disenroll from Medicaid and
- 15 CHIP and then re-enroll in the program within a short
- 16 amount of time, and this is also more common in Medicaid
- 17 and CHIP than other types of health insurance.
- 18 Churn can occur when beneficiaries experience
- 19 income fluctuations that can make them ineligible for a
- 20 short period of time, and it can also be an indicator of
- 21 potential administrative burdens that disrupt coverage for
- 22 beneficiaries who would otherwise continue to meet income

- 1 and other eligibility. And these disruptions in coverage
- 2 result in unnecessary administrative costs for states and
- 3 delays in care for beneficiaries, which may increase health
- 4 costs in the long run.
- 5 Next slide.
- In this project we looked at three state
- 7 eligibility and enrollment processes that have the
- 8 potential to affect churn and continuity of coverage.
- 9 First, we looked at 12-month continuous eligibility, which
- 10 has long been the state option for children. Currently
- 11 there are 23 states that have implemented this policy in
- 12 Medicaid and 25 states that have implemented it in CHIP.
- 13 Second, we looked at the effects of some of the
- 14 changes made by the Affordable Care Act to streamline
- 15 eligibility processes for beneficiaries under age 65
- 16 without disabilities whose income is determined based on
- 17 modified adjusted gross income, or MAGI. For MAGI
- 18 eligibility groups, current regulations require that states
- 19 conduct renewals no more than once every 12 months, and
- 20 that when they do so, they attempt to confirm eligibility
- 21 with electronic sources before requesting additional
- 22 information, and this process is known as ex parte or

- 1 administrative renewal.
- 2 Although states are required to implement the use
- 3 of automated renewal, there is variation by state, and as
- 4 of January 2020, the share of renewals that were automated
- 5 ranged from less than 25 percent in 11 states to more than
- 6 75 percent in 9 states.
- 7 Third, we looked at mid-year determinations. The
- 8 ACA requirement to conduct renewals for MAGI eligibility
- 9 groups not more than once every 12 months is different from
- 10 12-month continuous eligibility, and that states may
- 11 redetermine eligibility in the event of a mid-year change
- 12 in circumstance. And as of January 2020, 30 states are
- 13 proactively conducting data matches with quarterly wage
- 14 data and other sources to identify potential changes in
- 15 circumstance.
- 16 Beneficiaries are notified of these potential
- 17 changes and then can be disenrolled if they don't provide
- 18 additional income verification within a specified time
- 19 frame. Unlike annual renewals where beneficiaries are
- 20 required to have up to 30 days to respond, states are only
- 21 required to provide a minimum of 10 days' notice to respond
- 22 to patient changes in circumstances.

- 1 Next slide.
- 2 So, for our project to calculate rates of churn
- 3 and continuous coverage, we contracted with Mathematica to
- 4 examine enrollment data from T-MSIS. We examined
- 5 enrollment data from 2018 and then used data from 2017 to
- 6 2019 to allow us to look at enrollment spans across those
- 7 three years. I want to note that these data are from
- 8 before the COVID-19 public health emergency which included
- 9 a maintenance of effort of continuous eligibility
- 10 provision, and the most recent -- more recent data are not
- 11 yet available, so we can't provide estimates of churn or
- 12 continuous coverage during that time period.
- Our analysis then focused on beneficiaries who
- 14 were only enrolled in one state, and we excluded those
- 15 enrolled in multiple, which amounts to about 6 percent of
- 16 the total enrollees that were otherwise in our study
- 17 states. And we also excluded beneficiaries with partial
- 18 Medicaid benefits.
- 19 For the overall analysis, we included 42 states
- 20 and D.C. that had usable data, and of those, 26 states also
- 21 had reliable race and ethnicity data so that we could use
- 22 those to examine racial and ethnic disparities.

- 1 Next slide.
- 2 And so this table shows our national results for
- 3 rates of churn and continuous coverage from 2018 and the
- 4 rates by eligibility group. So, in the table, 72.1 million
- 5 were included in our total study, and of those, 21 percent
- 6 disenrolled. And then of the 72.1 million, 8 percent
- 7 experienced churn and disenrolled in 2018 and then re-
- 8 enrolled within 12 months.
- 9 We also looked at different eligibility groups,
- 10 and we found that overall adults without disabilities were
- 11 more likely to churn at 9 percent and then adults age 65
- 12 and older were least likely to churn, and adults with
- 13 disabilities as well, both at 3 percent. And remember you
- 14 also have additional information about rates of churn by
- 15 eligibility group and race and ethnicity that aren't
- 16 included in this table.
- For example, we found that children enrolled in
- 18 separate CHIP had higher rates of churn than those enrolled
- 19 in Medicaid, and that rates of churn were higher for black
- 20 and Hispanic beneficiaries compared to white beneficiaries.
- In addition to churn rate, we also looked at
- 22 average length of coverage for beneficiaries and found

- 1 that, on average, enrollees had about 11.6 months of
- 2 continuous coverage, and this estimate is higher than
- 3 previous estimates that otherwise suggested that Medicaid
- 4 enrollees only had about 10 months continuous coverage.
- 5 These previous studies are different from ours in that they
- 6 used data that predate the ACA and that they only used one
- 7 year of data to calculate enrollment spans and don't
- 8 account for enrollment spans that spread across calendar
- 9 years.
- 10 I'm going to turn it over to Rob who will talk
- 11 about variations in state results related to policy
- 12 differences and future work.
- 13 * MR. NELB: Thanks, Linn. So, behind these
- 14 national averages, we observed wide variation in rates of
- 15 churn and continuous coverage by state, and on the slides
- 16 that follow, I'll discuss the extent to which some of the
- 17 policies that we examined may help explain some of the
- 18 state-level differences.
- 19 So first, starting with continuous eligibility,
- 20 this table shows rates of continuous coverage insurance for
- 21 children enrolled in Medicaid in states with 12-month
- 22 continuous eligibility and states without the policy. In

- 1 your memo, you have additional information about the
- 2 similar results that we observed for children enrolled in
- 3 separate CHIP programs.
- 4 You'll see in the first row that we found that
- 5 2.8 percent of children in states with 12-month continuous
- 6 eligibility were enrolled for fewer than 12 months, which
- 7 is about one-third lower than the rate we observed in
- 8 states without 12-month continuous eligibility.
- 9 This rate isn't quite 0 percent because, although
- 10 continuous eligibility helps prevent coverage loss due to a
- 11 change in family income, children can still lose coverage
- 12 if they age out of the program or if their families don't
- 13 pay the required premiums.
- Next, we found a small but still positive effect
- 15 of continuous eligibility on increasing the average length
- 16 of coverage for children. This statistic is important to
- 17 keep in mind when estimating the potential costs of
- 18 policies to expand continuous eligibility. As Linn
- 19 mentioned, the average lengths of coverage that we observed
- 20 in our study were a bit larger than previous analyses of
- 21 this issue. One of the implications of this finding is
- 22 that our study suggests that the costs of expanding

- 1 continuous eligibility may be lower than previously
- 2 estimated.
- Finally, looking at churn, we found that the
- 4 average share of beneficiaries who disenroll and re-
- 5 enrolled within 12 months was lower in states with 12-month
- 6 continuous eligibility compared to states without this
- 7 policy.
- 8 So, this next table provides similar findings
- 9 looking at states with and without mid-year data checks for
- 10 changes in circumstances. In your materials, you have
- 11 information about how these coverage statistics vary for
- 12 all full-benefit Medicaid enrollees, and in this table
- 13 we're presenting the results for adults enrolled in MAGI
- 14 eligibility groups who are mostly likely to be affected by
- 15 this policy.
- Overall, we found that 14.5 percent of adults in
- 17 states with mid-year data checks disenrolled with fewer
- 18 than 12 months of coverage, which was higher than the rate
- 19 in states without mid-year data checks. Similarly, we
- 20 found that adults in states with mid-year data checks had
- 21 shorter lengths of coverage on average.
- 22 And, finally, perhaps most interestingly, we

- 1 found higher rates of churn for adults in states with
- 2 midyear data checks for changes in circumstances compared
- 3 to adults in states without this policy.
- 4 From our data, we're not able to tell whether
- 5 these individuals who churn had temporary income changes
- 6 that they made them ineligible for the program or not, but
- 7 it's also possible that some of these individuals churning
- 8 may have faced administrative barriers and remained
- 9 eligible but weren't able to submit the paperwork in time.
- 10 As Linn mentioned, states often provide a shorter
- 11 period of time to respond to notice about changes in
- 12 circumstances than they do to respond to notices about the
- 13 annual renewals.
- 14 Finally, this last figure looks at automated
- 15 renewals, and we found that greater use of automated or ex
- 16 parte renewal processes was associated with lower rates of
- 17 churn. This figure shows that our findings for all full
- 18 benefit Medicaid enrollees, and in your materials, you have
- 19 additional information about how these rates vary by
- 20 eligibility group.
- 21 Overall, we found a larger potential effect of
- 22 automated renewal for MAGI eligibility groups, adults and

- 1 children, and a lower potential effect of automated renewal
- 2 for non-MAGI eligibility groups, those individuals over age
- 3 65 and those eligible on the basis of a disability.
- 4 For these non-MAGI eligibility groups, states
- 5 often require asset tests or other eligibility requirements
- 6 that may be more difficult to automate.
- 7 So, we hope that this analysis is helpful for you
- 8 as you think about a future direction for our work in this
- 9 area. First, I want to point out a few limitations.
- 10 First, the associations that we observed do not
- 11 necessarily imply causation, and there may be other factors
- 12 that we didn't examine that also help explain some of the
- 13 state variation.
- Second, from T-MSIS alone, we can't tell whether
- 15 beneficiaries who disenrolled transitioned to other sources
- of coverage or became uninsured. MACPAC's prior analyses
- 17 using survey data from the Census suggests that most
- 18 beneficiaries losing Medicaid coverage do become uninsured,
- 19 but more research into this area is needed.
- To help address this data gap, we're currently
- 21 exploring whether it's possible to link T-MSIS with federal
- 22 exchange data to better examine transitions in coverage

- 1 between public programs.
- 2 So, we look forward to hear feedback today on how
- 3 the findings from this analyses can help inform your future
- 4 work on eligibility and program integrity policies. This
- 5 slide highlights a number of potential areas for future
- 6 work that are discussed further in your memo.
- 7 Regarding the first option here about continuous
- 8 eligibility policies, it's important to note that Congress
- 9 is currently considering several policies in this area.
- 10 Most notably, in the current reconciliation bill, there's a
- 11 proposal to require 12-month continuous eligibility for
- 12 children. It's obviously too early to tell how this policy
- 13 may change in the legislative process, but we'll continue
- 14 to monitor it and keep it in mind as we consider our future
- 15 work in this area.
- So that concludes our presentation for today.
- 17 Linn and I are happy to answer any questions you may have,
- 18 but mostly, we'll aim to be good listeners and hear your
- 19 feedback about the direction you want to take this work.
- Thanks.
- 21 CHAIR BELLA: Thank you very much.
- I'll start out with just one comment, which is if

- 1 I had a magic wand, I would love for this data to be able
- 2 to be linked to utilization and quality data so that we
- 3 could make a case about the correlation or the relationship
- 4 with continuity of coverage and actually reducing
- 5 expenditures as people churn on and come back off and
- 6 experience utilization bursts, perhaps when they're coming
- 7 back on. I don't think we can do that, but I'll just put
- 8 that on a wish list maybe that we could be driving towards
- 9 sometime.
- 10 And, Kisha, I'll ask, do you want to make any
- 11 comments in that regard? Because I think quality was of
- 12 top of mind for you too in this one.
- 13 VICE CHAIR DAVIS: Yeah. I think you just read
- 14 my mind, Melanie. A big plus one on that, you know, really
- 15 to be able to link are patient seeing different outcomes,
- 16 you know, is there a way to look and see ED utilization and
- 17 bounce-backs as that relates to churn on and off, I think
- 18 is really, really important.
- 19 You know, one of the big benefits that I saw for
- 20 this work -- and it seems like such a simple thing, but
- 21 apparently, it wasn't -- of being able to look beyond just
- 22 here and really being able to show that folks actually do

- 1 have more continuous enrollment than we thought, and so I
- 2 think that's something that we really want to highlight,
- 3 especially as we're looking at what the potential costs are
- 4 in advocating for continuous eligibility, that people are
- 5 on almost a year already, and so that really changes that
- 6 cost equation.
- 7 CHAIR BELLA: Thank you, Kisha.
- I saw Martha, and I know I missed a few other
- 9 hands. Tricia, Toby, Heidi. Okay. Let's get started with
- 10 Martha, and then we'll go from there.
- 11 COMMISSIONER CARTER: Well, thanks. I think I
- 12 can focus this question.
- I had a conversation with a local hospital
- 14 administrator. They have a 3.7 ASAM system-level substance
- 15 use disorder program, and their concern was about access to
- 16 continuous coverage and getting people reenrolled quickly.
- 17 And I think there's a corollary question here about
- 18 presumptive eligibility, because when you're doing
- 19 substance use disorder programming, you want to be there
- 20 when the person is ready.
- So, this program was having difficulty getting
- 22 access to presumptive eligibility 24/7. Somebody comes in,

- 1 in crisis in the middle of the night, and they can't verify
- 2 that. They have to turn that person away until the next
- 3 day, which is not what you want to do with somebody in a
- 4 substance use disorder program.
- 5 So, I think there are clinical implications for
- 6 people dropping coverage, and I think that also one of the
- 7 questions is how quickly and how easily are people getting
- 8 back on, and what needs to happen for programs like this
- 9 inpatient SUD program to make it easy for them to get
- 10 people back in coverage and in the treatment that they
- 11 need?
- 12 That's a rambling question. That's not really
- 13 the question but sort of an issue I want to highlight
- 14 that's connected to this.
- 15 CHAIR BELLA: It's on your wish list, Martha.
- Do you guys have any comments on that, or do you
- 17 want to take that comment as part of we think about other
- 18 areas we can --
- 19 MR. NELB: Yeah. I mean, I think your comments
- 20 of wanting to understand the health impacts of churn,
- 21 continuous coverage is really important.
- I will say we are exploring the extent to which

- 1 we can use T-MSIS data to look at utilization-based
- 2 measures of quality. So perhaps we may be able to look at
- 3 something like ED utilization. It's harder to look at
- 4 other measures of quality, perhaps folks with substance use
- 5 disorder or diabetes management or something that isn't in
- 6 T-MSIS, but we'll keep an eye out and sort of keep those
- 7 comments top of mind.
- 8 COMMISSIONER CARTER: Rob, how about how quickly
- 9 people get back on?
- 10 MR. NELB: Yeah. We kind of looked at for those
- 11 individuals who churned, how quickly they came back on.
- 12 There are a large number that come back on within three
- 13 months or so, and then others do take a longer period of
- 14 time. We can take a closer look at the characteristics of
- 15 those individuals and think about how it's happening.
- 16 With the T-MSIS data, it's a little hard to tell
- 17 exactly how retroactive eligibility is being counted or
- 18 not. So, anyway, for some of these individuals that may
- 19 look like a short gap in coverage, the administrative data,
- 20 you know, it could still be a barrier to access to care.
- 21 So, it's something to keep in mind.
- 22 COMMISSIONER CARTER: Thanks.

- 1 CHAIR BELLA: Thank you.
- 2 Tricia, then Toby, then Heidi, then Laura, then
- 3 Fred.
- 4 COMMISSIONER BROOKS: Rob, I want to thank you so
- 5 much. I am really excited about your findings in terms of
- 6 most groups having longer periods of continuous coverage
- 7 than had been previously thought and in particular that you
- 8 guys used Mathematica for this because I think they got the
- 9 most experience with T-MSIS dataset in terms of looking at
- 10 the quality issues in T-MSIS for CMS. I think they have
- 11 the best ideas about how you would actually model this
- 12 work, and I hope that this work gets out there quickly and
- 13 can help inform the Congressional Budget Office on scoring
- 14 12-month continuous eligibility because that has had a very
- 15 high price tag on it previously.
- I do want to call attention to just a couple of
- 17 things that I feel reflect some inequity between Medicaid
- 18 and CHIP and putting Medicaid at the disadvantage.
- So, first of all, of the states that actually
- 20 provide 12-month continuous eligibility for all children,
- 21 there are six states that provided in CHIP only and another
- 22 three that provided for all kids in CHIP but just children

- 1 under a certain age threshold in Medicaid. Arguably, I
- 2 think our lowest-income children should get as many
- 3 protections as they can, and we already have in regs that
- 4 you can't favor higher-income children in CHIP over lower-
- 5 income children, but there's nothing that says you can't
- 6 favor higher-income kids in CHIP over Medicaid. And,
- 7 indeed, that happens.
- In fact, in CHIP, states are actually not even
- 9 required to require beneficiaries to report changes. The
- 10 way the regs read is that if the state chooses to have
- 11 families report changes, then they must tell them about the
- 12 procedures for doing that. So, it's another area where you
- 13 see that inequity between Medicaid and CHIP.
- 14 Lastly, I will say -- and then I have one
- 15 question -- that there are a handful of states that are
- 16 interested in multiyear continuous eligibility for young
- 17 children, and in fact, I think we'll see an 1115 waiver
- 18 request from the state of Washington perhaps to be the
- 19 first out of the gate on this, and in particular, we know
- 20 how important those first few years of life are in terms of
- 21 getting a healthy start. You combine that with postpartum
- 22 coverage, and I think we've got some really positive steps

- 1 that could be made.
- 2 So, I would encourage us to think about in the
- 3 future when we're making recommendations to Congress that
- 4 we equalize these issues between Medicaid and CHIP and that
- 5 kids in CHIP should not be treated any better than kids in
- 6 Medicaid, and that preferably, it would be great to have a
- 7 SPA option for states to use multiyear continuous
- 8 eligibility, either for all children or at least for our
- 9 youngest children. So, it's another area I hope we'll
- 10 continue to pursue and think about as we make
- 11 recommendations.
- 12 Oh, and I had one question back on Slide 6. I
- 13 just want to clarify the data, if you can jump back there.
- 14 Hard to go backwards.
- MR. NELB: There we go.
- 16 COMMISSIONER BROOKS: Okay. Thank you.
- So, when you look at the fourth column, the
- 18 shared beneficiaries who reenrolled, I just want to make
- 19 sure that it's 8 percent of the total beneficiaries and not
- 20 8 percent of those that were disenrolled. Could you just
- 21 clarify that?
- MR. NELB: Correct, yeah. The denominator here

- 1 is the 72.1 million, so 8 percent of the total.
- 2 COMMISSIONER BROOKS: Great. Thank you.
- 3 MR. NELB: Yeah.
- 4 CHAIR BELLA: Okay. Thank you, Tricia.
- 5 Toby and then Heidi.
- 6 COMMISSIONER DOUGLAS: First, great work, and I
- 7 think back to my days as a Medicaid director. This would be
- 8 wonderful information to have as well as it just shows a
- 9 lot of the changes from the ACA, the impact, so just
- 10 really, really good work.
- 11 A quick question on the CHIP, the stand-alone
- 12 CHIP, to make sure I understand. I can't remember which
- 13 slide it was, but on fewer than 12 months of continuous
- 14 coverage. Is the reason the main driver why stand-alone
- 15 CHIP has got a higher share -- is that from the premiums?
- 16 Is that what's driving it is that they're not paying their
- 17 premiums?
- 18 MR. NELB: Yeah. So, let's see. The data was in
- 19 your memo but not on the slides.
- 20 COMMISSIONER DOUGLAS: Oh, okay. I'm sorry.
- MR. NELB: But, anyway, yeah. We did find higher
- 22 rates of churn in states with separate CHIP.

- 1 COMMISSIONER DOUGLAS: So, I quess this is just
- 2 another question, and I guess it's where you stand. But
- 3 the value of these premiums, especially as we're seeing the
- 4 continuous coverage of -- and, you know, Tricia is talking
- 5 about another inequity. So, you have stand-alone CHIP
- 6 versus Medicaid CHIP. So that the kids who are in Medicaid
- 7 are not paying premiums. Those in stand-alone CHIP are.
- 8 We're seeing differences in continuous coverage. What's
- 9 the value of those premiums versus the impact on outcomes
- 10 versus administration? There's a lot of things going on
- 11 there that we could untangle, but I think there has been a
- 12 longstanding view that premiums are part of the value
- 13 equation of getting health care coverage and why CHIP did
- 14 that, but I just wonder if we need to reassess some of
- 15 these things and look at what continuous coverage can do.
- 16 So that's my soapbox on that.
- 17 EXECUTIVE DIRECTOR SCHWARTZ: Can I just ask a
- 18 clarifying question? That's a potential answer, right,
- 19 Rob? We don't know for sure. So, if we wanted to really
- 20 look at the share of churn that's related to different
- 21 things, we would have to do a different kind of study. So,
- 22 it's a presumption on our part regarding --

- 1 COMMISSIONER DOUGLAS: Say more on what would be
- 2 the other -- and I guess we could look at -- can't you guys
- 3 look at the administrative reasons why they were
- 4 disenrolled during that period of time?
- 5 MR. NELB: So, in T-MSIS, we're just looking at
- 6 whether or not they were disenrolled or not, and then we
- 7 kind of have to infer the reasons. We can look at various
- 8 policies, and so we looked at the three here in this study,
- 9 but we could look at states with premiums in CHIP versus
- 10 those without. But there may be other reasons. For
- 11 example, perhaps higher-income individuals have more income
- 12 fluctuation to the income limits have a more narrow band in
- 13 CHIP than they do in Medicaid, and they can get to the
- 14 higher rates.
- 15 COMMISSIONER DOUGLAS: Yeah. I quess the
- 16 question is why we only see it on the other Medicaid side.
- 17 Yeah.
- 18 Is anything pulling aside the Medicaid, those
- 19 that you're characterizing as Medicaid of those that are
- 20 actually being funded through Medicaid CHIP? What's the
- 21 difference there? At least look at that.
- MR. NELB: Yeah, yeah. We can look at the

- 1 Medicaid CHIP separate, yeah, and can do further -- look
- 2 into premiums if there's interest.
- 3 CHAIR BELLA: Okay. Thank you, Toby.
- 4 Heidi, then Laura, then Fred, then Bob.
- 5 COMMISSIONER ALLEN: Thank you, Linn and Robert.
- 6 This is really cool, and I love seeing the T-MSIS data
- 7 used. I'm excited to what this can offer us in the future.
- I kind of want to return to your point, Robert,
- 9 about retroactive coverage. While retroactive coverage is
- 10 great for protecting people from financial arm that they
- 11 may have incurred while insured and making sure that
- 12 providers get paid, it's also a period of that time when
- 13 people don't know that they're covered. And so you would
- 14 expect less utilization and less benefit from that period
- 15 of time, and so, if there's any way to tease that out --
- 16 and there just may not be, but if there is, I do think that
- 17 that's worth doing.
- And then I just want to point out, it's Table 4
- 19 in the documents that we were sent in the report, but I'm
- 20 not sure what slide it is. But it makes me question the
- 21 utility of maybe your checks when you see higher
- 22 disenrollment and higher reenrollment within 12 months. If

- 1 you didn't see the higher reenrollment in 12 months, then
- 2 what you would figure is that they're just catching people
- 3 who no longer need Medicaid and are no longer income-
- 4 eligible. But, when you see that increase in reenrollment
- 5 in less than 12 months, that tells you that people are
- 6 disenrolling probably unnecessarily, and that that's an
- 7 administrative cost, both the check and the reenrollment
- 8 that may not be worth doing when you look at the data.
- 9 Thanks.
- 10 CHAIR BELLA: Thank you, Heidi.
- 11 Laura?
- 12 COMMISSIONER HERRERA SCOTT: Hi. My question is,
- 13 on one of the slides, you shared that 26 of the states had
- 14 race and ethnicity data, and I didn't know if you had
- 15 looked at that at all in the churn. Are there any
- 16 disparities across states where that data was available?
- MR. NELB: Yeah. Let's see. So, of the states
- 18 that had complete eligibility data, 26 also had complete
- 19 race and ethnicity data.
- 20 For this analysis, we just sort of looked at it
- 21 nationally because we didn't have as many states, and we
- 22 did find higher rates of churn among African Americans and

- 1 Latino beneficiaries. But we can explore whether we can
- 2 look further at those disparities by state.
- 3 CHAIR BELLA: That would be great to take a look
- 4 at that. Thank you, Laura, for that question. Fred and
- 5 then Bob.
- 6 COMMISSIONER CERISE: Yeah, and thanks, Rob.
- 7 This is great. Both Tricia and Martha kind of touched on
- 8 my question, and I'll just restate it and emphasize it. As
- 9 you look at -- one of the policy options you suggested was
- 10 perhaps looking at both the year eligibility and you go
- 11 beyond one-year continuous eligibility. You know, for
- 12 certain populations, that may be something worth looking
- 13 at. Martha talked about substance use. Tricia talked
- 14 about young children. And for those categories where you
- 15 know there's going to be ongoing utilization, and maybe
- 16 it's behavioral health, maybe it's chronic disease like
- 17 asthma or something like that, as we look at that option,
- 18 you know, there's nothing magic about one year. Or if
- 19 there are populations where it makes sense to give states
- 20 that option, I guess it would be something worth thinking
- 21 about.
- 22 CHAIR BELLA: Thank you, Fred. Bob?

- 1 COMMISSIONER DUNCAN: Thank you, and, again, Rob
- 2 and Linn, thank you so much for the work.
- 3 Melanie and Kisha, you touched a little bit on
- 4 one item I had: how we can get to the health outcomes and
- 5 the costs and expense associated with that. I know it's a
- 6 magic wand, but I will let you know I'm aware of a report
- 7 that the Association for Community Affiliated Plans has put
- 8 together that kind of measures pediatric specialty and
- 9 continuous eligibility, so I can send that to the group
- 10 afterwards.
- But Heidi touched on the other component of this.
- 12 As we think about the costs associated particularly with
- 13 those mid-year, the administrative burden, I mean, we just
- 14 spent a session talking about all the modalities of having
- 15 to reach the members and the difficulty in that and just
- 16 the costs associated with that administration both from the
- 17 state and the HMO's standpoint, I have to imagine there
- 18 would be significant savings there as well as improved
- 19 health outcomes. Is there a way we can quantify that?
- 20 MR. NELB: We can certainly explore it. It's
- 21 hard to really get good data on -- we have information on
- 22 how much states spend on their eligibility systems overall,

- 1 but it's hard to attribute that to particular cases. But
- 2 we can certainly think they're getting information about --
- 3 you know, there may be some case-by-case information we can
- 4 get to shed some light into the tradeoffs there that you
- 5 note.
- 6 CHAIR BELLA: All right. We're going to go to
- 7 public comment in just a second. Are there any other
- 8 Commissioners that have comments?
- 9 COMMISSIONER HEAPHY: Yeah, this is Dennis. I
- 10 had highlights all over your section, but I'm going to
- 11 stick to a dream, I guess, and that is, a significant
- 12 number of folks with disabilities don't seek employment
- 13 because they're afraid of losing Medicaid eligibility, and
- 14 folks do, actually, if they work, then they just in this
- 15 churn cycle and they lose their Medicaid and then they have
- 16 to get back on. And for health plans, we know this in the
- 17 dual space, that there's a lot of money invested in folks
- 18 that is lost due to churn and people lose either Medicaid
- 19 or Medicare. And so is there any way that we can do some
- 20 sort of proxy or understanding of how the churn does affect
- 21 administrative costs in Medicaid by looking at other data
- 22 from the world of MCOs or ACOs? Since most states use MCOs

- 1 or ACOs anyway, these populations, we gather information
- 2 from them?
- 3 MR. NELB: We certainly can explore different
- 4 data sources that are out there. I guess in terms of
- 5 understanding the overall costs, there's administrative
- 6 costs by states and plans they may save from reducing
- 7 churn, but there's also increased cost of, you know, paying
- 8 a capitation payment when someone becomes eligible. So, we
- 9 can explore what information is out there. We can also do
- 10 deeper dives on particular eligibility groups. We included
- 11 full-benefit duals in the analysis and can take a closer
- 12 look at them if there's interest.
- 13 COMMISSIONER HEAPHY: Just because it's not just
- 14 about the administrative costs. It also is about the
- 15 medical costs incurred. Someone brought up both for
- 16 substance use disorder but then folks that have ongoing
- 17 treatment, as you said, I think it was diabetes, ongoing
- 18 services that people require, and once that's lost, if you
- 19 get back on, it's like starting all over again. This is a
- 20 huge issue. So thank you, guys.
- 21 CHAIR BELLA: All right. Why don't we go and see
- 22 if we have public comment, and then we'll close out on this

- 1 session with a few closing thoughts.
- 2 We are going to welcome the folks in the audience
- 3 to make comments on either of the sessions that we've had
- 4 to date. If you would like to make a comment, please do so
- 5 by hitting the indicator on your panel, and we will
- 6 recognize you. I would ask that you introduce yourself and
- 7 the organization that you're representing, and I would also
- 8 remind folks that we have a three-minute public comment
- 9 period, so I'll ask you to keep your comments to three
- 10 minutes or less, please.
- I don't see any hands, but we'll give it a
- 12 minute.
- 13 All right. Great. It looks like we have Kelly.
- 14 Welcome, Kelly.
- 15 ### PUBLIC COMMENT
- 16 * MS. HUGHES: Kelly, you are self-muted. If you'd
- 17 just click the microphone icon to unmute your line.
- MS. WHITENER: Can you hear me now?
- 19 CHAIR BELLA: Yes.
- MS. HUGHES: Yes.
- MS. WHITENER: Excellent. Thank you. Sorry.
- 22 I'm not very familiar with GoToMeeting, so that was a

- 1 little bit of a struggle. Thank you for public comment.
- 2 I'm Kelly Whitener from Georgetown University Center for
- 3 Children and Families, and this was a really excellent
- 4 session. It's something we've spent a fair amount of time
- 5 looking into, but you guys got a lot further and had a lot
- 6 more interesting data than we were able to dig up on our
- 7 own, so thank you for that.
- 8 I noted that in the presentation from Linn and
- 9 some of the discussion that there's some recent ethnicity
- 10 data that's part of the Commissioners' materials but not
- 11 part of the public-facing slides, so I'd just like to put
- 12 in a plug to please issue that information in a public-
- 13 facing way as well. It would really help inform some of
- 14 our work, particularly for Latino children.
- 15 And that is all. Thank you very much.
- 16 CHAIR BELLA: Thank you, Kelly.
- MS. HUGHES: Nataki, I have unmuted your line, so
- 18 you can just unmute yourself.
- 19 MS. MacMURRAY: Great. Good afternoon, everyone.
- 20 Thank you so much for the work that you've done. I did put
- 21 a couple of questions in the chat, but I had to step away
- 22 for a few minutes. I'm not sure if they were addressed or

- 1 not. But I had asked questions about do we know anything
- 2 about -- especially for the first presentation, do we know
- 3 anything about kind of the reasons how people are eligible
- 4 for Medicaid and how that may tie into or be associated
- 5 with whatever issues or challenges that they may have had
- 6 in applying for enrollment or re-enrollment? And as an
- 7 example, whether or not we know the current population or
- 8 the beneficiary population were applying because of mental
- 9 health or substance use disorders or if they had a chronic
- 10 condition such as diabetes or hypertension or anything --
- 11 any other kind of information that would give us a sense of
- 12 maybe why the process to enroll or re-enroll may have been
- 13 more challenging or not more challenging for them?
- 14 Anything that we can associate?
- 15 CHAIR BELLA: All right. Rob and Linn, do you
- 16 have any comments to address that?
- MR. NELB: I don't, but we can take it back to
- 18 our colleagues that worked on that previous study and make
- 19 sure to address some of those issues in that issue brief
- 20 that we publish based on the focus groups.
- 21 EXECUTIVE DIRECTOR SCHWARTZ: Can I just add
- 22 that, you know, these are based on administrative data, and

- 1 we don't have personal reasons for enrollment. We just
- 2 have a determination of eligibility and enrollment. We
- 3 don't have other details on their reasons.
- 4 CHAIR BELLA: Sorry, Rob. You got put on the
- 5 spot there because you're the last one standing.
- 6 MR. NELB: No, it's okay. In T-MSIS, as I
- 7 mentioned before, we don't have the reasons for enrollment
- 8 or disenrollment.
- 9 CHAIR BELLA: All right. It looks like we have
- 10 two more folks that would like to make comments.
- 11 MS. HUGHES: Erin, I've unmuted your line. If
- 12 you'd like to unmute your own line on your side, make your
- 13 comment.
- MS. BRANTLEY: Hi, can you hear me?
- 15 CHAIR BELLA: Yes.
- MS. BRANTLEY: This is Erin Brantley from George
- 17 Washington University, and I've done work on this area with
- 18 Leighton Ku. I just have a clarifying question. This page
- 19 6, I'm really struck by the precise similarity across kids
- 20 and adults and the elderly in the average length of
- 21 coverage. And then if you look at the share of
- 22 beneficiaries who disenrolled, that's really wide

- 1 variation, more likely probably would expect, like a lot of
- 2 adults are jumping off and much fewer elderly. So, I'm
- 3 just wondering if Rob and Linn have insight into what's
- 4 going on there.
- 5 MR. NELB: Sure. So, we presented the length of
- 6 coverage statistics sort of in two different ways, in part
- 7 because some of those individuals who disenroll prior to 12
- 8 months, they maybe do so after having six months or more
- 9 coverage. So, I think sometimes the average length of
- 10 coverage statistic, you know, is higher for folks -- that
- 11 other statistic that we present of the percent of
- 12 individuals who disenroll less than 12 months is probably
- 13 the better measure of sort of the number of people who
- 14 would be affected by some of those continuous coverage
- 15 policies. I'm happy to follow up with you offline if you
- 16 have other questions about the data.
- 17 CHAIR BELLA: We have one person left, please.
- 18 MS. HUGHES: Kristen Golden Testa, you've been
- 19 unmuted.
- MS. TESTA: Hi. Can you all hear me?
- 21 CHAIR BELLA: Yes.
- MS. TESTA: This is Kristen Golden Testa. I'm

- 1 from California with the Children's Partnership, and I
- 2 really wanted to thank the Commission for putting together
- 3 this analysis and also for Tricia and Toby's comments
- 4 relating to multi-year coverage and looking at the utility
- 5 of premiums. In California, stakeholders are trying to
- 6 pursue this multi-year continuous coverage as well for
- 7 those zero to five and would greatly appreciate some
- 8 federal guidance and SPA would be perfect for us in
- 9 pursuing that.
- In our research, we're finding it is around 10
- 11 percent of the zero to five kids are churning on and off.
- 12 What we're struggling with is trying to figure out the
- 13 average amount of time that those individuals are losing
- 14 coverage as well as bolstering our premise and our
- 15 assumption that these children are still eligible based on
- 16 income, even though they are falling off. So, anything
- 17 along the lines of that type of research would be very
- 18 helpful.
- 19 CHAIR BELLA: Thank you, Kristen.
- 20 COMMISSIONER DOUGLAS: Hey, Kristen.
- MS. TESTA: Hi.
- 22 CHAIR BELLA: Okay. I'll give it just a second

- 1 to see if we have any more folks who would like to speak.
- 2 Could we put the last slide back up, the one that had the
- 3 policy for areas of potential next work?
- 4 The first one on there was continuous -- looking
- 5 at continuous eligibility. I think you're hearing strong
- 6 interest in looking at multi-year or continuous coverage.
- 7 First, before I go to that, I would say there are a few
- 8 data things I think we've asked you to go back and look at,
- 9 and you've heard us say we'd really like for you to be able
- 10 to do some things around outcomes and utilization with T-
- 11 MSIS. If we could go to the last slide that we had, that
- 12 would be wonderful. If not, that's fine.
- So, I think strong interest there. There seems
- 14 to be a lot of interest also, obviously, and the more that
- 15 you can tell us race and ethnicity lines, that's an
- 16 important thing we need to be applying to all of this.
- 17 Definitely heard interest in trying to get the word out to
- 18 CBO that this multi-year analysis may change the view
- 19 that's been held in the past, at least need some additional
- 20 information into the debate. We didn't talk much about the
- 21 program integrity issues. That isn't really something that
- 22 came up, so it doesn't feel like that's -- it's certainly

- 1 always important, but it feels to me that the predominance
- 2 of interest in this is kind of on the top half of this
- 3 slide, and the relationship between the notices in the
- 4 prior session and the work we're learning about
- 5 communication I think is a real opportunity as well.
- 6 So, all in all, I would say this is something
- 7 that we definitely have strong interest. You've laid the
- 8 groundwork very well today. Do you need anything else from
- 9 us at this time, Rob?
- MR. NELB: No. I think this is helpful. We'll
- 11 take your wish list of data requests to our partners and
- 12 see what information we can pull together on these topics.
- 13 We'll see from them, you know, exactly what the timing of
- 14 that is. Yeah, we'll try to -- we can definitely work with
- 15 you on those continuous eligibility options.
- 16 CHAIR BELLA: Okay. That sounds wonderful.
- 17 Well, thank you very much. We will conclude this session.
- 18 We are going to take a short break, a 15-minute break.
- 19 We'll come back at 3:30, please, and we will have a session
- 20 on the territories. So, thank you, everybody, and I'll see
- 21 you in 15 minutes.
- 22 * [Recess.]

- 1 CHAIR BELLA: Okay. We'll go ahead and get
- 2 started. Welcome, Kacey. Nice to see you. You know this
- 3 is a topic near and dear to our hearts, so we'll let you
- 4 jump right in when you're ready to go.
- 5 ### MEDICAID IN THE U.S. TERRITORIES: CONSIDERATIONS
- 6 FOR LONG-TERM FINANCING SOLUTIONS
- 7 * MS. BUDERI: Great. Thank you. So, in this
- 8 session we are going to be talking about the Medicaid
- 9 programs in the U.S. territories, and as Commissioners and
- 10 many others attending this meeting are aware, the
- 11 territories were facing a major reduction in federal
- 12 Medicaid funds, often referred to as a "Medicaid fiscal
- 13 cliff," slated to occur on October 1. However, since we
- 14 sent Commissioners' materials out, there have been some
- 15 major developments regarding the territories' federal
- 16 funding which makes the situation somewhat less dire than
- 17 described in your materials, and I'll be talking more about
- 18 that momentarily.
- So, I'll begin by reviewing background
- 20 information on the territories' Medicaid programs,
- 21 including their program structures and their financing
- 22 structure and their spending. I'll talk about the

- 1 territories' current financing situation, including the
- 2 arrangement currently in effect for FY2020 to FY2021, and
- 3 explain the recent developments I just referred to. Then
- 4 I'll turn to some of the solutions under consideration for
- 5 the longer term, including those that involve permanent
- 6 changes to the territories' financing arrangement to make
- 7 it more state-like, and I'll go through some of the design
- 8 considerations for those.
- 9 Territories are generally considered states for
- 10 the purposes of Medicaid unless otherwise specified, but
- 11 their Medicaid programs differ from states and from one
- 12 another in several important ways. Guam, Puerto Rico, and
- 13 the U.S. Virgin Islands have similar program structures as
- 14 states. The Northern Mariana Islands and American Samoa
- operate their programs under a 1902(j) waiver, which are
- 16 uniquely available to them and allow the Secretary to waive
- 17 almost any Medicaid requirement.
- Territories face a number of unique challenges
- 19 that affect their programs. For example, their remote
- 20 locations often result in high costs for certain items and
- 21 services. Additionally, they must frequently send patients
- 22 far off island, for example, to the mainland U.S. or even

- 1 to New Zealand for services not available locally.
- 2 For anyone looking to learn more about territory
- 3 Medicaid programs, we've provided a link on this slide to
- 4 our fact sheets for each territory.
- 5 The territory Medicaid programs operate on a
- 6 capped allotment financing structure. This means that
- 7 unlike the states, which can access an unlimited amount of
- 8 federal dollars at the applicable matching rate,
- 9 territories may only do so up to an annual cap, which is
- 10 specified in Section 1108(g) of the Social Security Act.
- 11 This is called the "Section 1108 cap" or "Section 1108
- 12 allotment." Moreover, the federal medical assistance
- 13 percentage, or FMAP, is specified in statute at 55 percent,
- 14 which is much lower than what territories would receive if
- 15 their FMAPs were determined through the same formula that's
- 16 used for states, which is largely based on per capita
- 17 income. This arrangement has historically been
- 18 insufficient to fund territory Medicaid programs, and as a
- 19 result, territories have had to rely on time-limited
- 20 increases in federal Medicaid funds.
- 21 Spending varies by territory, and detailed
- 22 spending information is included in your materials, and for

- 1 the public, the same information is in MACPAC's territory-
- 2 specific fact sheets.
- 3 Puerto Rico is by far the largest territory when
- 4 it comes to spending; however, spending per full-year
- 5 equivalent enrollee is substantially lower in every
- 6 territory than in each of the 50 states or D.C.
- With this slide, we can compare spending per
- 8 full-year equivalent enrollee in states versus the
- 9 territories, and so this is for fiscal year 2019. All the
- 10 way to the left over here, you have a box and whiskers
- 11 which shows where each of the 50 states and D.C. are, once
- 12 we backed out spending for long-term services and supports,
- 13 which the territories generally do not provide. So, the
- 14 lowest-spending state here spent about \$3,800; the median-
- 15 spending state spent about \$6,400; and then the highest-
- 16 spending state spent about \$9,700. And, again, that's
- 17 excluding LTSS spending.
- Over here you have territory spending per full-
- 19 year equivalent. The X's represent actual spending per
- 20 full-year equivalent in FY2019, which is a year where
- 21 territories had temporary additional federal funds
- 22 available to them at an enhanced matching rate. And the

- 1 triangles represent where spending would have been if
- 2 territories had been limited to their usual Section 1108
- 3 allotment for that year absent additional funds. And in an
- 4 example here, Guam, the highest-spending territory, spent
- 5 about \$3,300 per full-year equivalent enrollee, but without
- 6 the additional federal funds, its Section 1108 allotment
- 7 would have allowed it to spend just \$911 per full-year
- 8 equivalent enrollee. And you can compare that to what the
- 9 states are doing, less than a quarter of what the lowest-
- 10 spending state is doing and less than 10 percent of what
- 11 the highest-spending state is doing.
- 12 Congress has provided temporary increases in
- 13 federal funds and FMAPs on several prior occasions. Most
- 14 recently, through the Further Consolidated Appropriations
- 15 Act of 2020, Congress substantially raised each territory's
- 16 Section 1108 cap for fiscal years 2020 and 2021 and raised
- 17 the FMAPs for these fiscal years as well to 76 percent for
- 18 Puerto Rico and 83 percent for the other territories. And
- 19 then the Families First Coronavirus Response Act further
- 20 raised the allotments to help respond to COVID-19 and also
- 21 provided a 6.2-percentage-point FMAP bump during the public
- 22 health emergency, which was available to all states and

- 1 territories.
- 2 So now I'm going to touch on some of the late-
- 3 breaking developments regarding the allotments for fiscal
- 4 year 2022 and future years. So, Commissioners, in your
- 5 materials we noted that due to what appears to have been a
- 6 drafting error in making changes to Section 1108(g) to
- 7 provide temporary funding increases for FY2020 and 2021,
- 8 Congress changed the base years for calculating future
- 9 allotments for American Samoa, Northern Mariana Islands,
- 10 Guam, and the Virgin Islands. As of late last week, CMS
- 11 had notified Congress and the territories confirming that
- 12 it plans to interpret the language of Section 1108(g) in
- 13 such a way that uses FY2021 as the base year for
- 14 calculating these territories' Section 1108 allotments for
- 15 FY2022 and future years, and that uses FY2020 as the base
- 16 year for Puerto Rico. This interpretation of Section
- 17 1108(g) will raise the allotments to levels similar to
- 18 those in FY2020 and FY2021 plus the growth factor, in
- 19 perpetuity. However, there's some disagreement about
- 20 whether FY2020 should be used as the base year for Puerto
- 21 Rico.
- In any case, none of this affects the

- 1 territories' FMAP, so without congressional intervention,
- 2 FMAPs will revert to 55 percent.
- 3 This table shows the Section 1108 allotment
- 4 starting with FY2020, FY2021, and then it shows the FY2022
- 5 allotments based on the initial interpretation, which I
- 6 think most people were expecting, and then it shows the
- 7 FY2022 allotments which CMS has notified the territories of
- 8 and will be using based on the revised interpretation. So,
- 9 you can really see the difference here.
- 10 So earlier this week, following these new
- 11 developments Congress included in the continuing resolution
- 12 two provisions related to the issue: first, a temporary
- 13 extension of the current FMAP levels, so 76 percent for
- 14 Puerto Rico and 83 percent for other territories during the
- 15 CR, so through December 3rd. They also included language
- 16 directing the U.S. Government Accountability Office to
- 17 review CMS' interpretation of Section 1108. The extension
- 18 of the FMAP combined with the higher FY2022 allotment means
- 19 that the immediate threat of a fiscal cliff for the
- 20 territories is off the table for the moment.
- Now I'm going to turn to some of the decision
- 22 points and some of the discussions taking place for the

- 1 medium and longer term now that this fiscal cliff is off
- 2 the table for the moment. So, in the medium term, there
- 3 are some decision points -- first, the allotment levels.
- 4 The likelihood of Congress acting on this issue is still
- 5 unclear and may depend on the outcome of GAO's review. If
- 6 GAO agrees with CMS' interpretation allowing permanently
- 7 higher levels, Congress may accept those levels without
- 8 further action. If GAO does not agree with CMS'
- 9 interpretation, Congress may have more pressure to act and
- 10 may modify the allotments or act to clarify that the
- 11 increases are temporary. And, of course, Congress could
- 12 act to modify or make temporary the allotment levels or
- 13 both, as they see fit, regardless of what GAO decides.
- 14 Aside from the allotment issue is the FMAP issue
- 15 and whether to extend higher FMAP levels beyond the CR, at
- 16 which point the territories' FMAPs will revert to 55
- 17 percent. At a 55 percent FMAP level, some, if not all,
- 18 territories will struggle to draw down their full Section
- 19 1108 allotment due to limited local funds. This situation
- 20 could constrain resources just as much as a lack of federal
- 21 funds caused by a low Section 1108 allotment.
- 22 Additionally, there's the issue of program

- 1 improvement requirements and whether Congress would include
- 2 any of those, for example, as part of an FMAP solution or
- 3 change in allotment levels. For example, a requirement
- 4 that Puerto Rico implement an asset verification program
- 5 was part of the compromise bill providing temporary funding
- 6 to the territories, which passed the House Committee on
- 7 Energy and Commerce before CMS made this recent
- 8 announcement.
- 9 In the longer term, there are ongoing discussions
- 10 around a permanent change to the territories' financing
- 11 structure that would provide a transition to a more state-
- 12 like financing arrangement. A perennial issue in these
- 13 discussions is what kind of other reforms should accompany
- 14 changes in financing. These could range, for example, from
- 15 modest program improvements to a more broad expectation
- 16 that territory Medicaid programs become more aligned with
- 17 states. There are a number of considerations for lawmakers
- 18 contemplating such policies.
- 19 Several of these are related to the financing
- 20 structure. One is the Section 1108 allotment and whether
- 21 it should remain in place at the higher level and, if so,
- 22 how the appropriate level should be determined; or,

- 1 alternatively, if the Section 1108 allotment should be
- 2 removed entirely in favor of an open-ended financing
- 3 arrangement, which is what states have.
- 4 Another is the FMAP and whether it should remain
- 5 statutorily specified but perhaps set permanently at a
- 6 higher level or if it should be more removed from statute
- 7 and be determine based on the typical FMAP formula, and
- 8 then the timeline for any changes.
- 9 In terms of areas to align territory programs
- 10 with state programs, these could include requiring
- 11 territories to provide all mandatory benefits, cover all
- 12 mandatory eligibility groups, meet additional program
- 13 integrity requirements, and establish certain
- 14 administrative systems. Congress would need to consider
- 15 whether financing solutions and accompanying requirements
- 16 should be applied across all five territories or whether a
- 17 new policy should be customized to each territory based on
- 18 their unique circumstances.
- 19 Congress would also need to consider what
- 20 programmatic changes are desirable, appropriate, and
- 21 feasible for territories given factors such as territories'
- 22 health care infrastructure and delivery system, size of the

- 1 Medicaid program, and administrative capacity. For
- 2 example, although requiring territories to cover nursing
- 3 facilities along with all other mandatory Medicaid benefits
- 4 would be consistent with state Medicaid benefit packages,
- 5 doing so may not be feasible or desirable. These such
- 6 facilities exist in the territories, and building up
- 7 nursing facility infrastructure to provide these services
- 8 may be inconsistent with the policy goals to rebalance
- 9 delivery of long-term services and supports away from
- 10 institutions and towards home and community-based services.
- 11 The issue of whether to maintain American Samoa
- 12 and CNMI's 1902(j) waiver will also need to be weighed. If
- 13 it remains in place, any new requirements placed by
- 14 Congress would be superseded by the waiver unless
- 15 specifically carved out as exceptions.
- Again, Congress would need to consider the
- 17 timeline for changes and new requirements and what type of
- 18 implementation periods are reasonable. New requirements or
- 19 program changes may be accompanied by incentives or
- 20 penalties. For example, Congress could provide enhanced
- 21 FMAPs for certain activities, or it could impose FMAP
- 22 penalties for failure to meet requirements. And, finally,

- 1 when considering new requirements, the timeline for
- 2 compliance and any penalties for not complying in
- 3 accordance with the timeline, Congress might wish to
- 4 consider what flexibility is appropriate if territories
- 5 experience extenuating circumstances.
- 6 So as our next steps, we will continue to monitor
- 7 CMS and congressional action in the short term regarding
- 8 financing for FY2022 and future years. We'll also monitor
- 9 discussions around longer-term changes to the financing
- 10 structure as well as programmatic and administrative
- 11 requirements. We welcome any feedback you have on how
- 12 MACPAC might be able to inform considerations of long-term
- 13 proposals, and I can answer any questions you have. So, I
- 14 will turn it over.
- 15 VICE CHAIR DAVIS: Thank you, Kacey, and thank
- 16 you for the updates. I think everybody is breathing a
- 17 little bit easier that that fiscal cliff has been pushed
- 18 out a little bit more. And you've given us a lot of
- 19 information here to kind of wrestle with and questions, and
- 20 I think it might be helpful to break them down into two
- 21 parts to think about those medium-term decisions and then
- 22 to think about, you know, the implications for state-like

- 1 financing.
- 2 So, let's start with the medium-term decisions
- 3 and maybe we can even go back to that slide. And if
- 4 there's any comments or questions, we can wrestle with that
- 5 a little bit. So, for the medium term. Heidi?
- 6 COMMISSIONER ALLEN: Sorry if you can hear my dog
- 7 in the background. I'm wondering if we've ever applied a
- 8 health equity lens to looking at the territories.
- 9 VICE CHAIR DAVIS: That's a great question. I
- 10 think we've talked before. Kacey, I'd love to hear, you
- 11 know, how we start to think about health equity issues in
- 12 the territories. It's much larger than, you know, we think
- 13 about kind of systemic or long-term disenfranchisement of
- 14 groups and how they're funded.
- 15 MS. BUDERI: That's definitely a great question
- 16 and something that, you know, will need to be considered as
- 17 these conversations go forward. I think as far as what
- 18 MACPAC has done so far, we talked a little bit about
- 19 disparities in our Puerto Rico chapter, which was in 2019.
- 20 But I think that's something we could maybe focus on again
- 21 for future work and, you know, obviously apply it to other
- 22 territories and not just Puerto Rico.

- 1 VICE CHAIR DAVIS: Thanks.
- 2 COMMISSIONER ALLEN: I think that that would be
- 3 really important for informing both Congress in the medium
- 4 and long term.
- 5 VICE CHAIR DAVIS: Thanks, Heidi. Brian?
- 6 [Pause.]
- 7 VICE CHAIR DAVIS: We can't hear you. You're not
- 8 muted on this end.
- 9 COMMISSIONER BURWELL: There we go. Sorry. I
- 10 thought I was still muted by organizer.
- 11 You know I've always been interested in the
- 12 relationship between Medicaid financing and Puerto Rico and
- 13 the overall financial situation of Puerto Rico. So, Puerto
- 14 Rico has been in bankruptcy for four years and has
- 15 defaulted on its municipal bond debt. And I'm wondering
- 16 how that has related -- I certainly don't expect you to
- 17 know the answer to this, but it's curious -- to Puerto
- 18 Rico's ability to provide the state match for the Medicaid
- 19 program and whether they have actually been able to come up
- 20 with a state match while it's been in bankruptcy over the
- 21 four years and what level of FMAP they are seeking in the
- 22 current negotiations. They got a temporary FMAP increase

- 1 to -- I don't remember the slide, but a fairly high one --
- 2 83 percent, is that right, Kacey?
- 3 MS. BUDERI: So, Puerto Rico's correct FMAP is 76
- 4 percent, plus the 6.2 percentage point bump that all states
- 5 and territories get.
- So, they've had that for the last year, but I'll
- 7 note that for fiscal years 2018 through 2020, they had a
- 8 100 percent FMAP. So, they've had an enhanced FMAP for
- 9 some time now, and I think their ability to contribute the
- 10 local match at the 55 percent FMAP is still -- you know, I
- 11 don't know that we have information to predict their
- 12 ability to draw that down, but I think it's likely that
- 13 Puerto Rico along with other territories would struggle to
- 14 draw the allotments down at that FMAP.
- 15 COMMISSIONER BURWELL: Do we have any idea around
- 16 negotiations? Is Puerto Rico wanting 100 percent FMAP in
- 17 the current extension?
- MS. BUDERI: I don't know what they are asking
- 19 for in their negotiations with Congress. I think the
- 20 conversation has mostly been around maintaining the levels
- 21 where they are now, 76 percent to Puerto Rico and 83
- 22 percent for the other territories.

- 1 COMMISSIONER BURWELL: Okay. I just think it's
- 2 important for us to be aware of what's going on with Puerto
- 3 Rico's overall financial situation as we research its
- 4 Medicaid financing. I guess that's just a comment.
- 5 VICE CHAIR DAVIS: Thank you, Brian.
- 6 Martha?
- 7 COMMISSIONER CARTER: I think we've had some of
- 8 this conversation before, but I'd like to reiterate that
- 9 from my perspective and I think from the Commission's
- 10 perspective, short-term financing like the territories have
- 11 is just no way to run a Medicaid program and certainly no
- 12 way to run a business. And so any of these medium-term
- 13 decisions, I think, should be an interim plan to get to the
- 14 point where those other considerations that Kacey brought
- 15 out can be hashed out and decided with a goal of some sort
- 16 of stability in funding the Medicaid programs in the
- 17 territories.
- 18 VICE CHAIR DAVIS: Thank you, Martha.
- 19 Verlon?
- 20 COMMISSIONER JOHNSON: Thanks.
- 21 So, this was great. I really appreciate you
- 22 really providing this information.

- I have a question, though. If you can go back to
- 2 the slide where you do a comparison of the states and the
- 3 territories in terms of the financials. The question that
- 4 Heidi brought up and I think all of us are thinking about
- 5 in terms of equity really stands out, and I'm just curious.
- 6 Is there any way we can find out were there any improved
- 7 outcomes, or was the increased FMAP during this time frame
- 8 that got them up to at least a little bit better than where
- 9 they were before -- was there any improvements in the
- 10 health care outcomes from their perspective? Was it just
- 11 really a matter of getting them to a level of where we went
- 12 at the same place at this point? I'm just trying to figure
- 13 out from a financial standpoint if there's any data that we
- 14 can kind of support to show that this additional assistance
- 15 to really be helpful to the territories.
- MS. BUDERI: Yeah. So, we don't have any, like,
- 17 quality outcomes that we could compare prior to when these
- 18 additional federal funds and higher FMAPs was available and
- 19 now, but we do have some information on program
- 20 improvements that the territories have made, in those fact
- 21 sheets, a little bit in the Puerto Rico chapter, that talk
- 22 about some of the improvements and additional benefits and

- 1 increased eligibility that territories have implemented
- 2 since receiving these additional funds. So, there is some
- 3 information on, I guess, program enhancements but not
- 4 necessarily data on quality.
- 5 COMMISSIONER JOHNSON: Okay. All right. Thank
- 6 you.
- 7 VICE CHAIR DAVIS: Thank you.
- 8 Bill and then Darin.
- 9 COMMISSIONER SCANLON: Yeah. Hi. I was going to
- 10 say kind of since we started to talk about the longer term,
- 11 but I think it relates in part to this comparison in this
- 12 figure as well as the longer term. And that to me is -- I
- 13 don't know how to interpret or understand this figure in
- 14 the sense that a dollar does not mean the same thing in
- 15 each of the territories versus to the states, and that --
- 16 and getting information about sort of differences in
- 17 outcomes or differences in structures of programs and
- 18 access, I mean, I think that gives you more reliable
- 19 measures of how these Medicaid programs in these areas may
- 20 vary.
- 21 For me, it also has an implication for the
- 22 question of the FMAP, and I think that moving from the

- 1 current statutory or FMAP to something different, it
- 2 certainly seems very reasonable. But the idea of saying
- 3 that we should do it using the FMAP formulate to me does
- 4 not make a lot of sense because a dollar of income in the
- 5 territories is not the same sort of as dollar of income in
- 6 the states, and since the current FMAP is built upon
- 7 relative income levels, I think that you end up with sort
- 8 of the wrong result.
- 9 It's much more appropriate, I believe, to look at
- 10 the territories, look at what their needs are, look at what
- 11 their ability is. And Brian brought this up. What's their
- 12 ability to do matching for a program that's going to meet
- 13 the needs of their citizens? And from the chapter or
- 14 materials, we know that the level of Medicaid is extremely
- 15 different in some of these territories than it is in an
- 16 average state. So, taking those factors into account, one
- 17 can maybe come up with an appropriate FMAP that can be in
- 18 statute, but it's in statute because it was well thought
- 19 out as opposed to what was a number that was picked at a
- 20 point in time and then left there for perpetuity.
- 21 So that's my reaction to this as well as comment
- 22 on the longer term.

- 1 VICE CHAIR DAVIS: Thanks, Bill.
- 2 Darin is up next, and I think we can also start
- 3 to transition into comments around the longer term.
- 4 COMMISSIONER GORDON: Yeah. Thank you for this,
- 5 Kacey. Always helpful.
- I do want to tie this page a little bit back to
- 7 what we heard from Puerto Rico previously about -- from an
- 8 access perspective. You know, they were talking about
- 9 provider capacities diminishing, more and more providers
- 10 moving to the states, in which case then you also get in a
- 11 situation where members needing to access services are
- 12 getting care in the states at a higher price point. So, I
- 13 hear you, Bill, but I do think we need to recognize that to
- 14 the extent that they're not able to retain some of that
- 15 provider capacity on the island might default if they are
- 16 going to be paying something more closely to what the
- 17 states are paying because they're going to Florida to get
- 18 that care, so something about access needs to be
- 19 incorporated in all of this.
- 20 COMMISSIONER SCANLON: Darin, if I could just say
- 21 I would agree with you that we should be thinking of that
- 22 as one of the factors. It's just that the issue is think

- 1 about what the realities are in setting the FMAP as opposed
- 2 to using a formula that doesn't necessarily fit.
- 3 COMMISSIONER GORDON: My comment is more about
- 4 when we look at how this equates that we recognized in the
- 5 absence from what was shared in our prior meeting, that in
- 6 the absence of that, that by default, the numbers can
- 7 gravitate more to looking more like what the state range
- 8 looks like over there if they're not able to retain access
- 9 in care delivery on the island itself. So just -- it's
- 10 just access has got to be a component of all this and
- 11 understanding that's a dynamic we really don't have in the
- 12 states that we just need to be cognizant of.
- 13 VICE CHAIR DAVIS: I think if we can transition
- 14 now to the slides that have the design considerations for
- 15 considering state-like matching. So, you've put in a few
- 16 suggestions here around payment feasibility, financing
- 17 structure. Questions to the group? Thoughts that folks
- 18 have here?
- 19 COMMISSIONER HEAPHY: This is Dennis.
- 20 I'm wondering -- I'd like more data on the
- 21 disparities and the outcomes and access before I can even
- 22 imagine what the answer would be. It just seems that from

- 1 an equity perspective, we need a lot more information -- or
- 2 I do, to understand this to make a recommendation for an
- 3 outcome. What we have is just not viable, these are
- 4 Americans, and I think it's just important. Like, how do
- 5 we look at -- how would we -- what kind of data do we need
- 6 to better understand what's actually happening in the
- 7 territories from an equity perspective? Like, that for me
- 8 would be the immediate step.
- 9 VICE CHAIR DAVIS: Dennis -- and I open this up
- 10 to others too. You know, we kind of touched on this equity
- 11 issue in terms of the data, what it's like to see -- we
- 12 talked a little bit about kind of quality, but I think also
- 13 knowing, you know, who's -- access to providers, who's
- 14 being transported over, you know, what that looks like, it
- 15 would open it up here for folks to talk about what we would
- 16 really like to see from an equity standpoint.
- 17 COMMISSIONER HEAPHY: This is Dennis, and then
- 18 I'll shut up, but just diabetes, what's the percent of the
- 19 folks with diabetes, diabetes that's under control, folks
- 20 with amputations, the life expectancy of folks after
- 21 amputations? Like, select a couple of categories that we
- 22 can track and see -- or obesity, but I'll stop there.

- 1 VICE CHAIR DAVIS: Thanks.
- 2 Melanie and then Anne.
- 3 CHAIR BELLA: Yeah. I just have a question. I
- 4 mean, I guess for me, like the -- I'm thinking of equity in
- 5 terms of the access that people in the territories get
- 6 relative to the access that people in the states get and
- 7 the structural differences in the program. We don't make
- 8 decisions about whether -- I'll pick on my state --
- 9 Pennsylvania should get FMAP based on the number of people
- 10 in state with diabetes or other conditions. So, I'm
- 11 struggling a little bit with, I guess, the level at which
- 12 we're applying certain lenses.
- And, Dennis, I think some of what you're asking
- 14 for, we probably have from past discussions and past
- 15 analyses, and it may just not have come back in this
- 16 context. For me, it's a much different order of question
- 17 before we start to look at sort of making decisions based
- 18 on is there chronic condition prevalence or are there
- 19 disparities bad enough that we would star to treat them
- 20 differently. That's where my head is, like, a little
- 21 unclear on what we would be looking for in that area.
- VICE CHAIR DAVIS: Yeah. Anne and then Martha.

- 1 EXECUTIVE DIRECTOR SCHWARTZ: Yeah. To follow on
- 2 with Melanie, I think the point being raised about what is
- 3 the status of health and what's the level of need in the
- 4 territories is obvious. It makes sense, but I don't think
- 5 that we have the data. I also think there's a first-order
- 6 question here about how much money do the territories can
- 7 access to actually address the level of need that's in
- 8 their territory.
- 9 The issue that Bill raised about standardizing
- 10 measures of spending based on income is potentially
- 11 something that we could do to create a more apples-to-
- 12 apples comparison, but my hunch is that we are still going
- 13 to see a large disparity in what is available to spend in
- 14 the territories, even if we adjust it for the fact that
- 15 incomes are relatively lower.
- 16 So, I think that staff can be clear with
- 17 Commissioners about what data exist to answer some of these
- 18 questions. Really the long-term issue for Congress is if
- 19 you're going to provide a permanent, more stable financing
- 20 structure for territories, what is the expectation for them
- 21 in terms of what their Medicaid programs should look like?
- 22 Presumably, you don't want to be making that based on a

- 1 bunch of sort of one-shot decisions, even though those
- 2 might be important.
- 3 VICE CHAIR DAVIS: Yeah. Martha?
- 4 COMMISSIONER CARTER: I think I'm repeating
- 5 myself to some extent, but the people in the territories
- 6 are American citizens. So, we don't ask all these
- 7 questions when we think about whether we're going to fund
- 8 Arkansas versus West Virginia.
- 9 Yes, there are some questions that have to be
- 10 addressed, and there are differences. And I think that's
- 11 the level that we need to be looking at, not whether they
- 12 deserve ongoing stable funding. I think that's a given, in
- 13 my mind, because of the equity issues.
- 14 VICE CHAIR DAVIS: Thanks, Martha.
- 15 Brian?
- 16 Stacey, did I see your hand?
- [No response.]
- 18 COMMISSIONER BURWELL: I just remember when we
- 19 were talking about this in the spring that Sheldon raised,
- 20 went back and looked at it and found data that even though
- 21 physicians are leaving Puerto Rico in large numbers, that a
- 22 number of physician per capita in Puerto Rico is still

- 1 considerably higher than in the United States. And I just
- 2 looked it up, and that data are confirmed.
- 3 So, I guess I'm more in Bill's camp. It's really
- 4 hard to compare apples to apples in Puerto Rico and
- 5 elsewhere in terms of cost per capita or even workforce
- 6 supply. I guess my comment is I just think we need to be
- 7 careful in making judgments about what's going on down
- 8 there.
- 9 VICE CHAIR DAVIS: Thanks, Brian.
- 10 Stacey, was that a hand or passing?
- 11 COMMISSIONER LAMPKIN: Yes.
- I have a question, Kacey, and I apologize if this
- 13 is something we've talked about before. Do we have a sense
- 14 of the funding opportunities that exist for infrastructure
- 15 rebuild and this stabilizing or addressing some of the
- 16 infrastructure challenges, workforce one of them but not
- 17 perhaps the only one? Because we're talking about here,
- 18 it's a financing for the service delivery itself, right?
- MS. BUDERI: I can certainly see if we can
- 20 provide some more information on non-Medicaid funds that
- 21 are available for infrastructure or some things like that.
- 22 I don't know that we have information on how much of their

- 1 Medicaid dollars are going towards those types of
- 2 activities, but I can look in to see what information
- 3 that's available.
- 4 COMMISSIONER LAMPKIN: It's just to me it seems
- 5 like there's some linkages between the longer-term planning
- of financing the services and what's happening through
- 7 other funding sources related to infrastructure rebuild and
- 8 service capacity.
- 9 VICE CHAIR DAVIS: Thanks, Stacey.
- 10 You know, Kacey, one of the questions that you
- 11 posed to us in the memo was being clear about -- and
- 12 thinking about it's really beyond our ability to say what
- 13 is the feasibility of a state to be of -- you know, a
- 14 territory to meet a certain level of, you know, readiness
- 15 or capacity, but that we can weigh in on saying that those
- 16 factors are important in recommending that who should --
- 17 you know, that Congress or CMS should take that into
- 18 account when we are really, you know, putting forth
- 19 recommendations. And I'm curious if folks have thoughts on
- 20 other things that could be included.
- 21 You know, it's not our job really to say, you
- 22 know, Puerto Rico can meet this threshold or not, but we

- 1 can say we think that that's an important factor to take
- 2 into account.
- 3 Yeah, Anne.
- 4 EXECUTIVE DIRECTOR SCHWARTZ: Well, I think I
- 5 just would like to add that the fact that the fiscal cliff
- 6 is not as imminent as we expected, the week before last,
- 7 maybe it buys us some more time to regroup on this and
- 8 think about what kind of analysis would be useful, because
- 9 we're looking at potentially a longer period of time to do
- 10 the work.
- 11 VICE CHAIR DAVIS: All right. I think we're
- 12 going to wrap up. Kacey, any of your questions for the
- 13 group?
- MS. BUDERI: No. Thank you. Helpful feedback,
- 15 so thanks.
- 16 VICE CHAIR DAVIS: And I think what you're
- 17 hearing strong voice for is continuing to look at this
- 18 through an equity lens and also thinking about what are
- 19 those kind of requirements that we need to look in place,
- 20 and I think Bill's question of how we think about FMAP
- 21 plays into this as well.
- 22 All right. So, I think we can transition and

- 1 invite Joanne. Joanne?
- We are about five minutes ahead, but I think
- 3 we'll just keep moving.
- 4 ### MEDICAID LEVERS TO ADDRESS CONCERNS ABOUT THE
- 5 PRIMARY AND SPECIALTY CARE WORKFORCE
- 6 * MS. JEE: All right, Commissioners. Last session
- 7 of the day.
- 8 Okay. So, in this last session, we will focus on
- 9 Medicaid levers to address primary and specialty care
- 10 workforce concerns. This is an issue raised by
- 11 Commissioners over the past few years; for example, with
- 12 respect to behavioral health and substance use disorder and
- 13 oral health as well as primary care.
- I wanted to be sure to mention that this session
- 15 will not focus on home- and community-based services or
- 16 nursing facility services, although workforce is, of
- 17 course, a very important concern for both.
- 18 MACPAC currently has separate projects underway
- 19 to examine workforce in those areas, and staff will be
- 20 sharing information from that work at future meetings.
- 21 I also wanted to acknowledge here that this is a
- 22 persistent issue, but it is not one that is unique or

- 1 limited to Medicaid, of course. But for purposes of today,
- 2 we really are just focusing on Medicaid's role in
- 3 addressing workforce and the levers there, and that role is
- 4 relatively limited compared to other federal programs.
- 5 So, during this session, I will quickly provide
- 6 some background information just for some context, then
- 7 review some of the ways in which Medicaid is responding to
- 8 concerns about workforce and then end with some next steps
- 9 for our work.
- 10 So, an inadequate or insufficient provider
- 11 workforce to serve Medicaid beneficiaries, as you know, can
- 12 create barriers to timely or culturally competent care.
- 13 Key factors affecting the Medicaid primary and specialty
- 14 care workforce include the supply distribution and
- 15 diversity of providers.
- With respect to supply, the Health Resources and
- 17 Services Administration, or HRSA, projects the supply and
- 18 demand of different types of providers. They project that
- 19 there will be a shortage of providers such as primary care
- 20 physicians, OB/GYNs, and certain behavioral health
- 21 providers, but an oversupply of other provider types such
- 22 as nurse practitioners and certified nurse midwives by 2025

- 1 or 2030, depending on the provider type.
- 2 The next factor is distribution and
- 3 maldistribution of providers. Again, it's a persistent
- 4 problem, and HRSA identifies shortage areas by specialty,
- 5 populations, regions, and facilities. These are referred
- 6 to as the "health professional shortage areas," or the
- 7 HPSAs.
- And last, a diverse workforce can help improve
- 9 access to care generally and in underserved areas. Greater
- 10 concordance between the race and ethnicity of providers and
- 11 patients has been correlated with better patient outcomes,
- 12 satisfaction, and communication. However, Black, Hispanic,
- 13 and Native American people are underrepresented in health
- 14 professions such as advanced practice nurses, dentists, and
- 15 physicians.
- The states and the federal government play
- 17 different roles with respect to the health care workforce.
- 18 States are responsible for setting licensure rules and
- 19 requirements as well as establishing and enforcing scope of
- 20 practice rules. They also collect data and assess the
- 21 adequacy of their health care workforce and engage in
- 22 various recruitment and retention activities.

- 1 States also set the policies for the Medicaid
- 2 programs within federal rules. This includes, for example,
- 3 whether or how to use available Medicaid levers to address
- 4 the workforce concerns in their states.
- 5 Much of the federal responsibility for health
- 6 workforce activities lies within HRSA. These include, for
- 7 example, examining workforce supply and demand; in other
- 8 words, identifying the types of providers in shortage or
- 9 surplus, which I just mentioned, and designating the HPSAs.
- 10 The federal government also administers provider
- 11 recruitment and retention activities such as loan
- 12 repayments and scholarship programs. These are summarized
- 13 in your reading materials, and I won't review those during
- 14 this session. The federal government also provides funding
- 15 for provider training and education.
- So, moving on to ways that policy levers can be
- 17 used in a Medicaid-focused way, the federal workforce
- 18 programs administered by HRSA affect Medicaid, given the
- 19 priority that they place on rural and underserved areas as
- 20 well as the priority that they place on providers such as
- 21 federally qualified health centers, or FQHCs, which serve
- 22 many Medicaid beneficiaries.

- One of these programs, the Grants to States to
- 2 Support the Oral Health Workforce, includes an option for
- 3 grantees to target the Medicaid workforce specifically.
- 4 One option under this grant program provides for grants to
- 5 support oral health providers participating in Medicaid to
- 6 establish or expand practices in dental HPSAs, and they do
- 7 this by supporting the cost of equipment or in providing
- 8 for part of the overhead cost of these practices.
- 9 Two examples of states leveraging these grants in
- 10 this Medicaid-focused way include Washington and Wisconsin.
- 11 Washington is using these funds to help establish -- or use
- 12 these funds to help establish the state's first rural
- 13 health dental clinic, and the clinic's primary goal is to
- 14 serve Medicaid beneficiaries in the county in which the
- 15 clinic is located. So, through subgrants, the state
- 16 provided funding to a local provider for equipment as well
- 17 as to hire a staff person to help establish the rural
- 18 clinic.
- 19 Wisconsin is providing support to dental clinics
- 20 with the aim of increasing the number of dental clinics
- 21 serving Medicaid beneficiaries as well as increasing their
- 22 dental utilization rates.

- 1 Some Medicaid programs have incorporated a
- 2 workforce component into their delivery system reform
- 3 initiative payment programs, more commonly referred to as
- 4 the DSRIPs. As a reminder, DSRIPs are mechanisms for
- 5 providing Medicaid funding for delivery system
- 6 infrastructure and reform efforts. The workforce
- 7 components of DSRIPs are really intended to prepare
- 8 providers for working within the new delivery systems and
- 9 the new payment systems, but some states have also used
- 10 DSRIP funds, to some extent, to improve the adequacy of the
- 11 Medicaid provider workforce. However, the workforce
- 12 initiatives are relatively small components of the DSRIPs.
- 13 Another important reminder here is that CMS is no
- 14 longer approving new DSRIPs or renewing any of the existing
- 15 ones.
- 16 In Massachusetts, the DSRIP allocates about 6
- 17 percent of funds to strengthening the workforce. Examples
- 18 of the way in which Massachusetts is doing this include a
- 19 loan repayment program of up to \$50,000 a year for primary
- 20 care for behavioral health providers practicing in
- 21 community-based settings, and the types of providers who
- 22 might be eligible for this include, for example, nurses and

- 1 care coordinators, psychiatrists, and primary care
- 2 physicians.
- 3 The community-based training and recruitment
- 4 program supports residency slots in family medicine and for
- 5 nurse practitioners at community health centers. The
- 6 workforce professional development grants support training
- 7 grants and training slots to improve the capacity of the
- 8 nonclinical workforce. These include, for example,
- 9 community health workers and peer specialists who work with
- 10 Medicaid beneficiaries with mental illness.
- In New Hampshire, the DSRIP workforce program
- 12 focused on the behavioral health workforce as well. New
- 13 Hampshire's DSRIP required providers to form regional
- 14 coalitions to implement performance-based incentive payment
- 15 programs, and these coalitions, which are referred to as
- 16 integrated delivery networks, were required to engage in
- 17 workforce capacity development programs, and they were
- 18 permitted to use DSRIP funds to recruit, hire, train, and
- 19 retain behavioral health and substance use disorder
- 20 providers.
- 21 Finally, another Medicaid policy lever is the
- 22 Medicaid graduate medical education, or GME program. Here,

- 1 I'll just take a moment to note that while the total
- 2 Medicaid spend on GME in 2018 was about \$5.6 billion, it is
- 3 relatively small compared to Medicare's \$15 billion in
- 4 spending. So, the Medicaid spending was about a third that
- 5 of Medicare.
- 6 States are not required to make Medicaid GME
- 7 payments, but most do, and states have substantial
- 8 flexibility in how they design and implement their
- 9 programs.
- 10 While most states describe the objective of their
- 11 Medicaid GME programs as supporting the training of
- 12 physicians who will serve Medicaid beneficiaries, there is
- 13 very little data reporting required, and little is known
- 14 about the effects of Medicaid GME on workforce.
- So, Commissioners, if you have feedback on other
- 16 ways that states are designing Medicaid-based approaches
- 17 for addressing the primary and specialty care workforce, I
- 18 would welcome it, and as far as next steps for this work
- 19 goes, staff could continue looking at these approaches that
- 20 I mentioned, including, for example, obtaining additional
- 21 information on the outcomes or state experiences using
- 22 those programs. And then we could prepare a brief that

- 1 would describe the findings from this work.
- 2 So that is all I have. I will turn it back to
- 3 you.
- 4 VICE CHAIR DAVIS: Thanks, Joanne.
- I see Laura's hand -- oh, I'm getting feedback.
- 6 You know, one of the things that we hear a lot as
- 7 proposed as kind of a simple solution for provider
- 8 workforce issues that we recognize it's not nearly as
- 9 simple as what's out there is just pay providers more, and
- 10 we hear that a lot. And I wonder if you could just touch a
- 11 little bit on the complexities of that, the data that we
- 12 have that really talks about provider payment rates and how
- 13 that might relate to supply.
- 14 EXECUTIVE DIRECTOR SCHWARTZ: Do you want me to
- 15 jump in here, Joanne?
- MS. JEE: Okay. Sorry. I am really having a
- 17 hard time with technology today. I apologize.
- So, yeah. So, you're right. I mean, we do hear
- 19 a lot about, you know, pay the providers more. We didn't
- 20 really look at that for purposes of this work, but I think
- 21 that it is something that we hear about. We do know that
- 22 it is a major factor. I think that there was -- you know,

- 1 Martha presented some work several months ago about
- 2 provider acceptance of Medicaid, and that really sort of
- 3 underscored the importance of provider payment. If I'm
- 4 correct, we don't have a lot of data on sort of what the
- 5 provider payment is, particularly in managed care states.
- 6 So, I think that data is a little bit hard to get.
- 7 EXECUTIVE DIRECTOR SCHWARTZ: I guess I would
- 8 just add here that over time, the themes around provider
- 9 payment and particularly physician payment in Medicaid has
- 10 been consistent. Joanne is correct that we generally
- 11 collect fee-for-service data, and we have a general idea
- 12 that managed care plans may be paying somewhat more than
- 13 what fee-for-service is but definitely less than Medicare
- 14 and private payers, and that payment does affect
- 15 physicians' willingness to participate in Medicaid. But
- 16 there are other factors that also affect their willingness
- 17 that have to do with where their practices are located,
- 18 their accessibility to Medicaid beneficiaries, issues
- 19 around no-shows, and also some of these are the hassle
- 20 factor around getting paid by either the Medicaid program
- 21 itself or Medicaid MCOs.
- 22 VICE CHAIR DAVIS: Thanks, Anne and Joanne.

- 1 So, we have quite the list of folks here. Laura,
- 2 then Bill, Fred, Brian, Toby, Bob, Martha. If I missed
- 3 you, I'll get you after that, but let's go to Laura first.
- 4 COMMISSIONER HERRERA SCOTT: Thank you, Kisha.
- 5 Thank you, Joanne. This is a great overview.
- So, I have several questions, you know, because
- 7 you presented work from -- through HRSA and then through
- 8 GME, but can you say anything about -- because I didn't see
- 9 any outcomes, and I know you left that hanging as potential
- 10 next steps, but anything around -- of those opportunities
- 11 that are provided, how many are left unfilled? So, people
- 12 are just choosing not to get loan repayment because they
- 13 don't want to then -- it's not -- they can make more money
- 14 someplace else and then pay off their student loans after?
- 15 So, if there's anything you can say about the number of
- 16 spots that are left open.
- 17 And then on the GME side, is there any data to
- 18 understand, of that \$5 billion, how many of those are
- 19 funding primary care slots?
- MS. JEE: Okay. So, I did not look at the HRSA
- 21 programs and sort of whether or not there are unfilled
- 22 slots in those programs. I could get back to you if

- 1 there's any information on that available.
- I do know that in the Massachusetts -- through
- 3 the Massachusetts workforce program through the DSRIP that
- 4 they did fill pretty much all of their slots, but that
- 5 there was some -- and, you know, I think it's a pretty
- 6 modest program. But they were surprised in the first year
- 7 where there were not as many applicants in primary care,
- 8 and there were many more applicants in the behavioral
- 9 health space. So, in subsequent years, they were able to
- 10 sort of adjust the number of slots in the loan repayment
- 11 program.
- 12 Then, on the GME side, my understanding is that
- 13 there's very little data on the Medicaid side in terms of
- 14 how the GME payments are calculated, who they're funding,
- 15 and then there's no sort of data coming back to understand
- 16 sort of the, I guess, outcomes of that money.
- 17 VICE CHAIR DAVIS: Thanks, Joanne.
- Bill, you're up next.
- 19 COMMISSIONER SCANLON: Okay. In part, Anne
- 20 touched on some of what I was going to say. I mean, we do
- 21 have sort of very strong evidence repeatedly that providers
- 22 do respond to financial incentives, but they don't

- 1 necessarily respond in the ways that we want in terms of
- 2 filling in needs that we think are important.
- 3 The HRSA shortage areas is a good example of that
- 4 because there are a lot of shortage areas across the
- 5 country, and there were not enough funding slots either in
- 6 terms of scholarship or loan repayment to fill all those
- 7 slots. And when you're given choices, which the
- 8 individuals enrolling in these programs are, they go to
- 9 places where there already are providers because those are
- 10 the better places -- there's more in those communities to
- 11 attract you; you have colleagues in those communities -- as
- 12 opposed to going out and being totally on your own working
- 13 in an incredibly remote area where there may be an extreme
- 14 need sort of for people.
- This whole issue of graduate medical education is
- 16 very complicated because from 1997 until very recently, we
- 17 had a freeze on the number of Medicare residency slots, and
- 18 yet the number of residency slots was growing significantly
- 19 because hospitals were funded residency slots to expand
- 20 sort of the workforce that was going to benefit them.
- 21 If we start to think about what role does medical
- 22 education play in this, it gets complicated for us to sort

- 1 of examine because you have to go beyond both Medicare and
- 2 Medicaid and sort of ask sort of broader questions.
- 3 The last comment I would make is about the
- 4 projection that you show, Joanne, from HRSA saying that we
- 5 have a shortage of primary care physicians, but we have a
- 6 surplus of nurse practitioners. HRSA is going back -- I'm
- 7 not sure if they're going back and forth, but over the
- 8 years, things have changed in terms of their perspective of
- 9 how much nurse practitioners can substitute for a
- 10 physician, primary care physicians, and I guess I'm
- 11 wondering if we can think about how do we make better use
- 12 of that potential surplus of nurse practitioners to fill
- 13 essential needs.
- 14 Thank you.
- 15 VICE CHAIR DAVIS: Thank you, Bill.
- You know, it's an important point that you bring
- 17 up around GME funding, and hospitals, as they continue to
- 18 fund residency slots, tended to fund them for the ones that
- 19 were also profitable for the hospital. And so do we think
- 20 about expanding those GME slots for primary care slots
- 21 first to help fill those shortage areas?
- Next, we'll go to Fred.

- 1 CHAIR BELLA: I just want to jump in for one
- 2 second because Kisha is too nice and still getting used to
- 3 being a battle-ax chair, and so we have 15 minutes with a
- 4 lot of people that want to talk and also the need for
- 5 public comment. So, I'd just ask you guys to keep that in
- 6 the back of your mind as you make your final comments.
- 7 COMMISSIONER CERISE: Okay. I'll go quick.
- 8 So, the GME funding, I can tell you that it's not
- 9 tied to producing a particular type of person or having a
- 10 commitment after training. It's generally calculated based
- 11 on how many you have and what your percent of Medicaid is,
- 12 and it's a cost calculation which, frankly, to my point, I
- 13 think if we want to learn from the things -- you know, our
- 14 experiments, it looks like the Massachusetts DSRIP, it has
- 15 the right idea. And that is you put some concentrated
- 16 funding with some expectations and their idea that they
- 17 would support a psychiatrist or a nurse practitioner in
- 18 that area if they would commit to a panel with 40 percent
- 19 MassHealth members afterwards, I think, is more of the
- 20 right idea.
- 21 A lot of hospitals are funding positions, GME
- 22 positions above their Medicare-funded rate and certainly

- 1 above what Medicaid funds, and when you get more funded
- 2 positions, they're generally just backfilling those costs
- 3 that you've already absorbed. But you could tie new
- 4 positions specifically to commitments to 40 percent panel
- 5 of Medicaid or a practice in a particular area, and that
- 6 would be more likely to get the impact that you're looking
- 7 for as opposed to just funding new positions without those
- 8 sort of expectations. But you have to be much more
- 9 explicit.
- 10 VICE CHAIR DAVIS: Thank you, Fred.
- We've got Brian, Toby, Bob, and then Martha.
- [No response.]
- 13 VICE CHAIR DAVIS: Can't hear me?
- [No response.]
- 15 VICE CHAIR DAVIS: Brian --
- 16 COMMISSIONER BURWELL: I'll say that I think we
- 17 should pay attention to supply and demand issues in terms
- 18 of what the market is telling us, because I just know that
- 19 a lot of physician practices, instead of hiring, kind of
- 20 recruit more physicians, are hiring nurse practitioners or
- 21 physician assistants to meet the lower-need patients. And
- 22 that's just a function of the market. I guess, you know,

- 1 financially, as a business model, that's a better decision.
- 2 Same in the mental health market. Most
- 3 psychiatrists to me now seem to be just medication
- 4 prescribers, and people who are getting psychotherapy are
- 5 generally going to other types of people, psychologists or
- 6 other kinds of therapists, to get ongoing therapy. And
- 7 psychiatrists are not providing that service anymore.
- 8 So, I just think we have to acknowledge what's
- 9 going on in the market in general, not just, you know, this
- 10 historic number of physicians per capita.
- 11 VICE CHAIR DAVIS: Thank you, Brian.
- We've got Toby, then Bob, then Martha.
- 13 COMMISSIONER DOUGLAS: I'll just be brief.
- On Bill's plan about projections and the growth
- 15 and physician assistants and NPs, I think it gets to other
- 16 ways. Some states have scope of practice constraints.
- 17 What's the role of Medicaid in incentivizing the use of
- 18 different types of providers?
- 19 VICE CHAIR DAVIS: Are you looking for an answer,
- 20 or is it rhetorical?
- 21 COMMISSIONER DOUGLAS: It's a rhetorical. Keep
- 22 it moving.

- 1 VICE CHAIR DAVIS: All right. Bob?
- 2 COMMISSIONER DUNCAN: All right. We talked a
- 3 little bit about the reimbursement from Medicaid and that
- 4 impact, and when you think about pediatrics and half the
- 5 population of pediatric covered by Medicaid, true impact on
- 6 pediatricians as well as pediatric subspecialists and
- 7 specialists, and then when you factor in the children's
- 8 hospital GME, it will be about 45 percent of GME of
- 9 Medicare in 2024, is there a way MACPAC or we can assess
- 10 and look and divide the population by Medicaid kids versus
- 11 adults to examine the physician shortage when it relates to
- 12 children?
- 13 VICE CHAIR DAVIS: Thanks, Bob.
- I'm going to go to you, Martha.
- And then, Dennis, are you trying to jump in here?
- [No response.]
- 17 VICE CHAIR DAVIS: Okay. We'll go to you after
- 18 Martha.
- 19 COMMISSIONER CARTER: Thanks.
- I have two comments. First, I don't think I can
- 21 let the passing comment about an oversupply of nurse
- 22 midwives go. There are two points in that. One is that,

- 1 unfortunately, the majority of nurse midwives in this
- 2 country are White, and so from an equity standpoint, we
- 3 actually need more midwives of color because we know that
- 4 there are better outcomes when the provider is congruent
- 5 with the population being served. So that's one point.
- And the other is that if we don't change our
- 7 system to be more like some of the European countries where
- 8 the midwives do more, let's say -- maybe we reword that.
- 9 If we would consider changing our system in this country to
- 10 mirror the countries in Europe where the midwives attend
- 11 the majority of births and get much better outcomes, then
- 12 we do actually need more midwives. So, perpetuating the
- 13 current system, I can't really say whether we need more
- 14 midwives.
- 15 If we have the guts to change our system to
- 16 really work for better outcomes, then I think we do need
- 17 more midwives. So that's one point.
- The other is following a little on Toby, what
- 19 Toby said, is what is the role of Medicaid in supporting
- 20 different types of providers. I think we also -- and it's
- 21 really a lever that Medicaid has in terms of credentialing
- 22 paying for some of these broader types of providers like

- 1 community health workers, doulas, peer-support counselors,
- 2 and making sure that the people that are trained and are
- 3 serving reflect the demographics of the populations that
- 4 they're serving. So, I think that is a Medicaid lever that
- 5 we can highlight.
- 6 VICE CHAIR DAVIS: Thank you, Martha.
- 7 I'll go to you, Dennis, for our last comment.
- 8 COMMISSIONER HEAPHY: Thanks.
- 9 I'm thinking that someone on Medicaid and
- 10 thinking that the approximate number which are served by
- 11 nurse practitioners and physician assistants with caseloads
- 12 of 20 to 30 people at most, and now it's over 100 folks.
- 13 And so, in terms of letting the market drive the need in
- 14 how we define the providers, I think, for me, just from a
- 15 user perspective, it's challenging because these folks who
- 16 are in that position ought to provide more time to folks
- 17 and be present to folks in ways that the doctors could not
- 18 be or primary care providers could not be. So, I'm
- 19 wondering how do we look at the market differently and what
- 20 kind of research do we need to do to understand how the
- 21 market has shifted and changed, even the roles of these
- 22 folks, to understand how -- whether or not this changing or

- 1 engagement with these different professionals is actually
- 2 saving money or reducing burden or increasing burden on
- 3 just a different set of providers.
- And the other thing I would say is just I don't
- 5 think we really talked enough about having the primary care
- 6 providers, in particular, reflecting the populations that
- 7 they serve. I don't know if we have an answer to that or
- 8 can get an answer to that, but it's something I think we
- 9 need to at least say that it's radically important.
- 10 VICE CHAIR DAVIS: Thanks, Dennis.
- 11 You know, just as we wrap, I'll say, you know,
- 12 one, when you think about the oversupply and undersupply,
- 13 really thinking less about providers as widgets that we're
- 14 going to interchange and more thinking about primary care
- 15 teams and how they care for communities, and so, you know,
- 16 you may not need as many physicians if you have -- you
- 17 know, if you're thinking about serving a community as a
- 18 team of physicians and nurse practitioners that are working
- 19 together as opposed to this person is going to serve this
- 20 and they're going to have that many people, and so
- 21 expanding, I think, how we think about that, I think that
- 22 also brings in some of the diversity and equity issues and

- 1 how we look at the provider teams as opposed to this one
- 2 person serving an individual, and I think when we're
- 3 thinking about teams beyond just the physician or nurse
- 4 midwife or PA but also thinking about community health
- 5 workers and social workers and behavioral health and how
- 6 that kind of feeds in, which I've heard a lot of comments.
- 7 I saw Toby and Kathy and Heidi.
- 8 COMMISSIONER DOUGLAS: I can't help myself.
- 9 VICE CHAIR DAVIS: Actually, I think I'm going to
- 10 go to Heidi first and Kathy.
- 11 COMMISSIONER DOUGLAS: Actually, that's fair.
- 12 COMMISSIONER ALLEN: I'm glad you said that,
- 13 Kisha, about social workers because I think social workers
- 14 have had a hard time getting paid for in health care
- 15 settings, and that makes it -- them kind of a -- a part of
- 16 a team that's often left out of the team or is only funded
- 17 at clinics that can support the ability to pay a salary
- 18 without actually maybe first for care. So, I know social
- 19 workers care about this issue and would love to be part,
- 20 included in the payment.
- 21 VICE CHAIR DAVIS: Thanks, Heidi.
- 22 And then Kathy.

- 1 COMMISSIONER WENO: Yeah. I would just, to
- 2 follow Anne about oral health providers, a lot of those
- 3 HRSA oral health workforce grants funded a lot of thought
- 4 about different types of ways dental services could be
- 5 provided, whether they be by like a team approach, by
- 6 having physicians do preventive and risk assessment, as
- 7 well as developing midlevel providers. So, there's lots of
- 8 ways that oral health could be integrated into the broader
- 9 health care system.
- 10 VICE CHAIR DAVIS: Thank you.
- 11 Yeah, Toby.
- 12 COMMISSIONER DOUGLAS: Yeah. I can't help myself
- 13 but bring back up the intersection in terms of levers with
- 14 FQHC payment, and the way you describe kind of how when you
- 15 look at team-based care and the payment right now within
- 16 FQHCs per visit just prevents that ability to create more
- 17 supply and more efficiency, and so we've looked at this
- 18 before as a Commission, but I think it again comes to this
- 19 intersection here. If we're really going to create more
- 20 supply and more efficient way of care, we've got to get the
- 21 right incentives.
- 22 VICE CHAIR DAVIS: That's a great point, and when

- 1 we're thinking about value-based care, how are we really
- 2 incentivizing? If we're continuing to incentivize on a
- 3 fee-for-service-based model and incentivize the single
- 4 provider to see a single person, then it's not going to get
- 5 us to that more team-based, community-based model.
- As we wrap up, I do just want to say on kind of
- 7 this idea about provider concordance that minority
- 8 providers serving minority communities -- and there is
- 9 definitely benefit to that. Minority providers also then
- 10 share the burden. They may not be coming. They tend to
- 11 have more loans and then are then working in a system where
- 12 they maybe reimbursed less, so continue to have that tax.
- I will also say we can't get away with just
- 14 saying, well, all the minority providers are going to serve
- 15 the minority communities, right? You know, White providers
- 16 need to be culturally competent to serve whatever community
- 17 they are, and all of our providers do, right? My sister is
- 18 African American. She's serving an Alaska Native
- 19 population right now.
- And, you know, when we think about DSRIP and
- 21 using funds to, you know, target education for providers
- 22 that are going into shortage areas, that's also what we

- 1 want to think about, that cultural competency piece.
- 2 So, you don't get a pass. You need to be
- 3 culturally competent to serve the community that you're
- 4 working with.
- 5 And I think, with that, we will wrap up. Joanne,
- 6 any other questions for us? Did you get what you needed?
- 7 I think you got a lot from us.
- 8 MS. JEE: Yeah. Lots of food for thought. Thank
- 9 you.
- 10 VICE CHAIR DAVIS: So, this will go nicely into
- 11 an issue brief, I think, where there's lots of meat here.
- 12 Melanie, I will turn it back to you for closing
- 13 and public comment.
- 14 CHAIR BELLA: Thank you. That's wonderful.
- 15 Thank you, Kisha.
- We will now open it up for public comment. If we
- 17 have folks that would like to comment on the last sessions,
- 18 please use your hand indicator, and I would remind everyone
- 19 to please introduce yourself and your organization and to
- 20 limit your comments to no more than three minutes.
- We'll see if we have any hands. It looks like we
- 22 have one person so far.

- 1 Ronnie Coleman, you have been unmuted. You can
- 2 unmute your line and make your comments.

3 ### PUBLIC COMMENT

- 4 * MR. COLEMAN: Hi. I'm Ronnie Coleman with
- 5 Benevis. We're a support organization for dental
- 6 practices, primarily Medicaid. We serve over 115 Medicaid
- 7 dental practices around the country.
- I just wanted to point out to those of you who
- 9 have not seen it, the American Dental Association Health
- 10 Policy Institute put out an excellent presentation earlier
- 11 this month that looked at how COVID has impacted dentists
- 12 and the dental industry, and it's absolutely fantastic.
- But one of the most relevant sets of points was
- 14 very applicable to your current conversation. They found
- 15 something that, I think, was 40 percent of the reason that
- 16 dentists feel that their patient population is not at the
- 17 volume that they would expect is because of shortages
- 18 within the workforce, and then they also looked at dental
- 19 assistants, hygienists, administrative staff, and dentists
- 20 to see over the past several years how challenging
- 21 recruitment has been. Well, the level of challenge for
- 22 recruiting in all of those spaces is up anywhere from 15 to

- 1 50 percent. It's absolutely brutal.
- 2 And so, to go back to your point about
- 3 reimbursement, reimbursement is critically important to
- 4 recruiting and retaining dental staff. In a number of the
- 5 states I'm responsible for, we have not seen rate increases
- 6 in 15-plus years. Virginia, a state that has significant
- 7 budget-positive -- I should say a significant sort of
- 8 budget surplus at this point, they haven't raised rates
- 9 since 2005. Maryland hasn't increased rates in 10-plus
- 10 years. That's the Deamonte Driver state.
- 11 So, I think that has to be a focus because I
- 12 think about just about any other profession. How would you
- 13 survive if you didn't have an increase in your pay for 10
- 14 to 15 years? So that's pretty much the crux of my
- 15 comments.
- 16 CHAIR BELLA: Thank you, Ronnie.
- 17 It looks like we have one more.
- Hilary Daniel, you've been unmuted. If you could
- 19 unmute your lines.
- MS. DANIEL: Good afternoon, Commissioners.
- 21 Thank you for the opportunity to provide comment today.
- 22 I'm Hilary Daniel. I'm with the Children's Hospital

- 1 Association, and I just want to reiterate a comment that
- 2 was made in the previous session regarding workforce and
- 3 relate this for the importance of looking at these issues,
- 4 particularly through the pediatric lens.
- 5 Children's needs or timely access to pediatric
- 6 primary, specialty, and subspecialty care providers is
- 7 vital, given their continuous growth in development, and
- 8 children's care is organized differently than adult care.
- 9 And the challenges and gaps in the workforce may look
- 10 different than those for the adult population. They may
- 11 face long wait times for care due to shortages in critical
- 12 specialties, and it's really vital that these differences
- 13 should be understood to be able to have -- to be able to
- 14 identify how best to address them.
- 15 A strong pediatric workforce is needed to create
- 16 sustainability across the spectrum of children's care and
- 17 address immediate and ongoing issues like the current surge
- 18 in mental and behavioral health challenges and the number
- 19 of children that either missed out or delayed health care
- 20 services during COVID like well-child visits, and
- 21 immunizations or generally for specialty care.
- 22 So thank you for the opportunity to provide

- 1 comments.
- 2 CHAIR BELLA: Thank you very much.
- 3 It looks like we don't have anyone else who wants
- 4 to make a comment. If someone has a comment down the road,
- 5 you're welcome to send it to comments@macpac.gov.
- 6 We are now done with the first day of our
- 7 meeting. We'll be back tomorrow kicking off at ten o'clock
- 8 with a discussion on monitoring access to care for Medicaid
- 9 beneficiaries.
- 10 So thank you all for joining us today. Thank
- 11 you, Commissioners. Thank you, Anne and staff. We'll see
- 12 you all tomorrow at 10:00 a.m. Eastern time. Have a great
- 13 evening.
- 14 * [Whereupon, at 4:47 p.m., the meeting was
- 15 recessed, to reconvene at 10:00 a.m. on Friday, September
- 16 24th, 2021].



PUBLIC MEETING

Via GoToMeeting

Friday, September 24, 2021 10:00 a.m.

COMMISSIONERS PRESENT:

MELANIE BELLA, MBA, Chair KISHA DAVIS, MD, MPH, Vice Chair HEIDI L. ALLEN, PHD, MSW TRICIA BROOKS, MBA BRIAN BURWELL MARTHA CARTER, DHSC, MBA, APRN, CNM FREDERICK CERISE, MD, MPH TOBY DOUGLAS, MPP, MPH ROBERT DUNCAN, MBA DARIN GORDON DENNIS HEAPHY, MPH, MED, MDIV VERLON JOHNSON, MPA STACEY LAMPKIN, FSA, MAAA, MPA WILLIAM SCANLON, PHD LAURA HERRERA SCOTT, MD, MPH KATHY WENO, DDS, JD

ANNE L. SCHWARTZ, PhD, Executive Director

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1 PROCEEDINGS

- [10:00 a.m.]
- 3 CHAIR BELLA: Okay. We are going to go ahead and
- 4 get started, because it's 10:00.
- 5 Good morning, everyone. Welcome to Day 2 of our
- 6 MACPAC September meeting. We are excited for what we have
- 7 to go over today and are going to jump right in. So, we
- 8 are starting off with monitoring access to care, and we
- 9 have Martha -- I see Martha -- and I believe Linn will be
- 10 joining as well. Yep, wonderful. Good morning, Linn.
- 11 All right. I'm going to kick it over to you guys
- 12 to get us started. Welcome.
- 13 ### MONITORING ACCESS TO CARE FOR MEDICAID
- 14 BENEFICIARIES
- 15 * MS. HEBERLEIN: Well, good morning,
- 16 Commissioners, and a happy Friday. Today Linn and I are
- 17 going to kick off the Commission's work for this meeting
- 18 cycle on monitoring access to care among Medicaid
- 19 beneficiaries.
- 20 So next slide.
- 21 So I will start. I will offer some brief
- 22 background on the Commission's prior work on monitoring

- 1 access, before turning it over to Linn to discuss the
- 2 current requirements and challenges with monitoring access
- 3 as well as our proposed work for the next few months.
- 4 Next slide.
- 5 So, this presentation and the work to come
- 6 continues the Commission's earlier efforts related to
- 7 monitoring access to care. In the inaugural report in
- 8 March 2011, the Commission developed an initial framework
- 9 for examining access that has served as the basis for the
- 10 Commission's work in this area.
- 11 The framework includes three main elements:
- 12 enrollees and their unique characteristics, availability of
- 13 providers, and utilization. It also accounts for the
- 14 complex health needs and characteristics of the Medicaid
- 15 population as well as the program variability across
- 16 states. More recently, in the March 2017 report, MACPAC
- 17 examined the current regulatory framework for ensuring
- 18 access, noting that there is no single federally mandated
- 19 method for states to assess access to Medicaid-covered
- 20 services. The chapter also presented key challenges to
- 21 monitoring, including a discussion of the data limitations
- 22 and the constraints on state and federal administrative

- 1 capacity.
- In addition to these chapters, the Commission has
- 3 also commented on several proposed rules to define
- 4 monitoring requirements. In these letters, the Commission
- 5 has consistently encouraged CMS to develop an effective and
- 6 efficient monitoring system that can both meaningful
- 7 capture access to care but also balances collecting and
- 8 reporting actionable information with limited state
- 9 administrative capacity.
- Now I'm going to turn it over to Linn who will
- 11 talk about the current requirements and our path going
- 12 forward.
- 13 * MX. JENNINGS: Thank you so much, Martha.
- 14 All right. So, to begin I will talk about the
- 15 current requirements. So, the federal and state
- 16 governments are obligated to ensure access to care under
- 17 fee for service and managed care. So, in fee for service,
- 18 the Social Security Act requires Medicaid payment levels to
- 19 be sufficient enough to enlist enough providers so that the
- 20 care and services available are comparable to those of the
- 21 general population, and this requirement is commonly known
- 22 as the equal access provision.

- 1 Under managed care, the Social Security Act
- 2 ensures access to Medicaid services for enrollees by
- 3 requiring MCOs to demonstrate that they have the capacity
- 4 to serve the expected number of enrollees and have
- 5 procedures in place for monitoring and evaluating quality
- 6 and appropriateness of care.
- 7 There are also two rules that guide states in
- 8 complying with these requirements, and I'll cover them in
- 9 the next few slides.
- 10 So compliance with the equal access provision
- 11 requirement has primarily been assessed through the
- 12 adequacy of provider payment rates. However, on March 31,
- 13 2015, in the Armstrong v. Exception Child Center case, the
- 14 Supreme Court ruled that Medicaid providers and
- 15 beneficiaries don't have a private right of action to
- 16 contest state-determined Medicaid payment rates in federal
- 17 courts, and the Supreme Court decision underscores CMS's
- 18 primary role in ensuring access to care.
- 19 Partially in response to this case, on November
- 20 2, 2015, CMS published a final rule with comments
- 21 describing the requirements for states to monitor and
- 22 report on access to care under fee for service and provide

- 1 states with processes to review the effect of changes to
- 2 provider payment rates.
- 3 The goal of this final rule was to create a more
- 4 systematic and transparent approach to monitoring access
- 5 that would allow CMS to make informed and data-driven
- 6 decisions. It requires states to submit an access
- 7 monitoring review plan, an AMRP, every three years and that
- 8 an AMRP be submitted with any state plan amendment
- 9 proposing a reduction or restructuring payment rate that
- 10 could result in diminished access.
- 11 While states are required to monitor access for a
- 12 particular set of benefits, they do have the flexibility to
- 13 develop and define these measures, so there is substantial
- 14 variation in the processes and standards used by states.
- 15 For example, in MACPAC's review of the draft state AMRPs
- 16 published in the March 2017 report, states used data from a
- 17 variety of sources, such as utilization data from claims,
- 18 and self-reported access measures from beneficiary surveys
- 19 to report on required areas of access.
- In response to this 2015 final rule with comment,
- 21 many states and stakeholders submitted in comments, and
- 22 many of these states, especially those with high managed

- 1 care enrollment, expressed concerns about the
- 2 administrative burden to monitor access and to analyze the
- 3 effect of making nominal payment rate changes. Other
- 4 stakeholders also had concerns about which services were
- 5 included in the core required services and about the
- 6 oversight of payment rate changes.
- Now I'll talk about managed care. So, on May 16,
- 8 2016, CMS issued a comprehensive managed care rule. It was
- 9 the first to update the regulations on Medicaid and managed
- 10 care in over a decade. It established new requirements for
- 11 how states should assess network adequacy in MCOs,
- 12 including requiring states to develop and make publicly
- 13 available time and distance network adequacy standards for
- 14 specific provider types, and use their data to set baseline
- 15 standards to improve their managed care programs. MCOs are
- 16 also required to ensure covered service are available
- 17 within a reasonable time frame and in a manner that ensures
- 18 continuity of care and adequate primary care and
- 19 specialized service capacity.
- In 2018, MACPAC reviewed Medicaid managed care
- 21 contracts and found that most states use multiple methods
- 22 to monitor access, and may also require MCOs to submit

- 1 additional information that could be used for access and
- 2 network adequacy monitoring, such as member and provider
- 3 grievances, member and provider surveys, and encounter
- 4 data.
- 5 In 2020, CMS issued a subsequent rule that
- 6 replaced the time and distance standards with state-
- 7 established quantitative standards to determine network
- 8 adequacy, and the remainder of the provider network
- 9 adequacy requirements in the final 2016 rule do remain in
- 10 place.
- In both the final 2015 fee for service rule with
- 12 comment and the requests for information, CMS acknowledged
- 13 the need for a more unified approach that would align
- 14 methods and measures to analyze network adequacy under
- 15 managed care and access in fee for service.
- In response to the comments in the final 2015
- 17 rule, the Trump administration proposed changes to the fee
- 18 for service monitoring rule that would have established
- 19 exemptions for certain states, and then later in the
- 20 administration CMS proposed rescinding the final fee for
- 21 service rule with the goal of them developing a more
- 22 comprehensive approach to monitoring access. Neither of

- 1 these rules were finalized.
- 2 Most recently, CMS is indicating that they are
- 3 revisiting the current approach to access monitoring, and
- 4 the forthcoming rule in January of 2022 would provide
- 5 support to monitor access to care across delivery systems,
- 6 including fee for service, managed care, and home and
- 7 community-based services programs.
- 8 As noted in the 2011 and 2017 MACPAC reports,
- 9 there are a number of challenges and tradeoffs that states
- 10 and CMS face in monitoring access. For example, monitoring
- 11 efforts are challenging due to the availability and quality
- 12 of data at the national, state, and population levels.
- 13 There are also tradeoffs that they have to consider with
- 14 the available data sources. For example, administrative
- 15 and claims data are useful for assessing utilization of
- 16 care, but there are also data quality and availability
- 17 concerns with some of these measures.
- In terms of administrative capacity, Medicaid
- 19 agencies at both the state and federal level face staff
- 20 shortages and resource constraints, which can limit their
- 21 capacity to collect, analyze, and report on data.
- 22 States and the federal government may also have

- 1 different priorities for access monitoring. For example,
- 2 states were concerned that the resources required to
- 3 develop AMRPs and implement requisite monitoring activities
- 4 left few resources for state priorities such as monitoring
- 5 at the population level.
- 6 Given the interest from CMS in proposing a new
- 7 access rule, we will be assessing the existing approach and
- 8 potential changes that could be made to address current
- 9 gaps and limitations. This work will be informed by a
- 10 literature review, a review of stakeholder comments on
- 11 prior rulemaking, and key informant interviews with CMS,
- 12 states, plans, beneficiary advocates, and experts.
- And in October we will focus on how current data
- 14 sources could be used to monitor access, identify the data
- 15 gaps and limitations of existing data, as well as
- 16 approaches to addressing these gaps. In December, we will
- 17 further discuss the considerations in designing and
- 18 implementing an approach to monitoring access.
- And to help us focus our work, we are interested
- 20 in hearing from the Commission on key considerations and
- 21 priorities for monitoring access and areas for improvement
- 22 that the Commission would like to explore in greater

- 1 detail.
- 2 Thank you so much, and I look forward to your
- 3 discussion and suggestions for our work.
- 4 CHAIR BELLA: Thank you, Martha and Linn, for
- 5 taking us through that so efficiently. Commissioners, I'm
- 6 going to open it up. I see Martha to start.
- 7 COMMISSIONER CARTER: Thanks for this overview.
- 8 I think this is going to be an interesting area of inquiry.
- 9 I had a question about whether states are
- 10 required to, or if they are, factoring payments to FQHCs in
- 11 their access, what are they called, access monitoring
- 12 review plans? Areas to look at might be, you know, we know
- 13 that FQHCs are paid in a very unique way, but some states
- 14 pull some services into fee for service, and how does that
- 15 affect access? And then as we look at the value-based
- 16 payment models, how do changes in how the FQHCs are paid
- 17 affect access?
- So, it's kind of a broad question, but I'd like
- 19 to know, you know, a little bit more in that area.
- 20 CHAIR BELLA: Martha, you're just wanting an
- 21 answer of what else we want to know, not an answer you're
- 22 looking for right now. Correct? You're getting it on

- 1 record.
- 2 COMMISSIONER CARTER: Right. Yeah. I want to
- 3 know a little bit more about it, how payments to FQHCs are
- 4 factored in and how that affects access.
- 5 CHAIR BELLA: Okay. Wonderful. Thank you.
- 6 Other Commissioners? Darin?
- 7 COMMISSIONER GORDON: This is helpful. I do
- 8 think it would be helpful, as we think about access, that
- 9 instead of just looking at time and distance what else
- 10 states are looking at with regards to access, for example,
- 11 looking at percent of licensed providers in that state that
- 12 are seeing Medicaid clients. You know, time and distance
- 13 doesn't seem to take into account what the supply is in the
- 14 state, and so I think that gives another lens through which
- 15 to look at it, and something that would be worth
- 16 understanding. There are probably other measures that
- 17 states have used that go beyond time and distance that may
- 18 be helpful in understanding.
- 19 MX. JENNINGS: Thank you. I will make note of
- 20 that as we continue to do stakeholder interviews.
- 21 CHAIR BELLA: Other Commissioners? Laura, then
- 22 Toby.

- 1 COMMISSIONER HERRERA SCOTT: Good morning. Just
- 2 building on what Darin said for consideration, not only
- 3 understanding what other states and measures but also
- 4 potentially wait times for those appointments, especially
- 5 for specialty care. So, time and distance but, you know,
- 6 60 days, 90 days, et cetera before they can get in to be
- 7 seen. And then if there's any breakdown by geography,
- 8 rural versus suburban, urban, et cetera.
- 9 CHAIR BELLA: Thank you, Laura. Toby?
- 10 COMMISSIONER DOUGLAS: Yeah. Just the other
- 11 piece is around how states are including in virtual care.
- 12 We're going to talk later today about, you know, within the
- 13 behavioral health, but just in general. I think some of
- 14 Laura's points around wait time would get at are there
- 15 other ways. But making sure we're not just talking about
- 16 providers in a geographic footprint, especially now and
- 17 using cross-state credentialing. So virtual is going to be
- 18 a big piece of the future in Medicaid.
- 19 CHAIR BELLA: Thanks, Toby. Denis, would you
- 20 like to make any comments?
- 21 COMMISSIONER HEAPHY: I --
- 22 CHAIR BELLA: All right. Other Commissioners?

- 1 Oh, sorry. Go ahead.
- 2 COMMISSIONER HEAPHY: It takes me a second. No,
- 3 I think it would be really helpful to understand what the
- 4 states are doing in terms of the contracting requirements
- 5 with MCOs beyond what's already been stated, particularly
- 6 around access to primary care providers, for folks
- 7 transitioning to 22 with disabilities, to see what kind of
- 8 provider capacity is actually out there for those
- 9 populations.
- 10 CHAIR BELLA: Thank you, Dennis. Heidi?
- 11 COMMISSIONER ALLEN: I'm particularly interested
- 12 in audit methodologies, where people actually call and use
- 13 standardized patient profiles to see how long and how hard
- 14 it is to get an appointment among network providers,
- 15 particularly in MCOs. And I'm also wondering if we've ever
- 16 asked MCOs to benchmark against their commercially insured
- 17 populations, for those that serve both Medicaid and
- 18 commercial populations.
- 19 CHAIR BELLA: Martha, can you remind me, in our
- 20 past work -- I mean, I have a bunch of thoughts in my head
- 21 about duals and access and Medicaid and Medicare and
- 22 challenges there, although it sort of goes outside of the

- 1 scope of this a bit. In our prior work have we looked
- 2 specifically at some of the issue around duals and lesser-
- 3 of and provider participation? It kind of doesn't fit
- 4 squarely here, but I can't help but ask.
- 5 MS. HEBERLEIN: We did do a lesser-of analysis a
- 6 long time ago, and I'm not going to remember the details of
- 7 it, but we can certainly share that with you. It has not
- 8 come up specifically in our comments on the letters that I
- 9 remember, or the comments on the rules that I remember, but
- 10 I think, you know, there are definitely issues that we
- 11 talked about, both in the most recent chapter as well as
- 12 the letters that have implications for duals, for like, for
- 13 example, we talk about like carved-out benefits, right, and
- 14 so how do you monitor benefits that may be provided in
- 15 multiple different systems. So, I think while we didn't
- 16 specifically name duals in much of that work, I think there
- 17 are a lot of things that we can take that are relevant to
- 18 the duals work. And I'm happy to dig up the lesser-of and
- 19 share it with you.
- 20 CHAIR BELLA: Okay. That would be wonderful. It
- 21 would be great to hear if we could get any of that in any
- 22 the panels too, if they indicate these are issues that come

- 1 up.
- Fred, I think I saw your hand.
- 3 COMMISSIONER CERISE: Sure. So a couple of
- 4 things. On the primary care side there are outcome
- 5 measures that you could look at that are pretty readily
- 6 available that would seem to correlate well with access,
- 7 you know, annual visits and immunizations and things like
- 8 that, that it gets tougher on the specialty side, and as
- 9 Heidi just referred to, you know, if you've got these
- 10 third-party surveys, a lot of them out there that say how
- 11 tough it is to get appointments. And the primary care
- 12 providers will have some insight into that as well. And so
- 13 as you look at if there is some survey methodology, using
- 14 the primary care providers, because they know how easy or
- 15 hard it is to get specialty access to round out services.
- 16 CHAIR BELLA: Thank you, Fred. Other comments?
- 17 Heidi.
- 18 COMMISSIONER ALLEN: Sorry. I forgot to mention
- 19 that I really think patient voice is so important in this,
- 20 and I recognize that survey methodology as a limited
- 21 sample, but I just think it's essential to really, truly
- 22 understand what people's experiences are, to ask them. And

- 1 I'm curious the role of MCACs, the Medicaid advisory
- 2 committees in each state, if they actually do have
- 3 consumers on them and what they are doing to play a role in
- 4 monitoring access.
- 5 CHAIR BELLA: Great.
- 6 COMMISSIONER HEAPHY: This is Dennis. Just one
- 7 quick question, and that's about transportation. And would
- 8 that be included in this as something that we should be
- 9 looking into, into network adequacy?
- 10 MX. JENNINGS: So that has been one of the
- 11 questions we have been asking in our stakeholder
- 12 interviews, or that's come up, I guess, in a lot of our
- 13 stakeholder interviews. We try to take into account
- 14 transportation and other measures, really, of provider
- 15 availability and access. So, in October we will get a
- 16 chance to kind of go into a little bit more depth on those.
- 17 COMMISSIONER HEAPHY: Good.
- 18 COMMISSIONER JOHNSON: And then around that, too,
- 19 I mean, so just overall, have we done any thoughts around
- 20 other social determinants of health that could actually
- 21 limit some of these, make some of these challenges happen
- 22 as well? So, I just think we should keep that in the back

- 1 of the mind so it would be helpful for me.
- 2 CHAIR BELLA: Okay. Anyone -- oh, go ahead,
- 3 Linn. Sorry.
- 4 MX. JENNINGS: Oh, no. I was just going to say
- 5 that's also been something that's been coming up in
- 6 stakeholder interviews, so we'll make sure to highlight
- 7 that as well, in October.
- 8 CHAIR BELLA: So, remind us, who are you thinking
- 9 for the panel, what types of folks?
- 10 MX. JENNINGS: So, we're hoping to have a
- 11 research expert and -- well, so for October and December
- 12 kind of have a mix of researchers, and a beneficiary
- 13 advocate, and also someone from one of the states that
- 14 we've been interviewing, to get a mix of perspectives. But
- 15 then also in our interviews we have been interviewing
- 16 providers and managed care plans and other experts. So, it
- 17 will be people that we've talked to already.
- 18 CHAIR BELLA: Okay. Great.
- 19 Any other comment, considerations you'd like to
- 20 see as the work continues?
- [No response.]
- 22 CHAIR BELLA: Okay. Linn and Martha, do you have

- 1 all that you need from us? Any additional questions?
- 2 Oh, Darin.
- 3 COMMISSIONER GORDON: I was just thinking, Linn,
- 4 as you were talking about the different folks we're talking
- 5 about hearing from, just for consideration, I wonder if it
- 6 would be helpful if there was some plan voice like from a
- 7 health plan that's also giving their perspective on access
- 8 and things that they look at, they monitor as well, maybe
- 9 even beyond what a state may ask for, but I think that
- 10 might be a perspective that might add something to the
- 11 discussion.
- 12 MX. JENNINGS: I'll make note of that and bring
- 13 it back to Martha and Ashley as we're planning.
- 14 CHAIR BELLA: Okay. I think we're set. We'll
- 15 look forward to the October panel. Thank you all very
- 16 much.
- 17 All right. We'll go ahead and move into the next
- 18 session on Money Follows the Person demonstration, and
- 19 Kristal is going to lead us through this session.
- 20 Good morning, Kristal. Welcome.
- 21 ### CONGRESSIONALLY MANDATED STUDY ON MONEY FOLLOWS
- 22 THE PERSON DEMONSTRATION PROGRAM

- 1 * DR. VARDAMAN: Good morning. Thank you,
- 2 Commissioners, and good morning.
- 3 I'm here today to discuss our work plan for the
- 4 mandated study on the Money Follows the Person, or MFP
- 5 demonstration program.
- As you know, in the Consolidated Appropriations
- 7 Act of 2021, Congress directed MACPAC to conduct a study
- 8 examining the settings available to MFP participants and
- 9 settings that qualify for home- and community-based
- 10 services or HCBS payment under the HCBS settings rule.
- 11 Today I'm going to describe our plan for that
- 12 fulfilling mandate, but since it's been a few years since
- 13 the Commission has engaged in discussion on either MFP or
- 14 the settings rule, we wanted to start the conversation.
- 15 I'll then go over the analyses that we have planned and the
- 16 plan for bringing you the results in the coming months.
- So, first, I'll start with MFP. MFP is one of a
- 18 number of investments the federal government has made in
- 19 supporting state efforts to rebalance, which is what we
- 20 call the "shifts in long-term services and supports," or
- 21 LTSS, from a reliance on institutional services to serving
- 22 more individuals in the community with an associated shift

- 1 in Medicaid dollars.
- 2 MFP was first authorized by the Deficit Reduction
- 3 Act of 2005, and it's subsequently been reauthorized for
- 4 both very short and longer-term periods of time, most
- 5 recently in the CAA, which provided MFP funding through
- 6 fiscal year 2023.
- 7 Over the course of the demonstration, 44 states
- 8 and the District of Columbia have been provided flexibility
- 9 and enhanced funding to support transitioning MFP
- 10 participants from institutions back into the community. In
- 11 recent years, the number of states participating in MFP
- 12 dropped due to an anticipated sunsetting of the program,
- 13 which was subsequently extended.
- In September 2020, 33 states were still
- 15 participating, but we heard that some states are restarting
- 16 their program now that funds are available for additional
- 17 years.
- In total, MFP has transitioned over 100,000
- 19 participants back to the community.
- 20 Specifically, MFP assists beneficiaries who
- 21 resided in an institution for at least 60 days. This is
- 22 done with the help of coordinators from states, a

- 1 contractor, or managed care plan. They provide
- 2 beneficiaries with the supports needed to identify and move
- 3 into community residence, so this could include things like
- 4 identifying accessible and affordable housing or making
- 5 home modifications.
- 6 MFP includes participants who have intellectual
- 7 or developmental disabilities, individuals age 65 or older,
- 8 individuals with physical disabilities, and individuals
- 9 with mental health conditions.
- In addition to help moving back into the
- 11 community, MFP participants receive demonstration services
- 12 beyond what's delivered in the state typically under their
- 13 existing waivers and state plan options. This could
- 14 include things like assisted technologies or 24-hour
- 15 personal care. These services are available to
- 16 participants for a one-year period after they leave the
- 17 institution.
- 18 After that, people who are transitioned through
- 19 MFP will continue to receive the typical HCBS services
- 20 provided under the existing state plan options and waivers
- 21 in their state.
- The current MFP state specifies that

- 1 beneficiaries receiving services funded under the program
- 2 must be transitioned into a qualified residence. This
- 3 includes a home owned by or leased by the beneficiary or
- 4 their family member, an apartment with an individual lease,
- 5 or a community-based setting in which no more than four
- 6 unrelated individuals reside. We'll come back to this
- 7 definition later as we discuss the mandate.
- 8 States participating in MFP receive an increase
- 9 in their federal match for HCBS provided to participants.
- 10 States must then invest the amount above the regular match
- 11 and into their HCBS infrastructure. Those are called
- 12 rebalancing funds. State uses of those funds vary widely,
- 13 but some examples include using them to reduce HCBS waiver
- 14 waiting lists or to provide transition support to
- 15 beneficiaries who would not qualify for MFP transition. So
- 16 that might include, for example, beneficiaries who have
- 17 resided in an institution for less than 60 days who
- 18 wouldn't be eligible to participate in the program.
- 19 Next, I'll turn to the settings rule. The
- 20 settings rule was published in 2014, and it's intended to
- 21 ensure that HCBS settings are different from institutions
- 22 and that individuals receiving HCBS have the same ability

- 1 to participate in community life and control over their own
- 2 lives as others in the community. It applies to HCBS
- 3 provided under the broad range of authorities states use
- 4 including waivers and state plan options.
- 5 Here are standards that are included in the rule.
- 6 For example, it affirms individuals' ability to select
- 7 settings, services, and providers, and it governs both day
- 8 services like supported employment and residential
- 9 settings. The residential standards includes requirements
- 10 around leases, choice of roommates, lockable units, things
- 11 like that.
- 12 Each state has been required to submit a
- 13 statewide transition plan to CMS describing how they will
- 14 assess HCBS settings and how noncompliant settings will be
- 15 brought into compliance. CMS has extended the full
- 16 implementation deadline multiple times, most recently to
- 17 March 17, 2023, due to the complexity of the undertaking
- 18 and competing state priorities, including responding to the
- 19 COVID-19 pandemic. Settings that have characteristics that
- 20 isolate beneficiaries to receive Medicaid-covered HCBS from
- 21 the broader community will be ineligible for HCBS payment
- 22 unless those characteristics are sufficiently mitigated by

- 1 other factors.
- 2 States can demonstrate that these settings should
- 3 remain eligible for HCBS payment through a process called
- 4 heightened scrutiny, in which they justify what kinds of
- 5 characteristics and policies and procedures mitigate those
- 6 isolating factors, and that's something that CMS will be
- 7 reviewing states' evidence packages that will include those
- 8 justifications.
- 9 The MFP resident criteria predates the HCBS
- 10 settings rule by about nine years, and the standards
- 11 differ. And we've heard so far that some states in their
- 12 process of implementing the settings rules have used the
- 13 MFP criteria as a guide, but that was not a requirement.
- So, in general, more settings are allowed under
- 15 the settings rule than the qualified residence criteria for
- 16 MFP. For example, the MFP criteria had a strict four-
- 17 person limit, while under the settings rule, a group home
- 18 of six or eight would be allowed, assuming that those
- 19 settings would need to meet all of the requirements under
- 20 the rule.
- 21 I will note here that there's been some
- 22 uncertainty about certain settings like assisted living.

- 1 CMS has put out additional guidance for assisted living.
- 2 In terms of how they fare under the MFP criteria can vary
- 3 by state because there is some variation in that model of
- 4 service across states. So that variation is going to have
- 5 some implications for how assisted living is considered.
- 6 We'll have more to discuss on that when we bring you the
- 7 results of our interviews with states and stakeholders.
- 8 So, the CAA directs MACPAC to conduct a study to
- 9 identify the settings and services that are available to
- 10 MFP participants and to settings that are in compliance
- 11 with the settings rule. It doesn't require the Commission
- 12 to make any recommendations, but if deemed appropriate, the
- 13 Commission could do so.
- 14 Staff has begun work on this project over the
- 15 summer. So far, we've surveyed state MFP program directors
- 16 for their perspectives on the residence criteria. We're
- 17 currently interviewing stakeholders, including state and
- 18 federal officials, beneficiary advocates, providers, and
- 19 researchers to understand the advantages and disadvantage
- 20 of the current criteria and implications of making any
- 21 changes to those criteria. We've also been assessing the
- 22 availability of data, and we'll be reviewing CMS guidance

- 1 and evaluation reports.
- 2 The scope of the mandated report is pretty
- 3 narrow. As we conducted our stakeholder interviews, we
- 4 heard some additional insights on the successes and
- 5 challenges of MFP, including how states are dealing with
- 6 the uncertainty of MFP funding. So, as we focus on the
- 7 mandated report, we will certainly provide some of that
- 8 information to you all as context for how the MFP program
- 9 is operating.
- Next month, we'll present the results of our
- 11 survey and some interview themes from our work. If
- 12 Commissioners are interested, we can then develop policy
- 13 options for draft recommendations. The Commission again
- 14 could also decide to write a primarily descriptive report.
- 15 Either way, we anticipate our work will be completed this
- 16 winter, and we can fulfill the mandate in the 2022 report
- 17 cycle.
- So, with that, I'll turn it back to you all for
- 19 your discussion, and we appreciate any feedback you have on
- 20 the work plan or any other issues you'd like us to consider
- 21 as we conduct this work. Thank you.
- 22 CHAIR BELLA: Thank you, Kristal.

- 1 Let me first start with just any questions or
- 2 clarifications for Kristal on the scope, on the question
- 3 we're trying to answer, and what we've been asked to do.
- 4 Is everybody pretty clear on that?
- 5 I see some nodding heads. Great.
- 6 All right. Then let's start then with comments
- 7 or feedback on the work plan or on how we want to --
- 8 anything we want to see as Kristal and team approach the
- 9 work to satisfy this requirement.
- 10 Brian.
- [No response.]
- 12 CHAIR BELLA: I believe you're on mute, Brian.
- 13 COMMISSIONER BURWELL: I do have some clarifying
- 14 questions for you, Kristal.
- So, my presumption is that people who have been
- 16 transitioned to the community under MFP are -- where they
- 17 live, their settings are governed by MFP but also by the
- 18 settings rule. Am I correct on that? I mean, the MFP
- 19 requirements are a subset of the settings rule.
- DR. VARDAMAN: Right, right. Yes. So, all MFP
- 21 settings will have to meet the settings rule requirements,
- 22 but all settings that qualify under the settings rule would

- 1 not necessarily qualify for MFP participants.
- 2 COMMISSIONER BURWELL: Thank you for that.
- 3 My follow-up question, are there some
- 4 requirements in the settings rule that are considered more
- 5 rigid or difficult for persons in MFP to meet? For
- 6 example, you discussed isolation as one of the criteria.
- 7 If MFP recipients are in an isolated setting that still
- 8 meets all the other MFP settings, requirements, might they
- 9 still be subject to noncompliance with the settings rule if
- 10 they're considered to be an isolated setting?
- DR. VARDAMAN: So, to the extent that setting
- 12 hasn't yet -- any settings, HCBS setting, hasn't yet, you
- 13 know, come into compliance with the rule, states are
- 14 working with settings to do so. So, any MFP setting that
- 15 may have factors that would be isolating would be required
- 16 to meet those requirements under the same timeline. You
- 17 know, given the criteria of the MFP qualified recommended
- 18 settings, they tend to be things like individual apartments
- 19 or individual homes -- are probably less likely to be in
- 20 those groups of settings that would have isolating factors
- 21 because they're not necessarily in places that would be
- 22 flagged for review like settings on the same campus as an

- 1 institution, for example, is something that would likely be
- 2 flagged for review, which would probably be less likely for
- 3 a setting that would be eligible under MFP.
- 4 COMMISSIONER BURWELL: So, I am gaining the
- 5 assumption that the main difference between the two
- 6 settings requirements between MFP and the settings rule is
- 7 the four-person limit on the MFP settings requirement, and
- 8 that bringing them into alignment, the primary change would
- 9 be allowing the MFP beneficiaries to live in residential
- 10 settings of more than four people. Am I correct or
- 11 incorrect on that?
- DR. VARDAMAN: Yes. So far, the implications of
- 13 expanding the MFP criteria would be mainly -- from our
- 14 understanding so far would be mainly to open it up to
- 15 larger congregate settings.
- The only other issue we've heard is they're
- 17 around sort of where some assisted living settings fit into
- 18 that, which, you know, in some cases, they may still
- 19 qualify under the MFP criteria, and some cases, they don't,
- 20 depending on sort of the model of the community. And so
- 21 those are things that we plan to bring you some more
- 22 details on, but you are correct that primarily the results

- 1 of expanding the criteria would be to open MFP up to larger
- 2 congregate settings.
- 3 COMMISSIONER BURWELL: And I am then -- I'm sorry
- 4 to keep asking all the questions. I feel I'm taking up the
- 5 time.
- One rationale for bringing those two requirements
- 7 into alignment is that then states have one set of criteria
- 8 by which to survey and evaluate settings in which people
- 9 receiving HCBS services are living. It would simplify the
- 10 regulatory oversight.
- 11 DR. VARDAMAN: Yeah. That is one of the
- 12 questions we've been probing about in our interviews in
- 13 terms of the advantages and disadvantages. So, some
- 14 administrative simplicity might be some of the things that
- 15 would occur if they were aligned. We're also hearing
- 16 comments on the other side that MFP is a higher bar for
- 17 transitions and is a bit more of an aspirational bar in
- 18 terms of where settings should be going to the future, but
- 19 we'll be bringing you the results of some stakeholder
- 20 comments on both sides of the issue next month.
- 21 COMMISSIONER BURWELL: Thank you. Those answers
- 22 have all been very helpful.

- 1 CHAIR BELLA: Toby and then Tricia.
- Oh, Tricia, did you not raise your hand?
- 3 Toby.
- 4 COMMISSIONER DOUGLAS: Yeah. So, two quick --
- 5 one, I think the plan looks really good. Great job, first
- 6 of all.
- 7 And, secondly, is there any -- as you look at the
- 8 question around flexibilities and future flexibilities and
- 9 all the funding that's coming through -- I always forget --
- 10 the American Rescue Plan Act HCBS funding, so there's going
- 11 to be so many new initiatives. How are you going to -- are
- 12 you going to be looking at that interaction?
- 13 DR. VARDAMAN: Some comments that have come up,
- 14 primarily some of what we're hearing are a lot of the ways
- 15 that states are using the rebalancing funds, which might be
- 16 things that states could turn to, to expand additional HCBS
- 17 funding.
- 18 COMMISSIONER DOUGLAS: Okay. Great. I think
- 19 it's definitely something we should track if they're going
- 20 to be investing in similar places, what works and should
- 21 actually fit into this.
- Thanks.

- 1 CHAIR BELLA: So, Kristal, I agree it's a very
- 2 solid work plan, and it seems very focused for what we have
- 3 to answer. In the interviews you've done so far,
- 4 particularly with any of the beneficiary advocates, are you
- 5 expecting that we're going to get a group of people that
- 6 say it's not a problem, a group of people that say it is a
- 7 problem, and then we're going to debate whether we think we
- 8 should sort of make those things -- whether there's a
- 9 problem to solve, or are you sending that there is
- 10 definitely something for us to call attention to? I'm just
- 11 trying to figure how to tease out of what you're hearing so
- 12 far so that we can be thinking about where we have the most
- 13 value, and if it's too premature, we can wait until next
- 14 month.
- DR. VARDAMAN: Sure. Well, I think so far, you
- 16 know, we're definitely hearing a lot of comments,
- 17 particularly from the advocacy community, about how MFP
- 18 sets a higher standard than the settings rule, particularly
- 19 around that four-person limit, and it's a more integrated
- 20 option for people, and that some of the settings,
- 21 particularly concerns around, I would say, things like
- 22 settings that are on the campuses of institutions and how

- 1 much flexibility the settings rule provides for those
- 2 settings to continue to receive HCBS payment versus MFP
- 3 that sets a more strict definition.
- 4 Some of those things that we are hearing from
- 5 folks, we will definitely try to tease out some of the pros
- 6 and cons. I think we're hearing similar pros and cons from
- 7 different groups in terms of whether it be states or
- 8 advocates, so depending on where they sit, the composition
- 9 of the HCBS settings and whatnot. So, we'll definitely
- 10 have lots to talk about that next month.
- 11 CHAIR BELLA: Brian?
- 12 COMMISSIONER BURWELL: So, a more specific
- 13 question around that same issue. My understanding is that
- 14 it is often difficult to place people in the community out
- 15 of institutions under MFP largely because the transition
- 16 coordinators cannot find an appropriate place to have them
- 17 live. So, are you also getting feedback that the higher
- 18 bar that is used in the MFP program is a barrier to
- 19 actually placing people and that people are waiting, wait
- 20 for a longer period of time because of that bar?
- DR. VARDAMAN: So that's something that we did
- 22 ask about in our survey. I would say that where people

- 1 have identified MFP as a barrier for transitions, we're
- 2 trying to probe a bit on for what populations and to the
- 3 extent that has been a barrier, and that's where we've
- 4 heard concerns specifically about things such as assisted
- 5 living, and as we're talking to states, we're hearing some
- 6 descriptions of why that is, like why is it true in a state
- 7 for assisted living and not for another? So those are some
- 8 of the kind of nuances that we're trying to tease out in
- 9 our interview.
- 10 COMMISSIONER BURWELL: Thank you.
- 11 CHAIR BELLA: Other Commissioners, comments or
- 12 questions?
- [No response.]
- 14 CHAIR BELLA: Kristal, I think we're going to let
- 15 you off the hook very early in this session because you
- 16 explained it so well and it's so well designed. If there
- 17 aren't -- do you have what you need from us?
- DR. VARDAMAN: Yes, these comments were really
- 19 helpful and will help us, you know, pull together the
- 20 themes that will be of interest to the Commission. So
- 21 we'll be back next month with those results. Thank you.
- 22 CHAIR BELLA: Well, I'm really excited to hear

- 1 those results, so thank you for doing this work. And we
- 2 are ahead of schedule. Anne, since our next session is a
- 3 panel, I assume we need to wait, right? So we could take a
- 4 short break?
- 5 EXECUTIVE DIRECTOR SCHWARTZ: Yeah, I think you
- 6 wanted to take some public comment. We can do that as
- 7 well.
- 8 CHAIR BELLA: Yeah, let's do that. Let's take
- 9 public comment on the last two sessions that we just had,
- 10 so access monitoring and the MFP report. If anyone in the
- 11 public would like to comment, please do so by using your
- 12 hand signal in GoToWebinar function, and then please state
- 13 your name, organization, and I'll remind folks that we have
- 14 a request that you keep your comments to three minutes or
- 15 less.

16 ### PUBLIC COMMENT

- 17 * MS. HUGHES: Noah Haines, you've been unmuted.
- 18 You can unmute your line and make your comment.
- 19 [No response.]
- 20 MS. HUGHES: Noah, there's a little microphone
- 21 icon under the orange arrow in the upper right side of your
- 22 screen.

- 1 [Pause.]
- 2 MS. HUGHES: He doesn't appear to be unmuting his
- 3 line.
- 4 CHAIR BELLA: Okay. So he is muted. We can't --
- 5 there's no muting on our end, correct?
- 6 MS. HUGHES: No. That's correct.
- 7 CHAIR BELLA: Okay. Well, why don't we go ahead
- 8 with Nataki, and hopefully Noah can unmute, and then we can
- 9 hear from those two.
- 10 MS. MacMURRAY: Good morning, Commission. This
- 11 is Nataki MacMurray from the Office of National Drug
- 12 Control Policy. I actually had a question. I know this
- 13 current study that's being discussed is specific to LTSS
- 14 population. Do you foresee that they may be able to
- 15 replicate or expand this study to apply to other
- 16 populations? For instance, I'm always thinking about a
- 17 population of folks that are in long-term care for
- 18 substance use disorder, and so do you foresee that this may
- 19 be something applicable at a future time for a different
- 20 study for that population? Thank you.
- 21 CHAIR BELLA: Anne, do you want to answer that
- 22 one? Just because --

- 1 EXECUTIVE DIRECTOR SCHWARTZ: Sure. This is a
- 2 statutory direction to the Commission to look specifically
- 3 at Money Follows the Person and how the settings under that
- 4 program relate to those under the home and community-based
- 5 settings rule. Congress could ask us to do additional
- 6 studies, but right now we're focused on answering the
- 7 question that Congress put to us.
- 8 CHAIR BELLA: Thank you.
- 9 All right. Let's try Noah one more time. And I
- 10 would also remind folks that you're always welcome to make
- 11 comments. Just address it to comments@macpac.gov.
- MS. HUGHES: Noah, just a reminder. You are
- 13 self-muted and you need to click the little red microphone
- 14 icon under the orange arrow.
- 15 [Pause.]
- 16 CHAIR BELLA: Okay. I'm going to ask for now
- 17 that -- Noah, you are welcome to make a comment later in
- 18 the session, or you're welcome to send to
- 19 comments@macpac.gov. We'll take a short break and be back
- 20 at a couple minutes before 11:00 so we can start right on
- 21 time with our panel. So that gives you all, I don't know,
- 22 12 minutes or so. So we'll see you back here shortly.

- 1 Thank you very much.
- 2 * [Recess.]
- 3 CHAIR BELLA: Okay. Let's go ahead and get
- 4 started. Welcome back, everyone. Aaron, nice to see you,
- 5 and welcome to our panelists.
- Aaron, I'm going to turn it over to you for
- 7 introductory remarks, introduce the panelists, and then
- 8 we'll be off and running. So thank you all for being here
- 9 today.
- 10 ### PANEL DISCUSSION: HEALTH IT ADOPTION AND USE BY
- 11 BEHAVIORAL HEALTH PROVIDERS TO SUPPORT CARE
- 12 **INTEGRATION**
- 13 * MR. PERVIN: Excellent. Thanks, Melanie.
- Good morning, Commissioners. This year we will
- 15 be investigating ways to improve clinical integration of
- 16 services by focusing on health IT adoption among behavioral
- 17 health providers. In prior meetings, we discussed low
- 18 rates of behavioral health IT adoption for Medicaid
- 19 providers, and Commissioners highlighted the need to talk
- 20 with stakeholders about how electronic health record
- 21 platforms could strengthen quality of care for
- 22 beneficiaries. I'm excited to introduce three panelists

- 1 today to talk with the Commission about all of this.
- 2 First up is Jessica Kahn. Ms. Kahn is the former
- 3 director of data and systems at the Center for Medicaid and
- 4 CHIP Services and a current partner at McKinsey. Ms. Kahn
- 5 will provide an overview of Medicaid efforts to date to
- 6 strengthen health IT adoption within the provider community
- 7 under the Promoting Interoperability Program and the
- 8 ramifications of leaving behavioral health mostly out of
- 9 these efforts.
- 10 Second, you will hear from Bebet Navia. Mr.
- 11 Navia is the program director for New Jersey Medicaid
- 12 Enterprise Systems, and he will discuss New Jersey's
- 13 Substance Use Disorder Promoting Interoperability Program,
- 14 which is completely funded with State dollars and pays
- 15 substance use disorder providers to adopt EHRs.
- Third, you will hear from Brooke Hammond. Ms.
- 17 Hammond is the director of operations at Integral Care in
- 18 Austin, Texas. Integral Care is a behavioral health
- 19 provider that participates in Texas' Comprehensive
- 20 Community Behavioral Health Clinic Initiative. Ms. Hammond
- 21 will present on Integral Care's ongoing efforts to optimize
- 22 its EHR platform and how EHRs have strengthened quality of

- 1 care for its patients.
- With that, I will hand it over to Ms. Kahn.
- 3 * MS. KAHN: Thanks, Aaron, and thanks for having
- 4 me. Can I get like a thumbs up that you guys can hear me?
- 5 Okay. And can I also just take a moment to say it's
- 6 wonderful to see so many friendly faces of brilliant
- 7 colleagues. I miss you all and wish we could be in person.
- 8 So, yes, as Aaron mentioned, I'm going to try and
- 9 set a stage here and then turn to Bebet and to Brooke to
- 10 provide some more specificity on New Jersey and on the
- 11 clinical practice element as well. And, Aaron, thank you
- 12 in advance for advancing the slides for me as we go
- 13 through. Then we can have some questions. So let's jump
- 14 in.
- MR. PERVIN: Yeah, let me just make sure that I
- 16 have control of the slides.
- MS. KAHN: Always a good thing.
- MR. PERVIN: There we go.
- MS. KAHN: There we go. Great.
- 20 So looking back, actually we're coming up --
- 21 let's see. Today's September 24th. Six more days of
- 22 HITECH, you guys. Six more days. Can you believe it has

- 1 been a decade of HITECH, for Medicaid at least? So,
- 2 clearly, we have the ability to look back and understand
- 3 the significance of the investment; \$35 billion was set
- 4 aside for the incentive programs to encourage hospitals and
- 5 providers to adopt EHRs and, dare I say it, to use them
- 6 meaningfully. And we saw from the inception of the
- 7 incentive programs EHR adoption increased 53 percent among
- 8 the non-federal acute care hospitals right away. So just
- 9 using hospitals as a benchmark there, within a quick four
- 10 years we saw a dramatic uptick in adoption and use.
- And yet we also see broadly that it has been
- 12 fairly limited in the behavioral health space. As you
- 13 know, behavioral health providers, writ large, were not
- 14 included in the EHR Incentive Program. And even those
- 15 where it was a psychiatrist who may have or a psychiatric
- 16 hospital, and we still see a general lag in EHR adoption.
- 17 So psychiatric hospitals lag behind other specialty
- 18 hospitals in using what we call "certified electronic
- 19 health record technology." Those are electronic health
- 20 records that have been certified and blessed, so to speak,
- 21 that they meet ONC's criteria. And, similarly, office-
- 22 based physicians practicing psychiatry lag behind specialty

- 1 physicians in EHR adoption. Still progress at 61 percent
- 2 compared to what we would have seen prior to HITECH, but
- 3 still a significant lag.
- 4 Again, those are two who arguably could have been
- 5 part of the incentive program although there are many
- 6 barriers, which we'll talk about in a moment. So
- 7 definitely seeing the disparity.
- 8 Let's go to the next slide, Aaron.
- 9 So, let's talk about why we still see that lower
- 10 adoption rate for BH providers. For the first part, we
- 11 thought of the incentive program not as a way to offset the
- 12 total cost of adopting election health records, but to
- 13 really help providers make that risk-reward decision to
- 14 lean in and to do the adoption, because it was more than
- 15 just paying for the software, right? It was also the
- 16 training and the work flow redesign and the transition of
- 17 practices and processes from paper to electronic. So, the
- 18 incentives really helped not just those initial providers
- 19 who received them, but at a practice level it helped them
- 20 make that transition from paper to electronic. So not
- 21 having others within the practice to support BH be part of
- 22 the incentive program created some of those barriers there,

- 1 so psychologists, social workers, other kinds of therapists
- 2 were ineligible.
- 3 And then behavioral health providers have less
- 4 incentive to adopt EHRs because they're typically not
- 5 included in health information exchanges, which, again,
- 6 sometimes serve as a catalyst for EHR adoption among other
- 7 providers. If you are part of an exchange and there's a
- 8 demand and an expectation for data coming from your
- 9 practice to the exchange with other practices, you look for
- 10 the means to be able to do that and to facilitate that kind
- 11 of exchange in an easier and more automated way. And so BH
- 12 providers, for reasons related largely to Part 2 barriers
- or perception of Part 2 barriers have not been as highly
- 14 involved in health information exchange and, therefore, are
- 15 not grabbing for the EHRs that would enable that.
- And then they're often unable to invest in the
- 17 hardware, software, and training. You know, these are low
- 18 operating margins in general, and looking back, with the
- 19 hindsight of ten years, perhaps we even underestimated the
- 20 costs for this transition, again, going way beyond software
- 21 but also the connectivity, the work flows, making it
- 22 configurable to your site and to your providers and your

- 1 need, as well as the ongoing training so that it didn't
- 2 bottleneck the healthier work flows within a practice. You
- 3 know, it's quite costly over time, and if you're starting
- 4 off with a low operating margin, that's a high cost to put
- 5 out without any sort of incentive or financial
- 6 reimbursement.
- 7 And then the last one I sort of alluded to
- 8 already, which is BH providers are subject to the data-
- 9 sharing regulations that go beyond what the certified EHR
- 10 technology requirements these programs require, and so they
- 11 have challenges perhaps in implementing what we would call
- 12 compliant systems.
- There are a number of interoperable health
- 14 solutions that could bridge the gap. There are a growing
- 15 number of companies that are offering solutions designed
- 16 for interoperability with these provider types. I was
- 17 digging around before this conversation, and I saw on
- 18 Capterra there are 226 BH EHR products listed there. Two
- 19 hundred and twenty-six. This is the site that the American
- 20 Psychiatric Association points to, right? Guess how many
- 21 are actually on the site that lists all the certified EHR
- 22 products? Two. So, there's 226 out there in the market,

- 1 and I'm sure that's not even an inclusive list, right, or
- 2 exclusive list. But because there's not an expectation
- 3 that they be certified in order to meet these requirements
- 4 and to facilitate access to incentive payments, they
- 5 haven't gone through this same sort of compliance steps to
- 6 show that they could be certified to the extent that other
- 7 EHRs have, and, you know, perhaps there is, as I said, also
- 8 additional barriers on top of that.
- 9 So, this is just a small subset of the kind of
- 10 tools that are out there, but they're certainly still
- 11 outside of this margin of where the rest of the integrated
- 12 health world or the physical health world is looking for
- 13 the Good Housekeeping Seal of Approval for an EHR.
- 14 Let's go to our next slide.
- So, let's talk for a moment here about, you know,
- 16 why this matters and why increasing adoption of certified
- 17 EHR technology for BH providers could have wide-reaching
- 18 benefits. I think this is what you're most interested in,
- 19 right? Like, what's the outcome that would come from this?
- 20 So I think we have seen and acknowledge the
- 21 clinical integration that could come from electronic health
- 22 record use to improve coordinated care, to improve data

- 1 sharing, to improve clinical decision support, and other
- 2 kinds of tools that improve population health and health
- 3 care value, which also can help drive cost reductions, so
- 4 not having repeated screenings, being able to share
- 5 screenings that were done at one site for another, reducing
- 6 administrative duplication, among others. So, all of the
- 7 benefits we see on the physical health side hold true here
- 8 on the behavioral health side as well for that category.
- 9 The other one to flag is value-based payment.
- 10 There is a lot that has to happen on the back end in order
- 11 for providers to effectively participate in value-based
- 12 payment. There's the data that helps pull together all of
- 13 the inputs for clinical quality measures and for the
- 14 reports that need to demonstrate that they are actually
- 15 creating the value. There's attribution, sort of which
- 16 patients belong to which providers. All of that is
- 17 facilitated better through technology than, say, you know,
- 18 Excel spreadsheets, right? So, in order for them to really
- 19 participate in value-based payment models, particularly if
- 20 you're thinking about states and programs that are trying
- 21 to do it in an integrated behavioral and physical health
- 22 way, this really hamstrings their ability to come to the

- 1 table the way that the physical health colleagues can and
- 2 really participate fully in value-based payment scenarios.
- 3 And then another one would be improving the
- 4 quality of health reporting. You know, just thinking about
- 5 the data that we've been struggling to pull out of this
- 6 system over the past 18 months to see where behavioral
- 7 health utilization has gone and what's the quality of care
- 8 and what does it look like when it's more telehealth
- 9 provided versus in-person provided and, you know, never
- 10 mind what we're going to do when 988 rolls out next year
- 11 and there's going to be an increased demand to understand
- 12 the quality of crisis response being delivered by states.
- 13 The ability for these providers to provide high-quality,
- 14 consistent, standards-based data to support health
- 15 reporting and, therefore, participate and ease the burden
- 16 of that reporting to state agencies, to Medicaid, to
- 17 Medicaid plans is really better done through technology
- 18 than through chart extraction, manual chart extraction.
- 19 So, I think while none of these is exclusive to
- 20 BH providers, the reality is we're moving more and more
- 21 towards a more integrated model in the first place, and we
- 22 see an increased demand for BH services. Not having access

- 1 to certified EHR technology is an impediment to their
- 2 ability to fully participate in the realized outcomes that
- 3 we've described here.
- 4 Let's go to our next one.
- 5 All right. With that, I think I've set the stage
- 6 for my friend Bebet to talk about some of the exciting work
- 7 that they're doing in New Jersey, and then we'll open it up
- 8 for questions after Brooke describes what she's doing in
- 9 Texas as well. Thanks.
- 10 * MR. NAVIA: Thanks, Jess. I'm just checking if
- 11 everyone can hear me.
- MS. KAHN: Yes.
- MR. NAVIA: Okay, thanks.
- 14 My presentation is going to occur without any
- 15 slides. I saw Jess' slides, I'm a little bit jealous about
- 16 that. But, anyway, nevertheless, slides -- or without
- 17 slides I hope that I'm fairly compelling in telling the New
- 18 Jersey story.
- So, on behalf of New Jersey Medicaid, we thank
- 20 the Commission for inviting New Jersey to present our
- 21 Substance Use Disorder Promoting Interoperability Program,
- 22 or SUD PIP. In order to leverage the limited amount of

- 1 time we were provided to present here, I would like to
- 2 elaborate on the well-known benefits of integrating
- 3 physical and behavioral health and clinical care using
- 4 electronic health records. I believe Jess has discussed
- 5 this, and it is also exceptionally explained in detail in
- 6 Chapter 4 of the recently released June 2021 Report to
- 7 Congress by MACPAC. There was a very good article in that.
- I hope to be able to share the efforts made by
- 9 New Jersey to establish and implement our SUD PIP by
- 10 discussing its background, the strategy on how the program
- 11 was implemented, and the current status related to
- 12 participation and attestation by SUD facilities.
- So, way back in 2018, which seems like a very
- 14 long time from now, Governor Murphy's administration
- 15 advanced \$100 million commitment to tackle New Jersey's
- 16 opiate crisis, \$6 million of which was carved out to focus
- 17 on health information technology. Also around the same
- 18 time, New Jersey Medicaid's 1115 demonstration waiver was
- 19 approved with an additional substance use disorder waiver.
- 20 It was approved by CMS around the same time. And then a
- 21 collaborative effort was established between New Jersey
- 22 Department of Health and the New Jersey Department of Human

- 1 Services, which Medicaid is a part of, to form a Substance
- 2 Use Disorder Health Information Technology Work Group. One
- 3 of this work group's main tasks was to develop policies and
- 4 make decisions on how to effectively invest or utilize the
- 5 governor's HIT upgrade funds. In addition, we also
- 6 discussed policies in meeting the requirements of the SUD
- 7 waiver in the Medicaid 1115 demonstration.
- 8 Also, lastly, around the same time, as the HITECH
- 9 program is sunsetting, as Jess mentioned earlier,
- 10 discussions were starting within the state and also across
- 11 different states on how to leverage the state's -- we call
- 12 it the "state-level repository," which is the attestation
- 13 system utilized by providers and hospitals to attest to the
- 14 HITECH EHR incentive payments.
- So, in a sense, we were saying at the time that
- 16 it seems like the stars aligned for this program with the
- 17 SUD waiver, the availability to reuse the HITECH system,
- 18 attestation system, and, of course, the all-important
- 19 funding which led to the establishment of the New Jersey
- 20 Substance Use Disorder Promoting Interoperability Program,
- 21 or as we call it SUD PIP.
- 22 So the question that we focused on when we

- 1 started this, how can it really make a difference? Because
- 2 unlike HITECH, we don't have ten years for the program, and
- 3 we have relatively limited funding, \$6 million. So, one of
- 4 the initial steps we took was to conduct an HIT survey on
- 5 all the SUD facilities in the state. We partnered with the
- 6 New Jersey Association of Mental Health and Addiction
- 7 Agencies, NJAMHAA, which represents all of the behavioral
- 8 health providers in the state.
- 9 We found out -- obviously, there's a lot of
- 10 details and analysis in the survey, but we found out that
- 11 most of these facilities were not eligible for the HITECH
- 12 program and was not able to take advantage of the EHR
- 13 incentive payments. So based on this survey and analysis,
- 14 the SUD PIP was established as a milestone-based EHR
- 15 incentive program. "Milestone-based" is a critical term
- 16 and a crucial decision because with the limited time frame
- 17 and fund, it would have been challenging to release funding
- 18 to the facilities and then monitor them: Are they meeting
- 19 the criteria? Are they achieving the program criteria? By
- 20 making it milestone-based, the SUD facilities will only
- 21 receive the incentive payments each time they achieve the
- 22 requirements of a milestone.

- 1 Currently, there are five different milestones
- 2 which are focused on EHR adoption, upgrade, and
- 3 interoperability. So, if the SUD facilities adopt an EHR,
- 4 that's a milestone. If they connect to the New Jersey
- 5 Health Information Exchange, that is a milestone. If they
- 6 connect to the Prescription Monitoring Program, another
- 7 milestone. And, lastly, if they connect to the New Jersey
- 8 Substance Abuse Monitoring System. And facilities
- 9 attesting to the milestones can receive up to \$42,500 in
- 10 incentive payments if they are able to accomplish all those
- 11 milestones.
- 12 So, in order to assist the SUD facilities in
- 13 meeting the requirements, the state also has partnered with
- 14 New Jersey Innovation Institute. This was formerly the New
- 15 Jersey Regional Extension Center. If folks recall the
- 16 RECs, it was established by the state university, New
- 17 Jersey Institute of Technology. With their former Regional
- 18 Extension Center experience, we knew that they had the
- 19 tools, the resources, and the expertise to get the program
- 20 off to a running start.
- 21 And with them functioning as -- also functioning
- 22 as administrator of the New Jersey Health Information

- 1 Exchange they are able to readily assist facilities in the
- 2 interoperability of integration work.
- 3 So, two years ago, the program, since then, we
- 4 have received a total of 204 total facility application
- 5 requests. There are actually 230 substance use disorder
- 6 facilities in New Jersey. There were 74 facility active
- 7 participation with 145 attestations so far in milestone
- 8 payments. We have issued a total of \$1.3 million in
- 9 payments.
- The public health emergency slowed down
- 11 attestations in 2020, but we have observed that activity
- 12 has started to pick up.
- Since this program is supported by state-only
- 14 funds, New Jersey has been exploring the potential for
- 15 federal matching funds through the 1115 waiver, HCBS
- 16 funding, but that is another conversation.
- But in closing, the SUD Promoting
- 18 Interoperability Program provided much-needed financial
- 19 incentive to these groups of providers who, for the most
- 20 part, were unable to participate in the HITECH incentive
- 21 program. The state was also able to support some of the
- 22 sustainability funding for the Regional Extension Center

- 1 and also provided a pathway of the HITECH program and
- 2 leverage and reuse HIP systems and initiative CMS funding
- 3 to HITECH.
- 4 We had also some anecdotal comments from some SUD
- 5 facilities that the program actually supported their
- 6 financial solvency, but the ultimate beneficiaries of this
- 7 program are the substance use and disorder clients, who, in
- 8 some form or manner, we hope they are able to assist in
- 9 their way to recovery.
- Thank you so much, and I will pass it on to
- 11 Brooke.
- 12 * MS. HAMMOND: Good morning. I first want to
- 13 thank the MACPAC Commissioners and staff for this
- 14 opportunity to participate in this panel, and give a
- 15 virtual nod, if you will, to my fellow panelists for really
- 16 setting the stage well for my comments.
- So, what I bring to this discussion is the
- 18 provider-level perspective, and I'll do that by focusing on
- 19 three main areas. One, how having an EHR has really helped
- 20 us provide targeted intervention to get people the care
- 21 that they really need, and also having an EHR has
- 22 facilitated our efforts to address health disparities and

- 1 promote health equity in everything that we do. And then
- 2 lastly, how having an EHR has really helped support our
- 3 overall sustainability efforts as we move forward in an
- 4 ever-growing value-based care environment.
- 5 So, when Integral Care received word they would
- 6 finally be getting COVID vaccines for its client
- 7 population, we quickly put together a list of clients,
- 8 stratified by health risk and vulnerability if they were to
- 9 actually contract the COVID virus. So that, paired with
- 10 most up-to-date contact information that we have for them,
- 11 we put together a team of staff to directly start calling
- 12 individuals, starting with those, you know, at the top of
- 13 that health stratification.
- 14 At the same time, we embedded a screening form
- 15 and put it into our EHR to really help guide those calls,
- 16 gauge vaccination -- if they had received it already or
- 17 they were interested in getting the vaccine -- and really
- 18 to drive appointment setting.
- 19 So, one such individual that we called on that
- 20 list -- we'll call him Carlos for purposes of this panel --
- 21 a little bit about Carlos. He is a 59-year-old Hispanic
- 22 male. He has a sixth-grade education and a history of

- 1 childhood trauma. He is diagnosed with schizoaffective
- 2 disorder, hypothyroidism, hypertension, and chronic
- 3 obstructive pulmonary disease, COPD. He is considered
- 4 clinically obese with a BMI of 36.1.
- 5 He had a history of many psychiatric
- 6 hospitalizations, approximately 15 in the last 13 years.
- 7 He is financially dependent on Social Security disability
- 8 insurance, so SSDI, and he is enrolled in Medicaid managed
- 9 care.
- 10 We called Carlos on a Friday, and on Monday he
- 11 was in one of our clinics getting his first vaccine dose,
- 12 and he was the 11th client of Integral Care to get his
- 13 vaccine through us.
- So, I described Carlos because he's not unique in
- 15 his situation in terms of having a psychiatric diagnosis
- 16 along with comorbid medical conditions. Integral Care
- 17 serves approximately 30,000 individuals every year, and 35
- 18 percent of them have these comorbid medical conditions.
- 19 So without an electronic health record that can
- 20 check whole health information -- so not just the
- 21 psychiatric but the medical -- as well as with the social
- 22 determinants of health, and an EHR that can make it really

- 1 easy on staff to keep that up-to-date contact information
- 2 in the EHR, as well has having an EHR that either has
- 3 business intelligence tools built into it or have its data
- 4 easily accessible to external business intelligence tools,
- 5 without all of those things in combination such a swift
- 6 response like the one I described would not have been
- 7 possible.
- 8 Another example of how we are using our EHR to
- 9 better serve people in the community is how we can really
- 10 quickly look at diagnostic patterns, all the way down to
- 11 the individual physician level. So, we wanted to start
- 12 addressing diagnostic disparities, and specifically start
- 13 by looking at the disparity in diagnosis of schizophrenia
- 14 in a male population within the African American male
- 15 population. So, we looked at some data before and after we
- 16 added some specialized questions to the physician area of
- 17 our EHR, and those questions were basically to get the
- 18 physicians to pause, re-look at the symptomology to see if
- 19 they might want to consider an alternative diagnosis.
- 20 So preliminary analysis of the data that we were
- 21 looking at has shown a 19.3 percentage decline in the
- 22 disparity of this diagnosis within this demographic, really

- 1 demonstrating how a pretty easy customization of our EHR,
- 2 along with some targeted outreach to our physician group,
- 3 could really make an impactful change not just in how we
- 4 diagnose but provide subsequent treatment that is
- 5 appropriate to the appropriate diagnosis.
- 6 Can you collect the kind of data that I described
- 7 in these two examples without an EHR? Yes, technically,
- 8 sure, you could. But by the time that you got to the data
- 9 point that you needed they could very well be outdated, and
- 10 you will have wasted many staff hours that you could have
- 11 used doing other things, like either doing, you know,
- 12 targeted outreach to perhaps people in the community that
- 13 aren't enrolled in services yet, or taking your current
- 14 programs and really refining them even further, to make
- 15 sure you are providing top-notice quality care.
- It would be highly irresponsible of me to suggest
- 17 that any behavioral health career organization can just,
- 18 you know, one day decide they want an EHR, go out and find
- 19 one, purchase it, and then put it into place in such a way
- 20 to make such impactful changes. Having a fully
- 21 functioning, sophisticated EHR that helps drive decision-
- 22 making both at the clinical and the administrative levels

- 1 is not an easy or inexpensive feat. It takes a
- 2 considerable amount of resources, both financial and
- 3 personal.
- 4 So, we have staff that work tirelessly, really
- 5 setting up a diverse set of funding streams. Given the
- 6 disparity in reimbursement for behavioral health care
- 7 services, such a diversity in funding streams becomes
- 8 critical, not just to provide basic services but to afford
- 9 organizations like ours to go out there and get modern
- 10 tools, like EHRs, to support our clinical work.
- 11 As a certified community behavioral health
- 12 clinic, a CCBHC, we were able to apply for, and were
- 13 awarded a SAMHSA grant. So, having the EHR was really
- 14 important so that we could monitor and report out on
- 15 meeting the nine quality care measures that come with being
- 16 a CCBHC.
- So, we also participate in the Delivery System
- 18 Reform Incentive Payment Program, DSRIP, also a wonderful
- 19 yet also time-limited funding opportunity. So, our
- 20 involvement with DSRIP actually requires Integral Care to
- 21 monitor and report out on 21 quality care measures, many of
- 22 which actually address some of the comorbid medical

- 1 conditions I mentioned at the start of my presentation.
- 2 Having these funding opportunities and the EHR
- 3 really demonstrates a circular dependency, if you will.
- 4 You know, we needed the funding, for example, like through
- 5 the SAMHSA grant, to be able to afford an EHR, but having
- 6 an EHR then becomes absolutely necessary to be able to pull
- 7 data to report out on our performance on the quality care
- 8 measures in order to sustain that funding.
- 9 Having an EHR, and the staff that can pull data
- 10 from it, and the clinical services that all tie that
- 11 together really helps open up the doors for other potential
- 12 funding opportunities. For example, a Medicaid managed
- 13 care organization, MCO, that Integral Care contracts with,
- 14 they were looking for a set of characteristics in a
- 15 provider and collaborator for a health home pilot it wanted
- 16 to get off the ground. One such characteristic included
- 17 intentionality towards health equity and addressing social
- 18 determinants of health. And then another characteristic
- 19 they were looking for was a performance improvement culture
- 20 that leverages actionable practice trend data.
- 21 So, with our EHR and our staff and the clinical
- 22 services that we were able to provide, we've actually

- 1 implemented a successful health home model with this MCO.
- 2 And through this collaborative work between us, the
- 3 provider, and the payer, the MCO, we are really striving to
- 4 improve care coordination, care integration, demonstrate
- 5 cost savings for the system of care, and ultimately improve
- 6 those clinical outcomes.
- 7 So, I mentioned staffing a couple of times, and I
- 8 would be remiss not to mention the staff and the team that
- 9 it really takes to make the most of our electronic health
- 10 record. We have an individual whose role it is to focus on
- 11 just population health, looking at community data, our
- 12 internal data, and analyzing that, and really giving us
- 13 some really important and informative reports.
- We have a dedicated team whose job it is solely
- on upkeep and optimization of our electronic health record.
- 16 And we have a whole separate team, that we call OneData,
- 17 that does just that. They work within the EHR and outside
- 18 the EHR, creating reports and tools and dashboards that are
- 19 used all the way from our direct care clinical operations
- 20 all the way up to our executive management team.
- 21 So, having those individuals and those teams in
- 22 place, and not just the EHR, having those people in place

- 1 really supports many aspects of Integral Care's work, but
- 2 mostly, and most importantly, the care that our clinical
- 3 teams are providing.
- To wrap up, I'm often reminded, in the work that
- 5 I do, that individuals diagnosed with severe mental illness
- 6 die, on average, 25 years earlier than those in the general
- 7 population -- 25 years earlier. This needs to change. And
- 8 it is possible by recognizing the importance and value of
- 9 fully integrated care. Truly weaving behavioral health
- 10 care into the larger health care landscape and adequately
- 11 supporting behavioral health organizations of all sizes in
- 12 the work that they do, via realistic and sustained funding
- 13 mechanisms, and ensuring they have the necessary tools,
- 14 like electronic health records, so that they can do their
- 15 work efficiently.
- 16 Thank you.
- 17 CHAIR BELLA: Anne, I am just going to jump in
- 18 with questions, unless you want to do any. Okay.
- 19 All right. Many thanks to all three of you.
- 20 Let's open it up to Commissioners for questions and
- 21 comments. Fred, take us away, followed by Darin.
- 22 COMMISSIONER CERISE: Those are all great

- 1 presentations. Thanks to you guys for being here and the
- 2 information.
- A quick question. What is your EHR, and what's
- 4 your experience coordinating with the other providers, the
- 5 physical health providers, the bigger system HIEs, whatever
- 6 it is in Austin that you coordinate care with?
- 7 MS. HAMMOND: Sure. Well, first of all, for EHR
- 8 we use Netsmart's solution, NX, which is the most recent
- 9 update to their myAvatar solution. And in terms of
- 10 communication with other providers, we do participate in an
- 11 HIE. And then we do have the functionality with our EHR to
- 12 do things like share back and forth CCDs, those clinical
- 13 care documentation. And then we are heavily in the process
- 14 of working out all the tweaks to be able to readily
- 15 exchange more like real-time data.
- So we have a functionality. The pandemic
- 17 certainly kind of slowed down some of our optimization
- 18 efforts, but it's out there. And so our applications
- 19 support team is working on making that happen.
- 20 And we've done some tests with some other
- 21 providers. I know with the state hospital that's here in
- 22 Austin we've been able to successfully send information

- 1 back and forth, kind of test scenarios, so hoping to get
- 2 that more in place regularly.
- 3 COMMISSIONER CERISE: Can I follow up real quick?
- 4 I really am impressed with how you're using data
- 5 internally. Has the Part 2 issue been a problem to you in
- 6 exchanging with other providers?
- 7 MS. HAMMOND: Yes, very much so. In fact, the
- 8 HIE that we participate in, you know, we send data into
- 9 that. However, right now for any consumer that is
- 10 currently, or in the past, has been enrolled in any one of
- 11 our substance use programs that fall under Part 2, we don't
- 12 share any of their data, which is really limiting, because,
- 13 you know, some of them have crises in behavioral health
- 14 diagnoses that would be irrelevant to other providers. But
- 15 because they have those services in those SU programs,
- 16 currently we're not sharing any of that information, which
- 17 is unfortunate for those individuals that we don't have
- 18 that kind of total open communication of their data.
- 19 COMMISSIONER CERISE: Thank you.
- 20 CHAIR BELLA: Thank you. Darin.
- 21 COMMISSIONER GORDON: Thank you all. This is
- 22 very helpful. You know, it really forces me to think about

- 1 this in a different lens than just, you know, getting the
- 2 technology within the practices. But also thinking about
- 3 how, in the absence of it, it inhibits progress in a lot of
- 4 the areas that we've been focused on, whether it's physical
- 5 health and behavior health integration, whether it's value-
- 6 based purchasing, whether it's improvements in equity.
- 7 Progress in any of those three areas are just not going to
- 8 be achievable if there's a practice that's not able to move
- 9 in this direction. So thank you. I think you all
- 10 highlighted that very, very well.
- And I was very impressed with what you all were
- 12 able to do in New Jersey with very little funding. Very
- 13 surprising how many people engaged on that. I would not
- 14 have anticipated that at that level of funding, but that's
- 15 kudos to you all for designing a system that really tapped
- 16 into what the need was for those providers.
- This is a question for the group, and, Brooke,
- 18 you brought it up, and Jess, you highlighted it. Here's a
- 19 couple of reasons why it's challenging for this provider
- 20 class. Brooke, you talked about staffing, and there was
- 21 like support of it but there was also like how to leverage
- 22 it broadly within the organization in running the business,

- 1 which, you know, I consider this, the second, really,
- 2 really important, and I always get excited about that. But
- 3 the first is really kind of like you have to have.
- So, you know, staffing was one that just wasn't
- 5 on your list, but what would you say, you know, for this
- 6 particular provider group, what are some of the other
- 7 practical barriers? You know, we did talk about Part 2,
- 8 you know, being an issue in exchange, but I don't consider
- 9 that, again, like what are some of the practical barriers
- 10 for a practice to actually go down this path, beyond some
- 11 of those higher-level categories, Jess, that you described
- 12 in your presentation?
- MS. KAHN: Well, I mean, I think we talked about
- 14 it a little bit, and Bebet noted the provision of REC-type
- 15 services, right. Practically, having support for
- 16 integrating the EHR into your workflow and actually
- 17 supporting that as a transformation is no small feat, and
- 18 it probably is the difference between successful EHR
- 19 adoption or not, in any type of practice.
- 20 And so even if you have -- let me say this
- 21 differently -- a large hospital system might not need that
- 22 because they might have those people in house. But a

- 1 smaller practice, be they BH or otherwise, really needs
- 2 that hand-holding and that pattern recognition. We have
- 3 seen clinics of your size, or arrangements like yours, and
- 4 these are the workflows that work for them and this is the
- 5 level of staffing that should be doing these parts of the
- 6 input within the workflows, and, you know, bringing that to
- 7 the table for them. It's not something that needs to be
- 8 sustained forever. It helps with that integration, unless
- 9 there's new updates or whatnot.
- But I think the other part that I thought was
- 11 really interesting about what Brooke was saying is also
- 12 having the staff that are going to take advantage of the
- 13 system, right? You actually want people then who can pull
- 14 the data out and look at it and examine your practice and
- 15 examine the quality of care and examine what's happening.
- 16 So, it's people who are going to use the technology, not
- 17 just support and the adoption of it, that I think is
- 18 another practical point.
- 19 And there sometimes we're seeing -- and again,
- 20 this is true of physical as well as behavioral health --
- 21 partnering between facilities. So, you know, the way that
- 22 FQHCs do such a good job grouping themselves together to be

- 1 able to share resources across multiple sites. So that's
- 2 one of the ways that some of these more practical
- 3 impediments can be addressed, instead of each particular
- 4 practice feeling like they have to solve for it one by one
- 5 by one. Sometimes there are roles that can be shared and
- 6 facilitated across, but better Brooke to add as well, other
- 7 practical barriers.
- 8 MS. HAMMOND: Yeah. In terms of staffing,
- 9 probably one of the big things that I didn't mention was
- 10 just the training required. You know, we have an
- 11 organization of a thousand staff, the majority of those
- 12 being clinical staff. So anytime you introduce any sort of
- 13 new technology, you'll have various levels of abilities
- 14 across staff, and so you really have to dedicate a good
- 15 time to making sure everyone feels comfortable with the
- 16 technology so that they're using it to the fullest and not
- 17 just initial training, but, I mean, training and support
- 18 for us is constant. And it takes a lot of people for sure.
- 19 COMMISSIONER GORDON: Yeah. That's helpful.
- 20 We had a discussion yesterday about just provider
- 21 capacity, and just based on some of the discussion here, it
- 22 seems again like another enabler to actually help practices

- 1 to be more efficient. I was thinking of Brooke's example
- 2 of "Could you do it all without an EMR?" Yes. But, yes,
- 3 that sounded incredibly painful and time consuming and not
- 4 focusing on the things that people should be focusing on
- 5 like particularly the clinicians with the patients. That's
- 6 another enabler.
- 7 So, this is very helpful. Thank you. Thank you
- 8 all. Appreciate it.
- 9 MS. KAHN: And one of the other institutes we see
- 10 stepping in a little bit here, though it certainly varies
- 11 across the country, are health information exchanges, like,
- 12 for example, Health Current in Arizona who is now
- 13 Contexture because they merged with Colorado. Part of what
- 14 their HIE does is actually help providers on board and use
- 15 their EHR and take advantage of the connectivity that comes
- 16 with the HIE.
- So, I just wanted to note that in different
- 18 places, you could look to the resources, be they
- 19 internally, be they from the vendor themselves, or from
- 20 some REC-type organization and HIE. There's a long list of
- 21 actors.
- 22 COMMISSIONER GORDON: One last question, Melanie.

- 1 You had Fred ask a question about changing
- 2 information with like all providers. Are there certified
- 3 systems out there that are integrated already for physical
- 4 health and behavioral providers for those practices that
- 5 want to integrate at the clinical level?
- 6 MS. KAHN: There are. There are a number of
- 7 physical health EHRs that have a behavioral health module,
- 8 right? So, they started off, you know, like NextGen. You
- 9 know, they have an EHR that's meant to be broad, broadly
- 10 across multiple disciplines, and then they have a BH module
- 11 in specific. So, it's -- that's the more common trend.
- MR. NAVIA: So, if I may as well, I'd like to
- 13 discuss how New Jersey is handling 42 CFR Part 2
- 14 information. As always, we have implemented or we're
- 15 currently deploying behavioral health consent management.
- 16 This is actually funded by HITECH as well, which is ending
- 17 in six days.
- But what this program is, it allows SUD
- 19 beneficiaries or clients to provide consent to which
- 20 providers and which information that provider carried for
- 21 them can share with other providers. So, it's not
- 22 necessarily attached to an EHR or within EHR, but it's a

- 1 separate consent mechanism.
- 2 And our intent was -- it's not part of our
- 3 milestone program right now, but hopefully, if we receive
- 4 additional funding from the feds which -- that the MACPAC
- 5 influence -- and I'm sorry, but if we do get additional
- 6 funding, we were angling to include it as a milestone for
- 7 the providers in our programs. So, if they participate in
- 8 the behavioral health consent management, they will receive
- 9 additional funding.
- 10 So, the milestone to connect their systems into
- 11 HIEs are actually right now one direction. It's a
- 12 direction where they only received data because they cannot
- 13 share their data. So, they receive notice of discharge
- 14 transfers, and they receive clinical summaries when their
- 15 patients or their clients may get discharged or transferred
- 16 to another facility. So, the behavioral consent
- 17 management, we are hoping would address this issue.
- 18 CHAIR BELLA: Thank you.
- 19 Verlon?
- 20 COMMISSIONER JOHNSON: Thank you.
- 21 This has been a really great conversation, and I
- 22 really appreciated hearing your successes in your areas and

- 1 what you're doing around it and definitely appreciate the
- 2 last round of conversation around the training and the
- 3 staffing and all of that because that was definitely on the
- 4 top of my mind.
- 5 But that just again, I think we've already echoed
- 6 just amazing work that you all have done in New Jersey and
- 7 just continued success there. I always have in the back of
- 8 my mind, though, of like what the things were that didn't
- 9 work, and so even though I know it was a very small
- 10 population, that number, what, 26 providers who have not
- 11 jumped on the bandwagon kind of just has me kind of
- 12 thinking like what are some of the challenges that are
- 13 still there.
- 14 Similarities around the reasons why they haven't
- 15 jumped on the bandwagon are other things you may have heard
- 16 that may be helpful to ask as we kind of think about ways
- 17 to assist states and others in getting -- in moving the
- 18 needle further on this issue.
- MR. NAVIA: One of the things that -- you know,
- 20 one of our lessons learned is when we established the
- 21 program, we had -- like I said, there were 230 SUD
- 22 facilities in the state, and they have limited funding.

- 1 So, it was a first-come-first-serve basis, and so we
- 2 established an eligibility criteria that we felt was maybe
- 3 could be too onerous to achieve for some providers. For
- 4 example, we did say that we only wanted programs that are
- 5 able to prove that they have at least 50 clients that
- 6 they're serving. So, there are a number of SUD facilities
- 7 that are fairly new, that just got their license approved.
- 8 So, there were several of them that did not meet that
- 9 requirement.
- So, what we did is they're actually -- the work
- 11 group that we established actually regrouped, and we are
- 12 starting to increase the flexibility for eligibility, for
- 13 example, lowering the number of admissions that we require
- 14 for them to participate and potentially expanding it to
- 15 some of the facilities that do not have a contract with
- 16 their mental health and patient services division. So
- 17 those are some of the eligibility criteria that we are
- 18 expanding right now.
- 19 COMMISSIONER JOHNSON: All right. Thank you.
- 20 And I think -- was it -- I think, Brooke, maybe
- 21 you mentioned too the idea of our -- and maybe it was Jess
- 22 as well -- in terms of kind of partnering for these smaller

- 1 practices. Would that be something that could potentially
- 2 be in play in this kind of case as well? Just curious in
- 3 terms of what you're looking at, the smaller numbers in
- 4 trying to make sure they're able to capture or be a part of
- 5 this particular process.
- 6 MS. HAMMOND: Yeah. I mean, absolutely. We'll
- 7 coordinate with anybody within the technical security specs
- 8 for sure. Yeah.
- 9 COMMISSIONER JOHNSON: All right. Thank you.
- 10 CHAIR BELLA: Toby?
- 11 MR. NAVIA: And I think what -- oh, I'm sorry.
- 12 CHAIR BELLA: Go ahead.
- MR. NAVIA: I'm sorry.
- So, one of the things that also we observed was,
- 15 like you said, staffing is an issue for some of these
- 16 providers. Some of them are just one-practice facilities
- 17 and some are more, but those smaller practices, what we've
- done is in partnership with New Jersey assessment on
- 19 addictions agencies is that we -- they've created
- 20 consortiums of providers so they can help with
- 21 implementation and adoption of EHR in groups, so they are
- 22 able to negotiate contracts with particular EHR vendors

- 1 because there are a number of them that will sign a
- 2 contract, so not only with financing but also with
- 3 implementation of the systems, the establishment of
- 4 consortiums. So that actually also helped improve our
- 5 attestation numbers and participation numbers.
- MS. HAMMOND: Yeah. And here in Texas, we have a
- 7 handful of Senators that have all adopted the same
- 8 electronic health record within the span of a few years,
- 9 and so we talk regularly and meet every couple of months to
- 10 kind of walk through what things are you doing, are you
- 11 discovering, what hiccups are you experiencing. So, it
- 12 really takes coordination across organizations using the
- 13 same EHR to be able to fully use all of its potential.
- 14 CHAIR BELLA: Thank you.
- Toby and then Martha.
- 16 COMMISSIONER DOUGLAS: First, just thank you so
- 17 much for wonderful presentations and just the human impact
- 18 you guys are all having on the work you do, so thank you.
- 19 The question I have, first, when I think of the
- 20 enormity of what you've laid out in terms of really the
- 21 people, the process, and the technology, so the huge
- 22 investment in technology and keeping an investment on

- 1 people and then process redesign.
- 2 So, first question is really when you think of
- 3 that -- and that's a huge price tag and a starting point.
- 4 What are areas that we as MACPAC can lean in where we can
- 5 be -- you know, that are areas that we could actually
- 6 input? Jess, you mentioned the HITECH Act. I don't think
- 7 with everything else on the plate that Congress said that -
- 8 something that big. So, what are measurable steps that
- 9 we could be focusing on in this area?
- 10 MS. KAHN: I can take a first step here. I do
- 11 think helping states understand what flexibility they have
- 12 under their current funding authorities that mentioned
- 13 looking for funding as sustainable funding now that HITECH
- 14 funding is sunsetting, so understanding that is and is not
- 15 permissible within the federal funding is always a good
- 16 point of clarification, and where there are additional
- 17 sources of funding that are coming available, HCBS or
- 18 otherwise, making sure there's clarity so they understand
- 19 what's available.
- I think the other theme that I've heard come up
- 21 is also where states could be braiding funding, be it
- 22 SAMHSA plus CMS plus CDC. That's quite tricky, and you're

- 1 also talking about sitting and straddling across multiple
- 2 organizations within the state often, right? So, to the
- 3 extent that MACPAC has suggestions on how their federal
- 4 partners could present the menu of options to states, like
- 5 for states who are receiving these different buckets of
- 6 funding from our different agencies, here's ways that they
- 7 complement each other and could be put together to help
- 8 achieve some of these goals is always helpful.
- 9 States have, as you know, so much on their plate
- 10 at any given time. So sometimes just presenting the
- 11 available options to them with some sort of confidence that
- 12 those are going to be well received when they go to those
- 13 respective federal agencies can be really helpful.
- I invite Bebet to add in since he's doing the
- 15 dance on a daily basis now.
- 16 MR. NAVIA: Yeah. Yeah, sure. Like I mentioned
- 17 earlier, we are exploring ways to increase the funding
- 18 availability for our program, and one of the things that we
- 19 looked at is potential federal match to what the state has
- 20 invested. This would tremendously help not only in
- 21 assisting the number of SUD facilities that are in our
- 22 state but also being able to start expanding the program to

- 1 all behavioral health facilities, because there's -- we're
- 2 focusing on the SUD facilities right now, but there's
- 3 really a whole subset of this category of providers that we
- 4 can truly assist, you know, using the same qualities and
- 5 the attestation systems that are already existing. So
- 6 those are the things we're looking at now.
- 7 MS. HAMMOND: Yeah. I think I always try to
- 8 remind folks that managed care costs associated with
- 9 helping providers is often used -- like health information
- 10 technology is below the line for the medical loss ratio,
- 11 right? So sometimes it's also understanding where states
- 12 are leveraging their MCO partners and contracts.
- I don't think it's any one set of funding or any
- 14 one initiative. It's, again, helping create or stitch
- 15 together a network of what are your waivers, what are your
- 16 variety of different grants and funding streams, who are
- 17 your MCO partners, do you have health information exchange
- 18 that you've made investments in, where do they bring it to
- 19 bear, are some of these providers also serving Medicare or
- 20 other payers and therefore there could be a multi-payer
- 21 effort to try and improve the capabilities that benefit,
- 22 especially when you're doing broader value-based payment

- 1 efforts that are multi-payers. So, again, I think it's
- 2 creating a set of tools and ideas that states could then
- 3 take as a -- and pick what's the right play for them in
- 4 their current environment.
- 5 MS. KAHN: Yeah. I can appreciate how -- just to
- 6 mention, you know, helping folks identify and realize if
- 7 there's some flexibility in funding out there. It's not
- 8 common that such a large grant would be available that has
- 9 a significant amount of funds that can be used for
- 10 something like an EHR. So we were really excited about
- 11 that.
- 12 And then I mentioned how we're a CCBHC. However,
- 13 as probably most of you know, Texas was not one of the
- 14 states selected for the pilot. So, there is opportunities
- 15 out there for alternative payment programs that just
- 16 perhaps need to be expanded further so that more can take
- 17 advantage of that.
- 18 COMMISSIONER DOUGLAS: I have a couple of follow-
- 19 ups. Is it okay if I ask more questions, Melanie?
- 20 CHAIR BELLA: Yep.
- 21 COMMISSIONER DOUGLAS: You mentioned SAMHSA, and
- 22 can you talk a little bit more about their investments? Is

- 1 that anywhere we should be both -- given Medicaid
- 2 expansion, obviously not for Brooke in Texas, but in most
- 3 states, are there changes in kind of how SAMHSA investment
- 4 could be being used, and is that anything that we should be
- 5 examining?
- 6 MS. KAHN: I can't speak for what their current
- 7 priorities are, but I think what would be really intriguing
- 8 would be to think about who has which abilities and which
- 9 authorities, though Bebet mentioned this unified consent,
- 10 the BH consent sort of tool. That's certainly a multi-
- 11 payer kind of investment and works broadly. So, are there
- 12 things where SAMHSA as a partner could help create some
- 13 investments or some federally hosted solutions or things
- 14 that would be able to be leveraged by states in ways that
- 15 CMS funding has prohibitions or constraints? But I think
- 16 it's definitely an important conversation to have with
- 17 them. I imagine they're quite focused on the ability to
- 18 quantify, measure, and monitor the access to a quality of
- 19 behavioral health services right now and not the least of
- 20 which is looking ahead towards the 988 rollout as well.
- 21 COMMISSIONER DOUGLAS: The final thing, Melanie,
- 22 and then it will be -- it's just around the duals and given

- 1 so many of this population are duals around the innovation
- 2 center, you know, back to other areas too that -- and I'll
- 3 just leave it more as something that we should be
- 4 exploring.
- 5 CHAIR BELLA: Thank you, Toby.
- 6 Martha?
- 7 COMMISSIONER CARTER: So just a bit of
- 8 background, I was the CEO of a community health center that
- 9 has had medical services, integrated behavioral health,
- 10 integrated substance use disorder services using a
- 11 certified EHR, and I first thank you for bringing out the
- 12 realities of implementing an EHR and the complexities of
- 13 exchanging information. And I want to focus just a little
- 14 bit more in on Part 2 challenges.
- In the EHR that we were using, which is a
- 16 certified EHR, we could block. We could decide who could
- 17 share visit information and, you know, sequester blocks,
- 18 and we had trouble sequestering psychotherapy notes. But
- 19 what we couldn't block was the inflow of prescription data,
- 20 and so you've got the person's antibiotic prescription as
- 21 well as their Suboxone prescription, and that was a problem
- 22 with Part 2 and sharing.

- 1 So, I want to look at what are the practical
- 2 recommendations that you all might have because you've been
- 3 out there working with this. How do we comply? How do we
- 4 fit within the parameters of Part 2 and still figure out
- 5 how to share data in a way that, first of all, preserves
- 6 patient safety? Because if you don't know that somebody is
- 7 on some of these drugs, there's a safety issue. So patient
- 8 safety is primary.
- 9 So, preserving patient safety but also then
- 10 figuring out how to improve care and integrate care. So
- 11 should Part 2 change? Should the EHRs change? Should we
- 12 make a recommendation that the EHRs have to have this
- 13 system like Bebet described where there has to be that
- 14 integrated consent? What's your recommendation?
- 15 CHAIR BELLA: Well, can I stop there for just one
- 16 second? That's a monster of a question, and it's a great
- 17 question.
- 18 COMMISSIONER CARTER: I know.
- 19 CHAIR BELLA: But we have one minute left, and if
- 20 the panelists have a hard stop, this is not your only
- 21 opportunity to dialogue with us, and so if you'd like to
- 22 take a minute and come back to us with your thoughts or any

- 1 other things, we're always willing to have you do that.
- 2 And so I just want to be respectful of your time. If you
- 3 have time and each of you want to give your parting
- 4 thoughts with the option to come back, please feel free,
- 5 but if you have to drop off, we understand.
- 6 MS. HAMMOND: I have time, and it is a huge and
- 7 very complex -- could be a complex response. But I would
- 8 just very quickly say, you know, we have an EHR that has,
- 9 you know, sequestering and blocking capabilities, but as
- 10 Martha described it's like, yeah, but kind of like that
- 11 other information kind of creeps in there, in terms of
- 12 like, you know, medications and things like that, that if
- 13 someone is paying attention they can figure out, like oh,
- 14 this person is in substance use treatment.
- So, I think it really then becomes like, okay,
- 16 how do you really break down those barriers, while still
- 17 ensuring safety of clients, but really, you know, just
- 18 relooking at how we're treating that data so that you don't
- 19 take a super-conservative approach so as to avoid maybe
- 20 some of those data intrusions that hint at substance use
- 21 treatment. Much easier said than done, but I think it's
- 22 just the whole system that needs to relook at the need to

- 1 share that data across different providers, because really,
- 2 ultimately, it's in the best interest of individuals
- 3 getting treatment, in various places, for all their
- 4 treatment providers to have that full picture.
- 5 CHAIR BELLA: Jess or Bebet, do you want to weigh
- 6 in on this, as your parting comments?
- 7 MR. NAVIA: So, the approach we took with
- 8 regards for this eval Part 2 is, because as everyone knows,
- 9 it's a humongous and challenging effort to have all these
- 10 EHRs being able to abide by technology. There's technology
- 11 out there called data segmentation where you can actually
- 12 separate out the information that you want to share or
- 13 keep. So, we focus on the member on the consent
- 14 management. At least, at that point, the member can define
- 15 which providers their information can be shared with. That
- 16 may not be shared electronically at that point in time, but
- 17 at least whatever information that they try to produce can
- 18 be shared to a particular provider that they choose to.
- 19 But that's the goal of the first iteration of our consent
- 20 management is what the patients wants, what the new clients
- 21 wants.
- 22 CHAIR BELLA: Thank you.

- 1 MS. KAHN: I just would say thanks again for
- 2 having us. I think Brooke and Bebet answered the question
- 3 best. I think it's helpful to identify where, within this
- 4 journey, is the easiest problem to solve for and what's the
- 5 more complex. I don't know that we're all going to be able
- 6 to fix Part 2 or fix the ability to segment the data, as
- 7 the data is nuanced and what's a BH drug and what's not.
- 8 The consent at the top of the journey is a really important
- 9 piece, and it's definitely something I see around the
- 10 country that a lot of folks are focusing on, because it can
- 11 really obfuscate the need for all of the rest that flows
- 12 from that. But that said, it's a pressure. The systems
- 13 want to be compliant, and yet, at the same time, as Martha,
- 14 you mentioned, the providers really want to make sure that
- 15 they help improve care at the patient level.
- So very complex. Thank you guys for inviting us
- 17 and for bringing this topic to the table.
- 18 CHAIR BELLA: Well, thank you again, all three of
- 19 you, and honestly, the door is always open for your ongoing
- 20 thoughts and input and expertise. I really can't thank you
- 21 enough for what you shared with us today. You've given us
- 22 a lot to chew on, for sure.

- 1 MS. HAMMOND: Thank you for having us.
- 2 MR. NAVIA: Thank you so much.
- 3 CHAIR BELLA: Okay. We have a little bit of time
- 4 for discussion amongst ourselves. I actually am going to
- 5 open it up to public comment first, just to see if there's
- 6 anything we hear from public that we might want to include
- 7 in our discussion, and then we'll come back to the
- 8 Commissioners and then wrap things up.
- 9 So, I'm going to give the folks in the audience a
- 10 minute to use your hand indicator if you would like to make
- 11 a comment. And I'll remind you if you do, please introduce
- 12 yourself and your organization, and we ask that you keep
- 13 your comments to three minutes or less.
- 14 [Pause.]
- 15 CHAIR BELLA: Just give this a minute.
- 16 ### PUBLIC COMMENT
- 17 * MR. GUIDA: Yes. I don't know, Melanie, whether
- 18 you can hear me. My name is Al Guida. I'm with Guide
- 19 Consulting Services. I represent both the Behavioral
- 20 Health Information Technology Coalition as well as
- 21 Netsmart, one of the vendors that were highlighted in the
- 22 presentation.

- 1 Let me make two quick points. The first point,
- 2 with respect to the complexity of the patient population
- 3 that Brooke described is very, very common in the mental
- 4 health and addiction treatment world, as you probably know.
- 5 So, the incidence rate for comorbid medical-surgical kind
- 6 of diseases among individuals with serious mental illnesses
- 7 and addiction treatment disorders hovers between 35 to 50
- 8 percent, and that explains why there is such a high
- 9 mortality rate among these patient populations, that Brooke
- 10 also referenced.
- 11 Secondly, with respect to the -- I found the
- 12 financing discussion fascinating. There is -- and prior
- 13 MACPAC slides have noted -- a Center for Medicare and
- 14 Medicaid Innovation, CMMI, demonstration program that
- 15 authorized by Congress in the SUPPORT Act, that would
- 16 provide demonstration financing specifically for electronic
- 17 health records, for the behavioral health providers that
- 18 were referenced in the discussion today. CMMI has told us
- 19 that they don't have the money to finance it, and so we are
- 20 obviously working with Congress to see if we can't provide
- 21 CMMI with some resources to provide EHR incentives of a
- 22 size and type that Bebet indicated during his outstanding

- 1 presentation.
- 2 Thank you so much for the opportunity to speak.
- 3 CHAIR BELLA: Thank you very much.
- 4 All right. It looks like we don't have anyone
- 5 else who would like to make a comment at this time. I will
- 6 remind folks you can always make comments at MACPAC.gov.

7 ### FURTHER DISCUSSION BY THE COMMISSION

- 8 * CHAIR BELLA: I will open it back up to
- 9 Commissioners to have some wrap-up discussion and to share
- 10 any input with Aaron on this work as we go forward.
- 11 Brian.
- 12 COMMISSIONER BURWELL: So, I think people heard a
- 13 couple of times, and I think it was Jess who mentioned HCBS
- 14 as a way to finance behavioral health IT systems with
- 15 providers. And we talked earlier about doing something
- 16 perhaps around the ARPA HCBS funding initiative. And from
- 17 reading the spending prelims by states, one of the
- 18 interesting aspects of the legislation is that the
- 19 legislation defines community-based HCBS services as
- 20 eligible for the 10 percent FMAP, for example, services
- 21 provided under the state plan rehab option.
- 22 So, there's definitely an expansion of kind of

- 1 the concept of HCBS under this initiative, and states have
- 2 opposed to do significant expansions in terms of mental
- 3 health services in their spending plans, including IT
- 4 development.
- 5 So, another component of this imitative is that
- 6 states are -- and this has been provided with CMS guidance
- 7 -- can use the 10 percent FMAP money that they've saved for
- 8 the 10 percent match on new IT systems development. It's
- 9 getting fairly technical here, I understand, but there was
- 10 a lot of interest in kind of the future of financing, both,
- 11 you know, EHRs and the behavioral health provider community
- 12 and interoperability between behavioral health EHRs and,
- 13 for example, administrative data.
- If we wanted to, this is an area of the ARPA HCBS
- 15 initiative that we could, I think, make a contribution in.
- 16 A fairly small area, you know, slicing it up, but I think
- 17 an interesting policy, important area.
- 18 CHAIR BELLA: Thank you, Brian. Other
- 19 Commissioners? Fred.
- 20 COMMISSIONER CERISE: Thanks, Melanie. Yes, I
- 21 heard two big themes. One is funding and the other one is
- 22 sharing information and integration. And, you know, on the

- 1 sharing information side there's this tension, right,
- 2 between integrating care and segregating data that we just
- 3 keep struggling with, that's going to be an ongoing
- 4 struggle. And I'll give you an example of some of the work
- 5 that we've done looking at this.
- We know we share about two-thirds of the patients
- 7 with our local mental health authority, and we also know
- 8 that only about 40 percent of those patients in our system
- 9 carry a behavioral health diagnosis. And so there is a
- 10 significant drop-off there in information that gets shared,
- 11 and as Martha said, sometimes that's really important
- 12 information.
- So, work around that, I think, is going to
- 14 continue to be important. We heard, I thought, some
- 15 interesting things and ideas from Bebet, for instance, that
- 16 eConsent management. And as we look at funding mechanisms
- 17 to get these systems in place, being able to take care of
- 18 that piece, the segregated data piece, is going to be
- 19 critically important. When I talk to our local mental
- 20 health authority it's a big, frustrating issue for them in
- 21 terms of being able to participate in the local HIE because
- 22 of the requirements to segregate data.

- 1 And then I heard, at the tail end, Brooke talk
- 2 about the CCBHC, essentially the Coordinating Center for
- 3 Behavioral Health and the potential to use that. That
- 4 sounds like an interesting place to go, not only for
- 5 funding but because they've got the comprehensive services,
- 6 the ability to actually use the data, like she talked about
- 7 using. You know, all of this requires some infrastructure
- 8 and scale, and, you know, that Health Home for behavioral
- 9 health patients is an interesting approach that would seem
- 10 like could provide not only the funding needed but also the
- 11 staff and other services to be able to use the information
- 12 you get from the EHR.
- So, anyway, just a couple of thoughts.
- 14 CHAIR BELLA: Thank you, Fred.
- 15 COMMISSIONER HEAPHY: This is Dennis. I think
- 16 it's great, the whole concept of EHR and integration of
- 17 information. But I think it would be really helpful to
- 18 hear directly from clients, from folks with SUD or mental
- 19 health diagnoses about what they perceive the barriers to
- 20 sharing that information, so we have a better understanding
- 21 of what the challenges are and why. There may be a high
- 22 percentage of folks who don't want some information shared.

- 1 And so as we're looking at managing utilization and sharing
- 2 of information that's from an informed place. So, I would
- 3 like to see a lot more information directly from folks in
- 4 the community.
- 5 CHAIR BELLA: Thank you, Dennis. Martha.
- 6 COMMISSIONER CARTER: Dennis, we actually did
- 7 have some panels, but it's been several years ago now,
- 8 around Part 2, and included, I'm pretty sure, users of the
- 9 services. But it might be something to think about
- 10 revisiting.
- 11 I'd really like the Commission to wrestle with
- 12 this whole issue of patient privacy and ability to share
- 13 data in the most useful way. And I don't know what the
- 14 recommendation would be or how it would come down, but I
- 15 think that we're not going to get to a point that there's
- 16 good integration of behavioral health and medical
- 17 information through electronic systems until that issue is
- 18 resolved. So, I think we just need to, you know, bite the
- 19 bullet, wrestle with it, and come up with at least our best
- 20 recommendation.
- 21 CHAIR BELLA: Thank you, Martha. Other comments?
- 22 COMMISSIONER HEAPHY: This is Dennis. I guess I

- 1 should have just been clear and say there's so much stigma
- 2 and bias against folks in the population that, building on
- 3 what Martha just said, that we've got an obligation to
- 4 really wrestle with that as a Commission, with the folks
- 5 who are to be most impacted by bias and discrimination, if,
- 6 in fact, that's what folks are experiencing, or can
- 7 potentially have exacerbated through integrated health
- 8 records.
- 9 COMMISSIONER CARTER: Can I respond to that? One
- 10 of the things that we've talked about in the past is, are
- 11 there other ways to protect data sharing, prohibit use of
- 12 data in ways that would increase stigma or cause somebody
- 13 to be disadvantaged, you know, discriminated against? Are
- 14 there other regulations that can be put in place that
- 15 protect the patient, the user, in a more open data-sharing
- 16 environment? That's just a question. I don't know the
- 17 answer, but I think that's one way that things could go,
- 18 rather than just saying we can't share because there's
- 19 stigma. You know, where can we go? Anne?
- 20 CHAIR BELLA: Go ahead, Anne.
- 21 EXECUTIVE DIRECTOR SCHWARTZ: Yeah. I just
- 22 wanted to share, particularly for the new folks, and it has

- 1 been a while even for the folks who have been around, we
- 2 did do a roundtable as part of our initial work on Part 2
- 3 that brought in a variety of perspectives. And also, our
- 4 recommendations regarding clarification of the regulations
- 5 in part were focused on a lack of understanding about what
- 6 could be done with the beneficiary's consent to facilitate
- 7 information sharing. The more conservative approach being
- 8 taken on the part of providers was just like, "Oh, we don't
- 9 want to get in trouble. It's just easier not to do
- 10 anything." And so that was one of the things we called out
- 11 in our recommendations on clarification. Always putting
- 12 the patient at the center of it, but clarifying so that
- 13 providers can have that sense of comfort, that this is what
- 14 we can do with the patient's consent. The patient is the
- 15 driver, but if given that opportunity to give that consent,
- 16 and to give the consent, these are the possibilities for
- 17 integration that are created.
- 18 COMMISSIONER CARTER: But the EHRs don't have
- 19 that capability, a lot of them, so that's something that I
- 20 think we could weigh in on.
- 21 EXECUTIVE DIRECTOR SCHWARTZ: But that's a
- 22 separate issue. It's not actually a policy issue. It's

- 1 more like a technical and market issue. Correct, Aaron?
- 2 MR. PERVIN: Yeah. I would say that's the sense
- 3 we've received too, is that there are EHR vendors that have
- 4 created consent management tools within their EHR. It's
- 5 just these consent management tools and data segmentation
- 6 requirements are not mandated to be part of the
- 7 certification program. So, it's more of a technical and
- 8 regulatory issue. These are permissions that can be built.
- 9 It's just they're not mandated as part of OMB's
- 10 certification requirements.
- 11 COMMISSIONER CARTER: So, to me that sounds like
- 12 a policy issue. It's whether there's a mandate to include
- 13 those provisions. So, it's technologically possible. It's
- 14 not mandated so it doesn't happen. There aren't financial
- 15 systems to support behavioral health providers so there's
- 16 not a lot of market drive to make it happen. So, it's sort
- 17 of a circular problem.
- 18 CHAIR BELLA: Toby, and then Heidi, and we're
- 19 getting ready to wrap this one up, guys.
- 20 COMMISSIONER DOUGLAS: Yeah, I just wanted to
- 21 reiterate it again. I hope we can focus on some more --
- 22 like just things that I think are feasible, because of the

- 1 enormity of the costs of some of this, and what Jess
- 2 mentioned around is there guidance or work that could be
- 3 done on best practices that's going on in states or what
- 4 managed care plans are doing in terms of incentives for
- 5 driving this. And then the SAMHSA as well as, I would say,
- 6 is there an intersection here with the duals.
- 7 But as much as I want to see us, you know, get
- 8 investment, the costs are just -- you know, I don't think
- 9 putting a recommendation out there, or in areas that are
- 10 outside of our purview, I don't know what that's going to
- 11 solve.
- 12 CHAIR BELLA: Heidi? Thank you, Toby.
- 13 COMMISSIONER ALLEN: Following up on Martha's
- 14 comment, I would just add that systems in place to revoke
- 15 consent, or the ability to easily revoke consent if you
- 16 feel like it's impacting the care that you're receiving to
- 17 have more providers know your mental health conditions.
- 18 Because in qualitative work that I've done with Medicaid
- 19 recipients they really do talk about how if a provider
- 20 thinks that you are drug seeking, if they think that you
- 21 have a substance history, how it really changes your access
- 22 to pain care. And also, if they think that you have a

- 1 psychiatric diagnosis that they might dismiss your physical
- 2 complaints as being psychosomatic.
- And so, some mechanism for patient engagement in
- 4 this seems really, really critical from a policy
- 5 perspective.
- 6 CHAIR BELLA: I'm struggling a bit with sort of
- 7 where our line is with the policy and authority that we
- 8 have. It was part of the conversation. I know, Aaron,
- 9 you're going to help us map that out. Fred, I like
- 10 thinking about it in terms of funding and sharing
- 11 information and integration in those buckets, and we
- 12 certainly heard a lot from the panel, but I do want to make
- 13 sure that we're not sending you off with any concerns about
- 14 if we're trying to take on things outside of our policy or
- 15 authority.
- 16 So, is there anything else from us you would like
- 17 to talk about, or Anne, anything else you would like to
- 18 raise to get final Commissioner input or clarity?
- 19 MR. PERVIN: No. I think, yeah, I think this is
- 20 helpful. Staff can kind of -- we can talk about what
- 21 potential next steps might be. But what I'm hearing is --
- 22 and please correct me if I'm wrong -- what I'm hearing what

- 1 the Commission is interested in looking at is maybe not a
- 2 HITECH 2.0, because of cost implications with that, but
- 3 maybe looking at what the rules are about federal financial
- 4 participation and how that can be used to maybe promote
- 5 more interoperability among behavioral health providers.
- 6 What I'm also hearing is are there things that
- 7 managed care plans can do, maybe through some kind of
- 8 directed payments, to promote more EHR adoption among
- 9 behavioral health providers. And then I'm also hearing
- 10 are there things that the Commission could suggest around
- 11 certification requirements to have better consent
- 12 management tools within the EHR platforms.
- Is that approximately what I'm hearing, and if
- 14 so, I think we can work with that.
- 15 CHAIR BELLA: Yes. You did a very nice job of
- 16 bringing that all together. Does anybody want to make any
- 17 final comment? I feel like that summary was wonderful.
- 18 Any other Commissioners who feel like there's any nuance
- 19 you want to add there?
- 20 EXECUTIVE DIRECTOR SCHWARTZ: We're going to have
- 21 multiple more opportunities for nuance. We'll be back at
- 22 this issue several times before we're done.

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1
              CHAIR BELLA: We certainly will.
2
              Okay. Aaron, I don't have to ask if you have
    what you need, because you just nailed it, so thank you.
 3
              Any final comments from Commissioners?
 4
 5
              [No response.]
              CHAIR BELLA: It was a wonderful panel. Thanks
 6
7
    for getting that group together. We'll close out on this
8
    session. We will take a break. We will come back at 1:30,
    and we'll have our final session on adult vaccines, that
10
    Kisha is going to lead, and then we'll wrap up for our
11
    September meeting.
12
              So, I would ask you all to be back in a little
    over an hour, at 1:30 Eastern time. Thank you.
13
14
              [Whereupon, at 12:23 p.m., the meeting was
15
    recessed, to reconvene at 1:30 p.m., this same day.]
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MACPAC

1 AFTERNOON SESSION

- [1:30 p.m.]
- 3 CHAIR BELLA: Welcome back, everyone. Hope you
- 4 all had a nice break.
- 5 Kisha, I will turn it over to you to take us
- 6 through the last session of the day.
- 7 VICE CHAIR DAVIS: Thanks. The clock strikes at
- 8 the bottom of the hour. So, we are going to jump in to
- 9 talking about vaccines for adults in Medicaid, and I will
- 10 turn it over to Chris and Amy to kick us off.
- 11 ### VACCINES FOR ADULTS ENROLLED IN MEDICAID: ACCESS,
- 12 COVERAGE, AND PAYMENT
- 13 * MS. ZETTLE: Great. Thank you.
- So today, for our last session, we are going to
- 15 be returning to our work on vaccine coverage and access for
- 16 adults enrolled in Medicaid.
- We first presented on this topic last September
- 18 and then later turned our attention to focus more
- 19 specifically on COVID-19 vaccines and federal actions to
- 20 support access in that area. The COVID-19 pandemic has
- 21 brought attention to the issue of vaccines and vaccine-
- 22 preventable diseases.

- 1 The Commission has expressed an interest in
- 2 examining vaccines more generally and explore how federal
- 3 policies might improve access to recommended vaccines for
- 4 adults enrolled in Medicaid.
- 5 Next slide.
- 6 So, I'm going to begin with a brief background on
- 7 Medicaid coverage for adults and highlight some barriers to
- 8 access. Then I'll lay out our work plan for the cycle, and
- 9 then Chris Park will present our recent analysis of adult
- 10 vaccination rates by insurance coverage and will also
- 11 introduce our framework for assessing potential policy
- 12 options. Lastly, we'll share our next steps.
- Next slide.
- So, as we presented last September, vaccine
- 15 coverage is not mandatory for all adults enrolled in
- 16 Medicaid. Vaccine coverage varies by state and eligibility
- 17 pathway. For individuals in the new adult group,
- 18 preventive services are covered without cost sharing. This
- 19 includes all vaccines recommended by the Advisory Committee
- 20 on Immunization Practices, or ACIP.
- 21 All other adults are not subject to essential
- 22 health benefits, and therefore, states can decide whether

- 1 to cover recommended vaccines and whether to apply cost
- 2 sharing. This group includes individuals with
- 3 disabilities, pregnant women, and parents, they account for
- 4 about 40 percent of Medicaid enrollees. And while this
- 5 presentation is a focus on adults, just a reminder that
- 6 children enrolled in Medicaid receive all recommended
- 7 vaccines without cost sharing through the Vaccines for
- 8 Children program, or VFC.
- 9 Next slide.
- 10 Coverage of vaccines varies by state. A CDC
- 11 study looked at Medicaid policies in 2018 and 2019 and
- 12 found that 49 states offered some coverage for adults on
- 13 Medicaid, but only about half, 24 out of 49 states
- 14 surveyed, covered all ACIP-recommended vaccines.
- 15 The Affordable Care Act does provide a financial
- 16 incentive for states to cover all preventive services
- 17 without cost sharing. States receive a 1 percentage point
- 18 FMAP increase on all spending for preventive services,
- 19 including the cost of the vaccine and provider
- 20 administration. According to the CDC researchers, only 12
- 21 out of 44 states surveyed implemented this option.
- Next slide.

- 1 There are a wide range of barriers that prevent
- 2 vaccinations in adults, and today we're going to focus on
- 3 barriers that relate to Medicaid policies specifically.
- 4 First and perhaps the most fundamental barrier is coverage.
- 5 If a state is not providing coverage of a vaccine, an
- 6 enrollee's ability to gain access is limited. The enrollee
- 7 could pay out of pocket, which may be prohibitive, or they
- 8 could navigate potential other programs to gain access.
- 9 As we noted, about half of states are not
- 10 covering all recommended vaccines. So, for example, 16
- 11 states are not covering the shingles vaccine.
- 12 Cost-sharing requirements can create barriers,
- 13 even when a service is covered. One study showed that for
- 14 each additional co-payment dollar on vaccinations decrease
- 15 the flu vaccination rate by 1 to 6 percentage points. The
- 16 CDC showed that 15 states have cost-sharing requirements
- 17 for vaccines.
- And, lastly, we turn to provider payments.
- 19 Recent studies have shown that some states may not be fully
- 20 covering the cost to providers of acquiring and
- 21 administering vaccines. A recent survey reported that 55
- 22 percent of general internal medicine physicians surveyed

- 1 reported that they lost money administering vaccines to
- 2 Medicaid beneficiaries. So, payment policies could be
- 3 resulting in Medicaid providers not purchasing or
- 4 administering vaccines.
- 5 So, next, I'll turn to the project work plan for
- 6 this cycle. Our work plan this cycle centered around some
- 7 key policy questions, many of which were raised by the
- 8 Commission when we discussed this topic last year. We'll
- 9 conduct three different research projects to help answer
- 10 these questions.
- 11 First, we want to know more about the vaccination
- 12 rates for Medicaid enrollees and how they compare the
- 13 vaccination rates of individuals with other forms of
- 14 coverage. We also want to understand how those rates may
- 15 differ by race and ethnicity.
- Today Chris will present findings on this topic
- 17 using survey data.
- Next, we want to understand how state policies
- 19 might be affecting vaccination rates. For this, we'll use
- 20 Medicaid claims data to estimate state vaccination rates
- 21 and see if rates are associated with differences in
- 22 coverage or payment policies. We'll also look at these

- 1 estimated rates to see if we can better understand which
- 2 state policies have resulted in improved vaccination rates.
- 3 We hope to bring you this analysis later this fall.
- And then, lastly, we're going to be conducting
- 5 some semi-structured interviews with Medicaid officials in
- 6 five states and also federal officials, Medicare managed
- 7 care plans, providers, vaccine manufacturers, experts, and
- 8 beneficiary groups. They're going to help us better
- 9 understand the barriers to vaccine access for adults but
- 10 also help us explore the set of questions that focus on
- 11 federal policy options and help us understand the different
- 12 tradeoffs between the federal policy options.
- We also want to use these interviews to help us
- 14 better understand how COVID-19 vaccination policy might be
- 15 affecting vaccines more generally for adults, and of
- 16 course, we'll be turning to the literature to help us
- 17 explore these questions as well.
- 18 So now I will turn it over to Chris.
- 19 * MR. PARK: Thanks, Amy.
- I'm trying to get the slide to advance. There we
- 21 go.
- So, working with the State Health Access Data

- 1 Assistance Center, we analyzed National Health Interview
- 2 Survey data to estimate vaccination rates for eight ACIP-
- 3 recommended vaccines. To increase sample size, we combined
- 4 data from 2015 to 2018.
- 5 First, we examined vaccination rates for Medicaid
- 6 enrollees compared to those enrolled in private insurance
- 7 and those without insurance. We did look at Medicare but
- 8 did not display the results due to large differences in age
- 9 composition compared to the other payers.
- 10 Second, we examined how vaccination rates
- 11 differed by demographic characteristics and some access-to-
- 12 care measures. Today's presentation, we'll just focus on
- 13 the difference in vaccination rates by race and ethnicity,
- 14 but the other breakouts were included in your background
- 15 materials.
- Here, we summarized some of the key findings. I
- 17 won't spend too much time here as we'll go through the
- 18 results in greater detail in subsequent slides. So, just
- 19 to summarize, adult vaccine rates in Medicaid were
- 20 generally lower than private insurance but higher than the
- 21 uninsured. Racial and ethnic disparities appear to be
- 22 smaller in Medicaid compared to private insurance, and

- 1 pregnant women enrolled in Medicaid received recommended
- 2 vaccines at lower rates than those with private insurance.
- 3 This slide shows the proportion of adults
- 4 receiving each vaccine by the primary source of coverage.
- 5 Shown here are Medicaid or CHIP, private insurance, and the
- 6 uninsured. The highest vaccination rate for each vaccine
- 7 is circled in red. As you can see, privately insured
- 8 adults had the highest vaccination rate for all vaccines
- 9 except for the pneumococcal vaccine, where Medicaid had the
- 10 highest rate. Uninsured adults had the lowest rate across
- 11 all vaccines.
- 12 Within Medicaid, difference across racial and
- 13 ethnic groups was mixed. This table shows where there was
- 14 a statistically significant difference in the vaccination
- 15 rate between each racial and ethnic group compared to the
- 16 White, non-Hispanic adults in Medicaid. People of color in
- 17 Medicaid generally had lower vaccination rates for tetanus,
- 18 Tdap, and pneumococcal vaccines than White, non-Hispanic
- 19 enrollees, but they actually had a higher vaccination rate
- 20 for influenza. There were few statistically significant
- 21 differences for shingles, hepatitis A, hepatitis B, or HPV.
- 22 This table shows whether there is a statistically

- 1 significant difference in the vaccination rate between
- 2 Medicaid and private insurance for each racial and ethnic
- 3 group and vaccine. Vaccination rates were more similar
- 4 between people of color enrolled in Medicaid and private
- 5 insurance than they were for White, non-Hispanic adults.
- 6 Within the White, non-Hispanic group, Medicaid enrollees
- 7 had a lower vaccination rate than privately insured adults
- 8 for six of the eight vaccines.
- 9 For Black, non-Hispanic, and Hispanic
- 10 individuals, Medicaid enrollees had a lower vaccination
- 11 rate than privately insured adults for four out of the
- 12 eight vaccines, and for Asian, non-Hispanic, Medicaid was
- 13 lower for only three vaccines. The difference within the
- 14 White, non-Hispanic population appears to be a key driver
- 15 in the overall lower vaccination rates in Medicaid compared
- 16 to private insurance.
- These next couple of slides just provide specific
- 18 examples on the differences in racial and ethnic groups
- 19 that I just discussed. This table shows the vaccination
- 20 rates for Tdap by race and ethnicity and payer. As you can
- 21 see circled in red, privately-insured adults had higher
- 22 vaccination rates than Medicaid-enrolled adults across

- 1 almost all races and ethnicities. Encircled in blue within
- 2 Medicaid, the vaccination rate for White, non-Hispanic
- 3 Medicaid-enrolled adults was higher than Black, non-
- 4 Hispanic, Hispanic, and Asian, non-Hispanic enrollees by a
- 5 statistically significant margin.
- 6 This table shows the vaccination rates for
- 7 influenza, and you'll see it's almost the opposite picture
- 8 of the Tdap results. Privately insured adults had a much
- 9 higher vaccination rate than Medicaid-enrolled adults for
- 10 the White, non-Hispanic individuals, and that's circled in
- 11 red. However, the vaccination rates for most people of
- 12 color enrolled in Medicaid were not different from those
- 13 privately insured by a statistically significant margin.
- 14 Encircled in blue, the vaccination rates for
- 15 Hispanic, Asian, and American Indian or Alaska Native was
- 16 higher than White, non-Hispanic enrollees within Medicaid.
- While children under 19-year-olds are not a focus
- 18 of our current work, we did want to see if children would
- 19 have a higher vaccination rate than adults relative to
- 20 private insurance. The thinking here is that since all
- 21 Medicaid-enrolled children had vaccine coverage without
- 22 cost sharing to the VFC program, we could see a smaller

- 1 difference between Medicaid and private insurance than we
- 2 do for adults because Medicaid-enrolled adults are not
- 3 guaranteed coverage without cost sharing.
- 4 This survey only had vaccine information for
- 5 influenza for children, which is showed in this table, and
- 6 while the difference is statistically significant, the gap
- 7 was smaller for children than it was for adults. For
- 8 children, the difference between Medicaid and private
- 9 insurance was 2.6 percentage points versus 8 percentage
- 10 points among adults.
- 11 And for pregnant women, we also took the
- 12 opportunity to look at vaccination rates of pregnant women
- 13 receiving the recommended influenza and Tdap vaccines. The
- 14 influenza rate was about 20 percentage points lower for
- 15 pregnant women enrolled in Medicaid than it was for those
- 16 in private insurance, and for Tdap, it was about 12
- 17 percentage points lower.
- When we presented on this topic last September,
- 19 we included some potential policy options to address the
- 20 gaps seen in vaccine coverage for some adults. The
- 21 Commission has expressed interest in the options and asked
- 22 that staff come back with more information.

- 1 So, as we move forward with this topic over the
- 2 next few meetings, we have identified a few primary goals
- 3 for the Commission to consider in thinking about how to
- 4 increase vaccination rates. The first is to expand
- 5 coverage. This could be done by either making vaccination
- 6 coverage a mandatory benefit or creating financial
- 7 incentives to cover such as increased federal match.
- 8 Another decision is whether to only target
- 9 certain populations such as individuals eligible on the
- 10 basis of disability or only cover certain vaccines. The
- 11 second goal is to improve access. As we have seen with the
- 12 COVID vaccine, it is important to make access to vaccines
- 13 convenient to beneficiaries. Policies could try to
- 14 increase providers' willingness to offer vaccines by
- 15 reducing the acquisition cost of the vaccine or increasing
- 16 payment for administration.
- 17 Commissioners will also need to consider how each
- 18 policy option affects state and federal spending, and some
- 19 options could increase spending, while others may shift
- 20 cost from states to the federal government. Additionally,
- 21 the policy options will vary in how hard it would be to
- 22 implement both for states and providers.

- 1 To help the Commission think about each of the
- 2 options, we developed a framework to guide our work on this
- 3 topic. As a quick refresher, the policy options we
- 4 discussed last year are mandatory coverage of adult
- 5 vaccines. This would make ACIP-recommended vaccines a
- 6 mandatory benefit for Medicaid enrollees.
- 7 Adding vaccines to the Medicaid drug rebate
- 8 program, this would essentially make vaccine coverage
- 9 mandatory if the state chooses to offer prescription drugs.
- 10 Medicaid would receive the statutory rebates to help reduce
- 11 spending.
- 12 Additional federal funding, this could take
- 13 several forms. Some examples are the 1 percentage point
- 14 increase on preventive services, including vaccines, if a
- 15 state offers coverage without cost sharing. Another
- 16 example is the 100 percent match on vaccine cost and
- 17 administration for the covered vaccine offered under the
- 18 American Rescue Plan Act.
- The last option was federal purchasing program or
- 20 price negotiation. Again, this option can take several
- 21 forms. The policy could create a federal purchasing and
- 22 distribution program for adult vaccine, similar to the VFC

- 1 program, or it could allow a state and providers to
- 2 purchase vaccines for a discounted price based on the CDC-
- 3 contracted price.
- 4 As we consider each of these options, we have
- 5 highlighted a few design considerations and assessment
- 6 criteria reflecting the goals and considerations mentioned
- 7 earlier. For consideration, the inclusion criteria, what
- 8 vaccines are included, how will the price be set and if it
- 9 will change the net cost of the vaccine, whether or not it
- 10 will change beneficiary cost-sharing requirements, will the
- 11 policy change provider payment or participation, and will
- 12 the policy have an effect on the current supply chain.
- Also, we'll try to assess how a policy would
- 14 affect vaccination rates, racial disparities, state and
- 15 federal spending, and how operationally complex it is to
- 16 implement the policy.
- 17 As Amy presented earlier, our work plan includes
- 18 interviews with a variety of stakeholders and a claims
- 19 analysis using T-MSIS data. We will present these findings
- 20 over the next couple of meetings.
- 21 Staff would appreciate any feedback you have on
- 22 this presentation, particularly on the work plan and the

- 1 policy framework, so that we can incorporate your comments
- 2 as we proceed with the work on this issue.
- 3 Thank you, and I'll turn it back over to the
- 4 Commission.
- 5 VICE CHAIR DAVIS: Thanks, Chris and Amy.
- 6 So, lots of good work here. Thank you for this
- 7 really robust report, and I think I want to start with if
- 8 there's any questions around the data piece of it and then
- 9 dive into the work plan.
- One of the things that I wanted to highlight here
- 11 -- and I really do appreciate the effort of showing the
- 12 racial disparity piece and kind of how that breaks out
- 13 along insurance lines -- I do want to make sure that we're
- 14 mindful of what the goal vaccination rate is or should be.
- 15 So, at the end of the day, we want the Medicaid rates to
- 16 compare, be comparable to what private insurance folks are
- 17 getting, but when we look at the just base rate, we're not
- 18 looking for 100 percent coverage in most of these, right?
- 19 And that nuance doesn't necessarily come out in the report.
- 20 Tdap is something that should happen across the
- 21 board. Influenza is something that should happen across
- 22 the board. But many of those vaccines are very much

- 1 dependent on age or health status, and it's hard to know if
- 2 there are differences in health status that might be also
- 3 contributing to the difference in vaccination rate that we
- 4 see in private insurance versus Medicaid.
- 5 So, you do call that out specifically for the
- 6 pneumococcal vaccine where there may be more folks in
- 7 Medicaid who are recommended to get the pneumococcal
- 8 vaccine, and hence, that may be why that is higher.
- 9 I think the other thing is comparing that. You
- 10 didn't include the rates for Medicare, but for some of the
- 11 vaccines, like shingles, where that's a 50-and-over vaccine
- 12 or pneumococcal which is typically a 65-and-over vaccine,
- 13 unless you have a health condition, it can be hard to just
- 14 kind of compare base rates on that. So, I just wanted to
- 15 highlight that.
- Any other questions that folks have on the data
- 17 piece before we move to look a little bit more deeply at
- 18 the work plan?
- 19 Yeah. Fred and Darin.
- 20 COMMISSIONER CERISE: You referenced the fact
- 21 that many of the providers say the cost of acquiring or
- 22 administering the immunization doesn't cover their cost.

- 1 Do you have data to show what the acquisition cost is
- 2 compared to what the Medicaid reimbursement is?
- I know it's going to vary by provider, but, you
- 4 know, in those cases where the providers are reporting they
- 5 lose money administering the vaccine, do we actually have
- 6 any comparable data to say this is what Medicaid
- 7 reimburses, this is what it actually -- the ingredient cost
- 8 is to the practice?
- 9 MR. PARK: Yeah. So, we are doing some analysis
- 10 on the T-MSIS data. We will look at kind of what they paid
- 11 for the vaccine code, which should reimburse for the
- 12 acquisition cost, and we can compare that. While we don't
- 13 necessarily know the acquisition cost, the CDC does publish
- 14 kind of like a list of retail prices and also their
- 15 contracted prices for vaccines. So, we can certainly try
- 16 to compare to that retail price list to basically kind of
- 17 use that as a benchmark for maybe what the acquisition cost
- 18 would be.
- But I think what we've heard in prior interviews
- 20 and also from the study, the administrative fee, providers
- 21 feel is particularly low, and so that is where -- you know,
- 22 for example, for COVID, CMS, the American Rescue Plan Act,

- 1 the federal government is paying 100 percent match on
- 2 vaccine administration cost. So, most states are paying
- 3 what Medicare is paying for the COVID vaccine
- 4 administration. So that's, I think, where we've been
- 5 hearing some comments about where it would be helpful to
- 6 try to increase provider rates in particular.
- 7 VICE CHAIR DAVIS: Thanks.
- 8 Darin and then Laura.
- 9 COMMISSIONER GORDON: Thank you both for this.
- 10 Very helpful.
- One data point that I think would be helpful as
- 12 we consider the policy options would be a better
- 13 understanding of whether so few states took up the
- 14 additional match for the preventative services because I'd
- 15 be curious if there were things -- you know, I vaguely
- 16 remember all this. I just don't remember the analysis of
- 17 what the background says. In other words, I'm trying to
- 18 find out if there were things other than vaccines that were
- 19 a hurdle for the state or was it the vaccines. I'm just
- 20 curious because it really helps us understand whether or
- 21 not an incentive-type approach versus a mandatory approach
- 22 could be effective if tailored specifically around

- 1 vaccines. That may be something that could be added to the
- 2 interview process.
- MR. PARK: You know, we've been talking to a few
- 4 states, and when we asked one state in particular, because
- 5 they did offer vaccine coverage, coverage of all vaccines
- 6 without cost sharing, they had mentioned that they're in
- 7 the process of doing it, but based on all their other
- 8 priorities, trying to get their system set up to actually
- 9 separate out those costs, they claimed the additional FMAP
- 10 wasn't necessarily high on their list.
- So, I think we're definitely seeing a handful of
- 12 states where they do seem like they might meet the
- 13 requirement based on vaccine coverage and cost sharing to
- 14 get that percentage point, but we're not sure if they're
- 15 doing that for all preventive services, so --
- 16 COMMISSIONER GORDON: Gotcha. So, they may not
- 17 have checked the box for everything, but with regards to
- 18 vaccines and what you saw, they were.
- 19 MR. PARK: Right.
- 20 COMMISSIONER GORDON: Okay. That's helpful, very
- 21 helpful. Thank you.
- 22 CHAIR BELLA: Thanks.

- 1 Laura?
- 2 COMMISSIONER HERRERA SCOTT: I have a few
- 3 questions. One, is there any way to look at utilization of
- 4 the delivery system related to vaccine-preventable
- 5 diseases? So, as you think about expanding coverage for
- 6 certain vaccines, could whatever spend on the vaccine-
- 7 preventable disease have offset that coverage for the
- 8 expansion? So that's one.
- 9 Two, thinking about the co-pay or the cost share,
- 10 is there any way on the Medicaid side to see if there were
- 11 differences in states where there was cost share versus no
- 12 cost share, and in those states where there was no cost
- 13 share, did they look more like their commercial
- 14 counterpart, so instead of aggregating but differentiating
- 15 between cost share and no cost share and what the
- 16 vaccination rates were for the different states?
- MR. PARK: With the survey data, we don't have
- 18 enough sample size to look state by state, and so that's
- 19 why it's aggregated, and so we wouldn't necessarily be able
- 20 to compare the results to commercial payers.
- 21 We are trying to take a look at that as we go
- 22 through the claims analysis with the T-MSIS data. I can

- 1 say that the early findings at least don't show a lot of
- 2 co-pays being reported on the claims, but we will try to
- 3 take a look at states that report, you know, that they do
- 4 report that they do require some cost sharing and try to
- 5 compare the vaccination rates there to states that don't to
- 6 see if there's any discernable difference.
- 7 VICE CHAIR DAVIS: Thanks.
- 8 We'll go to Martha, and then after Martha, if
- 9 there's nothing on the data, if we can start talking about
- 10 some of the policy options and probably go back to Slide 20
- 11 at that point, but, Martha, I'll turn it to you.
- 12 COMMISSIONER CARTER: Kisha, mine may be sort of
- 13 between both.
- 14 Always when I look at data like this, I wonder
- 15 about the FQHCs because -- well, a couple points. One is
- 16 the FQHCs get the administration cost of a flu vaccine
- 17 reimbursed for Medicare patients, but of course, when a
- 18 health center does a flu vaccine campaign, they're not
- 19 going to just focus on Medicare patients. They're going to
- 20 vaccinate their whole population. So that may explain some
- 21 of the somewhat higher rates of flu vaccine in some of the
- 22 populations that we saw.

- 1 And then to sort of get to policy, overall adult
- 2 vaccines for the health centers is kind of a mess. It's
- 3 challenging from the provider's standpoint. They often
- 4 feel like they can't get their patients covered. Since
- 5 it's Medicaid, it varies by state, and so the cost of the
- 6 actual vaccine and the administration of the vaccine is
- 7 often rolled into their rate, their PPS rate, and so each
- 8 organization has to make a decision about whether they're
- 9 going to use those funds to buy the vaccine or whether
- 10 they're going to send their patients out to the health
- 11 department.
- 12 So, it's a complicated mix, and how that whole
- 13 system works does affect the rates for patients that access
- 14 services a community health centers, FQHCs.
- So, I don't know whether it would help us to look
- 16 at FQHC adult vaccination rates separately. Maybe not, but
- 17 I wanted to throw that out there as sort of a confounder, I
- 18 think, in some of these data.
- 19 VICE CHAIR DAVIS: Thank you, Martha.
- 20 As we kind of switch gears a little bit and think
- 21 about the policy option frameworks, Chris and Amy have
- 22 really laid out these different options, and if we can talk

- 1 about them as a group in terms of thinking about mandatory
- 2 coverage, coverage through the Medicaid drug rebate
- 3 program, additional federal funding, and purchasing
- 4 programs, you know, in terms of one plus minuses or, for
- 5 each of these options and other things to consider and also
- 6 what information we think we'll need as we start to work
- 7 towards a chapter and recommendation, recognizing we're
- 8 going to have a lot of additional bites at this apple over
- 9 the next few months.
- 10 [Pause.]
- 11 VICE CHAIR DAVIS: Everybody is quiet this
- 12 afternoon.
- Go ahead, Fred.
- 14 COMMISSIONER CERISE: Give me a second to get off
- 15 mute.
- 16 Yeah. I guess I would -- well, you know, as ACIP
- 17 looks at this, if we're going to follow the ACIP, I wonder
- 18 to what extent cost effectiveness is considered in their
- 19 evaluation. I know it's a factor that they consider.
- I get a little nervous about recommending
- 21 requirements when there's going to be great variation in
- 22 terms of the cost effectiveness of some of these vaccines.

- 1 We did some stuff on drugs not long ago, and we're
- 2 struggling with this same thing, at least how do you deal
- 3 with these very high drug costs. While some vaccines, it's
- 4 really straight forward, we've got widespread diseases,
- 5 common diseases, and low-cost vaccines, but when you start
- 6 getting into rare diseases and expensive vaccines, I think
- 7 we have to acknowledge that at some point cost is an issue.
- 8 Without having a better understanding of how ACIP is
- 9 considering that in their recommendations, I'd be hesitant
- 10 to make broad recommendations that states should be
- 11 required to cover all vaccines. I think that's a little
- 12 broader than I'm comfortable with right now without more
- 13 information on how the ACIP is -- what they're recommending
- 14 and how they're -- you know, what categories of
- 15 recommendations they might make, like this is maybe prudent
- 16 or maybe we recommend it or -- you know, if you take --
- 17 something could be recommended for a very rare condition
- 18 that's costly, but to do that on a population basis has
- 19 implications much broader than an individual patient
- 20 recommendation in terms of a risk-benefit analysis.
- I think there's some real cost implications that
- 22 we've got to be concerned about before making a statement

- 1 of -- a suggestion that states require it for every
- 2 approved vaccine.
- 3 VICE CHAIR DAVIS: I guess, Fred, that kind of
- 4 gets back to this point of who's actually supposed to get
- 5 the vaccine. For ACIP-covered vaccines, many of those are
- 6 based -- are dependent on health status or age. So, to say
- 7 we're going to cover the shingles vaccine or everybody,
- 8 well, we're not going to cover it for somebody who is 22,
- 9 right? That wouldn't be consistent with what the
- 10 recommendation is, and so just how we think about that in
- 11 terms of the cost analysis -- and so, if you're looking at
- 12 the vaccination rate for shingles for the entire adult
- 13 Medicaid population, but a small portion of that is over 50
- 14 who would actually be eligible, I think that's a type of
- 15 nuance we need to be able to better assess kind of what
- 16 that cost analysis would be, what's the impact.
- 17 Yeah, Melanie.
- 18 CHAIR BELLA: I guess I feel like that this
- 19 framework is going to help us work through all of those
- 20 issues.
- 21 So, for example, Fred, like the lens of what's
- 22 included, that's going to drive sort of the magnitude of

- 1 the potential additional spending. That feels like
- 2 decisions like ACIP or someone else should make versus us
- 3 about what's include or not a little bit, because we're
- 4 struggling a bit, but I really like this framework. And I
- 5 think if we're able to kind of fill it out and use it to
- 6 make tradeoffs and decisions about how we can make the
- 7 biggest impacts responsibly, that feels like a really --
- 8 that we're on a really good path for that.
- 9 VICE CHAIR DAVIS: Yeah. Heidi?
- 10 COMMISSIONER ALLEN: This just kind of brings to
- 11 mind for me Oregon's prioritized list methodology that
- 12 they've been using for 30 years to assess what they pay for
- 13 and what they don't, and it's a pretty nuanced instrument
- 14 that includes things like vulnerability in a population,
- 15 the size of the population, the efficacy of the treatments,
- 16 and the quality of life gained from having something
- 17 prevented. I think they have other characteristics that
- 18 they look at as well, but I think that that's a framework
- 19 that somebody could look at to see if it helps on a
- 20 vaccine-by-vaccine basis to kind of see which ones rise to
- 21 the top versus those that don't.
- VICE CHAIR DAVIS: Thanks, Heidi, and thanks,

- 1 Melanie, for your framing. And I agree. I think this is a
- 2 good way, a good approach, a good way to think about it.
- 3 Do folks have other thoughts as we look at panels
- 4 or additional information that we'll need as we start to
- 5 approach this work?
- 6 Brian.
- 7 COMMISSIONER BURWELL: I have a question. Is
- 8 there any rationale why vaccines are excluded from the drug
- 9 rebate program?
- 10 MR. PARK: I think they've been excluded since
- 11 the beginning of the drug rebate program, and we have tried
- 12 to ask some staffers who worked on the program, you know,
- 13 worked on the legislation way back then. I think their
- 14 recollection is that some of the vaccine manufacturers
- 15 argued that it should be excluded because it would affect
- 16 their willingness to develop and produce these vaccines.
- 17 But we don't know for sure exactly why they were excluded.
- Another possibility of why they're excluded is
- 19 that the VFC program does exist, and so that is a separate
- 20 purchasing program for the Vaccines for Children, and
- 21 that's a large part of the vaccinations that the Medicaid
- 22 program would be responsible for. So, I think that

- 1 combination is probably why vaccines are excluded
- 2 currently.
- 3 COMMISSIONER BURWELL: But tell me if I'm wrong.
- 4 If there was legislation, one of our recommendations would
- 5 be to make them part of the drug rebate program, but then
- 6 states would be required to cover those drugs in all the
- 7 states. So that would address a coverage issue.
- 8 MR. PARK: Yes. That's the second option we have
- 9 here on the chart, and as you mentioned, if states offer
- 10 drug coverage and vaccines are in the rebate program, then
- 11 they would have to cover vaccines as well.
- 12 MS. ZETTLE: I might just add there, we are -- as
- 13 I mentioned, we're doing the interviews right now. We have
- 14 included vaccine manufacturers in those interviews. So,
- 15 when we come back to you with those findings, we'll be able
- 16 to talk a little bit about the views of the various
- 17 stakeholders on sort of some of these policy options.
- 18 COMMISSIONER HEAPHY: This is Dennis.
- 19 I'm pondering, what are the barriers for folks
- 20 wanting to get the vaccines? As we see with COVID, there
- 21 are similar things happening with other vaccines as well.
- 22 They don't necessarily see their value.

- 1 And then in terms of state policy, is it possible
- 2 to incentivize states that have low rates in cycles, and if
- 3 states achieve a certain level of vaccination rates, they
- 4 get bonus payments or something? I'm just trying to figure
- 5 out how to get the vaccination rates up, and I think it's
- 6 multi-factorial. There are so many other factors besides
- 7 just the payment thing, looking at all the tables that were
- 8 in the -- in what you guys put together. Across the board,
- 9 there seems to be, at least from what I saw, an issue with
- 10 vaccination rates.
- 11 VICE CHAIR DAVIS: Yeah. Martha?
- 12 COMMISSIONER CARTER: I'm really glad, Brian,
- 13 that you brought up the point about the drug rebate program
- 14 because that was something I thought of and I forgot to
- 15 say. I think that's a really important point.
- I also had another question, and I don't know if
- 17 this is relevant. But does it matter how the vaccine is
- 18 covered? I know sometimes it's covered through a pharmacy
- 19 benefit, and sometimes it's covered through, I guess, the
- 20 regular primary care benefit. Does that matter?
- MS. ZETTLE: I can just say --
- 22 COMMISSIONER CARTER: I don't even know if it's a

- 1 question that's important, but I know that there are
- 2 differences in how the states cover the vaccines, some of
- 3 the vaccines. So, is that important?
- 4 MS. ZETTLE: Yeah. And I will just say we have
- 5 looked at studies that have cataloged where -- which
- 6 settings where it's allowable either through a pharmacy
- 7 versus the medical benefit. So, there is definitely
- 8 variation across the states, and that is a topic that has
- 9 come up quite a bit in our interviews. So, we can
- 10 certainly provide more detail on that when we come back.
- 11 VICE CHAIR DAVIS: Thanks.
- Darin, did I see your hand up?
- 13 COMMISSIONER GORDON: Yeah. I think I was
- 14 thinking about Martha's question.
- Martha, were you wondering if that would impact
- 16 the rebate situation as well? Is that part of that
- 17 question?
- 18 COMMISSIONER CARTER: I think that's one of the
- 19 parts and just how it gets reimbursed.
- 20 COMMISSIONER GORDON: Yeah.
- 21 COMMISSIONER CARTER: And, of course, where
- 22 there's an access problem, if you go to your primary care

- 1 provider and you can get the vaccine when you're there in
- 2 the office, say, is that easier for people, to Dennis'
- 3 point, than having to traipse off to the pharmacy to get
- 4 it? So, I don't know. I just had enough to ask the
- 5 question.
- 6 COMMISSIONER GORDON: I would say that states can
- 7 claim for rebates, even if it's physician-administered
- 8 drugs. They just have to have the information. That
- 9 shouldn't be an issue for that potential policy.
- 10 COMMISSIONER DAVIS: It is, I think, that a
- 11 consideration, as we are thinking about design, about ease
- 12 of access for patients, and whether that's, you know, are
- 13 they forced into a pharmacy to get it, and they get it at
- 14 their primary care provider, you know, are they forced into
- 15 a silo of one versus the other and how those access issues
- 16 might play out in their ability to get the vaccine. So
- 17 that's one thing that I don't necessarily see here is
- 18 thinking about an ease for the beneficiary.
- 19 COMMISSIONER CERISE: And one more comment. On
- 20 the purchasing program and price negotiation, Chris, I
- 21 don't know if you looked at the program on hep C that
- 22 Rebekah Gee came and talked to us about a few years ago.

- 1 You know, I mean, is prescription pricing one of the
- 2 considerations there? Is there a different way to look at
- 3 some of these that you might want widespread utilization?
- 4 Is there a different pricing practice?
- 5 MR. PARK: Yeah, so we can certainly think about
- 6 different price negotiation strategies. Certainly, you
- 7 know, the federal government could do something similar to
- 8 what Louisiana is doing, negotiation on the benefit of all,
- 9 all Medicaid programs. And we are talking to a few states
- 10 that it does appear that they do a universal purchasing
- 11 program in the state for vaccines, or for some vaccines, so
- 12 we're going to talk to them and we'll have some more
- 13 findings when we come back with those results.
- 14 COMMISSIONER DAVIS: And Brian, I think we will
- 15 make this the last comment.
- 16 COMMISSIONER BURWELL: Give it to someone else.
- 17 I've had my opportunity, if someone else wants to --
- I was just curious. We didn't get data on
- 19 Medicare vaccination rates, but I assume that Medicare has
- 20 coverage also for duals. And I just wondered how that
- 21 relates to Medicaid.
- 22 MR. PARK: Sure. Medicare did have higher

- 1 vaccination rates, but one reason why we didn't display
- 2 those is that, you know, the population is largely 65 and
- 3 older, and, it's hard to compare overall vaccination rates
- 4 when there are some pretty significant age differences in
- 5 vaccination rates across the age groups.
- 6 COMMISSIONER BURWELL: Does Medicare generally
- 7 cover vaccines without cost sharing?
- 8 MR. PARK: Yes. Well, certain vaccines, I don't
- 9 remember off the top of my head which ones, are covered in
- 10 Part B, but then the rest of the vaccines are covered
- 11 through Part D. So, it's a little bit of a split in terms
- 12 of coverage, but generally speaking Medicare should be
- 13 covering all ACIP-recommended vaccines.
- 14 COMMISSIONER DAVIS: Any other last questions on
- 15 vaccines before we wrap this session up?
- 16 Chris and Amy, do you guys have what you need,
- 17 direction-wise?
- 18 MS. ZETTLE: Yeah. Thank you. This was really
- 19 helpful. I appreciated the feedback.
- 20 COMMISSIONER DAVIS: All right. Thank you,
- 21 Melanie. I will turn it back to you for closing comments
- 22 and any comments from the crowd.

- 1 CHAIR BELLA: Thank you, Kisha, and thank you,
- 2 Amy and Chris. Great framework.
- 3 We'll turn it open to public comment now. If
- 4 anyone in the audience would like to make a comment please
- 5 indicate. And just as a reminder, we ask that you
- 6 introduce yourself and your organization, and we ask that
- 7 you keep all comments to three minutes or less. We will go
- 8 ahead and open it up now.
- 9 It looks like we have one person waiting so far.
- 10 Can we can go ahead and recognize Nataki please.

11 ### PUBLIC COMMENT

- 12 * MS. HUGHES: Nataki, you are now unmuted.
- MS. MacMURRAY: Great. Good afternoon again,
- 14 Commissioners. Nataki MacMurray from the Office of
- 15 National Drug Control Policy. I just wanted to know, and I
- 16 didn't see this in the data, of course, because you were
- 17 looking at vaccination, but do we know whether or not the
- 18 same pattern corresponds to the COVID testing? I just
- 19 wanted to see whether or not folks are doing better at
- 20 getting tested than they are at getting vaccinated, and
- 21 whether or not the payment or coverage of the services
- 22 makes a difference, coverage versus testing, because it

- 1 seems to be more prevalent where people to get testing but
- 2 less prevalent for where people can get vaccinated. So, I
- 3 just wondered whether or not there was any indication or
- 4 correlation between testing versus actual vaccination.
- 5 CHAIR BELLA: I think --
- 6 MS. MacMURRAY: -- a study, but, you know, I just
- 7 wanted to know whether or not there was any correlation.
- 8 CHAIR BELLA: Yeah, we actually -- Amy and Chris
- 9 left, I realize.
- 10 MR. PARK: I'm still here, but the data we've
- 11 been looking at is historical, so up to like 2018, 2019.
- 12 So, we won't have information on COVID right now.
- 13 CHAIR BELLA: Thank you, Chris. Sorry. My
- 14 squares are bouncing around. Thank you, Nataki.
- Anyone else who would like to make public
- 16 comment?
- [No response.]
- 18 CHAIR BELLA: Okay. Amy and Chris, thank you.
- 19 We really are done now with our session. I appreciate it.
- 20 I want to thank Anne and Jim and the rest of the
- 21 MACPAC staff for once again providing us with a really rich
- 22 meeting, virtually, which I know is becoming the norm but

- 1 it's still challenging, and so thank you very much. Thank
- 2 you to all the Commissioners.
- 3 Just to let everyone know, our next meeting is
- 4 October 28th and 29th. We look forward to having you join
- 5 us again at that time. And with that we are closed for our
- 6 meeting today. Thank you all very much. Have a wonderful
- 7 weekend.
- 8 * [Whereupon, at 2:14 p.m., the meeting was
- 9 adjourned.]

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