EXHIBIT 44. Coverage, Demographic, and Health Characteristics of Non-Institutionalized Individuals Age 19–64 by Primary Source of Health Coverage, 2023

Characteristic	Primary coverage source at time of interview[1]				
	Total	Medicare	Private[2]	Medicaid or CHIP[3]	Uninsured[4]
Total (percent distribution across coverage sources)[5]	**100.0%**	**3.8%**	**68.2%**	**14.2%**	**10.9%**
Coverage					
Length of time with any coverage during year					
Full year	**85.5***	97.3*	95.0*	94.1	–
Part year	**7.3***	2.7*	5.0*	5.9	27.7*
No coverage during year	**7.3***	–	–	–	72.3*
Demographics					
Age					
19–25	**15.5***	5.3*	14.1*	23.1	17.4*
26–44	**42.9***	18.9*	42.1*	48.2	50.6
45–54	**20.5***	20.8*	22.0*	14.5	18.1*
55–64	**21.2***	55.0*	21.7*	14.2	13.8
Gender					
Male	**49.7***	50.6*	50.9*	36.6	57.7*
Female	**50.3***	49.4*	49.1*	63.4	42.3*
Sexual orientation					
Heterosexual	**94.5***	96.8*	94.6*	92.5	95.6*
Lesbian/gay	**2.3**	†	2.5	2.4	1.9
Bisexual	**3.1***	†	2.9*	5.0	2.6*
Race					
Hispanic	**19.6***	13.6*	14.5*	27.3	45.4*
White, non-Hispanic	**58.4***	60.7*	64.7*	43.1	36.3*
Black, non-Hispanic	**12.5***	20.0	10.5*	19.4	11.9*
American Indian or Alaska Native, non-Hispanic	**0.7**	†	0.4	†	†
Asian, non-Hispanic	**6.7**	2.4*	7.9*	6.2	2.6*
Other single and multiple races, non-Hispanic	**2.2**	2.3	2.0	2.6	2.5

EXHIBIT 44. (continued)

Characteristic	Primary coverage source at time of interview[1]				
	Total	**Medicare**	**Private[2]**	**Medicaid or CHIP[3]**	**Uninsured[4]**
Marital status					
Married	**51.1%***	36.7%*	58.4%*	28.7%	36.9%*
Widowed	**1.4**	6.2*	1.0*	1.9	1.5
Divorced or separated	**8.9***	20.7*	7.5*	10.3	10.8
Living with partner	**10.8***	6.9*	9.4*	14.9	17.3
Never married	**27.8***	29.5*	23.8*	44.2	33.5*
Family income					
Less than 138 percent FPL	**17.0***	45.5	6.7*	47.6	32.7*
Has income in ranges below					
Less than 100 percent FPL	**10.9***	29.3	3.6*	33.9	20.5
100–199 percent FPL	**18.2***	35.5	†	34.5	31.2
200–399 percent FPL	**30.3**	23.3	32.1	22.7	31.1
400 percent FPL or higher	**40.6***	†	†	†	17.4
Education					
Less than high school	**9.1***	19.2	4.1*	19.2	25.4*
High school diploma/GED	**26.3***	38.4	21.6*	38.4	36.7
Some college	**29.6**	31.7	29.7	30.8	24.1*
College or graduate degree	**35.0***	10.7	44.5*	11.6	13.9*
Other demographic characteristics					
Citizen of United States	**89.8**	95.6*	93.2*	89.5	64.8*
Born outside U.S.	**20.4**	11.8*	17.5*	21.6	42.8*
Number of years spent in the U.S. (among those born outside U.S.)					
Less than 5 years	**11.3**	†	9.0	10.5	18.7*
5–9 years	**13.3**	†	12.3	15.1	14.7
10 years or more	**75.5**	84.1	78.7	74.4	66.6*

EXHIBIT 44. (continued)

Characteristic	Primary coverage source at time of interview[1]				
	Total	Medicare	Private[2]	Medicaid or CHIP[3]	Uninsured[4]
Parent of a dependent child	33.7%*	11.7%*	33.1%*	41.6%	35.1%*
Currently working	77.4*	16.3*	86.9*	54.9	70.6*
Working full time (usually works 35 hours or more per week)	82.4*	50.2	86.6*	58.7	77.9*
Working part time (less than 35 hours per week)	17.6*	49.8	13.4*	41.3	22.1*
Veteran	5.2*	6.6*	4.5*	1.9	2.0
Lives in a family that receives					
SSI or SSDI	9.3*	70.2*	4.1*	21.5	5.6*
SSI	4.3*	21.6*	1.9*	13.1	2.3*
SSDI	6.2*	61.1*	2.6*	11.2	3.5*
WIC	6.7*	7.1*	2.9*	20.1	12.4*
SNAP	13.9*	42.2*	5.0*	48.3	16.5*
Public assistance	3.9*	10.7	1.6*	13.2	3.7*
Any school-aged child in family received free or reduced-cost meals at school in past 12 months	49.2*	72.3	37.7*	77.5	67.2*
Health					
Current health status					
Excellent or very good	59.2*	18.7*	65.1*	45.0	55.7*
Good	28.2*	29.0	26.9*	31.9	31.7
Fair or poor	12.6*	52.3*	8.1*	23.1	12.6*
BMI					
Healthy weight (BMI less than 25)	31.2	23.6*	31.5	31.3	32.8
Overweight (BMI 25–29)	33.4*	28.3	34.2*	29.6	34.0*
Obese (BMI 30 or higher)	35.5*	48.1*	34.2*	39.1	33.2*
Smoking status					
Current smoker	11.8*	24.9*	8.7*	18.2	17.2
Former smoker	19.0*	26.5*	19.0	17.1	17.3

MACPAC

EXHIBIT 44. (continued)

Characteristic	Primary coverage source at time of interview[1]				
	Total	**Medicare**	**Private**[2]	**Medicaid or CHIP**[3]	**Uninsured**[4]
Never smoked	**69.2%***	48.5%*	72.3%*	64.7%	65.5%
Current e-cigarette user	**8.2***	5.0*	6.9*	12.6	10.7
Former e-cigarette user	**16.5**	15.9	16.1	17.8	17.7
Never used e-cigarettes	**75.3***	79.1*	77.0*	69.6	71.5
Limitations and health conditions					
Has basic action difficulty or complex activity limitation					
Any basic action difficulty[6]	**17.2***	57.2*	12.9*	27.7	14.5*
Any complex activity limitation[7]	**17.7***	82.7*	11.2*	32.4	13.8*
Either one	**26.1***	86.6*	19.7*	41.6	23.0*
Washington Group on Disability Statistics indicator for adults 18 and older[8]	**6.7***	39.4*	3.6*	13.5	5.0*
Has difficulty walking 100 yards without equipment	**2.9***	26.6*	1.2*	6.1	1.2*
Has mobility or hearing problem that requires special equipment	**4.6***	33.9*	2.8*	6.8	2.1*
Unable to work now due to health problem	**6.7***	64.8*	1.6*	17.3	3.5*
Limited in amount or kind of work due to health	**15.9***	73.9*	10.3*	27.9	12.2*
Needs assistance with dressing and bathing	**0.9***	8.0*	0.2*	2.7	†
Work loss days due to illness or injury in past 12 months					
0 days	**49.7***	53.4	47.4*	55.4	59.6
1 day	**6.7***	†	7.2*	4.5	4.7
2–5 days	**28.0***	24.4	29.8*	21.9	23.2
6–10 days	**8.4**	†	8.8	7.2	7.0
11–20 days	**3.4***	†	3.1*	4.5	2.9*
More than 20 days	**3.9***	†	3.7*	6.5	2.6*
Health conditions					
Currently pregnant[9]	**3.3***	†	3.0*	4.7	†

EXHIBIT 44. (continued)

Characteristic	Primary coverage source at time of interview[1]				
	Total	**Medicare**	**Private**[2]	**Medicaid or CHIP**[3]	**Uninsured**[4]
Ever been told he or she has selected conditions					
Hypertension	**24.2%**	54.6%*	23.5%*	25.6%	14.7%*
Coronary heart disease	**2.0**	10.0*	1.6*	2.4	1.0*
Heart attack	**1.6***	10.3*	1.1*	2.3	0.8*
Stroke	**1.6***	11.2*	0.9*	2.9	0.9*
Cancer	**5.2***	11.8*	5.6*	4.3	2.0*
Diabetes	**6.9***	27.4*	5.5*	9.7	4.4*
Arthritis	**13.9**	46.2*	12.6*	15.4	6.7*
Asthma	**16.0***	27.9*	14.7*	23.1	10.2*
Chronic bronchitis, COPD, or emphysema	**2.8***	17.6*	1.6*	4.9	2.0*
Dementia	**0.2***	1.3	0.1*	0.6	†
High cholesterol	**21.5**	47.3*	21.5	19.7	13.9*
Anxiety disorder	**20.0***	41.7*	18.0*	27.8	12.5*
Depression	**19.7***	45.7*	16.9*	28.9	13.9*

Notes: FPL is federal poverty level. GED is general educational development test. SSI is Supplemental Security Income. SSDI is Social Security Disability Insurance. WIC is Supplemental Nutrition Program for Women, Infants, and Children. SNAP is Supplemental Nutrition Assistance Program, formerly referred to as food stamps. BMI is body mass index. COPD is chronic obstructive pulmonary disease. Percentage calculations for each item in the exhibit exclude individuals with missing and unknown values. The individual components listed under the subcategories are not always mutually exclusive and may not add to 100 percent. Standard errors are available in the Excel version of this exhibit at https://www.macpac.gov/publication/exhibit-44-coverage-demographic-and-health-characteristics-of-non-institutionalized-individuals-age-19-64-by-primary-source-of-health-coverage/. Due to differences in methodology (such as the wording of questions, length of recall periods, and prompts or probes used to elicit responses), estimates obtained from different survey data sources will vary. For example, the National Health Interview Survey (NHIS) is known to produce higher estimates of service use than the Medical Expenditures Panel Survey (MEPS). For purposes of comparing groups of individuals (as in this exhibit), the NHIS provides the most recent information available. For other purposes, such as measuring levels of use relative to a particular benchmark or goal, it may be appropriate to consult estimates from MEPS or another source.

The NHIS underwent substantial redesign in 2019, and users should be cautious about making any comparisons to prior years. More information about the redesign is available at https://www.cdc.gov/nchs/nhis/2019_quest_redesign.htm/.

* Difference from Medicaid or CHIP is statistically significant at the 0.05 level.

† Estimate is unreliable because it has a relative standard error greater than or equal to 30 percent.

– Dash indicates zero.

MACPAC