Transforming Lives

Creating a Duals Strategy in a FFS environment - WA



Transforming lives

Washington State Department of Social and Health Services

History



demonstration started

2018 (FY19) - current2018 Started making

money – shared

2017 (FY18)

Stakeholder Feedback

Integrate services across medical and social services to improve coordination and align incentives

Create a single point of contact and intentional care coordination for beneficiaries

Create flexibility to allow for local variances based on population need and provider networks

Capitalize on what is working while improving overall service delivery

Build on system strengths and apply lessons learned to bring successful elements to scale

Washington's Health Homes Model



- The Health Homes program is managed by Washington State HCA and DSHS
- Lead entities provide oversight of service delivery and administrative support
- Care coordination is delivered at the local level

Targeting High-Risk Clients

- Health Homes services target high-cost, high-risk clients who could benefit from intensive care coordination
- Clients with high PRISM risk scores have disproportionately high medical costs



Certification and Expansion to DSNP contracts

• Seeking approval from CMS for certification of duals demo

- Would alleviate administrative burden and network instability caused by shortterm extensions
- CMS indicated they would be willing to discuss certification, but barriers exist
- Including HH program in our contract with dual eligible special needs plans (DSNPs)
 - CMS provided guidance around leveraging the model of care.





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Integrated Care in Maine: Current Work and Future Opportunities

September 2022



MaineCare: Maine's Medicaid Program

- More than 1 in 4 Mainers are currently enrolled in MaineCare
- Amounts to more than \$3 billion in spending
- Maine is one of few states that does not include any Medicaid Managed Care
 - Almost 40% of Maine's Medicaid members receive at least some services reimbursed under an Alternative Payment Model (APM)
 - Maine's two largest APMs include over 30K dual eligible members



Duals by Geographic Area and Attribution



Maine D-SNP Enrollment is Increasing

Maine D-SNP Enrollment June 2018 - June 2022



Example Integration Efforts

D-SNP Coordination Requirements

Alternative Payment Models

Integrated Care Strategy

- Connected over 60 long-term care agencies to our statewide Health Information Exchange
- Required D-SNP coordination agreements with service coordination agencies
- Created visibility and incentives tied to dual status
- Aligned with Medicare models
- Incenting accountability for services that have additional coordination components
- Collected Information via a Request for Information in 2019 "Managed Care Services for Dually Eligible Members"
- Procuring vendor and seeking additional resources to address barriers such as lack of state capacity, lack of experience, limited state capacity.

Maine's Next Steps



Key Considerations

Maine is focused on integration efforts that have tangible benefits to dual eligible members, communities, and Maine DHHS.

- Should build on local infrastructure
- Should support multi-payer efforts and alignment
- Should reduce waste and system navigation complexities
- Should leverage lessons learned in other states
- Must increase access to appropriate services



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Maine Department of Health and Human Services